

GROWTHPOINT PROPERTIES SUNDOWNER 10KM ROAD RACE
EASTERNS KRAAIFONTEIN ATHLETIC CLUB
WEDNESDAY 19 DECEMBER 2018

POS	SURNAME	NAME	CLUB	AGE	SEX	CAT	LIC No	TIME
1	TIMOTEUS	ANTHONY	UWC	23	M	SEN	0017	0:30:17
2	MBUKUSHE	VUYOLWETHU	AAC	27	M	SEN	7900	0:30:30
3	SOLDAKA	SIBONISO	CPUT	27	M	SEN	9166	0:30:34
4	NYONGO	AMOS	BOXER AC	32	M	SEN	15627	0:30:47
5	MADYO	NKOSINATHI	ITHEKO		M	SEN		0:31:43
6	FLINK	CARLO	ITHEKO	18	M	JUN	20512	0:32:25
7	QHINA	MTHANDAZO	NEDBANK WP	41	M	40	4188	0:33:16
8	MQHELE	SITHEMBISO	RCS GUGS	27	M	SEN	15341	0:33:33
9	KOPOLO	VAKALISA	NEDBANK WP		M	40	4182	0:33:42
10	JACK	EDWARD	CENTRAL AC	16	M	JUN	21106	0:33:46
11	MATHE	SIYABONGA	EASTERNS	17	M	JUN	20712	0:34:01
12	MAKHANDA	MZOLISI	NEDBANK WP		M	SEN		0:34:03
13	MWANENGENI	TSUNGAI	RCS GUGS	45	M	45	7763	0:34:26
14	RUSSELL	MATTHEW	TEMP	35	M	35	T71016	0:34:28
15		TUMELO	CENTRAL AC	31	M	SEN	10998	0:34:48
16	VON MOLENDORFF	MELT	MEHLOPARK HS	18	M	JUN	11685	0:34:55
17	AZIZA	GERSHON	SPARTAN	18	M	JUN	20382	0:34:56
18	RIDDLE	JAMIE	TEMP	18	M	JUN	T	0:35:05
19	CHIDZIVO	FORTUNATE	LANGA	31	F	SEN	4103	0:35:08
20	OPPERMAN	ISAAC	CORR SERVICES BOL	52	M	50	1230 BOL	0:35:15
21	BROERS	NEIL	CAPE MULTISPORT	37	M	35	6325	0:35:15
22		GERRIT	SATORI		M	SEN		0:35:57
23	BREDA	KYLE	OLD MUTUAL	28	M	SEN	0367	0:36:11
24	KORIR	GILBERT	NEDBANK WP		M	SEN	4074	0:36:19
25	LANGE	ALI SIDETHEMBA	RCS GUGS	28	M	SEN	14530	0:36:20
26	RUTHERFORD	ALISTAIR	LIVERPOOL HARRIERS	23	M	SEN	T71396	0:36:23
27	DOSI	DUMISANI	SAPS WP	39	M	35		0:36:30
28	SEPTEMBER	JOHN	ITHEKO	52	M	50	3430	0:36:31
29	XINIWE	ZINTLE	KPMG WP	32	F	SEN	11980	0:36:36
30	NO RETURN				M	JUN		0:36:36
31	MOTAU	STEVE	ITHEKO	52	M	50	3161	0:36:45
32	VAN DER WALT	TJAART	CAPE MULTISPORT	40	M	40	8980	0:36:46
33	MOFOKENG	THABO	PAMOJA AC	32	M	SEN	3027 AFS	0:36:55
34	MPONTSHA	NICHOLAS	SANLAM	44	M	40	9007	0:37:00
35	OLIVIER	STIAAN	DURBAC	28	M	SEN	2819	0:37:02
36	GOOPER	ANDREW	NEDBANK WP	50	M	50	4055	0:37:05
37	WILLIAMS	DONOVAN	DURBAC	35	M	35	15437	0:37:10
38	BHEBHA	BULELANI	K-WAY VOB	27	M	SEN	0724	0:37:11
39	GRIESEL	BERNARD	TEMP	31	M	SEN	T	0:37:12
40	BROWN	GARY	EDGEMEAD	36	M	35	4682	0:37:13
41	FIRSOVA	OLGA	TEMP	35	F	35	T71249	0:37:14
42	SWARTZ	QUINTON	MP TITANS	44	M	40	10374	0:37:24
43	ADONIS	LEONARDO	CELTIC	20	M	SEN	7482	0:37:29
44	CALITZ	PIETER	CHAPPIES	43	M	40	6913 CGA	0:37:30
45	NJOROGE	JOHNSON	BELLVILLE	40	M	40	6534	0:37:39
46	HABE	SIYABONGA	NEDBANK WP	42	M	40	12729	0:37:45
47	NCQPAI	ZOENEDHA	CENTRAL AC	16	M	JUN	20753	0:37:47
48		PASAL	CENTRAL AC	31	M	SEN	10991	0:37:48
49	TINKLER	NICK	MSM		M	SEN		0:37:49
50	SINCLAIR	QUINTON	UWC	42	M	40	9619	0:37:54
51	SETI	NOMVUYISI	LANGA	37	F	35	4070	0:37:57
52	VAN ROOYEN	CHRISTO	BOXER AC	41	M	40	15670	0:37:57
53	FENI	MADODA	SATORI	42	M	40	11633	0:37:58
54	PERSENTS	JOHNNY	EDGEMEAD	54	M	50	12653	0:38:00

55	JACK	VIWE	BELLVILLE	26	M	SEN	17089	0:38:02
56	COETZEE	ERIC	TEMP	58	M	55	T71446	0:38:04
57	JAMES	PEART	CLIFFE DEKKER	26	M	SEN	1279	0:38:05
58	SCHLESS	STEVEN	TEMP	26	M	SEN	T71099	0:38:15
59	FLACRE	SHEMA	SPARTAN	16	M	JUN	21102	0:38:17
60	KANOUNI	YOUSSEF	CENTRAL AC	45	M	45	6213	0:38:20
61	STESTLER	MIA	MATIES	21	F	SEN	0304 BOL	0:38:20
62	BANS	ANELE	WEST COAST	30	M	SEN		0:38:23
63	SIMANGDISO	NGALWANA	NEDBANK WP	16	M	JUN	20496	0:38:24
64	TODES	ADAM	CELTIC	26	M	SEN	T	0:38:25
65	WAGENER	BRANDON	ITHEKO	20	M	SEN	3287	0:38:26
66	WOLSTENHOLME	HENRY	DURBAC	51	M	50	2651	0:38:28
67	GLADSTONE	JUMBE	TEMP		M	SEN	T71248	0:38:33
68	OOSTHUIZEN	DICO	DURBAC	43	M	40	2812	0:38:34
69	GADZIKWA	TAKANDA	SPARTAN		M	JUN	T71733	0:38:43
70	KOOYMAN	BEN	CELTIC	31	M	SEN	7347	0:38:46
71	ARMSTRONG	RICHARD	TEMP	35	M	35	T71309	0:38:50
72	WILL	DAMIAN	PINELANDS	32	M	SEN	3838	0:38:54
73	NO RETURN				M	SEN		0:38:55
74	HOPF	DEAN	ATC	32	M	SEN	4665	0:38:56
75	GAYENI	MBUYISELI	CORR SERVICES WP	38	M	35	12770	0:39:00
76	MTIKITIKI	LUBABALO	CORR SERVICES BOL	38	M	35	1258 BOL	0:39:05
77	BOOYSEN	CURTIS	ITHEKO	17	M	JUN	20511	0:39:06
78	NO CARD				M	SEN		0:39:07
79	WHITEBOOI	EM	SANDF WP	45	M	45	5389	0:39:11
80	LUNGISA	ANDISIWE	CENTURY CITY	19	M	JUN	14013	0:39:12
81	PRESTON	DEAN	HOUT BAY	49	M	45	2552	0:39:18
82	VENTER	PEET	TEMP	40	M	40	T71184	0:39:20
83	SHAKEEL	SHIRAZ	NEDBANK WP	17	M	JUN	20495	0:39:21
84	BONGERS	MARTIN	CARBINEERS WP	36	M	35	8118	0:39:22
85	SCHREIBER	J	DURBAC	52	M	50	12099	0:39:25
86	MANDLAKAI	LUNGELO		17	M	JUN	14731	0:39:27
87	GREYLING	LANDIE	TEMP	34	F	SEN	T71278	0:39:29
88	SAMSODIEN		NANTES	29	M	SEN	12902	0:39:33
89	COOK	HEINRICUS	WEST COAST	35	M	35	15845	0:39:34
90	THOMAS	JOANNA	K-WAY VOB	50	F	50	1054	0:39:36
91	CRONJE	HERMAN	BRACKENFELL	29	M	SEN	6029	0:39:37
92	SKOSANA	MOSCOW	CENTURY CITY	38	M	35	13013	0:39:37
93	VAN DER MERWE	MIKE	TEMP	25	M	SEN	T	0:39:40
94	RAGHAVJEE	YASHIN	CENTURY CITY	37	M	35	9177	0:39:43
95	MWANRI	VINCENT	EDGEMEAD	41	M	40	15148	0:39:47
96	BERNING	ALAN	WEST COAST	43	M	40	5804	0:39:48
97	LEASK	BRENDAN	WEST COAST	34	M	SEN	5754	0:39:49
98	STUART-SMITH	ALEX	K-WAY VOB	24	F	SEN	16663	0:39:49
99	GOLDBERGH	SIMON	TEMP	24	M	SEN	T	0:39:55
100	ROSENBURGH	M	TEMP	30	M	SEN	T71082	0:40:04
101	GROOM	F	SANDF WP	49	M	45	5262	0:40:06
102	COOKSON	MARCEL	TEMP	23	M	SEN	T	0:40:08
103	KUSCHKE	ERNST	TEMP		M	SEN	T	0:40:14
104	MATODGANA	SANDI	KHAYELITSHA		M	SEN		0:40:24
105	WILLS	NICOLA	UCT	21	F	SEN	T9637	0:40:30
106	KRIEL	MUHAMMAD	OMMIEDRAAI	65	M	65	6911	0:40:31
107	GALANT	MERLIN	K-WAY VOB	38	M	35	1227	0:40:40
108	VRAAGAN	TINO-LEIGH	TEMP	14	M	JUN	T71732	0:40:48
109	RYK	HEINRICH	NEDBANK WP	18	M	JUN	20499	0:40:52
110	WILDS	DAVID	DURBAC	39	M	35		0:40:56
111	KOJI		K-WAY VOB		M	40	0830	0:40:57
112	COLLINS	JARRYD	IN TOUCH	30	M	SEN	12410	0:40:59

113	VONGO	SIPHENAJAI	TEMP		M	SEN	T	0:40:59
114	WAGGIE	M RIZA	NANTES	43	M	40	17243	0:41:00
115	MABELE	SIVE	CORR SERVICES WP	23	M	SEN	12776	0:41:10
116	NO RETURN		UCT		F	SEN		0:41:15
117	FAURE	BRETT	ATC	41	M	40	13768	0:41:16
118	MANUEL	ISAAC	EDGEMEAD	54	M	50	4763	0:41:20
119	BHENGESA	FRANK	TEMP	34	M	SEN	T	0:41:26
120	SIPHOSETHU		CENTURY CITY	17	M	JUN	20939	0:41:26
121	ZUSAKHE		CENTURY CITY	17	M	JUN	20842	0:41:27
122	DE KOOI	BRADLEY	CENTURY CITY	17	M	JUN	20673	0:41:27
123	MHETHO	NOCWAKA	MSA MULTISPORT		F	SEN	13373	0:41:28
124	YON	MARCEL	RCS GUGS	43	M	40	7857	0:41:31
125	BAARTMAN	WILSON	SPARTAN	60	M	60	1858	0:41:34
126	KAJEE	MUJEEB	ITHEKO	37	M	35	3355	0:41:36
127	HENST	WARREN	DURBAC	42	M	40	13677	0:41:38
128	COETZEE	CHRISTO	TEMP	37	M	35	T	0:41:39
129	KINLOCH-SMITH	LINDA	ASICS WP	41	F	40	6684	0:41:48
130	KAKOLE	MOLEFI	BRACKENFELL	33	M	SEN	16377	0:41:50
131	NATHAN	JAMES	TEMP	30	M	SEN	T	0:41:52
132	HASSAN	ABDULLAH	BELLVILLE	42	M	40	6474	0:42:00
133	BOSEN	HEINRICH	TEMP	28	M	SEN	T71328	0:42:01
134	WISBEACH	JAMES	TEMP	58	M	55	T	0:42:01
135	WENDOVER	JUSTIN	ATC	32	M	SEN	2440	0:42:03
136	BURMEISTER	PETER	STELLENBOSCH	41	M	40	2040 BOL	0:42:04
137	NO RETURN				M	SEN		0:42:09
138	TAFAME	SIYABONGA	CORR SERVICES WP	42	M	40	12680	0:42:11
139	WESTVIG	ERIK	K-WAY VOB	46	M	45	0666	0:42:11
140	NYAMUKA	EVERSON	TEMP	45	M	45	T71418	0:42:14
141	GEERTS	JAN	BELLVILLE	36	M	35	6523	0:42:18
142	NO RETURN				M	SEN		0:42:20
143	BOLLEY	SHAUN	TEMP	39	M	35	T71092	0:42:21
144	BORNMAN	MATTHEW	TEMP	32	M	SEN	T	0:42:23
145	RIPSOLD	TERSUS	EDGEMEAD	35	M	35	12629	0:42:29
146	NELANI	VUSUMZI	NEDBANK BOL	44	M	40		0:42:35
147	KOTZE	MARITSA	ASICS WP	36	F	35	6527	0:42:37
148	KOHNERT	SANDRA	EDGEMEAD	51	F	50	4747	0:42:40
149	PARKER	WAHEED	ATC	39	M	35	2419	0:42:41
150	WITKOWSKY	SERGIO	ATC	35	M	35	2299	0:42:56
151	NO RETURN		TEMP		F	SEN	T	0:42:57
152	EMSLIE	STEPHEN	TEMP	37	M	35	T	0:42:59
153	HARRIS	JAMEEL	STRAND	29	M	SEN	2022	0:43:06
154	SLESHEL	MICHAEL	JEPPE	42	M	40	20695 CGA	0:43:07
155	NO RETURN				M	SEN		0:43:08
156	XINIWE	KHANYISA	RCS GUGS	14	M	JUN	16986	0:43:08
157	NO RETURN				M	SEN		0:43:09
158	KAMPS	JENNA	LANGA		F	SEN	98601	0:43:11
159	AMSDORF	JARRED	TEMP	28	M	SEN	T71265	0:43:12
160	LILLIE	LUDWIG	DURBAC	57	M	55	6956	0:43:12
161	MATIWANE	BUSISIWE	LANGA	43	F	40	4106	0:43:12
162	SUNDERLAND	SHARON	NEDBANK WP	46	F	45	4147	0:43:18
163	COOPER	MIGUEL	NEDBANK WP	18	M	JUN	20503	0:43:18
164	HARMSE	ANDRE	BRACKENFELL	53	M	50	5983	0:43:19
165	NO RETURN				M	SEN		0:43:22
166	SCHLOSSER	MARTINE	TEMP	34	F	SEN	T	0:43:22
167	FELLOWES	ROB	OPEN BOX	35	M	35	11340	0:43:24
168	MAREE	JUNITA	BRACKENFELL	38	F	35	6038	0:43:26
169	ENGELBRECHT	CHRIS	CENTURY CITY	41	M	40	11700	0:43:29
170	NEL	MARIUS	WEST COAST	50	M	50	5731	0:43:32

171	HANNES		CPUT	25	M	SEN	9173	0:43:38
172	TORR	DESMOND	TEMP	38	M	35	T71074	0:43:40
173	GRIMBEEK	JACQUES	STRAND	49	M	45		0:43:41
174	KALIS	MARK	CELTIC	43	M	40	7340	0:43:42
175	VIENINGS	MARLIZE	EDGEMEAD	43	F	40	4774	0:43:42
176	NO RETURN				M	SEN		0:43:43
177	LARY	ROBIN	CENTURY CITY	33	M	SEN		0:43:45
178	SCHRIKKER	SHAKEEL	SPARTAN	17	M	JUN	20396	0:43:45
179	WERNER		CAPE MULTISPORT	43	M	40	8642	0:43:46
180	CIEVERTS	PAUL	TOP FORM	60	M	60	2422	0:43:46
181	KUNZ	TYLER	CENTURY CITY	33	M	SEN	10188	0:43:47
182	HARDIE	DAVID	TEMP	41	M	40	T71442	0:43:47
183	BADENHORST	HEINRICH	K-WAY VOB	34	M	SEN	0817	0:43:50
184	BRESLER	ANDRE	TYGERBERG	46	M	45	4246	0:43:53
185	SOLOGA	UNATHI	PINELANDS	37	M	35	3737	0:43:54
186	GROENEWALD	PETRUS	BRACKENFELL	30	M	SEN	5988	0:43:56
187	TORR	S	ATC	37	M	35	4405	0:43:58
188	VAN ROOYEN	RYNO	CENTURY CITY	38	M	35	2815	0:44:04
189	SNOW	GREG	DURBAC	55	M	55	2655	0:44:05
190	MAGODLA	PHUMELELE	LANGA		M	40	15206	0:44:07
191	WILKINS	TRAVYS	ATC	32	M	SEN	4300	0:44:09
192	LEUNG	CHARMAINE	UCT	19	F	JUN	9651	0:44:09
193	OLIVER	RUDY	ATC	37	M	35	13902	0:44:13
194	SCHOEMAN	LEONIE	TEMP	35	F	35	T	0:44:14
195	STOLTZ	LIESL	DURBAC	42	F	40	15442	0:44:14
196	MAKALA	MIHLALI	CENTURY CITY	18	M	JUN	20845	0:44:18
197	NO RETURN				M	SEN		0:44:21
198	NO RETURN		TEMP		M	SEN	T	0:44:26
199	VELDZOVER	FREDDY	TEMP		M	SEN	T	0:44:29
200	SAID	FAHD	OMMIEDRAAI	35	M	35	13073	0:44:30
201	HILL	CLINTON	CARBINEERS WP	35	M	35	8100	0:44:31
202	OLIPHANT	LES	RCS GUGS	55	M	55	7827	0:44:33
203	BARRETT	CRISPIN	K-WAY VOB	40	M	40	1080	0:44:34
204	BEZUIDENHOUT	LOOCK	CPUT	36	F	35	15093	0:44:34
205	RUSSON	SHAHEED	TOP FORM	53	M	50	2478	0:44:35
206	FOENDSE	MINGUEL	ZOETERMEER RR	45	M	45	T70935	0:44:36
207	NO RETURN				M	SEN		0:44:38
208	BUITENDAG	JJ	SANDF WP	35	M	35	5294	0:44:38
209	PHILLIPS	PETER	CAPE MULTISPORT	41	M	40	8988	0:44:40
210	HOWARD	OLGA	NEDBANK WP	60	F	60	4115	0:44:41
211	NO RETURN		RCS GUGS		M	SEN		0:44:41
212	W	SIPHIWO	KHAYELITSHA		M	SEN	12158	0:44:42
213	LOOTS	HENNIE	TEMP	29	M	SEN	T	0:44:44
214	FLOHRER	OLY	TEMP	50	M	50	T71042	0:44:45
215	WOODWARD	ARNOLD	CARBINEERS WP	41	M	40	16474	0:44:53
216	LOSIK	ERYK	TEMP	41	M	40	T	0:44:56
217	COMBRINK	QUINTIN	K-WAY VOB	31	M	SEN		0:44:56
218	MURRAY	SHANE	MP TITANS	37	M	35	10398	0:44:56
219	VINCENT	MASINGI	PARLIAMENT	35	M	35	12071	0:44:59
220	WHITEHEAD	CARLA	CENTURY CITY	34	F	SEN	2804	0:44:59
221	OOSTHUIZEN	DERICK	GOODWOOD HARRIERS	41	M	40	4963	0:45:00
222	DU PLESSIS	IZAK	WEST COAST	42	M	40	5534	0:45:01
223	TOLKER	ZIMTIAZ	CENTRAL AC	38	M	35	6189	0:45:02
224	NO RETURN				M	SEN		0:45:04
225	BROOKS	REECE	DURBAC	56	M	55	2610	0:45:04
226	TORR	GREG	ATC	44	M	40	4407	0:45:05
227	DE PLANQUE	PAULINE	TEMP	36	F	35	T	0:45:06
228	DODGEN	GRANT	CAPE MULTISPORT	44	M	40	8874	0:45:08

229	MKUNGELA	BUHLE	CENTURY CITY	14	M	JUN	16853	0:45:15
230	ABDULLAH	IEKRAAM	KENFAC	37	M	35	6340	0:45:18
231	NO RETURN		TEMP		M	SEN	T	0:45:20
232	FLETHEE	PETER	TEMP	47	M	45	T71217	0:45:25
233	NO RETURN		TEMP		M	SEN	T	0:45:25
234	NO RETURN		TEMP		F	SEN	T	0:45:25
235	DALANE	PHILISWA	K-WAY VOB	38	F	35		0:45:29
236	VEERMEER	JULIAN	STELLENBOSCH	36	M	35	1401 BOL	0:45:30
237	MADLOLO	MBULELO	EDGEMEAD	38	M	35	4690	0:45:30
238	LAZARUS	JOSHUA	ATC	28	M	SEN	13877	0:45:31
239	SCOTT	RENEE	K-WAY VOB	56	F	55	0643	0:45:38
240	SALIE	MAAHIR	OMMIEDRAAI	32	M	SEN	6777	0:45:40
241	BAKER	YAZIED	OMMIEDRAAI	40	M	40	6773	0:45:40
242	FORBES	TRACY	K-WAY VOB	46	F	45	0835	0:45:45
243	PETERSEN	DAVID	ATC	34	M	SEN	2807	0:45:45
244	SKEVINGTON	MIKE	AAC	62	M	60		0:45:45
245	MUCCI	GUIDO	TEMP	32	M	SEN	T	0:45:46
246	GORDON	PETER	K-WAY VOB	54	M	50	0460	0:45:47
247	KNOLL	MATTHEW	TEMP		M	JUN	T	0:45:47
248	S	ELIZE	TEMP	35	F	35	T71168	0:45:48
249	FORTUNE	CUAN	TEMP	17	M	JUN	T	0:45:48
250	ALLIE	MOHAMMED	TOP FORM	42	M	40	2375	0:45:49
251	PARKINS	STEVEN	TYGERBERG	58	M	55	11681	0:45:50
252	POTGIETER	LESYL	ATC	44	F	40	2351	0:45:51
253	MORRIS	CLINT	WILD RUNNER	30	M	SEN	2024	0:45:52
254	NTUTHU	EMIHLE	K-WAY VOB	15	F	JUN	16965	0:45:54
255	BLANK CARD				F	SEN		0:45:55
256	DAYA	AJIT	WPCC	45	M	45	11035	0:45:56
257	BARIT	AVI	WANDERERS	29	M	SEN		0:45:57
258	HOSKING	HUGH	OLD MUTUAL	54	M	50	0264	0:45:58
259	BRINK	ELIZABETH	DURBAC	44	F	40	2874	0:45:59
260	SILVER	ASHWIN	CORR SERVICES WP	49	M	45		0:46:00
261	DAVIDSON	TERENCE	SPARTAN	46	M	45	1457	0:46:00
262	KOLARIDANE	BARBARA	CENTURY CITY		F	SEN		0:46:03
263	ERLANGSEN	CHRIS	PINELANDS	26	M	SEN	3908	0:46:05
264	PARK-ROSS	CHLOE	WEST COAST	30	F	SEN	14688	0:46:07
265		GILLMER	K-WAY VOB	45	M	45	0770	0:46:09
266	OLIVIER	TINUS	GOODWOOD HARRIERS	41	M	40		0:46:10
267	RAWNEY-GRAF	BARBARA	KTV OBERRIET	53	F	50	T	0:46:13
268	BOEZAK	PERCIVAL	BRACKENFELL	48	M	45	5966	0:46:13
269	ROUX	JUSTIN	WEST COAST	45	M	45	5577	0:46:15
270	CROSS	KASHIEF	OLD MUTUAL	36	M	35	15733	0:46:15
271	WILFORD	GARRY	DURBAC	63	M	60	2800	0:46:16
272	CRAUSE	HERMAN	DURBAC	48	M	45	2648	0:46:17
273	NO CARD				M	SEN		0:46:21
274	BASSINGTHWAIGHTE	TIMOTHY	TEMP	25	M	SEN	T	0:46:22
275	DAVIDS	MUBEEN	ARD	33	M	SEN	9118	0:46:25
276	SQUIRES	TROY	OGILVY	39	M	35	8046	0:46:26
277	MBATHANA	SIZWE	LANGA	47	M	45	16322	0:46:27
278	WEITZ	DALE	TEMP	27	M	SEN	T	0:46:27
279	COETZEE	KEVIN	BRACKENFELL	45	M	45	8330	0:46:29
280	BURGER	EMILE	OGILVY	40	M	40	8072	0:46:30
281	VISSER	LIZA	ATC	25	F	SEN		0:46:31
282	ISAACS	SALIE	ITHEKO	42	M	40	16407	0:46:32
283	NTAZO	LUVU	TEAM VITALITY KZN	35	M	35	13535 KZN	0:46:32
284	KUMALO	J	SANDF WP	46	M	45	11888	0:46:34
285	ELLIOTT	DEAN	WEST COAST	50	M	50	3165	0:46:35
286	WILLIAMS	PETROFSKI	TEMP	53	M	50	T	0:46:36

287	WALSH	STUART	CENTURY CITY	37	M	35	14287	0:46:37
288	NO RETURN		TEMP		F	SEN	T	0:46:39
289	ENZLIN	KEITH	EDGEHEAD	50	M	50	4910	0:46:39
290	NO RETURN		CARBINEERS WP		F	SEN		0:46:40
291	NO RETURN		TEMP		F	SEN	T	0:46:41
292	NO RETURN		TEMP		F	SEN	T	0:46:41
293	HANSLO	JODY	TEMP	29	M	SEN	T	0:46:47
294	NO RETURN				M	SEN		0:46:49
295	ASKEW	DAVE	CELTIC	45	M	45	12298	0:46:49
296	ROOPONARIN	JUNAID	STRAND	39	M	35	5198	0:46:51
297	TEMMERS	BERNIE	LANGA	55	M	55	10710	0:46:52
298	KING	SUZANNE	STRAND	47	F	45	2047	0:46:53
299	DJOCK	EMILY	AAC	30	F	SEN	14432	0:46:54
300	ELS	EION	K-WAY VOB	43	M	40	0697	0:46:58
301	MASHOLOGU	THABO	RCS GUGS	48	M	45	13787	0:46:58
302	BROSENS	TANNO	K-WAY VOB	60	M	60	16660	0:46:59
303	NEL	ARNO	DURBAC	38	M	35	2938	0:46:59
304	NO RETURN				M	SEN		0:47:00
305	JANOODIEN	JUNAID	TEMP	36	M	35	T	0:47:03
306	BUCKLAND	PAUL	CENTURY CITY	56	M	55	10202	0:47:07
307	VAN DE MOORTELE	NICOLAS	ATC		M	SEN		0:47:08
308	NETHERINTON	ANDREW	TEMP	42	M	40	T	0:47:10
309	OCTOBER	GEORGE	DURBAC	56	M	55	2705	0:47:11
310	NO RETURN				M	SEN		0:47:12
311	SIMONIS	LAURA	CARBINEERS WP	46	F	45	8046	0:47:12
312	SMIT	JP	BELLVILLE	33	M	SEN	6479	0:47:15
313	TOOTH	CARLISE	DURBAC	44	F	40		0:47:17
314	PEARCE	TIMOTHY	HARFIELD	26	M	SEN	13329	0:47:19
315	DYASI	MZIMASI	RCS GUGS	47	M	45	7736	0:47:20
316	MASUKU	JABU	CENTURY CITY	43	M	40	10174	0:47:21
317	MONTANDON	FRASER	K-WAY VOB	32	M	SEN	13811	0:47:23
318	LOURENS	RIAAN	NEDBANK WP	47	M	45	4053	0:47:25
319	VOSLOO	MARTLE	DURBAC	46	F	45	15841	0:47:27
320	MTSHABE	BUHLE	K-WAY VOB	16	F	JUN	16966	0:47:28
321	WELTHAGEN	JAYSON	TEMP	43	M	40	T	0:47:29
322	PRINCE	ANWELL	IN TOUCH	41	M	40	7033	0:47:29
323	LYONS	WILLIAM	TEAM VITALITY GN	26	M	SEN	31626 AGN	0:47:30
324	VILJOEN	MARCUS	TEMP	27	M	SEN	T	0:47:31
325	SAAYMAN	JOHAN	IRENE	50	M	50	2624 AGN	0:47:32
326	MEINTJES	GRAEME	RCS GUGS	47	M	45	7751	0:47:32
327	KHAN	AMIR	OLD MUTUAL	43	M	40		0:47:33
328	POOLE	HERMAN	HELDERBERG	49	M	45	4601	0:47:34
329	WILL	NANCY	PINELANDS	66	F	65	3752	0:47:38
330	MELELOE	KELEPILE	WEST COAST	39	M	35	16401	0:47:41
331	SIPHO		RCS GUGS	47	M	45	8003	0:47:42
332	JOUBERT	JOZUA	BRACKENFELL	44	M	40	6074	0:47:44
333	COETZEE	RUBEN		45	M	45	1402	0:47:44
334	NO RETURN				M	SEN		0:47:45
335	BOSCH	CRAIG	AAC	45	M	45	14407	0:47:46
336	PETERSEN	MICHAEL	TEMP	37	M	35	T	0:47:47
337	MAGOBOTITI	CHRIS	CELTIC	51	M	50	7466	0:47:50
338	FUCHS	DOMINIQUE	CAPE MULTISPORT	19	F	JUN	21213	0:47:52
339	KALLIS	JARROD	FISH HOEK	39	M	35	5108	0:47:53
340	ABRAHAMS	FUAD	CENTURY CITY	27	M	SEN	10191	0:47:54
341	PEMA	MITESH	CENTURY CITY	37	M	35	2817	0:47:54
342	ALEXANDER	TASLEY	MP TITANS	53	M	50	10371	0:47:55
343	COMINS	DUANE	TEMP	30	M	SEN	T	0:47:57
344	MVULA	NG	SANDB WP	28	M	SEN		0:47:59

345		PETER	PICK 'n PAY	40	M	40	13525	0:47:59
346	LOKER	CHRIS	TEMP	50	M	50	T70952	0:48:00
347	MOLEFE	ITUMELENG	RCS GUGS	42	F	40	7586	0:48:03
348	TUKKER	JAN	TEMP	49	M	45	T	0:48:08
349	DEETLIEFS	EDUAN	ATC	42	M	40	4291	0:48:12
350	NO RETURN				M	SEN		0:48:14
351	R	PAUL	AAC	43	M	40	9239	0:48:15
352	TROJAN	JANA	K-WAY VOB	51	F	50	0848	0:48:16
353	PHILLIPS	SEAN	DURBAC	43	M	40	2637	0:48:16
354	INGLIS	KEN	K-WAY VOB	50	M	50	0760	0:48:17
355		LEE	TEMP	26	M	SEN	T	0:48:17
356	SMIT	DIRK	IN TOUCH	59	M	55	7012	0:48:19
357	WAKER	PH	TEMP	46	M	45	T71316	0:48:19
358	REDIWESTON	MICHAEL	TEMP	34	M	SEN	T	0:48:21
359	NOORDIEN	RIAZ	OMMIEDRAAI	37	M	35	12547	0:48:21
360	LARY	GARTH	SANDF WP	46	M	45	5369	0:48:22
361	NO CARD		TEMP		M	SEN	T	0:48:26
362	BEUKES	NATALIE	ITHEKO	21	F	SEN	3284	0:48:28
363	VISSER	ANNIK	TEMP	29	F	SEN	T71015	0:48:29
364	CAIE	ROCHELLE	EDGEMEAD	38	F	35	2579	0:48:33
365	ELS	HANLIE	TEMP	55	F	55	T	0:48:36
366	W	ANDREA	TEMP	29	F	SEN	T	0:48:36
367	NO RETURN		TEMP		F	SEN	T	0:48:38
368	GALLAGHER	DALE	ATC	46	M	45	2399	0:48:38
369	OCKER	DYLLAN	TEMP	31	M	SEN	T	0:48:40
370	AMLER	KEVIN	AAC	57	M	55	9431	0:48:42
371	GRANT	GARY	LANGA	23	M	SEN	21393	0:48:43
372	DE JONGH	RUAN	PINELANDS	31	M	SEN		0:48:47
373	GERBER	ERHARDT	CARBINEERS WP	40	M	40	8199	0:48:47
374	HARTLEY	EBRAHIM	KENFAC	35	M	35	17027	0:48:48
375	BREDELL	PAUL	ATC	54	M	50	4447	0:48:48
376	NO RETURN				M	SEN		0:48:49
377	OPPERMAN	JAN	TEMP	29	M	SEN	T	0:48:52
378	MATJUDA	MMEI	RCS GUGS	40	M	40	7673	0:48:53
379	FERREIRA	RYAN	TEMP	29	M	SEN	T	0:48:55
380	GOODNESS	JULIE	TEMP	33	F	SEN	T71308	0:48:59
381	SALIE	RAFEEQ	OMMIEDRAAI	31	M	SEN	12024	0:48:59
382	ADENAAN		SANDF WP	39	M	35	5373	0:49:01
383	RAFIEK		ARD	39	M	35	11139	0:49:04
384	WATSON	ARMIEEN	OMMIEDRAAI	48	M	45	6840	0:49:04
385	NO CARD				M	SEN		0:49:06
386	NO RETURN				M	SEN		0:49:07
387	NO RETURN				M	SEN		0:49:07
388	NO RETURN				M	SEN		0:49:08
389	VAN RENSBURG	DEON	TYGERBERG	61	M	60	4272	0:49:09
390	IRVINE	TIMOTHY	WPCC	49	M	45	11024	0:49:11
391	GABRIELS	WESLEY	CELTIC	39	M	35	7373	0:49:12
392	ERLANGSEN	ANDREW	TEMP	24	M	SEN	T	0:49:15
393	BACKEBERG	ANNA	K-WAY VOB	16	F	JUN	20275	0:49:17
394	VAN COLLER	CHARLENE	TEMP	38	F	35	T	0:49:21
395	BOTHMA	CANDICE	CENTURY CITY	34	F	SEN	11705	0:49:22
396	NO CARD				M	SEN		0:49:22
397	SAHIR	ZAINUL-ABIDEEN	TOP FORM	18	M	JUN	20365	0:49:23
398	ZAAHIR		ITHEKO		M	40	3466	0:49:23
399	DAKES	JESSE	TEMP	16	M	JUN	T	0:49:23
400	MAREGELE	SHAUN	GOODWOOD HARRIERS	46	M	45	5009	0:49:24
401	HAMBULAY	Z	TEMP	41	M	40	T71284	0:49:24
402	FELIX	CHRIS	SANDF WP	51	M	50	14873	0:49:25

403	WITBOOI	WADE	SANLAM	31	M	SEN	9061	0:49:27
404	FRIESLICH	NEVILLE	FISH HOEK	69	M	65	5068	0:49:29
405	NO CARD				M	SEN		0:49:29
406	ADAMS	ADIEL	ATLANTIS	52	M	50	4617	0:49:29
407	CROWIE	DARYN	TEMP	33	M	SEN	T71354	0:49:29
408	TUKKER	DANIEL	TEMP	17	M	JUN	T	0:49:30
409	SHER	EZRA	OLD EDS	41	M	40	31518 CGA	0:49:31
410	BENNETT	PETER	EDGEMEAD	43	M	40	11561	0:49:33
411	SAHARIN	GREG	TEMP	29	M	SEN	T	0:49:34
412	NO RETURN				M	SEN		0:49:35
413	NO RETURN		TEMP		F	SEN	T	0:49:36
414	TUHABANO	DAVID	TEMP	40	M	40	T	0:49:37
415	NO CARD				M	SEN		0:49:37
416	BELLINGER	AMY	ATC	29	F	SEN	2295	0:49:38
417	GARLES	RICARDO	CAPE MULTISPORT	49	M	45	14628	0:49:38
418	SOEKER	GHALIEL	OMMIEDRAAI	30	M	SEN	13368	0:49:38
419	ADAMS	ANGELO	KENFAC	38	M	35	11487	0:49:39
420	GREEN	GRAEME	TEMP	34	M	SEN	T	0:49:40
421	CHURMS	CARISSA	TEMP	28	F	SEN	T71242	0:49:44
422	WATERMEYER	ASHLEIGH	ATC	27	F	SEN	17221	0:49:45
423	SMITH	MICHAEL	DURBAC	49	M	45	2869	0:49:46
424	FLEWIN	ROCHE	BRACKENFELL	40	M	40	5990	0:49:46
425	NO RETURN		TEMP		F	SEN	T	0:49:47
426	GRIESEL	JESS	TEMP	31	F	SEN	T	0:49:47
427	MAEYER	BRETT	TEMP	26	M	SEN	T	0:49:50
428	SULTAN	BAHATI	TEMP	29	M	SEN	T71427	0:49:51
429	FORTUIN	CHERYL	IN TOUCH	41	F	40	7042	0:49:53
430	SEPTEMBER	CHANTAL	SPARTAN	34	F	SEN	1684	0:49:53
431	NO RETURN				M	SEN		0:49:58
432	WIERE	LOURENS	BRACKENFELL	39	M	35	5944	0:49:58
433	VILJOEN	CHARLES	TEMP	35	M	35	T	0:49:59
434	OLIVER	ZANDER	BELLVILLE	36	M	35	6706	0:49:59
435	VAN WYK	WILLIE	BRACKENFELL	70	M	70	6072	0:50:01
436	OATES	SHAUN	AAC	38	M	35	3350	0:50:01
437	BOTHA	BRYAN	CENTURY CITY	31	M	SEN	10187	0:50:02
438	WAIT	SHAUN	TEMP	43	M	40	T	0:50:06
439	MAKHUBO	AUBREY	WEST COAST	28	M	SEN	5800	0:50:07
440	RENSCHLER	PHILLIP	WEST COAST	42	M	40	5796	0:50:07
441	ZOLER	JOHNNY	SPARTAN		M	JUN	20571	0:50:08
442	JACOBS	VERONIQUE	SPARTAN	18	F	JUN	20572	0:50:09
443	FAULMANN	GOEZHE	SPARTAN	16	M	JUN	20386	0:50:10
444	NO RETURN				M	SEN		0:50:17
445	WILLIAMS	MARQUEZ	TEMP	18	M	JUN	T	0:50:17
446	CERES	ISMAIL	OMMIEDRAAI	47	M	45	12549	0:50:20
447	NO RETURN				M	SEN		0:50:21
448	NO RETURN				M	SEN		0:50:22
449	STEENKAMP	MARLIZE	TEMP	34	F	SEN	T	0:50:22
450	BALDHIA	MARK	TEMP	59	M	55	T71441	0:50:27
451	BREDENKAMP	CAILEY	PAARL	55	F	55	0215 BOL	0:50:27
452	LOUW	EUGENE	RUN WALK 4 LIFE	30	M	SEN	10745	0:50:28
453	WILLIAMS	ALBERT	TOP FORM	65	M	65	2466	0:50:28
454	LUNGISILE		TEMP		M	SEN	T	0:50:29
455	GANSER	BRIAN	TEMP	48	M	45	T	0:50:30
456	HARROWSMITH	GREG	WEST COAST	44	M	40	5694	0:50:33
457	BRITZ	GARY	WEST COAST	55	M	55	5678	0:50:35
458	MCDAVEY	MICHAEL	TEMP	24	M	SEN	T71104	0:50:37
459	PETERSEN	HILTON	RCS GUGS	37	M	35	7621	0:50:38
460	DU TOIT	JP	TEMP		M	SEN	T	0:50:41

461	KANNEMEYER	PIETIE	GOODWOOD HARRIERS	62	M	60	12024	0:50:41
462	OOSTHUIZEN	TIAAN	TEMP		M	SEN	T	0:50:42
463	LUBBE	DIRK	BELLVILLE	49	M	45	6750	0:50:42
464	BOOYSEN	JACQUES	ITHEKO	40	M	40	3410	0:50:45
465	BOOI	XOLISIWE	WEST COAST	33	F	SEN	2992	0:50:48
466	WEYERS	FRANCOIS	EDGEMEAD	33	M	SEN	4790	0:50:48
467	GUMPO	THAMSANQA	ATC	34	M	SEN	T71126	0:50:50
468	WOODRUFF	LANCE	TEMP	30	M	SEN	T	0:50:51
469	NO RETURN				M	SEN		0:50:52
470	BENGWE	BUSO	RCS GUGS		M	40	7636	0:50:52
471	DALLAS	BARRY	K-WAY VOB	46	M	45	1146	0:50:53
472	NO RETURN				M	SEN		0:50:56
473	HUGHES	WILLIAM	MAZARS AC	56	M	55	14022	0:50:56
474	FAREED		TEMP	33	M	SEN	T	0:50:57
475	SIGENO	MXOLI	RCS GUGS		M	40	7545	0:50:58
476	GODWANA	MAXWELL	RCS GUGS	47	M	45	7730	0:50:58
477	BOTHMA	ANDRE	CENTURY CITY	35	M	35	11704	0:50:58
478	NADAV		TEMP		M	SEN	T	0:51:01
479	VAN BREDA	SHIRNEL	CELTIC	37	F	35	7312	0:51:02
480	GRAHAM	WESLEY	TEMP	29	M	SEN	T	0:51:03
481	DALWAI	NIZAAM	TEMP	41	M	40	T71566	0:51:04
482	JONES	JOHN-LEE	BELLVILLE	15	M	JUN	T71738	0:51:04
483	NO RETURN				M	SEN		0:51:05
484	MBINDA	EMIHLE	K-WAY VOB	15	F	JUN	20465	0:51:06
485	MOYEKWA	PAMELA	K-WAY VOB	22	F	SEN	1285	0:51:07
486	BRINDERS	LANCE	EDGEMEAD	46	M	45	4766	0:51:09
487	BEZUIDENHOUT	PIETER	TEMP	38	M	35	T	0:51:10
488	UNDERWOOD	CHRISTOPHER	TEMP	27	M	SEN	T	0:51:12
489	NEL	JOHN	TEMP	30	M	SEN	T	0:51:12
490	QUVILE	NTANTLA	CENTURY CITY	17	M	JUN	20844	0:51:13
491	YATES	C	TEMP	47	M	45	T	0:51:13
492	MILNER	EDUAN	CAPE MULTISPORT	51	M	50	13125	0:51:14
493	AKESTER	STEVE	CENTURY CITY	57	M	55	10124	0:51:14
494	CHURMS	DUANE	TEMP	32	M	SEN	T71241	0:51:15
495	POWELL	SEBASTIAN	TEMP	17	M	JUN	T71746	0:51:18
496	NO CARD				M	SEN		0:51:19
497	JOSEPHSON	MICHAEL	WEST COAST	50	M	50	5723	0:51:20
498	ER	SEBNEM	ATC	40	F	40	4406	0:51:22
499	GIRDLESTONE	CHARLES	TEMP	53	M	50	T	0:51:23
500	ROODE	LEOZETTE	CAPE MULTISPORT	30	F	SEN		0:51:25
501	BRITS	RYNO	PICK 'n PAY	28	M	SEN	0141	0:51:29
502	NO RETURN				M	SEN		0:51:30
503	NO CARD		TEMP		F	SEN	T	0:51:31
504	VAN LINGEN	MARGERETHA	TEMP	40	F	40	T	0:51:33
505	DANIELS	MUNSIEF	OMMIEDRAAI	42	M	40	6831	0:51:34
506	LOW	GARETH	TEMP	38	M	35	T	0:51:36
507	REEVE	DUANE	WEST COAST	51	M	50	14675	0:51:37
508	LUTFALLA	HENRI	TEMP	51	M	50	T	0:51:38
509	NO RETURN				M	SEN		0:51:38
510	DREZENE	MICHELLE	TEMP	40	F	40	T	0:51:38
511	DANIELL	JASON	EDGEMEAD	32	M	SEN	15166	0:51:41
512	ROBINSON	CAREL	GREENSTONE HILL	36	M	35	15943 CGA	0:51:41
513	CASPER	JAN	HARRISMITH	31	M	SEN		0:51:43
514	DUKES	INGRID	TEMP	47	F	45	T	0:51:43
515	STEMMET	EBRAHIM	ITHEKO	63	M	60	3133	0:51:44
516	LANGLANDS	CAMILLA	TEMP	32	F	SEN	T	0:51:45
517	WATSON	GRANT	CARBINEERS WP	45	M	45	8769	0:51:46
518	DREYER	JC	PAARL	49	M	45	0269 BOL	0:51:47

519	NO CARD				M	SEN		0:51:47
520	ANTEL	KATHERINE	TEMP	35	F	35	T	0:51:48
521	CLAASE	MARILEE	BRACKENFELL	22	F	SEN	4162	0:51:48
522	OPIE	JESSICA	CARBINEERS WP	48	F	45	6488	0:51:48
523	NO CARD		SASOL		M	SEN		0:51:49
524	FEBRUARY	DALE	TYGERBERG	44	M	40	4274	0:51:52
525	DE WEE	CORNELIUS	TYGERBERG	67	M	65	4266	0:51:54
526	MEINTJES	R	RCS GUGS	55	M	55	7752	0:51:54
527	DRIVER	RYAN	TEMP	35	M	35	T	0:51:55
528	DUZE	ANTHIA	NEDBANK WP	36	F	35	4225	0:51:57
529	MULLAJEE	FEROZ	SANDF WP		M	SEN		0:51:58
530	NO RETURN				M	SEN		0:52:00
531	WILSON	RICHARD	CENTURY CITY	63	M	60	14292	0:52:01
532		JEAN-PIERRE	TEMP	33	M	SEN	T71230	0:52:02
533	KAJEE	YASEEN	TEMP	35	M	35	T71017	0:52:03
534	JAARS	RUBEN	HELDERBERG	35	M	35		0:52:04
535	NO RETURN		TEMP		F	SEN	T	0:52:06
536	MAGGOTT	JULIAN	CELTIC	58	M	55	12227	0:52:08
537	NO CARD				M	SEN		0:52:09
538	LANGENHOVEN	CHRIS	TEMP	59	M	55	T	0:52:10
539	NO CARD				F	SEN		0:52:11
540	PARKER	ZUBAIR	TEMP	27	M	SEN	T	0:52:12
541	VAN SCHALKWYK	DENVER	TEMP	37	M	35	T	0:52:12
542	HAFNER	NICHOLAS	ATC	42	M	40		0:52:13
543	THOMPSON	B	TEMP	31	M	SEN	T	0:52:14
544	LE ROUX	RICARDO	WALMERS AC	31	M	SEN		0:52:15
545	NO RETURN				F	SEN		0:52:18
546	OMAR	MUZAMIL	TEMP	41	F	40	T	0:52:18
547	CAMACHO	LIEZEL	BRACKENFELL	38	F	35	5980	0:52:22
548	MYBURGH	MONIQUE	ATC	33	F	SEN	8688	0:52:23
549	PARKER	DOUGLAS	ATC	30	M	SEN	17262	0:52:24
550	PATERSON	MONICA	WEST COAST	57	F	55	5614	0:52:25
551	LANGA	ZINTLE	DEA RC	38	F	35		0:52:29
552	RUBISHE	VUYOKAZI	KHAYELITSHA	24	F	SEN	12140	0:52:29
553	WILLEMSE	QUINTUS	AAC	50	M	50	12722	0:52:31
554	NEL	DURAN	TEMP	27	M	SEN	T	0:52:33
555	NO RETURN				M	SEN		0:52:34
556	DU TOIT	CHANDRE	TEMP	29	F	SEN	T	0:52:35
557	PIETERS	HANNES	SWARTLAND	53	M	50	0024 BOL	0:52:36
558	JACOBS	PETER	CELTIC	60	M	60	12312	0:52:39
559	WHITTEMORE	JAMES	TEMP	41	M	40	T	0:52:39
560	MOODLEY	RADESH	TEMP	42	M	40	T	0:52:39
561	STANFORD	GARETH	TEAM VITALITY CG	44	M	40	6793 CGA	0:52:40
562	C	MARC	K-WAY VOB	38	M	35	1076	0:52:41
563	WARD	D	DURBAC	45	M	45	15445	0:52:42
564	MATRINESSEN	SELWYN	DURBAC	55	M	55		0:52:42
565	AUGUSTYN	DEON	AAC	38	M	35		0:52:43
566	SAMBO	KOUTHAR	ITHEKO	26	F	SEN		0:52:43
567	MAKGOPA	BLAISE	AAC	34	M	SEN	14418	0:52:43
568	JOORST	ANDRE	SPARTAN	32	M	SEN	1680	0:52:44
569	SIMON	WAYNE	AAC	32	M	SEN	14420	0:52:45
570	GARIN	NEIL	TEMP	47	M	45	T70955	0:52:46
571	SOLOMON	SIRAAAJ	ITHEKO	34	M	SEN	3005	0:52:46
572	SHEPHERD	ANDREW	AAC	42	M	40	9316	0:52:47
573	NO CARD				M	SEN		0:52:48
574	NO CARD				M	SEN		0:52:49
575	SALIE	FADL	OMMIEDRAAI	35	M	35	6800	0:52:49
576	NO RETURN				M	SEN		0:52:50

577	LEVENDAL	PAUL	HEIDERBERG	53	M	50	4501	0:52:50
578	DU TOIT	DIRK	HEIDERBERG	56	M	55	T71051	0:52:51
579	BACH	RON	TEMP	42	M	40	T	0:52:51
580	HERCHAL		TEMP	34	M	SEN	T	0:52:51
581	SEMENE		TEMP	28	M	SEN	T70959	0:52:52
582	NEL	SHARON	SANLAM	44	F	40	8521	0:52:52
583	DE KOCK	KELLY	TEMP	26	F	SEN	T	0:52:57
584	NO RETURN				M	SEN		0:52:58
585	NO RETURN				M	SEN		0:52:59
586	JACOBS	JAKES	STRAND	59	M	55	0091	0:53:00
587	NO RETURN		TEMP		F	SEN	T	0:53:02
588	DAVIDS	LESLEY	TEMP	35	M	35	T	0:53:02
589	CHONG	PETER	WEST COAST	40	M	40	5664	0:53:03
590	HENDRICKS	RAEEZ	TEMP	32	M	SEN	T	0:53:05
591	LAWRENCE	STEPHEN	SANLAM	48	M	45	12961	0:53:07
592	ROUX	JP	CAPE MULTISPORT	36	M	35	8823	0:53:07
593	PERSSON	PETRONELLA	TEMP	28	F	SEN	T	0:53:07
594	TSHALI	PRECIOUS	TEMP	29	F	SEN	T	0:53:08
595	PRINSLOO	MARCO	CAPE MULTISPORT	42	M	40	13454	0:53:08
596	PRINSLOO	HENNIE	ACRW	63	M	60		0:53:11
597	JACOBY	DAVID	TEMP	58	M	55	T	0:53:13
598	ADAMS	REGAN	RCS GUGS	47	M	45	7888	0:53:13
599	MATLHOKO	SHIMONE	LANGA		M	SEN		0:53:14
600	NO CARD		CAPE MULTISPORT		M	SEN		0:53:15
601	NO RETURN		CAPE MULTISPORT		M	SEN		0:53:15
602	ROSSOUW	BARBARA	PYFORD PUFFERS	59	F	55	T	0:53:16
603	TREURNICH	ANDRE	BELLVILLE	51	M	50	6477	0:53:17
604	LOUBSER	NICOLAAS	WEST COAST	57	M	55	5603	0:53:20
605	NO CARD		AAC		M	SEN		0:53:21
606	CLOETE	NATHALIE	K-WAY VOB	49	F	45	16661	0:53:21
607	BROOKS	LEE-ANN	MIDAS SPARTANS	36	F	35	11729	0:53:24
608	MALLINSON	EUGENE	OMMIEDRAAI	43	M	40	6772	0:53:25
609	ERNSTZEN	DILLON	SPARTAN	16	M	JUN	20385	0:53:29
610	SPRINGER	AUBREY	SATORI	68	M	65	7775	0:53:30
611	SOLOMON	ZIYAAD	ITHEKO	26	M	SEN	3006	0:53:30
612	MUJURU	RACHAEL	ADVENTIST AC	40	F	40		0:53:30
613	KARUMURI	SRIKANTH	BRACKENFELL	30	M	SEN	6088	0:53:30
614	NANNY	JORG	TEMP	31	M	SEN	T	0:53:34
615	HORNE	ROBERT	32GI CG	43	M	40	24668 CGA	0:53:34
616	GUTESTAM	FELIX	TEMP	22	M	SEN	T	0:53:34
617	CARPENTER	EMMA	AAC	41	F	40	3456	0:53:34
618	KRITZINGER	JAPIE	BELLVILLE	54	M	50	6734	0:53:35
619	ZANGQA	IVIWE	NEDBANK WP		F	SEN	4146	0:53:35
620	NEETHLING	FH		48	M	45	1117	0:53:37
621	ESBERGER	MICHAEL	TEMP	44	M	40	T	0:53:37
622	FUCHS	NOLS	CAPE MULTISPORT	54	M	50	8895	0:53:38
623	NO RETURN		TEMP		M	SEN	T	0:53:40
624	SAMSON	LEAH	SPARTAN	16	F	JUN	21100	0:53:43
625	DU TOIT	BAREND	BRACKENFELL	46	M	45	5997	0:53:44
626	OCTOBER	ZETHENA	RAVENSMEAD	49	F	45	12003	0:53:46
627	NO RETURN				M	SEN		0:53:47
628	BELLINGER	MEGAN	ATC	29	F	SEN	13926	0:53:49
629	MCIVOR	SCOTT	TEMP	64	M	60	T	0:53:49
630	NO RETURN				M	SEN		0:53:49
631	HENRY	CONITHA	STELLENBOSCH	56	F	55	0865 BOL	0:53:50
632	BOENDER	RONNY	K-WAY VOB	44	M	40	0982	0:53:50
633	BUHEZA	VIWE	CENTURY CITY	17	M	JUN	20847	0:53:50
634	OSMAN LATIB	BILAL	TEMP	29	M	SEN	T	0:53:51

635	MARALIE	LEON	TOP FORM		M	50	14991	0:53:52
636	FERGUSON	IAN	TEMP	65	M	65	T	0:53:53
637	NO RETURN				M	SEN		0:53:54
638	DIENER	JOHANN	STRAND	67	M	65	195	0:53:55
639	LOURENS	CHRIS	BRACKENFELL	63	M	60		0:53:55
640	HARKER	JORDAN	TEMP	16	M	JUN	T	0:53:58
641	PRETORIUS	RASSIE	SANLAM	52	M	50	9066	0:53:58
642	MARAIS	FRANS	BRACKENFELL	60	M	60	6058	0:53:58
643	BOENDER	MELANIE	SPARTAN	40	F	40	10636	0:54:00
644	APPOLLIS	MICHAEL	TEMP	18	M	JUN	T	0:54:01
645	SMIT	MARETHA	TEMP	29	F	SEN	T	0:54:01
646	NO CARD				M	SEN		0:54:02
647	NIEUWOUDT	GIDEON	CAPE MULTISPORT	34	M	SEN	8873	0:54:04
648	VERMEULEN	PJ	TEMP	31	M	SEN	T	0:54:05
649	VAN STADEN	ROBERT	TEMP	49	M	45	T	0:54:05
650	SCHUTTE	MARGUERITE	TEMP	29	F	SEN	T71452	0:54:05
651	PIENAAR	ETIENNE	TEMP	30	M	SEN	T	0:54:06
652	WHIFFLER	DALE	TEMP	44	M	40	T	0:54:08
653	FULLER	LAUREN	K-WAY VOB	28	F	SEN	1299	0:54:08
654	KONOEUS	SABRINA	TEMP	38	F	35	T71322	0:54:09
655	LUSTIG	BRIAN	TEMP	47	M	45	T	0:54:11
656	TROJAN	PREM	K-WAY VOB	50	M	50	0849	0:54:11
657	NO CARD				F	SEN		0:54:12
658	SPRINGER	DAWN	SATORI	57	F	55	7774	0:54:12
659	SEDICK	EDREES	OMMIEDRAAI	33	M	SEN	12569	0:54:12
660	NO RETURN		TEMP		M	SEN	T	0:54:12
661	KIRSTEN	KEANAN	TEMP	17	M	JUN	T	0:54:14
662	NO CARD		TEMP		M	SEN	T	0:54:14
663	GROVE	JUDITH	TYGERBERG	65	F	65	4253	0:54:15
664	VAN AARDT	BIANCA	TEMP	28	F	SEN	T	0:54:15
665	RYKLIEF	JENNA	SPARTAN	15	F	JUN	16778	0:54:17
666	DAVIDS	YAZID	TEMP	38	M	35	T	0:54:18
667	PIENAAR	LEE-ANNE	DURBAC	42	F	40	2613	0:54:19
668	JOHNSON	TOM	AURECON	63	M	60	13070	0:54:19
669	NO RETURN				M	SEN		0:54:21
670	NO RETURN				M	SEN		0:54:21
671	MUSTAPHA	RIDWAAN	ITHEKO	45	M	45	3477	0:54:22
672	FREDERICKS	RIFQA	BO-KAAP ATHLETICS	39	F	35	11488	0:54:22
673	O'CONNOR	STEVEN	WEST COAST	33	M	SEN	5497	0:54:23
674	NO RETURN		TEMP		F	JUN	T	0:54:24
675	NO RETURN		TEMP		M	SEN	T	0:54:25
676	WEBER	ERIKA	SOMERSET STRIDERS	40	F	40	7087	0:54:25
677	ALLI	M-J	ITHEKO	50	M	50	3342	0:54:30
678	SEPTEMBER	SEAN	K-WAY VOB		M	40	1127	0:54:30
679	PELSTON	WARREN	SPARTAN	42	M	40	1583	0:54:31
680	NO RETURN				M	SEN		0:54:33
681	KHAN	AKBAR	CELTIC	61	M	60	7355	0:54:34
682	MACDONALD	DUGHALL	TEMP	35	M	35	T	0:54:36
683	MANDI	SAM	UCT	35	M	35	9667	0:54:37
684	DOLLIE	MISHQAH	OMMIEDRAAI	34	F	SEN	14648	0:54:38
685	ADAMS	STANLEY	PINELANDS	52	M	50	3802	0:54:39
686	BAINBRIDGE	ALAN	TEMP	36	M	35	T	0:54:39
687	KHATIEB	CEDIQA	OMMIEDRAAI	30	F	SEN	6848	0:54:43
688	GASANT	NAZLI	OMMIEDRAAI	34	F	SEN	6820	0:54:43
689	ASMAL	UWAIS	OMMIEDRAAI	32	M	SEN	6791	0:54:44
690	MCENGIE	THEMBI	K-WAY VOB	24	F	SEN	0746	0:54:45
691	NO RETURN				M	SEN		0:54:45
692	KOEN	RENIER	BLOOD CGA	29	M	SEN	11007 CGA	0:54:47

693	MTANANO	VUYANI	CORR SERVICES WP	42	M	40	12683	0:54:47
694	ELDAWOODY	RAGA	CAPE MULTISPORT	44	M	40	15522	0:54:47
695	SMITH	RUAN	TEMP	34	M	SEN	T	0:54:50
696	GELDENHUYS	ANNELIZE	BRACKENFELL	47	F	45	6107	0:54:52
697	MOOS	RIYAAD	CENTURY CITY	39	M	35	7479	0:54:52
698	LONG	VANDA	TEMP	43	F	40	T	0:54:53
699	JANSEN	JONAS	TEMP	26	M	SEN	T71166	0:54:53
700	SCHULTZ	FELICITAS	TEMP	25	F	SEN	T71167	0:54:58
701	CHERNOTSKY	BRENT	TEMP	27	M	SEN	T	0:54:59
702	BLANK CARD				M	SEN		0:54:59
703	GUNI	TENDEKAYI	TEMP	36	M	35	T70939	0:54:59
704	NO RETURN				M	SEN		0:55:01
705	LAVERY	SEAN	WPCC	46	M	45	T71220	0:55:02
706	FURLONG	E	CAPE MULTISPORT	42	F	40	14618	0:55:02
707	ADAMS	USAAMAH	TEMP	26	M	SEN	T	0:55:03
708	BRUSATARI	JAMES	TEMP	29	M	SEN	T71528	0:55:04
709	CROWDER	GREGORY	PHOENIX	58	M	55	12343	0:55:04
710	SWART	TANYA	BRACKENFELL	41	F	40	5981	0:55:04
711	HVIDSTEN	KARL	TEMP	34	M	SEN	T	0:55:05
712	WHIFFLER	SHELLEY	TEMP	42	F	40	T	0:55:05
713	DE OLIVEIRA	CHRIS	TEMP	49	M	45	T71474	0:55:06
714	ADAMS	AMIEN	CENTRAL AC	65	M	65	6178	0:55:07
715	NO RETURN				M	SEN		0:55:08
716	DHANSAY	AFZAL	K-WAY VOB	58	M	55	0919	0:55:10
717		JAMEEL	ITHEKO		M	40	3190	0:55:13
718	HANSLO	K	AAC		M	40	9336	0:55:13
719	WING	QUENTIN	OPEN BOX	46	M	45	11658	0:55:14
720	VAN NIEKERK	LEROI	TEMP	39	M	35	T71106	0:55:14
721	BURNE	ROB	DURBAC	68	M	65	2618	0:55:15
722	NO CARD				M	SEN		0:55:15
723	NO CARD				M	SEN		0:55:16
724	MULLER	CHRIS	STRAND	30	M	SEN	2087	0:55:17
725	MUKONA	RENDANI	SANDF WP	39	M	35	11928	0:55:17
726	VOCKINS	JACQUELINE	ATC	39	F	35	2333	0:55:17
727	THURMAN	ALLISTER	TEMP	41	M	40	T	0:55:18
728	BLANK CARD				M	50		0:55:18
729	NO RETURN		STRAND		M	SEN		0:55:18
730	BASUVARAJ	DIVAKARAN	WEST COAST	35	M	35	16400	0:55:22
731	CLASSEN	RUSHDA	MP TITANS	45	F	45	15026	0:55:24
732	HARKETT	TINA	AAC	59	F	55	9459	0:55:24
733	JENKINS	DAVID	FISH HOEK	52	M	50	5169	0:55:24
734	ACKERMAN	MARI	BRACKENFELL	44	F	40	6108	0:55:25
735	NONTAM	FIKELE	TEMP	17	M	JUN	T71734	0:55:26
736	NEMATI	SAHAR	TEMP	35	F	35	T	0:55:27
737	WINTER	INGE	CENTURY CITY	37	F	35	10212	0:55:28
738	JOHL	SARAH	TEMP	61	F	60	T	0:55:28
739	SCHUTTE	FRANS	BRACKENFELL	59	M	55	16555	0:55:29
740	NO RETURN				M	SEN		0:55:29
741	KARIEM	NAZMIE	OMMIEDRAAI	32	M	SEN	13378	0:55:30
742	CHARLTON	LEIGH	ATC	33	F	SEN	4307	0:55:31
743	VAN ZYL	ERHARDT	TEMP	25	M	SEN	T	0:55:32
744	ROBERTS	MATTHER	TEMP	27	M	SEN	T71302	0:55:33
745	STEENKAMP	THEO	BELLVILLE		M	60		0:55:34
746	HUISAMEN	HANLIE	TEMP	32	F	SEN	T	0:55:34
747	ISMAIL	SHAFIEK	NANTES	48	M	45	12870	0:55:35
748	SKOSAN	CHRISTIAN	TEMP	44	M	40	T	0:55:37
749	BERTHOLD	CORINA	TEMP	33	F	SEN	T	0:55:38
750	PRETORIUS	LUCA	TEMP	15	M	JUN	T11728	0:55:38

751	CARVER	JENNIFER	TEMP	33	F	SEN	T	0:55:38
752	RATJALA	PULANA	TEMP	30	F	SEN	T71048	0:55:40
753	VERMEULEN	SANDY	TEMP	34	F	SEN	T	0:55:41
754	WARD	DIDI	AAC	37	F	35	9393	0:55:42
755	ELROY		TEMP		M	SEN	T	0:55:42
756	VAN DIENER		TEMP	37	M	35	T	0:55:43
757	HEIL	STEFAN	BELLVILLE	46	M	45	6614	0:55:43
758	READ	ELIZNA	AAC	40	F	40	3311	0:55:43
759	ADAMS	TREVOR	HEWAT	67	M	65	14726	0:55:43
760	JOHAAR	YAASEEN	VODACOM STRIDERS	41	M	40	11664	0:55:45
761	JOEMAT	ADOLPH	NANTES	53	M	50	6426	0:55:45
762	DITTRION	CORNALI	ATC	40	F	40	4418	0:55:45
763	YASIN	AQUEEL	TEMP	30	M	SEN	T	0:55:46
764	MATIKA	THEMBINKOSI	TEMP	31	M	SEN	T	0:55:46
765	BROADLEY	SIMON	PINELANDS	35	M	35	3964	0:55:46
766	ALBERTYN	GREGORY	CARBINEERS WP	53	M	50	8178	0:55:46
767	GELDENHUYS	LANA	BRACKENFELL	40	F	40	5991	0:55:47
768		CHAD	TEMP	23	M	SEN	T	0:55:47
769	HITECH		OMMIEDRAAI	41	M	40	71185	0:55:47
770	HINA	UNATI	DURBAC	39	F	35	12084	0:55:47
771	LIGHTFOOT	LIESL	TEMP	20	F	SEN	T71335	0:55:48
772	UYS	RIAAN	BIDVEST	47	M	45	11739	0:55:50
773	COZETT	TARA	PINELANDS	33	F	SEN	3965	0:55:52
774	BOOLEY	RIDAH	SANDF WP	39	M	35	9457	0:55:52
775	ABRAHAMS	WESLEY	TEMP	48	M	45	T	0:55:53
776	KEARNS	JULIA	ATC	46	F	45		0:55:54
777	JACOBS	FARANAAZ	ITHEKO	30	F	SEN	3355	0:55:54
778	HOOK	DREW	WPCC	34	M	SEN	8947	0:55:57
779	DOLS	GERT	WEST COAST	60	M	60		0:55:57
780	FUCHSLOCH	TISSA	AAC	59	F	55	9363	0:55:57
781	PIETERS	CHANTAL	TEMP	52	F	50	T6807	0:55:58
782	LOUW	ESTI	FAKU CHIEFS	34	F	SEN	10094 KZN	0:55:59
783	JONES	ERICA	TEMP	43	F	40	T	0:55:59
784	KAPERY	ZAHIER	ARD	46	M	45	11223	0:56:00
785	BLANK CARD		FORESTERS		M	SEN		0:56:02
786	CASTOR	KAREN	DURBAC	36	F	35	2670	0:56:03
787	BRAID	SAM	K-WAY VOB	38	F	35	1329	0:56:04
788	CHOTHIA	YAZIED	ITHEKO	40	M	40	3293	0:56:06
789	NO RETURN				M	SEN		0:56:06
790	MCKEAVENEY	SHELLEY	TEMP	41	F	40	T	0:56:06
791	COTTLE	RIAAN	CELTIC	47	M	45		0:56:07
792	MARI	SURESIN	EDGEMEAD	31	M	SEN	2187	0:56:08
793	ADAM	IMRAAN	TEMP	24	M	SEN	T71467	0:56:09
794	HESS	MARIUS	TYGERBERG	55	M	55	11670	0:56:09
795	MCNAUGHTON	N	TEMP	55	F	55	T	0:56:09
796	YOUENS	JO	TEMP	41	F	40	T	0:56:10
797	BRIERE	CHRISTOPHE	TEMP	33	M	SEN	T	0:56:11
798	VISSER	G	TEMP		M	60	T	0:56:12
799	BRIDER	R	TEMP	34	M	SEN	T71434	0:56:13
800	G	SHELLEY	DURBAC	53	F	50	12087	0:56:13
801	PADAYACHEE	NAZEEM	K-WAY VOB	30	M	SEN	0454	0:56:14
802	LAING	DUNCAN	TEMP	33	M	SEN	T	0:56:14
803	PETERSEN	RAHGEEB	NANTES	32	M	SEN	6448	0:56:14
804	ZARRAGA DE PHILANDER	ALEIDA	ITHEKO	49	F	45	3432	0:56:16
805	JOHL	ROLF	TEMP	60	M	60	T	0:56:18
806	KABELI	MONISE	PARLIAMENT	45	M	45	12063	0:56:19
807	DAVIDSON	SHELLEY	TEMP	46	F	45	T	0:56:20
808	FEBRUARY	REGINALD	TEAM VITALITY GN	35	M	35	30385 AGN	0:56:20

809	RAFF	YEHUDA	TEMP	40	M	40	T71034	0:56:21
810	VIARNAUD	LYNETTE	TEMP	45	F	45	T	0:56:22
811	NO RETURN				M	SEN		0:56:22
812	BENJAMIN	SULAIMAN	OMMIEDRAAI	32	M	SEN	6931	0:56:22
813	LE ROUX	BEN	DURBAC	39	M	35	2882	0:56:23
814	ORRIE	ROLDAH	ITHEKO		F	50	7141	0:56:23
815	MAJIET	RICHARD	PINELANDS	65	M	65	3953	0:56:23
816	NO RETURN				M	SEN		0:56:25
817	NO CARD				M	SEN		0:56:26
818	CHAMPIANS	MICHAEL	TEMP	35	M	35	T	0:56:27
819	NTONDU		BEDFORDVIEW CC	47	M	45	8214 CGA	0:56:27
820	NKOSI	G	RCS GUGS		M	40	15309	0:56:28
821	BIMEREW	MILLION	GOODWOOD HARRIERS	49	M	45	13291	0:56:28
822	OSMAN	EBRAHIM	ITHEKO	49	M	45	3269	0:56:29
823	MOHAMED	ABDUSSAMAT	TEMP	50	M	50	T	0:56:30
824	THIART	DEON	BRACKENFELL	57	M	55	10791	0:56:31
825	ARENTSEN	BRIAN	CENTURY CITY	52	M	50	2839	0:56:31
826	AURELIEN	JONATHAN	TEMP	37	M	35	T	0:56:44
827	HERBST	MARNA	KEMPTON	42	F	40		0:56:45
828	MURRAY	MARIA	CHAEI	56	F	55	11291	0:56:45
829	FRANCOIS	GIDEON	TEMP	30	M	SEN	T71301	0:56:45
830	PETERSEN	DYLAN	IN TOUCH	40	M	40	14569	0:56:46
831	SMITH	NICHOLAS	MATES	43	M	40	14517	0:56:47
832	DA COSIA	JULIO	TEMP		M	SEN	T70396	0:56:48
833	RODHIRAN	SIJUTRA	EDGEMEAD	42	F	40	4808	0:56:48
834	KARRIEM	ABDUL	ARD	41	M	40	11124	0:56:49
835	PHILILELA	DIKOSHA	WEST COAST		M	50		0:56:50
836	MAREL	ERICA	DURBAC	50	F	50	12106	0:56:50
837	NO RETURN				F	SEN		0:56:50
838	BURGER	TIAAN	TEMP	35	M	35	T	0:56:51
839	FERREIRA	CAROL	STRAND	54	F	50	1964	0:56:52
840	CORKE	MATTHEW	TEMP		M	SEN	T	0:56:53
841	LOOTS	ROELANI	TEMP		F	SEN	T	0:56:53
842		JEAN-PAUL	TEMP	36	M	35	T	0:56:54
843	VISSER	RIAAAN	TEMP	29	M	SEN	T	0:56:54
844	WEBSTER	RENE	K-WAY VOB	41	F	40	1448	0:56:55
845	MORRIS	KAITLYN	TEMP	28	F	SEN	T	0:56:55
846	NO CARD				M	SEN		0:56:55
847	MCKECHNIE	RAMEEZ	ITHEKO	53	M	50	3405	0:56:55
848	LANDZELA	S	ACSA	29	M	SEN	12575	0:56:55
849	NO RETURN				M	SEN		0:56:56
850	NO RETURN				M	SEN		0:56:56
851	VAN DER MERWE	WILHELM	TEMP	14	M	JUN	T71730	0:56:56
852	RITCHIE	N	EDGEMEAD		M	50	12624	0:56:57
853	SCHROEDER	HENRY	WEST COAST	49	M	45	5524	0:56:57
854	BIRCH	ANGELIQUE	EDGEMEAD	33	F	SEN	12652	0:56:57
855	VENTER	STEPH	TEMP	46	M	45	T11370	0:56:57
856	BERNHARDT	JOHN	WEST COAST	51	M	50	5540	0:56:58
857	NO CARD				M	SEN		0:56:58
858	DAWES	RAFIQ	ITHEKO	52	M	50	10002	0:56:58
859	RIC-HANSEN	MIKE	HARFIELD	39	M	35	8395	0:56:59
860	ARENDSE	ERAFAAN	PICK 'n PAY	38	M	35	6967	0:56:59
861	ALLIE	MUJAHID	OMMIEDRAAI	32	M	SEN	6796	0:56:59
862	NO RETURN				M	SEN		0:57:00
863	COLLINS	FARBIAN	OMMIEDRAAI	51	M	50	5966	0:57:01
864	CERES	QUDSIYYAH	OMMIEDRAAI	21	F	SEN	12548	0:57:02
865	DAVIES	IMAAD	ITHEKO	23	M	SEN	10001	0:57:02
866	LEGNER	THOMAS	TEMP	55	M	55	T	0:57:02

867	VAN ECK	COLLETTE	FISH HOEK	65	F	65	5054	0:57:03
868	NO CARD				F	SEN		0:57:04
869	WATSON	MICHAEL	TEMP	38	M	35	T	0:57:04
870	VAN DER MERWE	MIA	TEMP	30	F	SEN	T	0:57:06
871	JOOSTE	DEON	NANTES	48	M	45		0:57:07
872	NO RETURN				F	SEN		0:57:07
873	GERMANY	ABIGAIL	ATC	26	F	SEN	2283	0:57:08
874	INGLE	TAMSYN	ATC	30	F	SEN	2886	0:57:08
875	BEUKES	MARVAN	AAC	47	M	45	9475	0:57:10
876	MOTALA	ASIL	TEMP	22	M	SEN	T	0:57:10
877	POTGIETER	DAVID	TEMP		M	SEN	T71219	0:57:11
878	MOYLE	JANET	TEMP	28	F	SEN	T	0:57:11
879	HAHNLE	LINA	TEMP	27	F	SEN	T	0:57:11
880	PIETERSE	DEWAN	TEMP	27	M	SEN	T	0:57:11
881	SALIE	WAJEDIE	ARD	37	M	35	11193	0:57:11
882	FRYER	ANDRE	TEMP	27	M	SEN	T	0:57:12
883	SALIE	ABEDA	ARD	35	F	35	11194	0:57:12
884	KAREEM	RUWAYDA	ARD	40	F	40	11125	0:57:12
885	VAN DER MERWE	WILHELM	DURBAC	44	M	40		0:57:14
886	BURGESS	MEGAN	NEDBANK WP	29	F	SEN	4127	0:57:15
887	KUMM	LOUISE	WEST COAST	57	F	55		0:57:16
888	FORGAN	S-J	TEMP	29	F	SEN	T	0:57:17
889	MILLER	HANJE	CELTIC	27	F	SEN	17168	0:57:17
890	MILLER	REBECCA	CELTIC	26	F	SEN		0:57:18
891	NO RETURN				M	SEN		0:57:18
892	KING	JONATHAN	TEMP	34	M	SEN	T	0:57:20
893	KELLAND	CHARL	PINELANDS	45	M	45	3915	0:57:21
894	KEMP	INGE	TEMP	31	F	SEN	T	0:57:21
895	VAN SCHALKWYK	NEVILLE	TEMP	37	M	35	T	0:57:22
896	GUNNELL	G	HELDERBERG	60	M	60	4543	0:57:22
897	ACAR	ADRIENNE	TEMP	27	F	SEN	T	0:57:24
898	HERRING	ELMARE	EDGEMEAD	49	F	45	4731	0:57:25
899	KALLIER	ARSHAD	CENTURY CITY	32	M	SEN	10192	0:57:25
900	MAHLANGU	DUMISANI	TEMP	29	M	SEN	T	0:57:27
901	RHODE	KHANITA	STELLENBOSCH	51	F	50		0:57:27
902	LE ROUX	LARISA	TEMP	37	F	35	T	0:57:28
903	SMITH	FRANKLIN	CELTIC	70	M	70	7300	0:57:29
904	SEPTEMBER	MIKHAIL	TEMP	31	M	SEN	T	0:57:29
905	KOBUS	PUMZA	WEST COAST		F	40	5751	0:57:29
906	NEW	CATHRYN	TEMP	42	F	40	T	0:57:30
907	EDWARDS	RAGMAH	OMMIEDRAAI	27	F	SEN	6819	0:57:30
908	KOTZE	MORNE	TEMP	23	M	SEN	T71300	0:57:31
909	NO RETURN				M	SEN		0:57:31
910	DE JONGH	EDUAN	BELLVILLE	36	M	35	16351	0:57:31
911	KHATIEB	SHIYAM	TEMP	38	F	35	T	0:57:31
912	NO RETURN				M	SEN		0:57:33
913	ZUMA	SIBUSISO	ACSA	42	M	40	10031	0:57:33
914	PRETORIUS	MIKAYLA	TEMP	12	F	SEN	T	0:57:33
915	GREY	JOY	K-WAY VOB	58	F	55	1192	0:57:33
916	WITTE	L	K-WAY VOB	51	M	50	1265	0:57:34
917	BEKKER	TANJA	TEMP	30	F	SEN	T	0:57:34
918	LE ROUX	PHILIP	TEMP	45	M	45	T	0:57:34
919	PASCOE	TREVOR	RUN WALK 4 LIFE	53	M	50	13241	0:57:36
920	CARIEM	NIZAAM	ITHEKO	37	M	35	3281	0:57:37
921	MARX	ERIKA	BRACKENFELL	35	F	35	6124	0:57:37
922	HEYDENRYCH	CONRAD	TEMP	42	M	40	T	0:57:38
923	VAN SCHALKWYK	JOHAN	TEMP	29	M	SEN	T	0:57:38
924	VAN ZYL	ALIZANNE	TEMP	31	F	SEN	T71464	0:57:39

925	AKOKPARI	HAAN	RCS GUGS	53	F	50	7526	0:57:39
926	GELDENHUIJS	DONOVAN	TYGERBERG	51	M	50	4241	0:57:39
927	SABREEN		TOP FORM		F	SEN		0:57:39
928		SEFANIE	STELLENBOSCH	25	F	SEN	0694 BOL	0:57:40
929	MANUEL	LEON	SPARTAN	52	M	50		0:57:41
930	GREEN	NATALIE	TEMP	29	F	SEN	T	0:57:41
931	BRAND	TERTIA	STRAND	39	F	35		0:57:42
932	DE BRUYN	MORNE	TEMP	42	M	40	T	0:57:43
933	NO RETURN				M	SEN		0:57:43
934	ENEVER	ALEX	TEMP	29	M	SEN	T	0:57:44
935	ASSENHEIM	J	AAC	51	M	50	14405	0:57:45
936	LAUBSCHER	JESSICA	TEMP	28	F	SEN	T	0:57:45
937	BOTHA	J	STRAND	41	M	40		0:57:47
938	BADENHORST	NAOMI	K-WAY VOB	57	F	55	0819	0:57:47
939	NO CARD				M	SEN		0:57:47
940	AGENBACH	FRANCOIS	MELKBOS	46	M	45	14281	0:57:48
941	DE JAGER	DIRK	TEMP	39	M	35	T71207	0:57:48
942	NO CARD				F	SEN		0:57:48
943	NO RETURN				F	SEN		0:57:48
944	DE KOCK	ELZANNE	TEMP	37	F	35	T71026	0:57:49
945	BHAWAN	DEEPTI	ATC	34	F	SEN	2276	0:57:50
946	DAWES	JOHN	PINELANDS	58	M	55	3979	0:57:50
947	NO CARD				M	SEN		0:57:50
948	NO CARD				M	SEN		0:57:51
949	HADEBE	BHEKI	TEMP	43	M	40	T	0:57:51
950	BAXTER	P	AAC	53	M	50	9302	0:57:53
951	HYLAND	BRITT	TEMP	46	F	45	T	0:57:53
952	HASSAN	EBRAHIM	NANTES	37	M	35	15573	0:57:53
953	VAN LINGEN	ANDREW	TEMP	44	M	40	T	0:57:54
954	DAWES	MELANIE	PINELANDS	24	F	SEN	3980	0:57:54
955	STEYN	KENNY	TEMP	51	M	50	T	0:57:54
956	VAN ROOYEN	TANIA	CENTURY CITY	33	F	SEN	2816	0:57:55
957	NU-HA	SALIE	WALMERS AC	29	F	SEN	10273	0:57:55
958	URISCHON	VONIDA	OMMIEDRAAI	44	F	40	16569	0:57:57
959	WILLIAMSON	KAREN	HOUT BAY	49	F	45	0480	0:57:57
960	NO RETURN				F	SEN		0:57:58
961	SKQWNO	PHILIPPA	HARFIELD	40	F	40	8340	0:57:59
962	TSUTSU	NOLWANDO	KHAYELITSHA	31	F	SEN	12141	0:57:59
963	SALIE	GASANT	BO-KAAP ATHLETICS	33	M	SEN	11296	0:57:59
964	JATTIEM	NAASHIEF	ARD	39	M	35	11168	0:58:00
965	ADAMS	JP	TEMP	15	M	JUN	T	0:58:01
966	KERAAN	KIHAD	TEMP	21	M	SEN	T	0:58:01
967	HENDRICKS	BONITA	MP TITANS	49	F	45	15022	0:58:01
968	WARD	COLIN	WEST COAST	41	M	40	5562	0:58:02
969	WOOD	BRUCE	WEST COAST	49	M	45	5665	0:58:03
970	PALERMO	GIAN	WEST COAST	50	M	50	5648	0:58:04
971	SESETHU		RCS GUGS	28	M	SEN	7711	0:58:04
972	JACOBS	KOUTHAR	ARD	34	F	SEN	9090	0:58:04
973	WILLIAMS	REDEWAAN	NANTES	51	M	50	12924	0:58:06
974	NO RETURN				M	SEN		0:58:08
975	MALAN	DANIEL	STELLENBOSCH	46	M	45	1055 BOL	0:58:08
976	RAWOOT	SAMEER	NANTES	33	M	SEN	6443	0:58:08
977	NEL	MARNE	TEMP		F	SEN	T	0:58:09
978	OSMAN	ROSHAN	TEMP	30	F	SEN	T71350	0:58:10
979	ASPELING	CHELSEA	CELTIC	24	F	SEN	7335	0:58:10
980	NO RETURN				M	SEN		0:58:11
981	KARIEM	MAAHIR	OMMIEDRAAI	32	M	SEN	13554	0:58:11
982	SANDI	FUNDISWA	RAVENSMEAD	37	F	35	10120	0:58:12

983	EHRENREICH	HILTON	BRACKENFELL	47	M	45	6004	0:58:12
984	WESSELS	MONICA	RUN WALK 4 LIFE	41	F	40	10741	0:58:13
985	SAMSODIEN	WALEED	OMMIEDRAAI	34	M	SEN	6770	0:58:14
986	MARAIS	CORLIA	BRACKENFELL	36	F	35	6125	0:58:14
987	JACOBS	ABDUL-MAALIK	OMMIEDRAAI	24	M	SEN	13562	0:58:14
988	NO RETURN				F	SEN		0:58:15
989	CROUS	OLOFF	BRACKENFELL	73	M	70	6073	0:58:16
990	FRANKEN	L	SANDF WP	48	F	45	5434	0:58:17
991	PEDRO	NATHEERAH	SPARTAN	16	F	JUN	20392	0:58:19
992	DE BEER	JOHN	WEST COAST	45	M	45	3203	0:58:20
993	CANTERBURY	CRAIG	GOODWOOD HARRIERS	44	M	40	16138	0:58:20
994	GANIEF	FAHLDIE	CENTRAL AC	65	M	65	6204	0:58:21
995	NO RETURN				M	SEN		0:58:21
996	BLOM	ARNO	TEMP	34	M	SEN	T	0:58:24
997	ACHART	DHEENA	TEMP		M	SEN	T	0:58:24
998	GELDENHUYS	LESTER	IN TOUCH	45	M	45	7052	0:58:25
999	BLOM	CHRISTILLE	TEMP	34	F	SEN	T	0:58:25
1000	NO CARD				M	SEN		0:58:26
1001	OLIVIER	LEONE	STRAND	17	F	JUN	20148	0:58:27
1002	HEYNS	ANTHONY	TEMP	33	M	SEN	T	0:58:27
1003	KLEINHANS	ERNST	TEMP	44	M	40	T	0:58:28
1004	MALAWU	BONGINKOSI	ADVENTIST AC		M	40		0:58:30
1005	BANFIELD	B	TEMP	37	M	35	T	0:58:30
1006	WILDS	LEANNE	TEMP	36	F	35	T	0:58:31
1007	SEKANINOVA	PETRA	TEMP	32	F	SEN	T	0:58:32
1008	TREURNICH	MARYKA	BELLVILLE	35	F	35	6478	0:58:33
1009	NIEUWOUDT	THERON	TEMP	24	M	SEN	T71287	0:58:34
1010	BRANDON	ZITA	WEST COAST	55	F	55	5808	0:58:35
1011	THEUNISSEN	M	TOP FORM	60	M	60	2330	0:58:35
1012	WYNGAARD	CHRISTIAN	PINELANDS HS		M	JUN	T	0:58:35
1013	OUWERKERK	ANDREA	TEMP	28	F	SEN	T70992	0:58:37
1014	MITTENDORF	ARNDT	TEMP	46	M	45	T	0:58:37
1015	MARGOLIUS	NICOLE'	TEMP	31	F	SEN	T	0:58:38
1016	DILIMA	AMANDA	TEMP	32	F	SEN	T	0:58:39
1017	NO RETURN				F	SEN		0:58:40
1018	WALTON	YOLANDE	STELLENBOSCH	49	F	45	0879 BOL	0:58:40
1019	MAY	ROCHELLE	SPARTAN	36	F	35	1419	0:58:41
1020	BROOKS	LIZAHN	BRACKENFELL	29	F	SEN	10771	0:58:42
1021	VAN ZYL	LIESEL	STRAND	40	F	40	2088	0:58:42
1022	LEUKES	BERTRAM	CELTIC	54	M	50	16148	0:58:42
1023	SCHIFFER	HORST	FISH HOEK	71	M	70		0:58:42
1024	ABRAHAMS	MUNEER	TEMP	33	M	SEN	T71306	0:58:44
1025	MORRIS	ALEX	TEMP	25	F	SEN	T	0:58:47
1026	NO RETURN				F	SEN		0:58:50
1027	NO RETURN				M	SEN		0:58:50
1028	MAYO	JASON	TEMP	30	M	SEN	T	0:58:50
1029	KAHAAR	IMRAAN	WALMERS AC	33	M	SEN	10272	0:58:52
1030	YAASIR		TEMP	38	M	35	T	0:58:52
1031	HENDRIKS	NICOLA	CARBINEERS WP	42	F	40		0:58:52
1032	ODENDAAL	JOHAN	TEMP	34	M	SEN	T	0:58:52
1033	MELLET	VICKI	TEMP	41	F	40	T	0:58:53
1034	PFEIFFER	CERENUS	STRAND		M	50	2204	0:58:53
1035	NELL	EVAN	WILD RUNNER	41	M	40	3534	0:58:53
1036	CONRADIE	TAMMY	DURBAC	33	F	SEN	2940	0:58:54
1037	BOOYSEN	CYNTHIA	RCS GUGS	59	F	55	7618	0:58:54
1038	KASKA		TEMP	42	F	40	T	0:58:55
1039	ISAACS	RIYAAD	WALMERS AC	42	M	40	3042	0:58:55
1040	GILDENHUYS	ISOLDE	TEMP	21	F	SEN	T	0:58:57

1041	FOURIE	KAREN	TEMP	45	F	45	T	0:58:57
1042	HOLM	SANLI	TEMP	29	F	SEN	T70971	0:58:58
1043	MAREE	MICHELLE	TEMP	46	F	45	T	0:58:59
1044	WILLIAMS	RAYAAN	WALMERS AC	36	M	35	10271	0:59:03
1045	NO RETURN				M	SEN		0:59:03
1046	JONES	LYNETTE	BELLVILLE	37	F	35	6490	0:59:03
1047	NEL	HERMIEN	DURBAC	39	F	35	2939	0:59:03
1048	VAN ASEGEN	MICHELLE	TEMP	38	F	35	T71558	0:59:03
1049	JOHAAR	ARMIEN	ARD	56	M	55	9125	0:59:04
1050	MEIRING	SUSAN	TEMP	39	F	35	T	0:59:04
1051	NO RETURN				F	SEN		0:59:04
1052	SPARG	PIXIE	CELTIC	74	F	70	7424	0:59:05
1053	MALHERBE	ADELE	DURBAC	46	F	45	6744	0:59:05
1054	STROUD	HILTON	SANDF WP	30	M	SEN	16368	0:59:06
1055	BRANDON	ROYD	WEST COAST	59	M	55	T71047	0:59:06
1056	DE NOBREGA	JOSE	BELLVILLE	62	M	60	6627	0:59:07
1057	PETERSEN	MEGAN	ATC	32	F	SEN	2809	0:59:11
1058	VAN HEERDEN	S	ATC	51	F	50	17272	0:59:11
1059	DONACHIE	STEPHANIE	AAC	23	F	SEN		0:59:12
1060	TEW	CHARMAINE	AAC	37	F	35	15786	0:59:12
1061	LOTTER	NURAAN	TEMP	30	F	SEN	T	0:59:13
1062	LE ROUX	J	TEMP	37	F	35	T71512	0:59:13
1063	ROUX	CARINA	CAPE MULTISPORT	46	F	45	8865	0:59:15
1064	HANYISI	MD	KHAYELITSHA	43	M	40	16237	0:59:15
1065	ZIERVOGER	LEO	TEMP	35	M	35	T	0:59:16
1066	WILSCHUTT	EBEN	TOP FORM	42	M	40		0:59:16
1067	ENGELBRECHT	NIKKI	TEMP	31	F	SEN	T	0:59:17
1068		THABANG	TEMP	37	M	35	T	0:59:17
1069	HOOSAIN	GOUWA	WALMERS AC	34	F	SEN	12722	0:59:18
1070	THOMSON	ASHLEIGH	TEMP	28	F	SEN	T	0:59:18
1071	UDALL	ANYA	TEMP		F	SEN	T711101	0:59:19
1072	KEOWN	RACHEL	TEMP	34	F	SEN	T	0:59:21
1073	ADAMS	ERFAAN	ARD	46	M	45	11249	0:59:22
1074	CRAFT	ELLIE	TEMP	28	F	SEN	T	0:59:22
1075	LEWIN	ABDUL-MUIZH	ARD	38	M	35	11167	0:59:22
1076	M\KHIZE	S'NGAYE	SANLAM	35	M	35	15077	0:59:23
1077	JASSIEM	TAYB	WALMERS AC	45	M	45	10316	0:59:23
1078	HOLTROP	SURETHA	CENTURY CITY	43	F	40		0:59:23
1079	SINAZO		RCS GUGS	33	F	SEN		0:59:23
1080	MAY	L	TEMP	46	M	45	15139	0:59:24
1081	NO RETURN				M	SEN		0:59:24
1082	NKWENTSHE	NOMZAMO	RCS GUGS	35	F	35	7658	0:59:24
1083	OMAR	ZAIM	TEMP	16	M	JUN	T	0:59:24
1084	GOUWS	K	TEMP	27	F	SEN	T71525	0:59:25
1085	HARLOCK	SONIA	FISH HOEK	56	F	55	5125	0:59:25
1086	READMAN	CHRIS	AAC	69	M	65	9222	0:59:26
1087	ALLEN	TIMOTHY	AAC	36	M	35		0:59:27
1088	WHITEHEAD	LEE-ANN	BELLVILLE	26	F	SEN	6510	0:59:29
1089	NO CARD				F	SEN		0:59:30
1090	OLIVIER	LORINDE	STRAND	53	F	50	1965	0:59:33
1091	BOTHA	THEA	BRACKENFELL	59	F	55	5959	0:59:33
1092	RAY	KARLA	ATC	49	F	45	2296	0:59:34
1093	GOODALL	ROBYN	TEMP	42	F	40	T	0:59:35
1094	BROWN	GUY	RUN WALK 4 LIFE	68	M	65	11100	0:59:37
1095	ALEXANDER	ELTON	ATC	41	M	40	4306	0:59:37
1096	VAN COLLER	MICHAEL	TEMP	54	M	50	T	0:59:37
1097	NO RETURN				M	SEN		0:59:38
1098	MUNROE	LANCE	K-WAY VOB	47	M	45	1062	0:59:38

1099	LADIKOS	VIORGHO	TEMP	33	M	SEN	T71486	0:59:39
1100	SMITH	KURT	TEMP	43	M	40	T	0:59:40
1101	DU PREEZ	ANDRIES	BRACKENFELL	61	M	60	6116	0:59:40
1102	ADONIS	JIMMY	RCS GUGS	65	M	65	15343	0:59:41
1103	GOODALL	GREG	ATC	38	M	35	2877	0:59:41
1104	MACKRILL	BRONWEN	HELDERBERG	56	F	55	4502	0:59:42
1105	BRESLER	TARYNN	EDGEMEAD	37	F	35	2529	0:59:48
1106	DAVIDS	MOIRA	EDGEMEAD	39	F	35	2537	0:59:48
1107	NO RETURN				M	SEN		0:59:48
1108	WALBRUGH	DALE	PHOENIX	32	M	SEN	12361	0:59:50
1109	MOSES	ANDRE	TEMP	37	M	35	T	0:59:50
1110		HENRY	TEMP	44	M	40	T	0:59:51
1111	DENTON	DAVID	TEMP	53	M	50	T	0:59:53
1112	PIENAAR	CELIA	STRAND	58	F	55	2000	0:59:53
1113	NO RETURN				M	SEN		0:59:53
1114	LIEBETRAU	MADELIE	TEMP	23	F	SEN	T	0:59:54
1115	PARKER	ANDREW	TEMP	27	M	SEN	T	0:59:54
1116	RUPPERT	ANNETTE	STRAND	55	F	55	2223	0:59:55
1117	VAN DER WESTHUIZEN	SHELLEY	TEMP		F	SEN	T70985	0:59:56
1118	SIN	DREW	TEMP	27	M	SEN	T	0:59:56
1119	JACOBY	TRACEY	TEMP	56	F	55	T	0:59:57
1120	MAEYER	CHRIS	TEMP	63	M	60	T	0:59:57
1121	THOMPSON	CRAIG	TEMP	27	M	SEN	T	0:59:57
1122	RHODA	FERDI	OMMIEDRAAI	44	M	40	6926	0:59:57
1123	LEFEFA	PRESS M	RCS GUGS		M	SEN	7863	0:59:58
1124	MABUZA	THANDO	RCS GUGS	29	M	SEN	7674	0:59:58
1125	MNGADI	SITHEMBINKOSE	RCS GUGS	40	M	40	7675	0:59:59
1126	RUTHULA	LOYISO	RCS GUGS		M	SEN	7677	0:59:59
1127	MOORE	CRYSTLE-LYNNE	SAPS WP	31	F	SEN	13100	1:00:01
1128		KENEUWE	SAPS WP		F	SEN	13099	1:00:01
1129	KORB	R	EDGEMEAD		M	60	12654	1:00:01
1130	MOHAMED	SHERAAN	RCS GUGS	38	M	35	7720	1:00:02
1131	SANGQU	KAWKHANYA	TEMP	28	M	SEN	T	1:00:02
1132	OLIVER	AH	STRAND	60	M	60	1958	1:00:02
1133	LEVIN	DION	RCS GUGS	50	M	50	7755	1:00:03
1134	BANGO	LIZO	RCS GUGS	41	M	40	7999	1:00:04
1135	SHOKO	AUBREY	RCS GUGS	45	M	45	7750	1:00:04
1136	NO RETURN				M	SEN		1:00:05
1137	LYNERS	B	RCS GUGS		M	SEN	7775	1:00:05
1138	DANTU	DESMOND	OLD MUTUAL	49	M	45	0397	1:00:07
1139	WESSELS	MARK	MP TITANS	50	M	50	10379	1:00:08
1140	KHATIEB	ZUNAIB	ITHEKO	39	M	35	7650	1:00:08
1141	NO RETURN				F	SEN		1:00:09
1142	EHLERS	LOGAN	SANLAM	26	M	SEN	8587	1:00:09
1143	WILLEMSE	YOLANDE	OLD MUTUAL	38	F	35	0176	1:00:10
1144	MCNAUGHTON	ALAN	TEMP	59	M	55	T	1:00:10
1145	BAMHA	AAQIL	NANTES	43	M	40	12862	1:00:11
1146	HAPGOOD-STRICKLAND	NICOLE	TEMP	34	F	SEN	T	1:00:11
1147	NO RETURN				F	SEN		1:00:12
1148	BREEDT	RENETTE	BRACKENFELL	58	F	55	6057	1:00:13
1149	STOCKEN	KENT	TEMP	26	F	SEN	T71068	1:00:15
1150	SOEKER	SHAFIEK	KENFAC	56	M	55	11443	1:00:16
1151	RENS	AJ	TEMP	27	M	SEN	T	1:00:16
1152	BASSIER	A	NANTES		M	40	6452	1:00:16
1153	NO RETURN				F	SEN		1:00:17
1154	NO RETURN				M	SEN		1:00:17
1155	SHERFODIEN	WAHIB	NANTES	45	M	45	6434	1:00:18
1156	OMAR	ABEEDA	TEMP	40	M	40	T	1:00:18

1157	NO RETURN				F	SEN		1:00:19
1158	ABRAHAMS	ISMAIL	OMMIEDRAAI	45	M	45	13552	1:00:19
1159	KNOX	COLLEEN	TEMP	33	F	SEN	T	1:00:19
1160	VAN STADEN	LEON	TEMP	34	M	SEN	T71268	1:00:20
1161	NO RETURN				F	SEN		1:00:21
1162	CRISP	MEAGAN	DURBAC	32	F	SEN	12074	1:00:21
1163	CRISP	RANDALL	DURBAC	33	M	SEN	12075	1:00:22
1164	NO RETURN				M	SEN		1:00:22
1165	BONTHUYS	LAUREN	K-WAY VOB	30	F	SEN	0628	1:00:23
1166	PRICE	NATHIER	TEMP	42	M	40	T71191	1:00:24
1167	LATCHMAN	ANGIE	TEMP	46	F	45	T	1:00:25
1168	MONTGOMERY	PERCY	ATC	44	M	40		1:00:26
1169	ABRAHAMS	RIEFAAL	ARD	33	M	SEN	11154	1:00:26
1170	CUPIDO	LINDSAY	CELTIC	41	M	40	7513	1:00:28
1171	JACOBS	MATTHEW	TEMP	17	M	JUN	21745	1:00:29
1172	PAMENSKY	ZARA	TEMP	28	F	SEN	T71002	1:00:30
1173	ADAMS	SAMIEG	ITHEKO	38	M	35	3265	1:00:30
1174	LIEBENBERG	ROLENE	SPARTAN	58	F	55		1:00:31
1175	JONATHAN	SANDRA	K-WAY VOB	53	F	50	1088	1:00:31
1176	NO RETURN				M	SEN		1:00:31
1177	CARSTENS	CARINA	TEMP	35	F	35	T	1:00:32
1178	WYNGAARD	CALEB	PINELANDS HS	14	M	JUN	T71714	1:00:32
1179	MILLETT	JACQUELINE	TEMP	65	F	65	T	1:00:33
1180	MARAIS	GAWIE	TEMP	40	M	40	T	1:00:33
1181	BLANK CARD				M	SEN		1:00:34
1182	DU PLESSIS	DENISE	CELTIC		F	40	7405	1:00:35
1183		CARRIEM	TEMP	54	F	50	T71169	1:00:36
1184	RANLOUN	JEHANN	CELTIC		M	50	7406	1:00:36
1185	VERSTER	JACQUES	PINELANDS	56	M	55	3710	1:00:36
1186	NO CARD				M	SEN		1:00:36
1187	FIELDING	BERTIE	CAPE MULTISPORT	45	M	45	13163	1:00:37
1188	SONDAY	MAHMOOD	JOZI X TRAINING	37	M	35	28349	1:00:37
1189	RUPPERT	MAX	STRAND	57	M	55	2222	1:00:38
1190	NO RETURN				F	SEN		1:00:38
1191	ALBERTYN	PK	ATC		M	SEN		1:00:38
1192	MALLICK	ASHRAF	KENFAC	41	M	40	13043	1:00:38
1193	WILLIAMS	CADEN	TEMP	17	M	JUN	T71744	1:00:39
1194	SAMAAI	JUNAID	NANTES	24	M	SEN	6408	1:00:39
1195	JULLIES	KEVIN	SANDF WP	35	M	35	5278	1:00:39
1196	MAARTENS	LIZE	ATC	30	F	SEN	13804	1:00:39
1197		RIAAN	BELLVILLE	38	M	35		1:00:39
1198	NO RETURN				F	SEN		1:00:40
1199	STEENKAMP	STEFAN	TEMP	42	M	40	T	1:00:42
1200	NO RETURN				M	SEN		1:00:42
1201	RICH	KATE	TEMP	28	F	SEN	T	1:00:42
1202	DE JONGH	ELZAAN	BELLVILLE	29	F	SEN	16352	1:00:42
1203	SOLOMON	ABDULLAH	ITHEKO	63	M	60	3010	1:00:43
1204	LEIGHTON	MICHAEL	TEMP	31	M	SEN	T	1:00:44
1205	NO RETURN				M	SEN		1:00:44
1206	BADEROEN	FADL	TEMP	36	M	35	T	1:00:44
1207	NO CARD				F	SEN		1:00:44
1208	MANGXOLA	WANDILE	RCS GUGS	46	M	45	7554	1:00:45
1209	CHITAUKIRE	DENFORD	TEMP	44	M	40	T	1:00:45
1210	SKERMANDT	LLEWELLYN	IN TOUCH	52	M	50	15414	1:00:46
1211	WOOD	TIMOTHY	SPARTAN	50	M	50	1604	1:00:46
1212	FRANCISCUS	SAMIR	TEMP	39	M	35	T	1:00:46
1213	FINLAYSON	HEATHER	CELTIC	45	F	45		1:00:47
1214	STEVENS	JONATHAN	IN TOUCH	45	M	45	16334	1:00:47

1215	ADONIS	GRANTHAM	TEMP	29	M	SEN	T	1:00:47
1216	MEYER	CLINTON	SOMERSET STRIDERS	31	M	SEN		1:00:47
1217	WILLIAMS	ISGAAN	NANTES	36	M	35	6417	1:00:48
1218	HOLDSWORTH	CHRIS	CARBINEERS WP	35	M	35	8225	1:00:48
1219	BASTEWIE	MICHIEL	ATC	53	M	50	13739	1:00:50
1220	ADAMS	MICHAEL	PINELANDS	50	M	50	3990	1:00:50
1221	FOURIE	NICOLA	TEMP	36	F	35	T	1:00:51
1222	BONTHUYS	BRUCE	K-WAY VOB	31	M	SEN	1296	1:00:51
1223	BERRY	KIRSTY	K-WAY VOB	33	F	SEN	1169	1:00:52
1224	KONTOGHIORGHE	CHRISTINA	TEMP	29	F	SEN	T	1:00:52
1225	RICHARDS	KATHRYN	ATC	38	F	35	T71006	1:00:54
1226	MIRA		AAC	32	F	SEN	14399	1:00:54
1227	NO RETURN				F	SEN		1:00:54
1228	NO RETURN				F	SEN		1:00:55
1229	GREIG	CARLA	RUN WALK 4 LIFE	42	F	40	8431	1:00:56
1230	SWART	JURIE	TEMP	39	M	35	T	1:00:57
1231	TERBLANCHE	ULRICH	TEMP	32	M	SEN	T	1:00:58
1232	MQALO	THANDIE	DURBAC	39	F	35	13659	1:00:58
1233	BASINI	NATASHA	RCS GUGS	31	F	SEN	7943	1:00:59
1234	KOCH	GILL	WEST COAST	62	F	60	5818	1:01:00
1235	HON	EISELLE	CELTIC		F	40	7515	1:01:01
1236	SAMODIEN	TARIQ	TEMP	30	F	SEN	T70960	1:01:01
1237	MARCUS	MAUDI	TOP FORM	23	M	SEN	14989	1:01:02
1238	RICH	GAVIN	WEST COAST	53	M	50	5691	1:01:04
1239	TAIT	R	WEST COAST	57	M	55	5612	1:01:04
1240	NO RETURN				M	SEN		1:01:05
1241	KIRSTENBAUM	ELAD	TEMP	39	M	35	T	1:01:05
1242	OSMAN	ABDULLAH	KENFAC	33	M	SEN	11456	1:01:06
1243	ISAACS	BAHEJAH	WILD RUNNER	38	F	35		1:01:06
1244	PATEL	ATIYA	TEMP	30	F	SEN	T	1:01:07
1245	UNGERER	ELZE-MARI	GOODWOOD HARRIERS	38	F	35	4952	1:01:08
1246	NDZUBE	THOBILE	RCS GUGS	49	M	45	8000	1:01:10
1247	FRANTZ	MARKUS	TEMP	35	M	35	T	1:01:10
1248	SEYFFERT	DEON	CENTURY CITY	50	M	50	10121	1:01:11
1249	LAWRENCE	ANNA	TEMP	14	F	JUN	T	1:01:12
1250	LODEWYKS	AMY	TYGERBERG	34	F	SEN	16075	1:01:14
1251	GOUGH	KEVIN	CENTURY CITY	59	M	55	10159	1:01:15
1252	VAN ZILLA	CAROLINE	BELLVILLE	54	F	50	15389	1:01:18
1253	HLATSHWAYO	BUHLE	ADVENTIST AC	38	M	35	10882	1:01:19
1254	ALBERTYN	YAASEEN	KENFAC		M	SEN	11478	1:01:19
1255	NO RETURN				F	SEN		1:01:20
1256	TURTON	PAURELLE	TEMP	30	F	SEN	T	1:01:20
1257	NO CARD				M	SEN		1:01:21
1258	GAMEELDIEN	NOOR	ITHEKO	39	M	35	3448	1:01:21
1259	KAUCH	JULIA	TEMP	27	F	SEN	T	1:01:22
1260	LAWRENCE	LYNN	SANLAM	48	F	45	12960	1:01:22
1261	BAILEY	D	CELTIC	57	M	55	12267	1:01:24
1262	NO RETURN				M	SEN		1:01:24
1263	BUSBI	ANGUS	TEMP	51	M	50	T71028	1:01:25
1264	LOTAR	JANNIE	ATC	41	M	40		1:01:28
1265	STOCKEN	ROBIN	KLERKSDORP	56	M	55	T	1:01:28
1266	KOEN	FRANCOIS	DURBAC	32	M	SEN	2888	1:01:29
1267	CAROLISSEN	CHAD	TEMP	26	M	SEN	T	1:01:30
1268	HANSLO	STEPHAN	TEMP	25	M	SEN	T	1:01:31
1269	MUFTIC	SANJIN	TEMP	36	M	35	T	1:01:31
1270	NO RETURN				M	SEN		1:01:32
1271	HOLM	BERNARD	TEMP	29	M	SEN	T70972	1:01:32
1272	ROWE	NICHOLAS	TEMP	36	M	35	T	1:01:34

1273	BOTHMA	HEINRICH	HOUT BAY	43	M	40	0481	1:01:34
1274	LODEWYKS	RIAZ	TYGERBERG	44	M	40	1727	1:01:34
1275	LOURENS		TEMP		M	SEN	T	1:01:35
1276	MEYER-PHILLIPS	LAETITIA	SPARTAN	37	F	35		1:01:35
1277	BERGRATH		TEMP	42	M	40	T71360	1:01:36
1278	THOMSON	T	TEMP	37	M	35	T	1:01:36
1279	DU TOIT	JAPIE	TEMP	56	M	55	T	1:01:37
1280	JANSE VAN RENSBURG	PAULA	TEMP	52	F	50	T	1:01:37
1281	NO RETURN				M	SEN		1:01:38
1282	SIMONIS	ALEX	TEMP	59	M	55	T71143	1:01:38
1283	PULLINGER	S	ATC	40	F	40	4389	1:01:38
1284	RYKLIEF	SHAMIEG	VODACOM STRIDERS		M	40	11648	1:01:38
1285	NO RETURN				F	SEN		1:01:39
1286	BLANK CARD				F	SEN		1:01:40
1287	DIAHO	TISELSON	TEMP	15	M	JUN	T71742	1:01:40
1288	HUSAYN		TEMP	25	M	SEN	T71533	1:01:40
1289	NO RETURN				M	SEN		1:01:40
1290	NO RETURN				M	SEN		1:01:40
1291	NO RETURN				F	SEN		1:01:41
1292	DU TOIT	A	TEMP	35	F	35	T71304	1:01:41
1293	LEBA	MARINETTE	TEMP	24	F	SEN	T70946	1:01:42
1294	NO CARD				M	SEN		1:01:42
1295		ISMA-EEL	TEMP	27	M	SEN	T71534	1:01:42
1296	HARTOGH	D	PINELANDS	47	M	45	3917	1:01:43
1297	NO RETURN				M	SEN		1:01:43
1298	LEWIS	DOMINIQUE	SPARTAN	32	F	SEN		1:01:43
1299	NO RETURN				M	SEN		1:01:43
1300	NO RETURN				M	SEN		1:01:43
1301	NO CARD				F	SEN		1:01:43
1302	ADAMS	MICHAEL	SPARTAN	54	M	50		1:01:44
1303	SOLOMON	A	ARD	52	M	50	11160	1:01:45
1304	WETTERGREEN	T	TEMP	35	F	35	T71377	1:01:45
1305	GROENER	ARCHIE	DURBAC	57	M	55	2726	1:01:46
1306	SEARLE	GRAEME	TOP FORM	52	M	50	2388	1:01:46
1307	SAMPSON	ANDRE	CAPE MULTISPORT	48	M	45	8681	1:01:47
1308	POPELA	MPHO	SANDF WP	37	M	35	14883	1:01:47
1309	NO CARD				M	SEN		1:01:48
1310	NO RETURN				M	SEN		1:01:48
1311	SOLOMON	WILLIAM	TEMP	33	M	SEN	T	1:01:49
1312	NO RETURN				M	SEN		1:01:49
1313	NO RETURN				M	SEN		1:01:50
1314	NO RETURN				M	SEN		1:01:51
1315	BASSON	ALFREDO	OMMIEDRAAI	50	M	50	15190	1:01:51
1316	ABRAHAMS	ANTHONY	NANTES	51	M	50	15588	1:01:52
1317	SUNAIID SABLAY	MUHAMMED	TEMP	28	M	SEN	T	1:01:58
1318	LAURENS	DEWALD	TEMP	25	M	SEN	T71151	1:01:59
1319		ASHLEY	EDGEMEAD	50	M	50	4637	1:02:00
1320	WYNGAARD	MALCOLM	HEWAT	52	M	50	12493	1:02:00
1321	DE LANG	KEYNEN	SANDF WP	47	M	45	5470	1:02:01
1322	VAN ALMELO	DEON	BELLVILLE	60	M	60	6486	1:02:01
1323	SMIT	WILLIE	EDGEMEAD	66	M	65	12627	1:02:03
1324	BOTHA	STEPHEN	TEMP	45	M	45	T	1:02:03
1325	BARNARD	HEIN	KLERKSDORP	47	M	45	T71058	1:02:04
1326	CLAUSSEN	NORBERT	TEMP	58	M	55	T	1:02:06
1327	ELY	SHAHEEN	CENTRAL AC	37	M	35	6203	1:02:07
1328	ISAACS	ZUBAYR	KENFAC	17	M	JUN	20593	1:02:08
1329	HARRIS	GARY	METROPOLITAN	53	M	50	11869	1:02:10
1330	LEVY	MOEBARAH	METROPOLITAN	29	M	SEN	11808	1:02:10

1331	NORMAN	RICHARD	BELLVILLE	53	M	50	6483	1:02:10
1332	WOOD	SHAWN	HARFIELD	45	F	45	8347	1:02:11
1333	ISAACS	LAMEEZ	KENFAC	45	F	45	11475	1:02:12
1334	ENGELBRECHT	GARETH	TEMP	36	M	35	T	1:02:12
1335	MUDENUE	NGONIDZASHE	NANTES	38	M	35	14201	1:02:13
1336	BATTISTON	KAREN	TEMP	32	F	SEN	T	1:02:14
1337	DUKE	KEVIN	TEMP	49	M	45	T	1:02:14
1338	VILJOEN	DEWALD	PANORAMA RC	30	M	SEN	T	1:02:15
1339	JOHNSON	ZAAHID	TEMP	34	M	SEN	T	1:02:15
1340	VAN DER BERG	RETHAA	TEMP	38	M	35	T	1:02:15
1341	MASIKO	SIPHIWE	TEMP	44	M	40	T	1:02:16
1342	MARTIN	OWEN	EDGEMEAD	44	M	40	4788	1:02:16
1343	ALBRECHT	LEONARD	EDGEMEAD	37	M	35	16699	1:02:16
1344	NDLY	NAFEESA	CENTRAL AC	39	F	35	6167	1:02:17
1345	SAMUELS	PAMELA	OMMIEDRAAI	52	F	50	15718	1:02:17
1346	NOLLY	TAURIQ	CENTRAL AC	41	M	40	6168	1:02:17
1347	TAUTE	ALEX	CAPE MULTISPORT	62	M	60	8782	1:02:17
1348	BAZIER	SHAFIEK	WALMERS AC	48	M	45		1:02:18
1349	SNYDERS	VASTI	TEMP	23	F	SEN	T71150	1:02:18
1350	BRAND	SONJA	WEST COAST	55	F	55	3078	1:02:18
1351	LARKIN	SANDI	FISH HOEK	52	F	50	3873	1:02:19
1352	NO RETURN				M	SEN		1:02:19
1353	GROENER	FLORENCE	DURBAC	52	F	50	2725	1:02:20
1354	NO RETURN				F	SEN		1:02:21
1355	VAN HEERDEN	JACO	TYGERBERG	49	M	45	4260	1:02:22
1356	VAN TONDER	ANDREA	TEMP	23	F	SEN	T71149	1:02:22
1357	NO RETURN				F	SEN		1:02:22
1358	LUND	TANYA	PINELANDS	44	F	40	3973	1:02:24
1359	VORSTER	LEONIE	RUN WALK 4 LIFE	43	F	40	5929	1:02:24
1360	MWELI	DANIEL	TEMP	32	M	SEN	T	1:02:25
1361	PEDERSEN	DEREK	TEMP	37	M	35	T	1:02:25
1362	HAVENGA	AMANDA	TYGERBERG	54	F	50	4233	1:02:26
1363	MARRA	CARLO	RCS GUGS	36	M	35	7717	1:02:26
1364	ANDERSON	KERRI LEIGH	TEMP	30	F	SEN	T	1:02:27
1365	ANDERSON	CORINNE	TEMP	61	F	60	T	1:02:27
1366	GAMIELDIEN	YUSUF	ITHEKO	77	M	75	2996	1:02:28
1367	GANTANA	B	RAVENSMEAD	55	M	55	10086	1:02:29
1368	STEMMET	REYAANA	WALMERS AC	37	F	35	10292	1:02:31
1369	HOWARD	GEOFF	HELDERBERG	53	M	50	4541	1:02:33
1370	NO RETURN				M	SEN		1:02:34
1371	NO RETURN				F	SEN		1:02:35
1372	NO RETURN				F	SEN		1:02:35
1373	CHRISTIANS	CECILY	TEMP	61	F	60	T	1:02:35
1374	KRIEL	USAAMAH	ITHEKO	18	M	JUN	20304	1:02:36
1375	GOSLETT	GODFREY	CAPE MULTISPORT	57	M	55	8603	1:02:37
1376	NO RETURN				F	SEN		1:02:37
1377	NETSHIVHANGANI	AWELANI	ACSA	32	F	SEN	10030	1:02:38
1378	GERO	QUINTON	TEMP	33	M	SEN	T	1:02:39
1379	SENEKAL	ANNEMARIE	TEMP	36	F	35	T	1:02:40
1380	CHYLINSKA	AGGIE	TEMP	37	F	35	T	1:02:41
1381	LAUTENBAG	FRITS	TEMP	70	M	70	T	1:02:41
1382	DALVIE	SALIEM	ITHEKO	47	M	45	3040	1:02:42
1383	NO RETURN				M	SEN		1:02:48
1384	NO RETURN				M	SEN		1:02:49
1385	VAN DER MERWE	CHRISTO	TEMP	56	M	55	T	1:02:49
1386	DENTE	RENEE	TEMP	53	F	50	T	1:02:50
1387	MQAKELANA	GLADSTONE	CORR SERVICES WP	48	M	45	12762	1:02:50
1388	PRETORIUS	PIA	RUN WALK 4 LIFE	46	F	45	10341	1:02:51

1389	ANDERTON	CLARE	TEMP	55	F	55	T	1:02:53
1390	JANSEN	JIMMY	TEMP	50	M	50	T	1:02:53
1391	PARAS	MARLON	TEMP	38	M	35	T	1:02:53
1392	ADAMS	MARIAM	ARD	38	F	35	11164	1:02:54
1393	KRUISING	DIEDERICK	TEMP	34	M	SEN	T	1:02:55
1394	HENNIG	ELZETTE	TEMP	27	F	SEN	T	1:02:55
1395	MEESER	PAUL	PINELANDS	33	M	SEN	1985	1:02:57
1396	NO RETURN				M	SEN		1:02:57
1397	NO RETURN				F	SEN		1:02:58
1398	FREDERICKS	DOMINIQUE	TEMP	29	F	SEN	T	1:02:58
1399	PATEL	RHAYGAANA	OLD MUTUAL	39	F	35	0214	1:03:00
1400	VAN DER WESTHUIZEN	LOUISA	STELLENBOSCH	64	F	60	0727 BOL	1:03:02
1401	FREDERICKS	RAAGHIB	TEMP	29	M	SEN	T	1:03:03
1402	STOFFBERG	KENDRA	DURBAC	31	F	SEN	0384	1:03:03
1403	PATEL	FAIZEL	OLD MUTUAL	43	M	40	0347	1:03:03
1404	VAN DER REDE	GRIZELDA	ITHEKO	45	F	45	3134	1:03:03
1405	CASE	LAUREN	TEMP	29	F	SEN	T	1:03:04
1406	FRANSOLET	COLETTE	TEMP	33	F	SEN	T	1:03:04
1407	RIJNSBURGER	ROCHELLE	TEMP	15	F	JUN	T71298	1:03:04
1408	NAIDOO	LURENDRIN	TEMP	31	M	SEN	T	1:03:05
1409	MOHAMED	OSMAN	TEMP	38	M	35	T	1:03:06
1410	DE JAGER	JESSICA	TEMP	36	F	35	T	1:03:07
1411	NO RETURN				F	SEN		1:03:08
1412	PIENAAR	JANIEN	TYGERBERG	25	F	SEN	4279	1:03:08
1413	PIENAAR	ETIENNE	TYGERBERG	28	M	SEN	4278	1:03:08
1414	AGAGU	TAYO	TEMP	31	M	SEN	T	1:03:09
1415		HILTON	TEMP	38	M	35	T	1:03:12
1416	NO RETURN				M	SEN		1:03:13
1417	MERKUUR	ROMEO	TEMP	31	M	SEN	T	1:03:14
1418	VAN COLLER	CHELSEA	TEMP	20	F	SEN	T	1:03:14
1419	BUCHANAN	PAULA	TEMP	19	F	SEN	T	1:03:15
1420	SMITH	SEAN	TEMP	30	M	SEN	T	1:03:17
1421	RIJNSBURGER	ARIJ	TEMP	54	M	50	T71299	1:03:18
1422	NO RETURN				M	SEN		1:03:19
1423	SOLOMON	NASIRA	OMMIEDRAAI	32	F	SEN	13385	1:03:20
1424	ROWE	TEGAN	TEMP	26	F	SEN	T	1:03:20
1425	SOLOMON	FADHL	OMMIEDRAAI	31	M	SEN	13384	1:03:22
1426	BARADIEN	ISMAIL	ITHEKO	59	M	55	3340	1:03:23
1427	RICHARDS	STEPHEN	ARD	33	M	SEN	11234	1:03:23
1428	HILLIER	SHELLEY	TEMP		F	SEN	T71173	1:03:28
1429	BURGER	NIEL	WILD RUNNER	47	M	45	5459	1:03:29
1430	NO RETURN				M	SEN		1:03:31
1431	EMERAN	ZAHEER	TEMP	17	M	JUN	T	1:03:32
1432	COULTER	INGRID	PICK 'n PAY	30	F	SEN	13526	1:03:35
1433	BERNARD	MICHEL	TEMP	58	M	55	T	1:03:35
1434	APPOLLIS	TRACY	EDGEMEAD	32	F	SEN	12638	1:03:35
1435	NTLEMA	RAKGETSANA	TEMP	34	M	SEN	T	1:03:37
1436	BRAY	KABER	TEMP	34	M	SEN	T	1:03:38
1437	MAKINA	ANDILA	RCS GUGS		M	50	7561	1:03:38
1438	ELS	MELISSA	K-WAY VOB	42	F	40		1:03:40
1439	STEENEKAMP	ELMIEN	TEMP	41	F	40	T	1:03:40
1440	NO RETURN				M	SEN		1:03:41
1441	BUTTON	CAMILLA	TEMP		F	SEN	T	1:03:41
1442	NO RETURN				F	SEN		1:03:41
1443	NO RETURN				F	SEN		1:03:44
1444	AFRICA	ZELNA	SANDEF WP	44	F	40	5444	1:03:44
1445	NO RETURN				F	SEN		1:03:44
1446	MENYUKA	INNOCENTIA	CELTIC	43	F	40	7374	1:03:46

1447	SIKUTSHWA	LIKHO	RCS GUGS	27	F	SEN	16290	1:03:47
1448	CASSAR	JULIA	TEMP	26	F	SEN	T	1:03:48
1449	BARNARD	MICHELLE	TEMP	42	F	40	T	1:03:48
1450	NO RETURN				F	SEN		1:03:49
1451	RAVENSCROFT	FAYE	TEMP	31	F	SEN	T	1:03:51
1452	CAISLEY	ANTHONY	TEMP	34	M	SEN	T	1:03:51
1453		MEENAL	ATC	31	M	SEN	13878	1:03:53
1454	DIAHO	THABO	TEMP	41	M	40	T71329	1:03:53
1455	VAN NIEKERK	CHANTELL	TEMP	39	F	35	T	1:03:54
1456	NO CARD				F	SEN		1:03:58
1457	VAN ZYL	ERNA	TEMP	46	F	45	T	1:03:58
1458	VOSLOO	VOSSIE	RUN WALK 4 LIFE	30	M	SEN	14964	1:03:59
1459	GOLIATH	MEGAN	BRACKENFELL	42	F	40	6025	1:04:00
1460	SALT	JOHN	CAPE MULTISPORT	61	M	60	13167	1:04:00
1461	HENDRICKS	CLINT	EASTERNS	43	M	40	10983	1:04:00
1462	SAAYMAN	J	TEMP	51	M	50	T71325	1:04:01
1463	TURNER	ROBYN	TEMP	33	F	SEN	T	1:04:02
1464	JAMES	MARLENE	PINELANDS	74	F	70	3844	1:04:03
1465	WORZ	ALEX	TEMP		M	SEN	T	1:04:03
1466	NO RETURN				F	SEN		1:04:04
1467	NEL	DEON	K-WAY VOB	44	M	40	1268	1:04:05
1468	BRINK	LUCILLE	TEMP	39	F	35	T	1:04:08
1469	LOURENS	MARTIE	BRACKENFELL	59	F	55	6063	1:04:08
1470	MCGILVRAY	GRANT	TEMP	36	M	35	T70970	1:04:08
1471	NO RETURN				F	SEN		1:04:09
1472	NORTON	LEA	RCS GUGS	62	F	60	7569	1:04:11
1473	MILWARD	SAIEDIEN	CENTRAL AC	56	M	55	6228	1:04:11
1474	MENTOOR	ANDRE	PHOENIX	46	M	45	12369	1:04:11
1475	THERON	HENDRIK	TEMP	31	M	SEN	T	1:04:12
1476	MACLONS	TRACEY	RCS GUGS	42	F	40	7696	1:04:12
1477	KLAAS	SAKHUMZI	TEMP	28	M	SEN	T	1:04:14
1478	THOMAS	IAN	SPARTAN	43	M	40	17096	1:04:15
1479	JOUBERT	TREVOR	GOODWOOD HARRIERS	47	M	45	4982	1:04:16
1480	NO RETURN				F	SEN		1:04:19
1481	NO RETURN				M	SEN		1:04:20
1482	NO RETURN				M	SEN		1:04:21
1483	GOREDEMAN	CHARLES	K-WAY VOB	57	M	55	0727	1:04:21
1484	HARRIS	OLGA	METROPOLITAN	27	F	SEN	11868	1:04:21
1485	ORGILL	YUSUF	HEWAT	59	M	55	13597	1:04:21
1486	HIRSON	DERECK	GOODWOOD HARRIERS	59	M	55	2228	1:04:22
1487	NO RETURN				M	SEN		1:04:22
1488	SCHUBERT	SUSANNE	ATC	52	F	50	2326	1:04:23
1489	ADAM	L	TEMP		F	SEN	T	1:04:23
1490	BASSON	MARIKE	TEMP	25	F	SEN	T	1:04:23
1491	DU PLESSIS	HELEN	BRACKENFELL	66	F	65	5965	1:04:23
1492	CLAYTON	BRUCE	TEMP	54	M	50	T	1:04:23
1493	SASEKA		EASTERNS	39	F	35	10992	1:04:24
1494	SORLVEN	KERRYIN	TEMP	39	F	35	T71055	1:04:25
1495	DAVIDS	NABEELAH	BO-KAAP ATHLETICS	25	F	SEN		1:04:26
1496	CASSIEM	AS-AD	BO-KAAP ATHLETICS	26	M	SEN	11304	1:04:27
1497	CLAYTON	GINA	TEMP	53	F	50	T	1:04:27
1498	RIJKMANS	MIKAELA	WILD RUNNER	25	F	SEN	3558	1:04:27
1499	LA COCK	ALIDA	TEMP	47	F	45	T	1:04:28
1500	MCGAEVER	ELIZABETH	AAC	65	F	65	7898	1:04:28
1501	NO RETURN				F	SEN		1:04:28
1502	BURGOYNE	ROB	WILD RUNNER	36	M	35	3600	1:04:29
1503	RITCHIE	PW	TEMP	51	F	50	T71170	1:04:30
1504	OOSTHUIZEN	LEHANI	VODACOM STRIDERS	32	F	SEN	11655	1:04:30

1505	VAN HEERDE	CHRISTO	TEMP	21	M	SEN	T71470	1:04:30
1506	SWANEPOEL	ANTON	VODACOM STRIDERS	59	M	55	11650	1:04:31
1507	NAIDOO	SEDICK	ARD	56	M	55	11156	1:04:31
1508	SAMPSON	LESLIE	ARD	59	M	55	11134	1:04:31
1509	FOENDSE	NANDA	NETHERLANDS	48	F	45	T70934	1:04:32
1510	JAMES	GEORGE	PYFORD PUFFERS	61	M	60	T	1:04:33
1511	KRUGER	NATASHA	CAPE MULTISPORT	45	F	45	8993	1:04:33
1512	WYNGAARD	KURT	TEMP	34	M	SEN	17073	1:04:33
1513	SWANEPOEL	MARTIE	CAPE MULTISPORT	47	F	45	13130	1:04:34
1514	BOSMAN	THANDI	TEMP	27	F	SEN	T	1:04:35
1515	CHITEDZE	GLORIA	AAC	33	F	SEN		1:04:35
1516	VIRET	MARK	SANDF WP	35	M	35	15933	1:04:36
1517	NO RETURN				M	SEN		1:04:36
1518	BISCHOFF	THERESE	HOUT BAY	56	F	55	2556	1:04:37
1519	BUCHANAN	BRADLEY	TEMP	17	M	JUN	T71742	1:04:38
1520	NO RETURN				F	SEN		1:04:38
1521	NO RETURN				M	SEN		1:04:39
1522	DUTHIE	KATE	ATC	35	F	35	2896	1:04:40
1523	STEWART	MEL	TEMP	35	F	35	T	1:04:41
1524	MOLLALOP	NOZIPHO	TEMP	29	F	SEN	T	1:04:43
1525	JANSEN	SANDRA	TOP FORM	48	F	45	2461	1:04:43
1526	ROSS	MARIA	TEMP	31	F	SEN	T	1:04:43
1527	COMMINS	P	GOODWOOD HARRIERS	49	M	45	4964	1:04:43
1528	MADDIX	SANITA	TEMP	20	F	SEN	T71156	1:04:44
1529	BROOKS	TERESA	DURBAC	46	F	45	2611	1:04:44
1530	NEL	ANIKA	IN TOUCH	29	F	SEN	7009	1:04:45
1531	MEMELE	ABONGILE	LANGA	35	F	35	10704	1:04:45
1532	JACOBS	LLOYD	TEMP	34	M	SEN	T	1:04:46
1533	LUBBE	FREDERICK	TEMP	17	M	JUN	T	1:04:46
1534	VAN DER MERWE	ROCHELLE	TEMP	25	F	SEN	T	1:04:46
1535	DAVIDS	ELJEAN	TEMP	34	F	SEN	T	1:04:47
1536	PETERSEN	SHUDLEY	OLD MUTUAL	38	M	35		1:04:47
1537	SCHUBERT	ALEXANDER	ATC	48	M	45	2327	1:04:49
1538	BOTHA	KLOBUS	DURBAC	46	M	45		1:04:50
1539		GAVIN	BELLVILLE	34	F	SEN	6691	1:04:52
1540	KOTZE	PAUL	DURBAC	40	M	40	2772	1:04:53
1541		NADINE	TEMP	28	M	SEN	T	1:04:53
1542	HASKINS	LEIGH	WEST COAST	43	F	40	5523	1:04:54
1543	WATSON	RENEE	TEMP	35	F	35	T	1:04:54
1544	VENTURA	TERENCE	BELLVILLE	45	M	45	6601	1:04:55
1545	NO RETURN				F	SEN		1:04:55
1546	OOSTHUIZEN	ELZAHN	AAC	43	F	40	14421	1:04:56
1547	NGWANE	MILISA	RCS GUGS	44	F	40	7530	1:04:57
1548	NO RETURN				F	SEN		1:04:57
1549	NO RETURN				F	SEN		1:04:57
1550	NO RETURN				M	SEN		1:04:58
1551	MCCLARTY	KAREN	TEMP	29	F	SEN	T	1:04:59
1552	KALLIS	TESSA	FISH HOEK	33	F	SEN	5109	1:04:59
1553	NO RETURN				F	SEN		1:04:59
1554	DANIELS	SHAMIEL	OLD MUTUAL	48	M	45	0266	1:05:00
1555	GEYA	LINDANI	RCS GUGS	43	M	40	7918	1:05:00
1556	NO RETURN				M	SEN		1:05:00
1557	MCKENZIE	TARYN	OLD MUTUAL	28	F	SEN	0270	1:05:02
1558	GARDNER	ROB	DURBAC	54	M	50	12086	1:05:02
1559	KHATIEB	MAQBOOL	TEMP	35	M	35	T	1:05:04
1560	CLACEY	SHAUN	K-WAY VOB	53	M	50	0898	1:05:07
1561	DUMINIET	ANDRE	EDGEMead	55	M	55		1:05:08
1562	NOGUEIRA	NELSON	TEMP	37	M	35	T	1:05:08

1563	VUS	RODAF	TEMP		F	SEN	T	1:05:10
1564	ISMAIL	BASHEER	TEMP	35	M	35	T	1:05:14
1565	CROWLEY	PAM	TEMP		F	SEN	T	1:05:14
1566	CARELSE	CARL	SANDF WP	28	M	SEN	15932	1:05:15
1567	ELS	SOPHIA	BELLVILLE	18	F	JUN	20567	1:05:15
1568	KRUGER	IAN	TEMP	45	M	45	T	1:05:16
1569	NO CARD				M	SEN		1:05:18
1570	GUMEDE	SINENHLANHLA	GOODWOOD HARRIERS	30	F	SEN		1:05:19
1571	NO RETURN				F	SEN		1:05:20
1572	SMIT	ANJA	BRACKENFELL	37	F	35	6081	1:05:21
1573	MATUSHE	NOZUKO	LANGA	44	F	40	10702	1:05:21
1574	BROWN	JANN	CAPE MULTISPORT	63	F	60	8901	1:05:21
1575	NO RETURN				F	SEN		1:05:22
1576	NEL	PETER	BRACKENFELL	67	M	65	5963	1:05:23
1577		ALEWYN	TEMP		M	SEN	T	1:05:23
1578	NO RETURN				F	SEN		1:05:25
1579	NDLOVU	VUYANI	LANGA	34	M	SEN	10707	1:05:25
1580	PEDERSEN	JANE	TEMP	38	F	35	T	1:05:25
1581	ALGER	CATHY	EDGE MEAD	55	F	55	4852	1:05:26
1582	NO RETURN				F	SEN		1:05:26
1583	OLCKERS	ETHAN	TEMP	14	M	JUN	T	1:05:26
1584	CARELSE	BASIL	IN TOUCH	47	M	45	12389	1:05:27
1585	CHARLES	DVID	RAVENSMEAD	54	M	50	12002	1:05:27
1586	GALANT	RUSHIN	TEMP	23	M	SEN	T	1:05:27
1587	BRINK	HERMANUS	TEMP	41	M	40	T71186	1:05:28
1588	NO CARD				F	SEN		1:05:29
1589	KOORYMAN	KOKKIE	CELTIC	64	M	60	7343	1:05:29
1590	FUCHS	UWE	TEMP	25	M	SEN	T	1:05:29
1591	JEAVEN	ALEX	TEMP		F	JUN	T	1:05:29
1592	MEYER	TONI	AAC	47	F	45	15959	1:05:29
1593		JETHAN	TEMP	27	M	SEN	T71027	1:05:30
1594	BISCHOFF	JANA	TEMP		F	SEN	T71321	1:05:30
1595	LOTTER	JANA	TEMP	24	F	SEN	T	1:05:30
1596	SMITH	RONEL	BRACKENFELL	47	F	45	5982	1:05:31
1597	NO RETURN				M	SEN		1:05:32
1598	DANYAL		TEMP	24	M	SEN	T	1:05:32
1599	VAALTINE	DENZIL	TEMP	38	M	35	T	1:05:32
1600	REITZ	JANNIE	BRACKENFELL	46	M	45	5995	1:05:32
1601	DIEDRICKS		WILD RUNNER	35	M	35	3499	1:05:33
1602	MOHAMED	DILLON	TEMP	23	M	SEN	T	1:05:35
1603	BARADIEN	YUSUF	HEWAT		M	40	13600	1:05:35
1604	VAN NIEKERK	ADAM	TEMP	35	M	35	T	1:05:35
1605		NOZI	CENTURY CITY	48	F	45	11709	1:05:35
1606	JOUBERT	JOHAN	TEMP	53	M	50	T71339	1:05:36
1607	VAN NIEKERK	KERRY	TEMP	35	F	35	T	1:05:37
1608	STEYN	CHRISTIAAN	TYGERBERG	45	M	45	4234	1:05:43
1609		TYLER	EERSTERIVIER	23	M	SEN	1518	1:05:43
1610	ADONIS	CHARLY	CAPE MULTISPORT	28	F	SEN	8790	1:05:43
1611	JEPTHAS	JAMI	TEMP	28	F	SEN	T	1:05:44
1612	CHILWAN	NADEEM	TEMP	45	M	45	T	1:05:44
1613	PRIESTMAN	MICHELE	K-WAY VOB	66	F	65	1009	1:05:45
1614	GABIE	ISMAIL	WALMERS AC	58	M	55	10295	1:05:45
1615	MACFARLANE	BRUCE	TEMP	49	M	45	T71568	1:05:47
1616	SPARKS	LINDA	HOUT BAY	58	F	55	2528	1:05:47
1617	NO RETURN				F	SEN		1:05:48
1618	CARMICHAEL	SHELLEY	PINELANDS	46	F	45	16118	1:05:48
1619	MCTAVISH	ANGELA	TEMP	48	F	45	T	1:05:49
1620	SANNEBERG	SHIREEN	OMMIEDRAAI	43	F	40	6943	1:05:51

1621	KENAAN	ASHRAAF	CELTIC	45	M	45		1:05:52
1622	ASPELING	AMY	CELTIC	20	F	SEN	7334	1:05:52
1623	MUUGER	CARLA	TEMP	34	F	SEN	T71468	1:05:52
1624	SOLOMON	SIMON	TEMP	31	M	SEN	T	1:05:52
1625	NANNY	PIA	TEMP	37	F	35	T	1:05:53
1626	GALLOTTA	FABIO	TEMP	31	M	SEN	T71223	1:05:53
1627	MACFARLANE	PETER	TEMP	43	M	40	T71569	1:05:53
1628	NEL	J	TEMP	43	F	40	T71187	1:05:54
1629	ESAU	MOHAMED	HEWAT	62	M	60	11378	1:05:54
1630	MEYER	CHRISTOPHER	TYGERBERG	72	M	70	4285	1:05:56
1631	VISSE	LEON	BRACKENFELL	49	M	45	6000	1:05:59
1632	JOOSTE	CYNTHIA	BRACKENFELL	53	F	50	10802	1:06:00
1633	CREMER	TRUDIE	BRACKENFELL	40	F	40	6001	1:06:00
1634	LAESCH	MEIKE	TEMP	49	F	45	T	1:06:02
1635	NO RETURN				F	SEN		1:06:05
1636	MONTANDON	CINDY	TEMP	59	F	55	T	1:06:06
1637	SAHIB	ALI RIDHA	TEMP	17	M	JUN	T71752	1:06:08
1638	NO RETURN				F	SEN		1:06:09
1639	NO CARD				M	SEN		1:06:09
1640	BUCHANAN	JULIA	TEMP	53	F	50	T	1:06:10
1641	RISCHER	KARA	TEMP	26	F	SEN	T	1:06:11
1642	STEENKAMP	ISABEL	WEST COAST	50	F	50	5692	1:06:11
1643	NO RETURN				F	SEN		1:06:11
1644	FAKIER	CASSIEM	HEWAT	70	M	70	12508	1:06:12
1645	ABRAHAMS	FRANCIS	TEMP	50	F	50	T	1:06:12
1646	GILES	JACQUI	WEST COAST	47	F	45	5760	1:06:12
1647	SAMUELS	LYNN	CAPE MULTISPORT	47	F	45	13200	1:06:14
1648	HANNING	RUSSEL	NANTES	43	M	40	6400	1:06:16
1649	BURROWS	ADRIA	TEMP	25	F	SEN	T	1:06:16
1650	ABDUROAF	QAASIM	TEMP	30	M	SEN	T71516	1:06:16
1651	NO RETURN				M	SEN		1:06:17
1652	ADUROAF	MUHAMMAD	ITHEKO	39	M	35	3198	1:06:17
1653	MBONGANYA	FUNIWE	EDGEMEAD	38	F	35	12664	1:06:18
1654	DANIELS	WENDY ANN	TYGERBERG	46	F	45	15707	1:06:20
1655	DANIELS	SELWYN	TYGERBERG	50	M	50	15708	1:06:21
1656	NO RETURN				F	SEN		1:06:21
1657	HURD	WARREN	CELTIC	48	M	45	7368	1:06:22
1658	RIST	TRACY	TEMP	39	F	35	T	1:06:23
1659	WOOD	STACEY	SPARTAN	26	F	SEN	10598	1:06:23
1660	WILLIAMS	YUSRI	TEMP	23	M	SEN	T	1:06:24
1661	PIEPER	MARCELLE	TEMP	42	F	40	T	1:06:24
1662	OMAR	RASHIED	TOP FORM	59	M	55	17047	1:06:26
1663	SALAAM	MOHAMED	TEMP	20	M	SEN	T	1:06:26
1664	JOUBERT	GREG	TEMP	27	M	SEN	T	1:06:27
1665	BLANK CARD				M	50		1:06:27
1666	PARKER	HASEENA	TEMP	36	F	35	T	1:06:27
1667	BLANK CARD				M	SEN		1:06:28
1668	SCHWARTZ	TRACY	CENTURY CITY	46	F	45	10142	1:06:28
1669	GERTZE	TASNEEM	BO-KAAP ATHLETICS	44	F	40	11294	1:06:28
1670	GREEN	KEVEN	FISH HOEK	54	M	50	13497	1:06:29
1671	NO RETURN				M	SEN		1:06:29
1672	RICHARDS	ZAIDA	ITHEKO	38	F	35	9992	1:06:31
1673	HILLARY	ALIDA	WEST COAST	47	F	45	5627	1:06:32
1674	KHAN	KAUTHAR	ITHEKO	39	F	35		1:06:32
1675	KLUYTS	MEGAN	WEST COAST	50	F	50	5770	1:06:32
1676	NO CARD				F	SEN		1:06:32
1677	PATERSON	M	WEST COAST	64	M	60	5596	1:06:32
1678	HIGGS	GREGORY	TEMP	34	M	SEN	T	1:06:36

1679	WHITEHEAD	CHARMAINE	TEMP	31	F	SEN	T	1:06:36
1680	CHIMERY	G	TEMP	44	F	40	T71303	1:06:38
1681	DU TOIT	FREDA	TEMP	57	F	55	T11049	1:06:38
1682	CHADOW	ALVINA	OMMIEDRAAI	33	F	SEN		1:06:38
1683	SIPHO		RCS GUGS	46	M	45	15314	1:06:39
1684	HOFFMAN	KYLIE	TEMP	29	F	SEN	T71000	1:06:39
1685	CUPIDO	JEROME	TEMP	38	M	35	T	1:06:40
1686	NO RETURN				M	SEN		1:06:42
1687	NO RETURN				M	SEN		1:06:42
1688	LAIDLER	NICHOLAS	TEMP	36	M	35	T71469	1:06:43
1689	EBRAHIM	MUAZIM	TEMP	35	M	35	T	1:06:43
1690	FLORIS	DENNIS	CELTIC	54	M	50	12280	1:06:44
1691	FLORIS	WENDY-JOY	TEMP	52	F	50	T71619	1:06:44
1692	JONN	SPENCER	TEMP		M	SEN	T71333	1:06:46
1693	NITSCREE	BRADLEY	TEMP	42	M	40	T71233	1:06:47
1694	BAZET	JETHRO	ATC	40	M	40	17264	1:06:48
1695	MATOSE	FRANK	PINELANDS		M	50	3865	1:06:49
1696	WILLIAMS	SARAH		27	F	SEN	0657	1:06:50
1697	CLARKE	CAMERON	ATC	30	M	SEN		1:06:54
1698	HILL	NATALIE	TEMP	34	F	SEN	T	1:06:54
1699	SAHARIN	CHELSEA	TEMP	27	F	SEN	T	1:06:55
1700	KEET	JADE	OLD MUTUAL	29	M	SEN	0340	1:06:57
1701	JANSEN	RUDI	IN TOUCH	40	M	40	15562	1:07:01
1702	NO RETURN				M	SEN		1:07:01
1703	SAMPSON	ZAYD	BO-KAAP ATHLETICS	33	M	SEN	15971	1:07:02
1704	MORRIS	GLYN	VODACOM STRIDERS	58	F	55	0452	1:07:02
1705	FOURIE	CORNE	TEMP	34	M	SEN	T	1:07:02
1706	VAN DER MERWE	THEO	TEMP	69	M	65	T71221	1:07:03
1707	GUTESTAM	JENS	TEMP	49	M	45	T	1:07:03
1708	JACKSON	TASSIN	STRAND	24	F	SEN		1:07:03
1709	CRYANS	CALLUM	TEMP	28	M	SEN	T	1:07:03
1710	WOOLLEY	GARTH	TEMP	47	M	45	T	1:07:05
1711	HANSEN	CHRISTIAN	TEMP	45	M	45	T	1:07:06
1712	HANSEN	CANDICE	TEMP	42	F	40	T	1:07:06
1713	MATTHEWS	TASNEEM	ITHEKO	36	F	35	3112	1:07:07
1714	WOOLLEY	BIANCA	TEMP	41	F	40	T	1:07:07
1715	BOOLEY	OHNAH	OMMIEDRAAI	28	F	SEN	6896	1:07:08
1716	MOHAMED	NEEZAAM	OMMIEDRAAI	41	M	40	9999	1:07:09
1717	RABIN	SIRAAJ	ITHEKO	44	M	40	3033	1:07:11
1718	THEOBALD	JOHN	WHALERS AC	70	M	70	0354 BOL	1:07:13
1719	MATTHEWS	NOORIA	OMMIEDRAAI	49	F	45	6827	1:07:14
1720	MOTLEKON	RUCHANA	NANTES		F	SEN		1:07:14
1721	BELTRAN	MARINE	TEMP	28	F	SEN	T	1:07:15
1722	FORGAN	NICOLA	FISH HOEK	34	F	SEN	5091	1:07:16
1723	NO RETURN				F	SEN		1:07:16
1724	NO RETURN				F	SEN		1:07:17
1725	ACHMAT		OMMIEDRAAI	57	M	55	6798	1:07:17
1726	FREDERICKS	N	MY TRAINING DAY	47	M	45	8235	1:07:18
1727	FATAAR	ANNEKAH	ITHEKO	47	F	45	3047	1:07:20
1728	LYNE	ELIZABETH	CENTURY CITY	46	F	45	10172	1:07:21
1729	PAIVA	ANGELIQUE	TEMP	36	F	35	T	1:07:21
1730	KHATIEB	AZEEM	OMMIEDRAAI	63	M	60	6797	1:07:22
1731	NO RETURN				M	SEN		1:07:22
1732	GANTANA	JOSHUA	RAVENSMEAD	19	M	JUN	20816	1:07:23
1733	NO RETURN				M	SEN		1:07:24
1734	NO RETURN				F	SEN		1:07:25
1735	NO RETURN				F	SEN		1:07:25
1736	ABRAHAMS	AMEEN	MSA MULTISPORT	39	M	35	11374	1:07:26

1737		DESMOND	TEMP	58	M	55	T71627	1:07:27
1738	SALIE	INAAM	BELLVILLE	23	M	SEN	11303	1:07:29
1739	THEOBALD	GLENDA	WHALERS AC	68	F	65	0370 BOL	1:07:30
1740	JACOBS	GHAMEEDA	DURBAN RUNNERS	36	F	35	4745 KZN	1:07:30
1741	LABINJOH	LISA	HOUT BAY	44	F	40	2559	1:07:31
1742	DU TOIT	THERESA	CAPE MULTISPORT	43	F	40	14594	1:07:32
1743	MAREDI	THABO	TEMP		M	SEN	T71379	1:07:33
1744	KOEN	A	TEMP	49	M	45	T71310	1:07:33
1745	DE WET	MICHAEL	GOODWOOD HARRIERS	34	M	SEN	4995	1:07:34
1746	MOYLES	LARA	TEMP	23	F	SEN	T	1:07:35
1747	AFRICA	CARMELITA	GOODWOOD HARRIERS	36	F	35	T71291	1:07:35
1748	MOYLES	SHARON	TEMP	52	F	50	T	1:07:36
1749	ENGELBRECHT	MARNUS	TEAM VITALITY GN	27	M	SEN	3355 AGN	1:07:39
1750	NO RETURN				F	SEN		1:07:39
1751	JAQUIRE	ADRIETTE	TEMP	27	F	SEN	T	1:07:40
1752	ENGELBRECHT	ANAAL	CAPE MULTISPORT	26	F	SEN	6275	1:07:40
1753	NO CARD				M	SEN		1:07:40
1754	NO RETURN				F	SEN		1:07:41
1755	NO RETURN				F	SEN		1:07:41
1756	MOHAMED	THUL-KIFL	TEMP	21	M	SEN	T	1:07:41
1757	WILLIAMS	DR	TEMP	17	M	JUN	T71729	1:07:42
1758	NO RETURN				M	SEN		1:07:42
1759	CRYANS	JASON	TEMP	22	M	SEN	T	1:07:46
1760	VAN DER MERWE	JOEPIE	CAPE MULTISPORT	38	M	35	8759	1:07:46
1761	NO RETURN				F	SEN		1:07:47
1762	DANIELS	CHERYL	ADVENTIST AC	45	F	45	10876	1:07:47
1763	EASU	BADEE	SANDF WP	30	M	SEN	5424	1:07:48
1764	OLIVIER	DEREK	TEMP	41	M	40	T	1:07:48
1765	GUTESTAM	AGNETHA	TEMP	49	F	45	T	1:07:50
1766	SINGH	SUMI	GOODWOOD HARRIERS	43	F	40	4937	1:07:53
1767	SA-DERBERG	MARIE	TEMP	53	F	50	T	1:07:54
1768	PAUL	JUSTIN	TEMP	24	M	SEN	T	1:07:56
1769	VAN WYK	MANDY	SANLAM	36	F	35	15078	1:07:56
1770	GERO	NICKY	TEMP	32	F	SEN	T	1:07:57
1771	WREDE	BRIDGET	TEMP	30	F	SEN	T	1:07:58
1772	LENNOX	GORDON	TEMP	71	M	70	T	1:07:59
1773	THERON	KARIN	BRACKENFELL	50	F	50	5987	1:07:59
1774	DAMON	MERVYN	CENTURY CITY	65	M	65	14909	1:08:00
1775	BEE	JOEY	BARNBOROUGH	36	M	35	T	1:08:00
1776	HOMWOOD	ALAN	CENTURY CITY	30	M	SEN	15601	1:08:01
1777	VAN DER MERWE	ADRI	TEMP	39	F	35	T	1:08:02
1778	GHAZI ASGAR	BABAK	SANLAM	39	M	35	9047	1:08:03
1779	NAIDER	MICHAEL	CELTIC	40	M	40	7480	1:08:03
1780	CONRAD	BRIAN	TEMP	44	M	40	T71583	1:08:04
1781	JOCHENS	KAY	DURBAC	38	F	35	2679	1:08:04
1782	SULAIMAN	SADIYAH	MSA MULTISPORT		F	40	11358	1:08:05
1783	MYBURGH	LAURE	TEMP	37	F	35	T71174	1:08:06
1784	LESCH	LEHMAN	MSA MULTISPORT	62	M	60	11356	1:08:06
1785	NO CARD				M	SEN		1:08:07
1786	SAMAAI	NURAAN	NANTES	30	F	SEN	6406	1:08:09
1787	NO RETURN				F	SEN		1:08:10
1788	MTLOKO	NCEDIWE	TEMP	33	F	SEN	T71210	1:08:11
1789	CLARENCE	JHAN	BELLVILLE	47	M	45	6489	1:08:12
1790	VAN DER MERWE	RINA	BELLVILLE	47	F	45	6484	1:08:12
1791	ERASMUS	ADELE	BELLVILLE	38	F	35	6504	1:08:13
1792	SALIE	NAFEESA	WALMERS AC	48	F	45	12724	1:08:13
1793	BASSIER	LAEEQA	WALMERS AC	22	F	SEN	12734	1:08:15
1794	VAN DER WESTHUIZEN	JASPER	TEMP	41	M	40	T	1:08:16

1795	MOHAMMED	AMIN	TEMP		M	SEN	T71581	1:08:16
1796	NO RETURN				M	SEN		1:08:17
1797	NO RETURN				F	SEN		1:08:19
1798	GAXELA	ZUKISWA	RCS GUGS	45	F	45	7553	1:08:23
1799	DIAHO	ONASO	TEMP	18	M	JUN	T71741	1:08:24
1800	BRAUNS	SAMANTHA	TEMP	41	F	40	T	1:08:26
1801	HOLTZHAUSEN	CAROL	TEMP	41	F	40	T	1:08:27
1802	KUSSIE	MICHAEL	RCS GUGS	47	M	45	7764	1:08:28
1803	BRINK	PAUL	DURBAC	65	M	65	14253	1:08:29
1804	NO RETURN				M	SEN		1:08:30
1805	LEHMANN	ELLA	TEMP		F	SEN	T	1:08:30
1806	BARETTA	JOE	K-WAY VOB	75	M	75	0623	1:08:30
1807	MOYLES	JILL	TEMP	47	F	45	T	1:08:33
1808	GILES	NIKI	TEMP	44	F	40	T	1:08:33
1809	ADONIS	MARSHA	CAPE MULTISPORT	34	F	SEN	8684	1:08:34
1810	ADONIS	CHARLES	CAPE MULTISPORT	59	M	55		1:08:35
1811	VERHOEVEN	MARISCA	TEMP	35	F	35	T	1:08:35
1812	ALEXANDER	BERNADETTE	MP TITANS	50	F	50	10370	1:08:36
1813	COOPER	TERENCE	TEMP	39	M	35	T	1:08:36
1814	COETZEE	VERONICA	PINELANDS	54	F	50	16128	1:08:36
1815	VOS	MARYNA	BELLVILLE	67	F	65	6613	1:08:38
1816	HINE	MICHELLE	DURBAC	40	F	40	2596	1:08:38
1817	SEPTEMBER	DENZIL	TEMP	36	M	35	T	1:08:40
1818	ALLIE	RAFIEK	NANTES	35	M	35	6395	1:08:40
1819	MARLIE	MOONIQ	KENFAC	29	F	SEN	11486	1:08:42
1820	ABRAHAMS	ADEEB	KENFAC	30	M	SEN	11435	1:08:43
1821	NO RETURN				M	SEN		1:08:44
1822	DE KOCK	MARETHA	BELLVILLE	58	F	55	6515	1:08:44
1823	COETZEE	KAREN	ATC	34	F	SEN	1234	1:08:45
1824	JANETZER	ALROY	TEMP	37	M	35	T	1:08:45
1825	VAN HEERDEN	ANNA-RI	ATC	34	F	SEN	2345	1:08:46
1826	SMIT	MANIE	BRACKENFELL	66	M	65	6083	1:08:47
1827	VENA	BRUCE	RCS GUGS	46	M	45		1:08:47
1828	JOSEPH	ZELDA	TYGERBERG	57	F	55	11674	1:08:48
1829	CROWDER	BERENICE	PHOENIX	54	F	50	12343	1:08:49
1830	KAHN	STEVEN	TEMP	42	M	40	T70956	1:08:49
1831	RAJAGOPAUL	VITHAGAN	STRAGGLERS	61	M	60	8124	1:08:50
1832	CHARLES	R	ARD	47	M	45		1:08:50
1833	MAIJA	NOLONWABO	TEMP	35	F	35	T	1:08:51
1834	SMITH	JEFF	ITHEKO	73	M	70	3041	1:08:51
1835	BARODIEN	MASTURA	BO-KAAP ATHLETICS	33	F	SEN	11278	1:08:51
1836	ELY	SHAAKIRA	CENTRAL AC	34	F	SEN	6202	1:08:52
1837	GEBHUZA	BUSIWA	TEMP		F	SEN	T	1:08:52
1838	DA COSTA	ALEXA	CHAEI	26	F	SEN	11292	1:08:53
1839	NO CARD				F	SEN		1:08:53
1840	BERGH	JOLENE	TEMP	39	F	35	T	1:08:53
1841	MURRAY	DOUGLAS	TEMP	61	M	60	T	1:08:54
1842	OLIVIER	ELMA	TEMP	47	F	45	T	1:08:54
1843	NO RETURN				F	SEN		1:08:55
1844	DYAMOND	IAN	HOUT BAY	57	M	55	0540	1:08:57
1845	GROOM	DAVID	TEMP	28	M	SEN	T	1:08:57
1846	EWEE	ZAID	TEMP	32	M	SEN	T	1:08:58
1847	SELU	SAVEEGE	TEMP	36	F	35	T	1:08:58
1848	CHAPLIN	TIM	TEMP	59	M	55	T	1:08:59
1849	JACOBS	REON	SPARTAN	48	M	45	1749	1:08:59
1850	VAN ZYL	BOET	SPARTAN	76	M	75	1942	1:09:00
1851	MOOSA	ANTHEA	IN TOUCH	45	F	45	12395	1:09:02
1852	PRETORIUS	YOLANDI	SANLAM	37	F	35	12991	1:09:02

1853	MPONOB	LUNGA	EERSTERIVIER	20	M	SEN	16350	1:09:05
1854	SMIT	BRIGETT	IN TOUCH	61	F	60	7011	1:09:07
1855		YONELA	GOODWOOD HARRIERS	28	F	SEN	15538	1:09:08
1856		REGINE	HOUT BAY	41	F	40	2558	1:09:12
1857	LAMOUR	TRACEY	TEMP	37	F	35	T	1:09:13
1858	BENJAMIN	SHAFIEK	CENTURY CITY	44	M	40	7517	1:09:13
1859	TOEFY	ZAHIR	TEMP	39	M	35	T	1:09:14
1860	NO RETURN				F	SEN		1:09:14
1861	CHILD	JOHN	SPARTAN	67	M	65	1567	1:09:15
1862	BANFIELD	DANIELLE	TEMP	35	F	35	T71135	1:09:16
1863	SCHUBART	JULIE	TEMP	37	F	35	T	1:09:16
1864	CLARKSON	NATAHSA	TEMP	36	F	35	T	1:09:17
1865	KIDD	ROB	TEMP	41	M	40	T	1:09:18
1866	MOWLANA	AADAM	ITHEKO	17	M	JUN	20505	1:09:19
1867	MOWLANA	ABU	ITHEKO	53	M	50	3464	1:09:19
1868	SPANN	NEIL	BRACKENFELL	60	M	60	5969	1:09:20
1869	SAHIB	OSMAN	TOP FORM	45	M	45		1:09:20
1870	LANGLANDS	M	TEMP	46	M	45	T	1:09:20
1871	MULLER	ELANDIE	DURBAC	28	F	SEN	15438	1:09:22
1872	MIZON	RAYMONDE	CELTIC	64	F	60	7303	1:09:24
1873	MILLAR	TRACEY	K-WAY VOB	29	F	SEN	0735	1:09:26
1874	SKINNER	ANGELA	STRAND	49	F	45	2069	1:09:26
1875	MCEVOY	JESSICA	TEMP	27	F	SEN	T	1:09:27
1876	YIDLANI	MZUKISENI	DURBAC	41	M	40	2692	1:09:28
1877	KAUFMANN	AJCQUI	TEMP	37	F	35	T	1:09:29
1878	MORRIS	GWEN	TEMP	65	F	65	T71311	1:09:30
1879	ABRAHAMS	CLINT	TEMP	43	M	40	T	1:09:31
1880	KNIGHT	HILARY	HARFIELD	55	F	55	7171	1:09:32
1881	MCEVOY	JUSTINE	TEMP	24	F	SEN	T	1:09:33
1882	DOLLIE	KHAUQ	ATC	45	M	45	4420	1:09:35
1883	VERTH	SHAUN	TEMP	24	M	SEN	T	1:09:35
1884	AMOS	ROLLA	ABSA	31	F	SEN	15748 CGA	1:09:36
1885	NO CARD				F	SEN		1:09:37
1886	STRAUSS	BEA	TEMP		F	SEN	T71067	1:09:39
1887	SCHUTTE	MONIQUE	TEMP	30	F	SEN	T71453	1:09:40
1888	TOSIC	IVANA	TEMP	34	F	SEN	T70995	1:09:40
1889	NO RETURN				F	SEN		1:09:43
1890	PETERSEN	CINDY	TEMP	38	F	35	T71159	1:09:44
1891	NO CARD		TYGERBERG		F	SEN		1:09:45
1892	BENJAMIN	ILHAAM	CENTURY CITY	42	F	40	7518	1:09:51
1893	SLATER	MEGAN	TEMP	32	F	SEN	T	1:09:52
1894	GOOCH	NICK	TEMP	43	M	40	T	1:09:53
1895	STRAUSS	HANRI	TEMP	29	F	SEN	T	1:09:53
1896	NO CARD		TEMP		M	SEN	T70184	1:09:54
1897	JAMODIEN	SARAH	TEMP	27	F	SEN	T71483	1:09:55
1898	SULLIVAN	WILEMINA	SANLAM	58	F	55	8562	1:09:55
1899	SULLIVAN	G	SANLAM	56	M	55	8563	1:09:56
1900	MOROE	OBAKENG	TEMP	33	M	SEN	T71591	1:09:58
1901	MOLOABI	MOABALOSO	PARLIAMENT	35	M	35	12061	1:10:00
1902	SWARTZ	SANDRA	TEMP	59	F	55	T	1:10:02
1903	SPRINKLE	RUTH	TEMP	37	F	35	T	1:10:05
1904	NO RETURN				F	SEN		1:10:06
1905	FERREIRA	NATASHA	RCS GUGS	37	F	35	13779	1:10:08
1906	NO RETURN				F	SEN		1:10:08
1907	NO RETURN				F	SEN		1:10:09
1908	BASSARDIEN	RAGIEMA	ARD	42	F	40	11120	1:10:11
1909	MARTIN	ARDIEL	ARD	42	M	40	9127	1:10:12
1910	JOSEPH	ANZONIA	EDGEMead	48	F	45	4902	1:10:15

1911	JANSEN	WENDY	EDGEMEAD	50	F	50	4639	1:10:16
1912	TRUTER	HANNAH	BRACKENFELL	26	F	SEN	6024	1:10:16
1913	SALIE	WARDA	OMMIEDRAAI	31	F	SEN	6787	1:10:17
1914	DAVIDS	KASHIEFAH	OMMIEDRAAI	29	F	SEN	6785	1:10:17
1915	ARNOLD	AMEER	OMMIEDRAAI	32	M	SEN	6866	1:10:19
1916	NORDIEN	EBRAHIM	MP TITANS	44	M	40	10387	1:10:19
1917	LUSTIG	SAMANTHA	ATC	42	F	40	12603	1:10:20
1918	MPORUMI		MP TITANS	59	M	55	13959	1:10:20
1919	MULLER	BARRY	MP TITANS	34	M	SEN	13957	1:10:20
1920		PAULVIN	MP TITANS	32	M	SEN	13952	1:10:21
1921	KRAMM	IRMA	TYGERBERG	38	F	35	16074	1:10:21
1922	FERREIRA	SHAUN	TEMP	39	M	35	T	1:10:22
1923	FERREIRA	LEIGH	TEMP	39	F	35	T	1:10:22
1924	PARKER	SHAUKAT	WALMERS AC	41	M	40	10288	1:10:23
1925	SABLAY	MUBEEN	ITHEKO	32	M	SEN	3346	1:10:23
1926	NO RETURN				M	SEN		1:10:23
1927	ABED	GESANT	BO-KAAP ATHLETICS	31	M	SEN	11297	1:10:24
1928	NO CARD				F	SEN		1:10:24
1929	SMITH	MARLIZEL	TEMP	26	F	SEN	T	1:10:25
1930	NO CARD				M	SEN		1:10:27
1931	SMIT	KEVIN	TEMP	27	M	SEN	T	1:10:27
1932	NO CARD				M	SEN		1:10:28
1933	ERLANGSEN	B	PINELANDS	61	M	60	3757	1:10:28
1934	NO CARD				F	SEN		1:10:31
1935	DEYZEL	MARE-LEE	TEMP	27	F	SEN	T	1:10:31
1936	OMAR	ZAID	TEMP		M	40	T	1:10:31
1937	NO CARD				F	SEN		1:10:32
1938	BARTMAN	INGE	GOODWOOD HARRIERS	33	F	SEN	16109	1:10:33
1939	NIEUWOUDT	ANITA	OLD MUTUAL	47	F	45	0347	1:10:33
1940	FERREIRA	JOHANNA	STRAND	39	F	35	2006	1:10:33
1941	BARUCH	CANDICE	TEMP	44	M	40	T70957	1:10:34
1942	GERBACH	BEULAH	SPARTAN	48	F	45	1510	1:10:34
1943	NO RETURN				F	SEN		1:10:35
1944	DE LILLY	ALICIA	BRACKENFELL	68	F	65	6030	1:10:36
1945	DE JAGER	RYNO	CELTIC	62	M	60	7333	1:10:36
1946	HARRIS	TIM	TEMP	26	M	SEN	T	1:10:37
1947	NO RETURN				M	SEN		1:10:38
1948	SAFAAR	MOESA	TOP FORM	58	M	55	2276	1:10:39
1949	NO CARD				F	SEN		1:10:39
1950	GREENBAUM	ROXANNE	ATC	35	F	35	2266	1:10:39
1951	PRETORIUS	RANDALL	TEMP	44	M	40	T	1:10:40
1952	BURGER	MOOSE	GOODWOOD HARRIERS	44	M	40	5011	1:10:40
1953	HANEKER	J	OLD MUTUAL	37	M	35	0186	1:10:40
1954	SNOWBALL	CAITLIN	CENTURY CITY	22	F	SEN	10146	1:10:41
1955	KARELSE	LYNN	TEMP	30	F	SEN	T71227	1:10:42
1956	STEVENS	PAUL	FISH HOEK	43	M	40	5134	1:10:43
1957	BESTER	IVAN	MSA MULTISPORT	56	M	55	15904	1:10:43
1958	NO RETURN				M	SEN		1:10:44
1959	NO RETURN				F	SEN		1:10:44
1960	BESTER	JUSTINE-JO	MSA MULTISPORT	54	F	50		1:10:44
1961	NO RETURN				M	SEN		1:10:46
1962	ABRAHAMS	GLEN	ARD	58	M	55	16634	1:10:46
1963	JACOBS	ANGIE	TEAM VITALITY CG	33	F	SEN	25816 CGA	1:10:48
1964	SCHREIBER	JASON	TEMP	26	M	SEN	T71478	1:10:48
1965	WILFART	MANUELA	CELTIC	39	F	35	7431	1:10:49
1966	NO CARD				F	SEN		1:10:49
1967	GOOSEN	JACKIE	BRACKENFELL	57	F	55	5956	1:10:51
1968	ACHILLES	GRANT	TEMP	47	M	45	T	1:10:52

1969	ADAMS	CRAIG	SPARTAN	46	M	45	1710	1:10:52
1970	ACHILLES	GAYNOR	TEMP	45	F	45	T	1:10:52
1971	MAGED	AMANULLAH	TEMP	44	M	40	T70950	1:10:59
1972	HOPES	HILDEGARDE	SANLAM	65	F	65	9086	1:11:00
1973	THELANDER	LEON	TYGERBERG	58	M	55	13584	1:11:00
1974	NO RETURN				M	SEN		1:11:01
1975	NO CARD				M	SEN		1:11:02
1976	SULLIVAN	J	CAPE MULTISPORT	40	F	40	8943	1:11:02
1977	MARAIS	DENISE	BRACKENFELL	58	F	55	6059	1:11:02
1978	SMIT	PAT	BRACKENFELL	62	F	60	6082	1:11:03
1979	ROSSOUW	S	TEMP	54	F	50	T71112	1:11:04
1980	MANACK	MUHAMMAD	TEMP	23	M	SEN	T71209	1:11:04
1981	RYKLIEF	HURAHN	WALMERS AC	39	F	35	12731	1:11:05
1982	JEFTHA	ALTHEA	SAPS WP	49	F	45		1:11:05
1983	ADAMS	FAIZEL	WALMERS AC	48	M	45	10277	1:11:05
1984	NO RETURN				F	SEN		1:11:08
1985	NO RETURN				F	SEN		1:11:08
1986	RICHARDS	CECELIA	RAVENSMEAD	53	F	50	10089	1:11:09
1987	NO RETURN				F	SEN		1:11:10
1988	LEACH	A	TEMP	49	F	45	T	1:11:11
1989	MANUEL	SHANE	ARD	32	F	SEN	11219	1:11:11
1990	LEACH	JESSICA	WPCC	19	F	JUN		1:11:13
1991	KING	ALLISON	TEMP	19	F	JUN	T	1:11:14
1992	NO CARD				M	SEN		1:11:15
1993	NO CARD				M	SEN		1:11:16
1994	WITBOOI	THEA	PMMC	43	F	40	5606 AGN	1:11:29
1995	NO RETURN				F	SEN		1:11:31
1996	WILLIAMS	FARIEDA	CENTRAL AC	59	F	55	12356	1:11:32
1997	SMIT	MICHAEL	WEST COAST	47	M	45	5512	1:11:33
1998	SMIT	MARIANA	WEST COAST	45	F	45	5513	1:11:33
1999	ADAMS	LEE ANNE	KENFAC	42	F	40	11476	1:11:35
2000	APOLLIS	MERLYN	TEAM VITALITY CG	41	F	40		1:11:36
2001		NOSIPHO	LANGA	38	F	35	10699	1:11:39
2002	ZINGXASHI	FANISWA	LANGA	40	F	40	16212	1:11:40
2003	NO RETURN				F	SEN		1:11:41
2004	NO RETURN				F	SEN		1:11:42
2005	JORDAAN	THERESA	K-WAY VOB	62	F	60	0550	1:11:43
2006	CRONJE	ANTHONY	K-WAY VOB	64	M	60	1234	1:11:44
2007	NO RETURN				M	SEN		1:11:44
2008	VON ROMBURGH	TARRYN	TEMP	32	F	SEN	T	1:11:45
2009	VERWEY	MICHAEL	TEMP	28	M	SEN	T	1:11:48
2010	RIRIHANDZU	NDZHUKULE	RUN WALK 4 LIFE	35	F	35	14779	1:11:49
2011	GODFREY	ALLAN	MP TITANS	50	M	50	10416	1:11:50
2012	MATTHEE	JOHAN	TEMP	55	M	55	T	1:11:51
2013	THEBUS	KAMILAH	OMMIEDRAAI	48	F	45	16441	1:11:51
2014	THERON	BRITNEY	TEMP		F	SEN	T	1:11:51
2015	PRICE	KIMBERLEY	TEMP	36	F	35	T	1:11:52
2016	MAGEZA	TINYIKO	TEMP	34	F	SEN	T	1:11:53
2017	TAYLOR	CARMEN	CELTIC	39	F	35	16144	1:11:54
2018	ABRAHAMS	PORTIA	TEMP	28	F	SEN	T	1:11:56
2019		LATIEFA	TEMP	29	F	SEN	T	1:11:56
2020	PEARCE	KYLE	TEMP	30	M	SEN	T70958	1:11:57
2021	ABRAHAMS	CLINT	TEMP	31	M	SEN	T	1:11:57
2022	NO CARD				M	SEN		1:11:58
2023	LUBBE	IZABEL	BELLVILLE	49	F	45	6760	1:11:59
2024	ZENZILE	LINDA	PINELANDS		F	40	3836	1:12:00
2025	GULA	MBASA	RCS GUGS	34	M	SEN	7575	1:12:04
2026	OLCKERS	JAMES	TEMP	35	M	35	T	1:12:06

2027	NO CARD				M	SEN		1:12:06
2028	NO RETURN				M	SEN		1:12:07
2029	PYM	MICAELA	TEMP	27	F	SEN	T	1:12:08
2030	KROPMAN	ANNEMARIE	TEMP	42	F	40	T	1:12:08
2031	MULLER	HELGARD	IN TOUCH	35	M	35	7030	1:12:10
2032	NO RETURN				F	SEN		1:12:10
2033	DE KOCK	M	TEMP	32	M	SEN	T71397	1:12:11
2034	CRIGHTON	SEAN	TEMP	38	M	35	T	1:12:12
2035	KAMFER	IZAK	TEMP	28	M	SEN	T	1:12:12
2036	REEVE	CHARMAINE	RUN WALK 4 LIFE	46	F	45	15122	1:12:12
2037	SMITH	CHELSEE	SPARTAN	14	F	JUN	T71735	1:12:13
2038	SCHEFFERS	TEGAN-LEAH	SPARTAN	15	F	JUN	20395	1:12:13
2039	SWARTZ	JODI-LYNN	SPARTAN	15	F	JUN	20399	1:12:14
2040	LEYDEN	ROSIE	TEMP	66	F	65	T	1:12:14
2041	NO RETURN				F	SEN		1:12:14
2042	THOMAS	ALANA	OLD MUTUAL	40	F	40	0373	1:12:20
2043	ROUX	MYRNA	OLD MUTUAL	46	F	45	T71342	1:12:20
2044	DANIELS	SOMAYA	ITHEKO	59	F	55		1:12:21
2045		TAALULA	TEMP	23	F	SEN	T	1:12:24
2046	NO RETURN				F	SEN		1:12:25
2047	NO RETURN				F	SEN		1:12:26
2048	ABRAHAMS	SHANAAZ	ITHEKO	53	F	50	9971	1:12:26
2049	MALYON	NICOLE	TEMP	26	F	SEN	T71084	1:12:27
2050	NOORDIEN	PARVEEN	OMMIEDRAAI	30	F	SEN	6307	1:12:28
2051	MULLER	WILLEM	TEMP	51	M	50	T71163	1:12:28
2052	NO RETURN				F	SEN		1:12:29
2053	KRIEL	SHUAIB	OMMIEDRAAI	32	M	SEN	6306	1:12:29
2054	ALBERTYN	LEILAHN	KENFAC		F	SEN	11424	1:12:32
2055	M	CANDICE	OMMIEDRAAI	34	F	SEN	6331	1:12:32
2056	NO CARD				F	SEN		1:12:32
2057	SAFERDIEN	FAIZAL	CENTRAL AC	54	M	50	6185	1:12:33
2058	SYDOW	MALIKAH	OMMIEDRAAI		F	SEN	6305	1:12:33
2059	JOHAARDIEN	IELAAM	OMMIEDRAAI		F	SEN	6311	1:12:34
2060	KADER	RASHIDA	WALMERS AC		F	40	1279	1:12:35
2061	KADER	WAJDI	WALMERS AC	35	M	35	15364	1:12:35
2062	DAVIDS	SHEYAAM	OMMIEDRAAI		F	SEN	6309	1:12:36
2063	DAVIDS	SAEED	OMMIEDRAAI		M	SEN	6312	1:12:37
2064	NO RETURN				M	SEN		1:12:38
2065	ABDULLAH	KASHIEF	CENTRAL AC	42	M	40	6314	1:12:38
2066	DAVIDS	SHAMEEL	OMMIEDRAAI		M	SEN	6308	1:12:38
2067	SOLOMONS	NASIEG	TEMP		M	SEN	T71340	1:12:39
2068	WARD	CHANTEL	GOODWOOD HARRIERS	39	F	35	15535	1:12:39
2069	FRANS	JEROME	TOP FORM	29	F	SEN	2492	1:12:40
2070	NO RETURN				F	SEN		1:12:40
2071		KIM	TEMP	34	F	SEN	T	1:12:40
2072	BASSON	ALLISTAIR	OMMIEDRAAI	20	M	SEN	15717	1:12:41
2073	SINGH	NEIL	GOODWOOD HARRIERS	47	M	45	4936	1:12:42
2074	NO RETURN				F	SEN		1:12:42
2075	OLIEMANS	ERICA	HELDERBERG	49	F	45	4575	1:12:42
2076	NO RETURN				F	SEN		1:12:42
2077	NO RETURN				F	SEN		1:12:42
2078	GILDENHUYS	HESTER	TEMP	63	F	60	T	1:12:42
2079	SOLOMON	Z	ARD	50	F	50	11161	1:12:45
2080	NO RETURN				F	SEN		1:12:45
2081	NO RETURN				F	SEN		1:12:45
2082	NAYLOR	ALAN	ADVENTIST AC	50	M	50	15212	1:12:46
2083	WAGIET	R	ITHEKO	65	M	65	3411	1:12:48
2084	GODYE	LAUREN	TEMP	26	F	SEN	T71477	1:12:48

2085	VAN WYK	RITA	BRACKENFELL	69	F	65	6071	1:12:49
2086	KHATIEB	BILQEES	OMMIEDRAAI	29	F	SEN	6531	1:12:49
2087	BLANK CARD				F	SEN		1:12:50
2088	NO CARD				F	SEN		1:12:51
2089	NO CARD				F	SEN		1:12:53
2090	CHEVALIER	JO	TEMP	31	F	SEN	T	1:12:54
2091	BAUSTERY	OLGA	TEMP	45	F	45	T	1:12:55
2092	O'DONOVAN	NEDA	TEMP	46	F	45	T	1:12:56
2093	HARE	SHANNAGH	TEMP	30	F	SEN	T	1:12:57
2094	ROSS	MISHKA	TEMP	27	F	SEN	T	1:12:57
2095	EHRENREICH	S	OLD MUTUAL	60	F	60	13072	1:12:58
2096	CRAIG	STEPHANIE	LOVE RUNNING	26	M	SEN		1:13:00
2097	PARKER	CAITLIN	TEMP	27	F	SEN	T	1:13:01
2098	RUITERS	OMELIA\	CAPE MULTISPORT	36	F	35	13133	1:13:02
2099	VAN DER SCHYFF	ILHAAM	TEMP	37	F	35	T71075	1:13:02
2100	RICHARDS	JEROME	RAVENSMEAD	47	M	45	10088	1:13:03
2101	WEBSTER	BARRY	TEMP	46	M	45	T	1:13:06
2102	TERBLANCHE	KARLIEN	TEMP	32	F	SEN	T	1:13:07
2103	SAMUELS	NADIA	TEMP	41	F	40	T	1:13:08
2104	GEVA	DVIR	TEMP	41	M	40	T	1:13:08
2105	CORDEN	JO	TEMP	32	F	SEN	T	1:13:08
2106	CHALKEY	TESSA	MSA MULTISPORT	54	F	50	11355	1:13:08
2107	MOETETSI	RATHABILE	MSA MULTISPORT	45	F	45	4135	1:13:09
2108	KUTIN	KURT	TEMP	32	M	SEN	T	1:13:11
2109	SMITH	JASON	TEMP	39	M	35	T71613	1:13:12
2110	DU TOIT	ANERSOSA	CARBINEERS WP	23	F	SEN	1274	1:13:12
2111		ELMARI	CARBINEERS WP	24	F	SEN		1:13:13
2112	KOEN	KOBUS	SANLAM		M	50	9054	1:13:14
2113	NO RETURN				F	SEN		1:13:15
2114	BAORA	BRONWYN	TEMP	34	F	SEN	T	1:13:15
2115	NO RETURN				F	SEN		1:13:16
2116	EYMAN	CORNELIA	STRAND	60	F	60		1:13:18
2117	MAGNER	SUSAN	CENTURY CITY	41	F	40	10201	1:13:18
2118	KRIEL	ZUGHIYAH	WALMERS AC	41	F	40	3165	1:13:19
2119	LANGENHOVEN	WILLIAM	CARBINEERS WP	50	M	50	8067	1:13:19
2120	NO RETURN				F	SEN		1:13:19
2121	VAN STADEN	HELENA	WEST COAST	32	F	SEN	5674	1:13:20
2122	JAMODIEN	SAMIA	TEMP	27	F	SEN	T	1:13:20
2123	NJAMAL	NKOSALINA	ACCENTURE	30	F	SEN	10902 CGA	1:13:21
2124	GROBLER	ZOE	TEMP	25	F	SEN	T71268	1:13:24
2125	SNOWBALL	GLENDA	CENTURY CITY	54	F	50	10145	1:13:24
2126	ADDINGTON	MATT	K-WAY VOB	36	M	35		1:13:24
2127	JONES	RENALDO	TYGERBERG	32	M	SEN	4277	1:13:25
2128	DANIELS	ZAAHIR	HEWAT	39	M	35	14178	1:13:25
2129	NO RETURN				F	SEN		1:13:26
2130	GULES	MATHILDA	PINELANDS	39	F	35	15054	1:13:26
2131	ITHIER	LILY JOAN	PINELANDS	47	F	45	3771	1:13:26
2132	GALETTA	THEO	PINELANDS	47	M	45	3971	1:13:27
2133	FISHER	NATALIE	PINELANDS	49	F	45	3785	1:13:28
2134	ISAACS	DAVID	PINELANDS	48	M	45	3747	1:13:28
2135	NO RETURN				M	SEN		1:13:28
2136	FORTUNE	CANDICE	PINELANDS	47	F	45	3809	1:13:30
2137	AFRICA	MICHE	PINELANDS	28	F	SEN		1:13:30
2138	CUPIDO	JOY	PINELANDS	45	F	45	3750	1:13:33
2139	BULL	JOAN	PINELANDS	46	F	45	3711	1:13:34
2140	RORICH	MARILYN	PINELANDS	51	F	50	3706	1:13:36
2141		ASHLEY	TEMP	29	M	SEN	T	1:13:36
2142	RUITERS	ASTRID	PINELANDS	49	F	45	3708	1:13:45

2143	UNDERHILL	LAURA	PINELANDS	26	F	SEN	3900	1:13:45
2144	JOHNSON	JOHANNEKE	PINELANDS	43	F	40	3646	1:13:45
2145	RORICH	ED	PINELANDS	54	M	50	3716	1:13:46
2146	COETZEE	GILLIAN	PINELANDS	23	F	SEN	16127	1:13:47
2147	FILLIES	HARRY	PINELANDS	67	M	65	3776	1:13:47
2148	BAYER	MEG	PINELANDS	39	F	35	3661	1:13:47
2149	GENSICKE	ANDREAS	PINELANDS	50	M	50	3768	1:13:48
2150	JAMODIEN	AADIL	TEMP	58	M	55	T	1:13:48
2151	VAN DER SCHOLTZ	RAYMONDE	PINELANDS	49	F	45	1779	1:13:48
2152	GENSICKE	RENATA	PINELANDS	44	F	40	3673	1:13:49
2153	HARRIS	SEAN	PINELANDS	54	M	50	3664	1:13:49
2154	DAVIDSE	JUDITH	PINELANDS	37	F	35	3781	1:13:49
2155	DUNCAN	CATH	PINELANDS	39	F	35	3773	1:13:49
2156	NO RETURN				F	SEN		1:13:50
2157	HARRIS	LEE-ANN	PINELANDS	51	F	50	3767	1:13:50
2158	SMITH	WENDAL	PINELANDS	50	M	50	3668	1:13:50
2159	SCHNEHAGE	MERVIN	PINELANDS	43	M	40	3775	1:13:51
2160	SCHNEHAGE	CHRISTOPHER	PINELANDS	65	M	65	3653	1:13:51
2161	BLIGNAUT	FRIEDA	SANLAM	68	F	65	8528	1:13:51
2162	RYKLIEF	AZIZA	KENFAC	59	F	55	11434	1:13:51
2163	EWEEERE	SHAFIEKA	HEWAT	60	F	60	12492	1:13:52
2164	NO RETURN				F	SEN		1:13:52
2165	CLOETE	RASHID	HEWAT	61	M	60	11387	1:13:53
2166	EMERAN	Y	CAPE MULTISPORT	36	M	35	8679	1:13:53
2167	ROMAN	MICHAEL	PINELANDS	30	M	SEN	3730	1:13:53
2168	MARITZ	ASHLEY	TEMP	24	F	SEN	T	1:13:55
2169	ABBOT	AMELIA	TEMP	52	F	50	T71261	1:13:55
2170	BROWN	BENJAMIN	RAVENSMEAD		M	60	10075	1:13:55
2171	HARTOGH	MARCO	MP TITANS	40	M	40	T	1:13:55
2172	BEHNKEN	CAITLIN	TEMP	23	F	SEN	T	1:13:55
2173	DAVIS	BRONWYN	FISH HOEK	41	F	40		1:13:57
2174	VAN SCHALKWYK	JACQUI	DURBAC	33	F	SEN	14200	1:13:58
2175	NO RETURN				F	SEN		1:13:59
2176	SWANSON	ELMARIE	TEMP	37	F	35	T	1:14:00
2177	SWART	PATRICIA	PINELANDS	27	F	SEN	3910	1:14:02
2178	MIKA	DUDU	ITHEKO	26	F	SEN	15881	1:14:02
2179	MOTAPANYANE	THABANG	LANGA	35	M	35	11492	1:14:02
2180	KASKER	MOHAMMED	HEWAT	45	M	45	17139	1:14:03
2181	BEHARDIEN	ROEKSHANA	OLD MUTUAL	35	F	35	0388	1:14:03
2182	JATTEM	JAROD	TEMP	39	M	35	T71139	1:14:04
2183	WILLIAMS	B	OMMIEDRAAI	50	M	50	21377	1:14:05
2184	HOBBS	ANGELA	BELLVILLE	48	F	45	6740	1:14:05
2185	FREEKS	SANDRA	ARD		F	40		1:14:06
2186	BYWATER	DAVE	AAC	65	M	65	9366	1:14:07
2187	DAWARE	SAMEER	NANTES	40	M	40	7248	1:14:07
2188	GREENER	RICK	TEMP	56	M	55	T	1:14:08
2189	DAVIDS	TAAHIRAH	ITHEKO	27	F	SEN	2994	1:14:08
2190	TEMPLE	HELEN	TEMP	47	F	45	T	1:14:09
2191	MCCLARTY	D	TEMP	55	F	55	T	1:14:09
2192	VAN DER MERWE	LIEZL	TEMP	28	F	SEN	T	1:14:11
2193	BROWN	RODNEY	CENTRAL AC	45	M	45	6973	1:14:12
2194	BARTLETT	DENZIL	OLD MUTUAL	46	M	45	0331	1:14:12
2195	KOTZE	ELZANNE	TEMP	40	F	40	T	1:14:12
2196	GANGER	ANTHEA	TOP FORM	36	F	35	2432	1:14:12
2197	MHLANA	APHIWE	TEMP	33	F	SEN	T	1:14:12
2198	DENNIS	LINDA	OLD MUTUAL		F	50		1:14:12
2199	MATTHEI-KOEN	MARLISA	FISH HOEK	27	F	SEN	6586	1:14:12
2200		MARIANE	TEMP	27	F	SEN	T	1:14:13

2201	NO CARD				F	SEN		1:14:14
2202	MANACK	UMAR	ITHEKO	28	M	SEN	2995	1:14:16
2203	NO RETURN				M	SEN		1:14:17
2204	PENZHORN	LIESA	TEMP	47	F	45	T71037	1:14:20
2205	BEUKES	CARL	TEMP	48	M	45	T71161	1:14:21
2206	SEPTEMBER	T	RCS GUGS	53	M	50	7902	1:14:26
2207	VAN DER MERWE	THEA	TEMP	38	F	35	T	1:14:28
2208	VAN COLLER	NUKU	K-WAY VOB	63	F	60	1238	1:14:30
2209	COETZEE	EDUAN	TEMP	26	M	SEN	T	1:14:31
2210	ISMAIL	SHERAZAAN	ITHEKO	28	F	SEN	3250	1:14:35
2211	MASCHER	DANIELLE	CAPE MULTISPORT	35	F	35		1:14:35
2212	NO RETURN				F	SEN		1:14:36
2213	KNOLL	CRAIG	OLD MUTUAL	51	M	50		1:14:52
2214	HUCKLE	JOHN	TEMP	29	M	SEN	T	1:14:53
2215	FLORIS	RAQUEL	RUNNING WORX	31	F	SEN	13608	1:14:53
2216	PALMER	KARIN	TEMP	54	F	50	T	1:14:56
2217	MISSING	PAULA	TEMP	54	F	50	T	1:14:57
2218	NO RETURN				F	SEN		1:14:58
2219	HEINRICH	HELGA	OMMIEDRAAI	47	F	45	6953	1:14:59
2220	NO RETURN				F	SEN		1:14:59
2221	AREND	KELLY	TEMP	27	F	SEN	T	1:15:05
2222	FERNANDEZ	JARYD	TEMP	29	M	SEN	T	1:15:05
2223	GIBSON	ELIZABETH	TEMP	56	F	55	T71035	1:15:06
2224	ABRAHAMS	YUSRAH	CENTURY CITY	29	F	SEN	10193	1:15:07
2225	RONAASEN	CATHERINE	TEMP	41	F	40	T	1:15:07
2226	ESAU	ANNABELLE	NEDBANK WP	56	F	55	4054	1:15:10
2227	NTOMBOXOLO	MFAZWE	CORR SERVICES WP	44	F	40	12780	1:15:10
2228	KING	MICHELE	TEMP	55	F	55	T	1:15:11
2229	CILLIERS	LIEZEL	TEMP	45	F	45	T70611	1:15:11
2230	LOUTHER	L	CELTIC	55	F	55	7324	1:15:12
2231	NO RETURN				F	SEN		1:15:12
2232	YOUNG	CHARLOTTE	K-WAY VOB	41	F	40	0552	1:15:14
2233	LOUTHER	J	CELTIC	17	F	JUN		1:15:14
2234	LOUTHER	A	CELTIC	19	F	JUN		1:15:14
2235	BAIN	ANGELA	TEMP	38	F	35	T	1:15:16
2236	YOUNG	CAROLINE	K-WAY VOB	48	F	45	1161	1:15:16
2237	BARROW	SANDRA	TEMP	37	F	35	T	1:15:21
2238	BARRATT	LORIAN	TEMP	36	F	35	T	1:15:22
2239	COETZEE	ADRIANA	ATC	26	F	SEN	13816	1:15:25
2240	CLARKE	TARRYN	TEMP	32	F	SEN	T	1:15:25
2241	GREEN	DAVID	EDGEMead	65	M	65	4853	1:15:26
2242	DELANI	N	RCS GUGS	49	F	45	7833	1:15:29
2243	NO CARD				M	SEN		1:15:31
2244	MARAIS	ANGELO	BELLVILLE	35	M	35	15398	1:15:34
2245	RYKLIEF	AYESHA	OMMIEDRAAI	41	F	40	6815	1:15:37
2246	MOHAMED	MAISTOERAH	OMMIEDRAAI	41	F	40	6814	1:15:38
2247	BHIKOO	SHARIF	METROPOLITAN	65	M	65	11780	1:15:38
2248	KARAGRANNIS	JAMES	MAZARS AC	28	M	SEN	14027	1:15:39
2249	ELY	HAJIERA	BO-KAAP ATHLETICS		F	60	11286	1:15:40
2250	FREDERICKS	ALLIE	BO-KAAP ATHLETICS	40	M	40	11487	1:15:41
2251	ZIERVogel	SHANAAZ	BO-KAAP ATHLETICS	41	F	40	11259	1:15:42
2252	SAMSODIEN	ERFAAN	BO-KAAP ATHLETICS	38	M	35	16986	1:15:42
2253	MOHAMED	ADNAAN	CENTRAL AC	51	M	50	6363	1:15:43
2254	CHOW	CHI WAI	TEMP	32	F	SEN	T	1:15:44
2255	ADAMS	NATHEER	BO-KAAP ATHLETICS	27	M	SEN	11309	1:15:44
2256	ALLIE	SHAHEEN	TEMP	46	M	45	T71410	1:15:45
2257	CIEVERTS	CLAUDIA	TOP FORM	30	F	SEN	2345	1:15:47
2258	THOMAS	MICHELLE	TOP FORM	44	F	40	2311	1:15:48

2259	DAVIDS	KAREN	TOP FORM	40	F	40	2299	1:15:49
2260	SILVER	CHRISTOLINE	K-WAY VOB	50	F	50	0956	1:15:50
2261	SULAIMAN	ZULFAH	CENTRAL AC	46	F	45	6197	1:15:50
2262	NO RETURN				F	SEN		1:15:58
2263	ALEXANDER	WESLEY	CARBINEERS WP	40	M	40	8140	1:15:59
2264	DE BEER	SHE'NA	TEMP	25	F	SEN	T71458	1:15:59
2265	DE BEER	TREZINHA	TEMP	51	F	50	T71457	1:15:59
2266	STEMMET	NAZALY	ITHEKO	57	F	55	3398	1:15:59
2267	NO RETURN				F	SEN		1:16:01
2268	PHUKWANA	DIKOBISO	TEMP		F	SEN	T	1:16:02
2269	KIRBY	ALLOUISE	TYGERBERG	36	F	35	11685	1:16:02
2270		TERENCE	BELLVILLE	52	M	50	6640	1:16:03
2271	VOS	CINDY	TEMP	29	F	SEN	T	1:16:04
2272	ROHNER	LOUISE	TEMP	45	F	45	T	1:16:04
2273	WAKEFORD	MARGIE	TEMP	39	F	35	T	1:16:05
2274	NYONGULE	WINIWE	RCS GUGS		F	SEN	7872	1:16:05
2275	STAMMERS	SABRINA	CELTIC	30	F	SEN		1:16:06
2276	OPPELT	RAMEEZ	TEMP	23	M	SEN	T	1:16:07
2277	KNIGHT	JANE	PINELANDS	34	F	SEN	3940	1:16:08
2278	S	MARIUS	CAPE MULTISPORT	59	M	55	8880	1:16:11
2279	HEIL	CORNE	BELLVILLE	46	F	45	6553	1:16:11
2280	PADYA	ROSEMARY	MSA MULTISPORT	46	F	45	13986	1:16:12
2281	BERGH	RUDOLPH	TEMP	39	M	35	T	1:16:12
2282	BENJAMIN	RIYAAS	WALMERS AC	44	M	40	12740	1:16:13
2283	FASIEGA		WALMERS AC	40	F	40	12730	1:16:13
2284	MDANA	SIYASANGA	BELLVILLE		F	40		1:16:14
2285	OMAR	IHAM	TEMP	32	F	SEN	T70990	1:16:14
2286	STRAUS	KAREN	TEMP	35	F	35	T	1:16:14
2287	VOS	EDWINA	BELLVILLE	33	F	SEN	15399	1:16:15
2288	RANDALL	TRUDY	PINELANDS	51	M	50	16133	1:16:16
2289	VARKEVISSER	ROXIE	SPARTAN	31	F	SEN	10912	1:16:19
2290	DAVIDS	TREVOR	NANTES	56	F	55	17235	1:16:20
2291	MAHARAJ	S	RCS GUGS	70	M	70	7879	1:16:21
2292		SALUN	RCS GUGS		M	60		1:16:24
2293	PEASE	AMANDA	TEMP	29	F	SEN	T	1:16:25
2294	BLOM	KAREN	TEMP	32	F	SEN	T	1:16:26
2295	AMIEN	MUNEEB	TEMP	25	M	SEN	T71536	1:16:27
2296	VAN DER MERWE	FRANCOIS	TEMP	35	M	35	T	1:16:28
2297	WILLIAMS	RAYAAN	ITHEKO		M	JUN		1:16:29
2298	PALK	ANDREA	AAC	44	F	40		1:16:30
2299	LEETZ	HEISHAAM	CENTRAL AC	47	M	45	6329	1:16:32
2300	GUNNING	KIM	TEMP	57	F	55	T70953	1:16:33
2301	GALGUT	ELISA	TEMP	52	F	50	T70954	1:16:34
2302	ZUWENI	DOREEN	WEST COAST	35	F	35	14684	1:16:34
2303	CLAYTON	DELICIA	TEMP		F	SEN	T	1:16:34
2304	MAKOE	SEMPHETE	TEMP	39	M	35	T	1:16:35
2305	NO RETURN				F	SEN		1:16:37
2306	NO RETURN				F	SEN		1:16:39
2307	NO RETURN				F	SEN		1:16:45
2308	NO RETURN				F	SEN		1:16:45
2309	NO RETURN				F	SEN		1:16:45
2310	NO RETURN				F	SEN		1:16:45
2311	GIE	SUE	TEMP	57	F	55	T	1:16:45
2312	ARENDSE	P	PINELANDS	51	M	50	3701	1:16:46
2313	NO RETURN				F	SEN		1:16:46
2314	NO RETURN				F	SEN		1:16:46
2315	SCWABE	PHIWE	KHAYELITSHA	37	F	35	10463	1:16:47
2316	NO RETURN				F	SEN		1:16:48

2317	NO CARD				F	SEN		1:16:49
2318	NO RETURN				F	SEN		1:16:49
2319	NO RETURN				F	SEN		1:16:49
2320	HARRISON	MARGARET	FISH HOEK	72	F	70	5064	1:16:50
2321	NO RETURN				F	SEN		1:16:51
2322	BEHARDIEN	SHANAAZ	OLD MUTUAL	51	F	50	0251	1:16:52
2323	TIPPENS	VANESSA	RAVENSMEAD	59	F	55	10115	1:16:52
2324	PAPIER	JENNIFER	BRACKENFELL	55	F	55	5951	1:16:53
2325	GOOCH	NICK	TEMP	43	F	40	T	1:16:58
2326	REYSKENS	MARINA	TEMP	30	F	SEN	T	1:16:59
2327	PHILANDER	NICOLETTE	OMMIEDRAAI	44	F	40	7408	1:16:59
2328	KAMALDIEN	EKRAAM	MSA MULTISPORT	57	M	55	11352	1:17:00
2329	VOLLENHOVEN	MELISSA	TEMP	33	F	SEN	T	1:17:00
2330	ORGILL	ZAIDA	HEWAT	55	F	55	13598	1:17:01
2331	WILLIAMS	ROXANNE	TEMP	31	F	SEN	T	1:17:01
2332	NO RETURN				M	SEN		1:17:02
2333	PILLAY	GRANT	TEMP	24	M	SEN	T	1:17:05
2334	SANDS	CHRISTIN	TEMP	22	F	SEN	T	1:17:05
2335	DE VILLIERS	ELIZABETH	TEMP	38	F	35	T	1:17:06
2336	HAMILTON	SHARON	TEMP	45	F	45	T	1:17:06
2337	VAN COLLER	FIONA	TEMP	48	F	45	T	1:17:08
2338	BUSBY	TREVOR	CAPRICORN AC	68	M	65	10230	1:17:09
2339	TAYLOR	AMY	OFCOLACO HARRIERS	33	F	SEN		1:17:09
2340	VAN ROOYEN	ALONYA	TEMP	32	F	SEN	T71246	1:17:10
2341	STOEKLL	MARK	TEMP	57	M	55	T71022	1:17:10
2342	STRYDOM	LEE-ZANNE	TEMP	27	F	SEN	T	1:17:12
2343	GRIEBENOUW	CHRISTOPHER	TEMP	30	M	SEN	T	1:17:13
2344	HENDRICKS	CALLIE	TEMP	27	F	SEN	T71334	1:17:15
2345	ADAMS	NURU	TEMP	35	F	35	T71582	1:17:16
2346	SEPTEMBER	BUSI	TEMP	31	F	SEN	T71580	1:17:16
2347		VUYO	TEMP	21	F	SEN	T	1:17:18
2348	BUCKLE	LIZA	RUN WALK 4 LIFE	43	F	40	0152	1:17:26
2349	KRUGER	LINDA	TEMP	58	F	55	T71061	1:17:27
2350	ISMAIL	SHAHEEDAH	WALMERS AC	52	F	50	10286	1:17:27
2351	NO RETURN				M	SEN		1:17:28
2352	NO RETURN				M	SEN		1:17:30
2353	GAM'EM		BO-KAAP ATHLETICS	40	M	40	11289	1:17:36
2354	CHRISTIAN	FAIZA	TOP FORM	42	F	40	2473	1:17:37
2355	OTTO	WILLEMIEN	TEMP	45	F	45	T	1:17:38
2356	FABRICIUS	RACHE	CAPE MULTISPORT	50	F	50	8632	1:17:40
2357	BURGER	CHANTELLE	CAPE MULTISPORT	35	F	35	14579	1:17:40
2358	VELDHUIZEN	MARGARET	K-WAY VOB	47	F	45	1345	1:17:44
2359	CLOETE	AYSHA	HEWAT	59	F	55	11388	1:17:48
2360	HILL	PETER	TEMP	66	M	65	T71259	1:17:48
2361	OLIVER	NIKKI	GOODWOOD HARRIERS	47	F	45	13296	1:17:53
2362	OLIVER	LIONEL	GOODWOOD HARRIERS	51	M	50		1:17:54
2363	HENDRICKS	VALERIE	SPARTAN	58	F	55	1442	1:17:57
2364	SMITH	GLYNIS	SPARTAN	57	F	55	1461	1:17:57
2365	WALSH	JANINE	WEST COAST	51	F	50	T	1:17:58
2366	MORUCK	FAIKA	KENFAC	56	F	55	11494	1:17:59
2367	FREDERICKS	KAREN	SPARTAN	43	F	40		1:18:06
2368	KLEIN	DORELE	RAVENSMEAD	44	F	40	10085	1:18:08
2369	NO CARD		TOP FORM		F	SEN		1:18:11
2370	THEBUS	JUDY	MSA MULTISPORT	58	F	55	11375	1:18:12
2371	SMIT	LYNETTE	CENTURY CITY	55	F	55		1:18:12
2372	NO RETURN				F	SEN		1:18:12
2373	PETERS	WASEEMA	TOP FORM	40	F	40	2456	1:18:13
2374	NO RETURN				F	SEN		1:18:13

2375	BARGE	MATTHEW	TEMP	34	M	SEN	T	1:18:14
2376	DE KOCK	DIEDERICK	TEMP	56	M	55	T71083	1:18:17
2377	KOLI	THOZAMA	RCS GUGS	59	F	55	7733	1:18:18
2378	SOLOMON	KYRA	BRACKENFELL	56	F	55	6055	1:18:18
2379	DINDI	GORDON	TEMP	50	F	50	T	1:18:25
2380	DYAKALASHE	NYAMEKA	WEST COAST	39	F	35	54930	1:18:25
2381	MATHYS	REAGAN	TEMP	32	M	SEN	T	1:18:25
2382	VAN BREDA	MARK	CELTIC	44	M	40	7314	1:18:31
2383	CLACEY	ANITA	K-WAY VOB	53	F	50	0897	1:18:32
2384	CLACEY	KIRSTEN	TEMP	28	F	SEN	T	1:18:33
2385	MBUTUMA	ZIYANDA	LANGA	34	F	SEN	10681	1:18:33
2386	NO RETURN				F	SEN		1:18:37
2387	NO RETURN				M	SEN		1:18:37
2388	PILLAY	CHARMAINE	MIDRAND STRIDERS	50	F	50	23536 CGA	1:18:42
2389	NO RETURN				M	SEN		1:18:43
2390	MORUCK	ADIEBAH	KENFAC	31	F	SEN	11489	1:18:43
2391	NO RETURN				M	SEN		1:18:46
2392	NO CARD				M	SEN		1:18:46
2393	VAN ZYL	TERGAN	TEMP	17	M	JUN	T	1:18:47
2394	VAN COLLER	EMILY	TEMP	17	F	JUN	T	1:18:47
2395	WOODMAN	JUDY	TEMP	38	F	35	T	1:18:48
2396	FOALE	ZOE	TEMP	18	F	JUN	T	1:18:48
2397	LAMBLEY	GARRIN	24. COM	42	M	40	13426	1:18:55
2398	NO RETURN				M	SEN		1:18:56
2399	ROSE	WADE	TEMP	30	M	SEN	T	1:19:00
2400	DE HUIS	JOHN	GOODWOOD HARRIERS	59	M	55	13294	1:19:02
2401	NO RETURN				M	SEN		1:19:03
2402	TROUW	ANNEMARIE	TEMP	35	F	35	T	1:19:07
2403	NO CARD				M	SEN		1:19:07
2404	HANRI	DE WET	DURBAC	41	F	40	2715	1:19:08
2405	CHIKTE	MASOODAH	ITHEKO	46	F	45	3124	1:19:08
2406	DREYER	VANESSA	TEMP	42	F	40	T	1:19:08
2407	ADAMS	PATRICIA	BRACKENFELL	60	F	60	6011	1:19:13
2408	MULLER	DAVID	STRAND	60	M	60	2058	1:19:15
2409	DE JONGH	CHANTAL	VODACOM STRIDERS	41	F	40	13516	1:19:16
2410	NO RETURN				M	SEN		1:19:16
2411	SWART	JILL	TEMP	40	F	40	T	1:19:17
2412	SAMUELS	FATIMA	MSA MULTISPORT	41	F	40	11373	1:19:18
2413		JERMANO	ARD	29	M	SEN	15901	1:19:19
2414	SALIE	RAZIYA	ITHEKO	44	F	40	3480	1:19:20
2415	DREYER	ADRIAN	TEMP	49	M	45	T	1:19:21
2416	NO RETURN				M	SEN		1:19:26
2417	RADEMEYER	LORRAINE	TEMP	54	F	50	T	1:19:28
2418	DU TOIT	ANGELETTI	TEMP	56	F	55	T	1:19:28
2419	PHUKWANA	XOLANI	TEMP		M	SEN	T	1:19:28
2420	OLIVIER	ELTON	TEMP	38	M	35	T71393	1:19:30
2421	LENTZ	LEANDRE	TEMP	36	F	35	T	1:19:32
2422	LENTZ	GENEVIEVE	PINELANDS	37	F	35	1797	1:19:32
2423	ALLIE	SALWA	TOP FORM		F	40	2335	1:19:35
2424	JONCK	BART	WEST COAST	77	M	75	5558	1:19:37
2425	NO RETURN		TEMP		F	SEN	T	1:19:40
2426	HENDRICKS	FATIMA	ARD	42	F	40	11140	1:19:43
2427	YNGAARD	CALDINE	TEMP	25	F	SEN	T	1:19:46
2428	SWIGELAAR	MARUSHCKA	TEMP	25	F	SEN	T	1:19:46
2429	VERMEULEN	ANDRE	KIMBERLEY PIRATES	31	M	SEN	0041 AGW	1:19:53
2430	VERMEULEN	WILHELM	BELLVILLE	31	M	SEN	6731	1:19:53
2431	EHRENREICH	MIKAYLA	TEMP	18	F	JUN	T	1:19:53
2432	NO RETURN				F	SEN		1:19:54

2433	FORSYTHE	KATHERINE	TEMP	32	F	SEN	T	1:19:54
2434	LEETCH	MICHELE	CENTURY CITY	44	F	40	15121	1:19:54
2435	NO CARD				F	SEN		1:19:54
2436	NO CARD		DURBAC		F	SEN		1:20:02
2437	NYS	SONIA	TEMP	51	F	50	T	1:20:03
2438	NO CARD		TEMP		F	SEN	T	1:20:03
2439	NO CARD		TEMP		F	SEN	T	1:20:03
2440	EKSTEEN	HEINRICH	TEMP	30	M	SEN	T71435	1:20:03
2441	SMIT	HERMAN	SANLAM	62	M	60	9001	1:20:04
2442	VENTER	KAROLA	DURBAC	67	F	65	2860	1:20:04
2443	DE JONGH	LINDI-LEE	TEMP		F	SEN	T	1:20:04
2444	GOUVEIA	DA SILVA	TEMP	28	F	SEN	T	1:20:12
2445	FISCHER	MEGAN	TEMP	31	F	SEN	T	1:20:12
2446	ISMAIL	YVETTE	TEMP	42	F	40	T71296	1:20:12
2447	CONNELLY	NUR	ITHEKO	33	M	SEN	14356	1:20:14
2448	CRAIG	JOHN	TEMP	57	F	55	T70961	1:20:14
2449	JULIES	RYAN	ITHEKO	35	M	35	17062	1:20:15
2450	NO RETURN				F	SEN		1:20:15
2451	JACOBS	ZAHIR	TEMP	35	M	35	T	1:20:16
2452	NO RETURN				M	SEN		1:20:16
2453	MUSTAPHA		TEMP	28	M	SEN	T	1:20:17
2454	NO RETURN				M	SEN		1:20:18
2455	PARKER	HASSEN	ARD	41	M	40	9728	1:20:19
2456	ADAMS	RAMEEZ	ITHEKO	29	M	SEN	14357	1:20:19
2457	CUPIDO	GLORIA	TEMP	33	F	SEN	T	1:20:20
2458	PARKER	NAZ	WEST COAST	47	M	45	5550	1:20:20
2459	DANIELS	FAHIEMA	OMMIEDRAAI	35	F	35	13359	1:20:20
2460	MAKOALA	MILLCENT	WEST COAST	34	F	SEN	5699	1:20:20
2461	VAN JAARSVELD	AT	RUN WALK 4 LIFE	45	M	45	10748	1:20:22
2462	VAN JAARSVELD	PETRO	RUN WALK 4 LIFE	44	F	40	10749	1:20:23
2463	NO CARD				M	SEN		1:20:23
2464	VRAAGOM	SHAKINO	TEMP	14	M	JUN	T	1:20:23
2465	EMERAN	RIDWAA	HEWAT	62	M	60	0102	1:20:24
2466	SMITH	NADENE	TEMP	33	F	SEN	T	1:20:24
2467	GUZHA	LENON	TEMP	33	M	SEN	T	1:20:25
2468	BARRETT	LINDSAY	SPARTAN	35	F	35	1882	1:20:28
2469	VLOK	TRIXIE	TEMP	44	F	40	T71409	1:20:33
2470	HARRISBHAI	J	TEMP	29	M	SEN	T71338	1:20:33
2471	NOTHNAGEL	JOHAN	PAARL	42	M	40		1:20:34
2472	VAN DER MERWE	W	MAZARS AC		M	60	14036	1:20:34
2473	HARMSE	PERCIVAL	CORR SERVICES BOL	28	M	SEN	1116 BOL	1:20:35
2474	ZONDA	ZIYANDA	RCS GUGS	31	F	SEN	14549	1:20:38
2475	TEYISE	ZENANDE	TEMP	29	F	SEN	T	1:20:38
2476	LEIBRANDT	GILBERT	NANTES	39	M	35	12863	1:20:39
2477	LEIBRANDT	NATASHA	NANTES	38	F	35	21383	1:20:39
2478	ISMAIL	NADIA	TEMP	39	F	35	T	1:20:40
2479	KNIPE	STACEY-LEE	TEMP	24	F	SEN	T71192	1:20:44
2480	GILBERT-JONES	ROBIN	TEMP	33	M	SEN	T71193	1:20:45
2481	OMAR	SHU-AIB	MSA MULTISPORT	46	M	45	11348	1:20:45
2482	NO RETURN				F	SEN		1:20:45
2483	NAIDOO	MARELDEA	ARD	52	F	50	11155	1:20:46
2484	DE BEER	CHRISTA	WEST COAST	46	F	45	3202	1:20:46
2485	NEWMAN	SHERRY	TYGERBERG	31	F	SEN	4232	1:20:49
2486	CLOETE	DELORES	TYGERBERG	44	F	40	4255	1:20:53
2487	MULLER	CLAUDIA	TEMP	40	F	40	T	1:20:53
2488	BATT	JAQI	CAPE MULTISPORT	43	F	40	8765	1:20:54
2489	KIEWIET	MARSHALL	CARBINEERS WP	35	M	35	T71277	1:20:54
2490	NO RETURN				M	SEN		1:20:58

2491	PARKER	FATIMA	OMMIEDRAAI	55	F	55	6813	1:20:59
2492	SITHOLE	IVY	CARBINEERS WP	39	F	35	8187	1:20:59
2493	VAN DER WESTHUIZEN	KATHY	CARBINEERS WP	48	F	45	8066	1:21:00
2494	NAGEL	BIANCA-LEIGH	CARBINEERS WP	39	F	35	8027	1:21:00
2495	DAVIDS	SEAN	CARBINEERS WP	40	M	40	8062	1:21:01
2496	DAVIDS	COLLEEN	CARBINEERS WP	47	F	45	8029	1:21:03
2497	FUCHS	ALETA	CAPE MULTISPORT	49	F	45		1:21:04
2498	STOBER	ASHLEIGH	CARBINEERS WP	26	F	SEN	17185	1:21:05
2499	MCLEAN	AMANDA	CARBINEERS WP	46	F	45	8091	1:21:05
2500	LEKAY	ROZETTA	CARBINEERS WP	54	F	50	8048	1:21:06
2501	SNYDERS	JASON	TEMP	29	M	SEN	T71574	1:21:07
2502	LEWIS	LIEZL	CARBINEERS WP	43	F	40	8043	1:21:07
2503	GALVAAN	HAANIM	CARBINEERS WP	29	F	SEN	8058	1:21:07
2504	BAILEY	MICHELLE	CARBINEERS WP	42	F	40	8121	1:21:08
2505	GORDON	MARCIA	CARBINEERS WP	45	F	45	8061	1:21:09
2506	LEKAY	EUGENE	CARBINEERS WP	54	M	50	8047	1:21:09
2507	YOUNG	MARJORIE	STRAND	45	F	45	2145	1:21:10
2508	RHODES	BELINDA	PINELANDS	47	F	45	3657	1:21:11
2509	MBENDANA	SHALOM	TEMP	32	F	SEN	T	1:21:11
2510	PHILANDER	OSCAR	OMMIEDRAAI	45	M	45	21371	1:21:11
2511	SHIRA TOEFE	NASHREEN	ITHEKO		F	40		1:21:12
2512	SMIDT	HEIDI-ANNE	CARBINEERS WP	46	F	45	8146	1:21:12
2513	DAVIS	SHAMIELA	CARBINEERS WP	51	F	50	8101	1:21:12
2514	RHODA	KEITH	CARBINEERS WP	62	M	60	8074	1:21:13
2515	PRINS	AVRIL	TEMP	65	F	65	T71612	1:21:14
2516	NO RETURN				M	SEN		1:21:15
2517	NO RETURN				F	SEN		1:21:15
2518	BAKER	ZAALAGAH	CARBINEERS WP	45	F	45	8075	1:21:16
2519	VAUGHAN	REGGIE	BRACKENFELL	41	M	40	16380	1:21:17
2520	ABRAHAMS	ANEESA	OMMIEDRAAI		F	40	6899	1:21:18
2521	MANUEL	ZAAYDA	OMMIEDRAAI	58	F	55	6790	1:21:18
2522	NO RETURN				F	SEN		1:21:18
2523	HARKER	ANTHONY	OMMIEDRAAI	49	M	45	6922	1:21:19
2524	GAMZA	MARYAM	OMMIEDRAAI	47	F	45	6894	1:21:20
2525	NURAAN	FAKIER	WALMERS AC	35	F	35	10291	1:21:20
2526	ISAACS	REZAH	OMMIEDRAAI	35	M	35	6852	1:21:21
2527	JENEKER	TASNIM	OMMIEDRAAI	36	F	35	11407	1:21:21
2528	BARADIEN	NURUNNESA	ITHEKO	60	F	60	3339	1:21:22
2529	JENEKER	REDAH	OMMIEDRAAI	37	M	35	15721	1:21:23
2530	NO RETURN				F	SEN		1:21:23
2531	BARDIEN	ZULFA	CENTRAL AC	46	F	45	6179	1:21:24
2532	SIRAJ		ITHEKO	37	M	35	3385	1:21:27
2533	ABRAHAMS	FATIMA	ITHEKO	34	F	SEN	10008	1:21:28
2534	PRICE	SALIE	OMMIEDRAAI	63	M	60	6802	1:21:29
2535	NO RETURN				F	SEN		1:21:30
2536	NO RETURN				F	SEN		1:21:30
2537	MATTHEI	DAWN	BLOOD CGA	56	F	55	11973 CGA	1:21:31
2538	NO RETURN				F	SEN		1:21:39
2539	VAN ZYL	LIEZEL	BRACKENFELL	48	F	45	5994	1:21:39
2540	BAILEY	JERMAINE	TEMP	45	F	45	T	1:21:39
2541	ZIDE	NOZI	RCS GUGS	46	F	45	7576	1:21:40
2542	NO RETURN				F	SEN		1:21:41
2543	LEIGH	KAREN	TEMP	58	F	55	T	1:21:41
2544	PARKER	MUNA	TEMP	40	F	40	T	1:21:42
2545	TOLO	CHRIZERLDA	ARD	35	F	35	T71460	1:21:42
2546	STEER	AMEERAH	ARD	19	F	JUN		1:21:42
2547	MOILA	MARSHALL	RCS GUGS	57	M	55	7560	1:21:43
2548	GAFFOEN	SAAJIDAH	TEMP	23	F	SEN	T	1:21:45

2549	APROSKIE	JACKIE	SPARTAN	42	F	40	1387	1:21:46
2550	SAFERDIEN	NADEEMA	CENTRAL AC	50	F	50	6186	1:21:47
2551	NDAMASE	ZIMASA	RCS GUGS	34	F	SEN	8013	1:21:48
2552	MOREIRA	DAPHNE	TEMP	56	F	55	T	1:21:48
2553	BONWELL		RCS GUGS		M	SEN		1:21:49
2554	NO RETURN		TEMP		F	SEN	T	1:21:55
2555	DE JONGH	OSCAR	TEMP	42	M	40	T	1:22:02
2556	NO RETURN				F	SEN		1:22:04
2557	NIEUWENHUIS	FATIMA	TOP FORM	71	F	70	2427	1:22:05
2558	PEARCE	JOSLYN	NANTES	54	F	50	6403	1:22:06
2559	MATHIBA	TS	EDGEMEAD	58	F	55	4880	1:22:07
2560	SPARKS	KEITH	SPARTAN	59	M	55	1806	1:22:07
2561	LAKAY	FAHDEELAH	OMMIEDRAAI	26	F	SEN	13557	1:22:12
2562	DILGEE	FAATIMAH	OMMIEDRAAI	26	F	SEN	21367	1:22:12
2563	ALEXANDER	SALMA	OMMIEDRAAI	31	F	SEN	6794	1:22:12
2564	COOPER	EMETTE	TEMP	14	M	JUN	T71057	1:22:13
2565	DYAMOND	LOUISE	HOUT BAY	54	F	50	0541	1:22:13
2566	KOK	MARVIN	TEMP	35	M	35	T	1:22:22
2567	DEARHAM	ROAN	BRACKENFELL	28	M	SEN	5955	1:22:22
2568	JACQUES	CHAVON	TEMP	40	F	40	T	1:22:23
2569	WITTEN	WENDY	VODACOM STRIDERS	41	F	40	13514	1:22:23
2570	ESAU	SHAFIEDA	TEMP	45	F	45	T	1:22:24
2571	DOLLIE	JILL	CARBINEERS WP	44	F	40		1:22:25
2572	ESAU	FARIED	HEWAT	44	M	40	16732	1:22:26
2573	O'CONNOR	DESMOND	TEMP	43	M	40	T71245	1:22:26
2574	HENDRICKS	CARMEN	TEMP	45	F	45	T	1:22:26
2575	NO RETURN				F	SEN		1:22:27
2576	ALEXANDER	NAZEEMA	HEWAT	61	F	60	11404	1:22:28
2577	STEVENS	LEON	TEMP	38	M	35	T	1:22:31
2578	READMAN	PAT	TEMP	61	F	60	T	1:22:31
2579	JANSEN	CARMEN	STRAND	35	F	35	2035	1:22:33
2580	NO CARD		TEMP		M	SEN	T	1:22:34
2581	NO RETURN				F	SEN		1:22:34
2582	LONGMORE	DEBBIE	TEMP	53	F	50	T	1:22:36
2583	SONISKI	NONKULULEKO	IN TOUCH	33	F	SEN	15413	1:22:37
2584	SAMANTHA		TEMP	20	F	SEN	T	1:22:38
2585	MATHIESON	CLAIRE	CENTURY CITY	33	F	SEN	10123	1:22:40
2586	NELSON	MARIANNE	DURBAC	75	F	75	4673	1:22:41
2587	NO RETURN		TEMP		M	SEN	T	1:22:43
2588	TAYLOR	CATHY	DURBAC	76	F	75	4675	1:22:44
2589	SKUMZI	YOLANDA	TEMP	28	F	SEN	T	1:22:47
2590	VISAGIE	HWITI	TEMP	28	F	SEN	T	1:22:48
2591	BRAND	DOMINIQUE	TEMP	35	F	35	T	1:22:55
2592	NO RETURN				F	SEN		1:22:59
2593	KARELSE	LIEZE	TEMP	30	F	SEN	T	1:22:59
2594	MEYER	KOERT	TYGERBERG	72	M	70	4237	1:22:59
2595	NO RETURN				F	SEN		1:23:01
2596	JARDINE	SHARON	TEMP	52	F	50	T	1:23:06
2597	NO RETURN				F	SEN		1:23:06
2598	LEWIN	LEATICIA	HEWAT	49	F	45	12510	1:23:07
2599		FATIMA	WALMERS AC	40	F	40	10282	1:23:07
2600		NAFIEDSA	OLD MUTUAL	46	F	45	0372	1:23:09
2601	MOHAMED	RUSTUM	ITHEKO	55	M	55	3085	1:23:10
2602	GOOSEN	MICHAEL	BRACKENFELL	61	M	60	5961	1:23:10
2603	ALLIE	TOUGIEDA	ITHEKO	56	F	55	3162	1:23:11
2604	ALLIE	FUAD	ITHEKO	50	M	50	3443	1:23:11
2605	WYMAN	GANIEF	ITHEKO	61	M	60	3323	1:23:11
2606	RAJAP	MOGAMAT	ITHEKO	58	M	55	3238	1:23:11

2607	MASSIEP	ISMAIL	ITHEKO	39	M	35	3392	1:23:11
2608	ELISSAC	MARIAM	ITHEKO		F	50	9900	1:23:12
2609	BARODIEN	NATHMIE	ITHEKO	49	M	45	3210	1:23:13
2610	MAHMOOD	ASHFAAQ	TEMP	54	M	50	T71013	1:23:13
2611	ISMAIL	RASHEEQAH	TEMP	36	F	35	T	1:23:13
2612	PRICE	SADIEKA	ITHEKO	38	F	35	3380	1:23:13
2613	RYKLIEF	MARELDIA	ITHEKO	48	F	45	3429	1:23:14
2614	GANIEF	A	ITHEKO	54	F	50	3395	1:23:14
2615	FORTUIN	BARRY	ITHEKO	61	M	60	14798	1:23:14
2616	SCOT	LEROY	TEMP	33	M	SEN	T	1:23:14
2617	SAMSODIEN	WHAGIEDA	ITHEKO	49	F	45	3349	1:23:15
2618	EMERAN	NADIA	TEMP	45	F	45	T	1:23:15
2619	KRUGER	ROBBY	TEMP	41	M	40	T70332	1:23:16
2620	BARODIEN	SHAFIEKA	ITHEKO	48	F	45	3211	1:23:16
2621	WALTON	ZULEIGHA	ITHEKO	41	F	40	3019	1:23:16
2622	KRUGER	GILL	TEMP	59	M	55	T70341	1:23:17
2623	MOOLLA	FATIMA	ITHEKO	45	F	45	3273	1:23:17
2624	NORLING	ZENA	ITHEKO	40	F	40	3478	1:23:17
2625	SOLOMON	SHANAAZ	ITHEKO	37	F	35	3009	1:23:18
2626	BLOK	HANNELIE	TEMP	42	F	40	T70936	1:23:18
2627	GAMIET	AISHA	ITHEKO	38	F	35	9988	1:23:19
2628	CARIEM	AFROZ	ITHEKO	41	F	40	3280	1:23:19
2629	HERRING	NICOLETTE	ITHEKO	46	F	45	3007	1:23:20
2630	KORB	K	EDGEMEAD	59	F	55	12659	1:23:21
2631	NO RETURN				F	SEN		1:23:21
2632	NO RETURN				F	SEN		1:23:23
2633	SCHULLER	RENE	TOP FORM		F	50	2386	1:23:23
2634	NO RETURN				F	SEN		1:23:24
2635	KALIS	JASON	TEMP	40	M	40	T71225	1:23:24
2636	NO RETURN				F	SEN		1:23:25
2637	BERGH	MARY	BRACKENFELL	52	F	50	6014	1:23:26
2638	HIGGINS THURMAN	HIGGINS	TEMP	39	F	35	T	1:23:28
2639	MULLER	ZYNIQUE	TEMP	29	F	SEN	T71336	1:23:28
2640	ELAWOODY	ABEEDA	CAPE MULTISPORT	38	F	35	14665	1:23:29
2641	NELTHAGEN	MELISSA	TEMP	36	F	35	T71826	1:23:31
2642	NO RETURN		TEMP		M	SEN	T	1:23:33
2643	NO RETURN				F	SEN		1:23:34
2644	FARMER	PHILLIP	TEMP		M	SEN	T	1:23:36
2645	NO RETURN				F	SEN		1:23:36
2646	SURVEY	MUZNA	HEWAT	46	F	45	12481	1:23:37
2647	CASHEL	JAN	TEMP	60	F	60	T	1:23:41
2648	MAREE	MARILYN	TEMP	53	F	50	T	1:23:41
2649	ROBINSON	JAY	TEMP	21	M	SEN	T	1:23:42
2650	SMIT	JASON	STRAND		M	SEN		1:23:46
2651	SCOTT	NATASHA	TEMP	46	F	45	T71319	1:23:48
2652	BOUCHER	GREG	WEST COAST	36	M	35	5829	1:23:51
2653	ROBINSON	ANNE	TEMP	56	F	55	T	1:23:52
2654	SKINNER	FRANCOIS	STRAND	50	M	50	2068	1:23:55
2655	BOUCHER	CHANA	TEMP	34	F	SEN	T71004	1:23:56
2656	WILSON	K	PINELANDS	46	M	45	6972	1:23:58
2657	NO CARD		TEMP		M	SEN	T	1:24:01
2658	MICCOLI	TANYA	TEMP	42	F	40	T	1:24:03
2659	SMIT	MICHELLE	STRAND		F	SEN		1:24:03
2660	NO RETURN				F	SEN		1:24:04
2661	ELY-APPLEBY	F	MSA MULTISPORT	42	F	40	11381	1:24:04
2662	OMAR	WIDAAD	MSA MULTISPORT	48	F	45	11349	1:24:04
2663	CUPIDO	KIM	CARBINEERS WP	49	F	45	8116	1:24:08
2664	ANDREWS	EDDIE	MP TITANS	41	M	40	17007	1:24:18

2665		MARIO	TEMP	40	M	40	T11543	1:24:18
2666	MOHAMED-FAKIER	ZARINA	ITHEKO	42	F	40	3176	1:24:18
2667	RHODES	AQEELAH	ITHEKO	44	F	40	9970	1:24:19
2668	BROWN	DESIREE	RAVENSMEAD		F	60	10076	1:24:24
2669	NO CARD				M	SEN		1:24:30
2670	NO CARD				F	SEN		1:24:31
2671	MORRIS	MORGAN	CAPE MULTISPORT	52	M	50	13184	1:24:31
2672	NO RETURN				F	SEN		1:24:33
2673	NO CARD		TEMP		M	SEN	T	1:24:33
2674	NO CARD				F	SEN		1:24:33
2675	NO CARD				F	SEN		1:24:34
2676	NO RETURN		TEMP		M	SEN	T	1:24:36
2677	BOTHA	MUNIRAH	ARD	57	F	55	11206	1:24:38
2678	NO CARD				M	SEN		1:24:38
2679	BARRETT	ZWANITA	TEMP	43	F	40	T	1:24:38
2680	CLAYDEN	TRUDY	RUN WALK 4 LIFE	43	F	40	2936	1:24:39
2681	OLIVIER	CHRISTINE	TEMP	37	F	35	T71394	1:24:42
2682	GROBBELAAR	THERSIA	DURBAC	34	F	SEN	2708	1:24:42
2683	BURGER	MARGEAX	TEMP	38	F	35	T	1:24:48
2684	NO RETURN				F	SEN		1:24:51
2685	COETZEE	GERDA	TEMP	36	F	35	T	1:24:52
2686	CHOW	MINA	TEMP	42	F	40	T	1:24:52
2687	SCHROEDER	AIMEE	TEMP	28	F	SEN	T	1:24:53
2688	SCHROEDER	ESTEE	TEMP	27	F	SEN	T	1:24:53
2689	NO RETURN		TEMP		M	SEN	T	1:24:54
2690	NO CARD				F	SEN		1:24:57
2691	DOONER	CHRIS	SANDEF WP	66	M	65	0108	1:24:57
2692	CRYANS	CONNOR	TEMP	17	M	JUN	T	1:25:00
2693	SMITH	AMANDA	CARBINEERS WP	37	F	35	8042	1:25:02
2694	NO RETURN		TEMP		M	SEN	T	1:25:02
2695	WEBSTER	GAIL	TEMP	50	F	50	T	1:25:07
2696	KORSCH	ANNELIESE	TEMP	39	F	35	T	1:25:10
2697	LUBBE	IZABEL	TEMP	17	F	JUN	T	1:25:11
2698	NO RETURN				F	SEN		1:25:17
2699	VAN DER MERWE	MARIANNE	MAZARS AC	65	F	65	14037	1:25:19
2700	JOSEPHSON	JACQUI	WEST COAST	43	F	40		1:25:25
2701	NO RETURN		SPARTAN		F	SEN		1:25:32
2702	HARDING	HILTON	GOODWOOD HARRIERS	46	M	45	4997	1:25:32
2703	KEMP	CHANTAL	GOODWOOD HARRIERS	36	F	35		1:25:34
2704	BOMELA	ZANDILE	TEMP		F	SEN	T	1:25:40
2705	BOOYSEN	BONITA	CENTURY CITY	37'	F	35		1:25:45
2706	HSU	LESLEE	TEMP	40	F	40	T	1:25:46
2707	GIQUEL	BIANCA	TEMP	38	F	35	T	1:25:46
2708	BARTMAN	MICHELLE	TEMP	35	F	35	T	1:25:47
2709	ABRAHMS	BEYNON	TEMP	33	M	SEN	T	1:25:49
2710	VON SCHLICHT	ELIZABETH	TEMP	33	F	SEN	T	1:25:49
2711	EVERTS	TARRYN	TEMP	33	F	SEN	T71573	1:25:52
2712	NO RETURN				M	SEN		1:25:52
2713	DALVIE	AJU	ITHEKO	44	M	40		1:25:55
2714	FORTUIN	MARY	ITHEKO	53	F	50	9853	1:25:55
2715	RENSBURG	JACQUELINE	CARBINEERS WP	49	F	45	8212	1:25:59
2716	NO RETURN		WEST COAST		F	SEN		1:26:08
2717	PAPIER	ADAM	BRACKENFELL	56	M	55	5951	1:26:10
2718	DE KOCK	VANESSA	ITHEKO	54	F	50	9964	1:26:11
2719	S	JEVU	CORR SERVICES WP	28	F	SEN	15352	1:26:16
2720	ROBERTS	FARYL	OMMIEDRAAI	41	F	40	15723	1:26:16
2721	RENSBURG	SHAUN	TEMP		M	SEN	T71080	1:26:16
2722	WILLIAMS	SHAKIERA	ITHEKO	43	F	40	9918	1:26:18

2723	RAEBERT	MARGOT	TEMP	58	F	55	T70948	1:26:19
2724	JACOBS	DOMINIQUE	TEMP	22	F	SEN	T71399	1:26:20
2725	JACOBS	F	ITHEKO	46	F	45	3066	1:26:23
2726	BUX	IQRAM	SANDF WP	44	M	40	5410	1:26:31
2727	NO RETURN				M	SEN		1:26:35
2728	ADAMS	RENALD	TEMP	57	M	55	T16482	1:26:35
2729	RIJNSBURGER	YVETTE	WEST COAST	43	F	40	5685	1:26:38
2730	LOUBSCHER	MICHAEL	WEST COAST	47	M	45	5686	1:26:39
2731	NO RETURN				F	SEN		1:26:44
2732	ODENDAAL	TANJA	BRACKENFELL	27	F	SEN	5974	1:26:45
2733	MANIE	ISMAN	TEMP	44	M	40	T71567	1:26:46
2734	NO RETURN				M	SEN		1:26:47
2735	STELLENBOOM	F	OMMIEDRAAI	61	F	60	15188	1:26:47
2736	MCKLEIN	AZMIE	TEMP	42	M	40	T	1:26:47
2737	ABRAHAMS	ADEEB	CENTRAL AC	31	M	SEN		1:26:48
2738	NO CARD				M	SEN		1:26:48
2739	NO RETURN				M	SEN		1:26:48
2740	NO RETURN				M	SEN		1:26:53
2741	NO CARD				F	SEN		1:26:54
2742	JATTIEM	ZAINAB	ITHEKO	37	F	35	3407	1:26:55
2743	NO RETURN		TEMP		F	SEN	T	1:26:58
2744	FALAL	ABDUL	ITHEKO	51	M	50	3388	1:27:04
2745	VAN HARTE	NATASHA	SPARTAN	41	F	40	1769	1:27:04
2746	NO RETURN		TEMP		F	SEN	T	1:27:05
2747	NO RETURN		TEMP		F	SEN	T	1:27:06
2748	NO RETURN		TEMP		F	SEN	T	1:27:06
2749	FULLER	CHARLES	FARNESE		M	50		1:27:11
2750	COGILL	JACKIE	OMMIEDRAAI	55	F	55	12561	1:27:14
2751	NO RETURN		TEMP		M	SEN	T	1:27:14
2752	NO RETURN		TEMP		F	SEN	T	1:27:17
2753	NO RETURN		TEMP		M	SEN	T	1:27:17
2754	MULLER	GLENN	CELTIC	49	M	45	7338	1:27:23
2755	ROWE	ANGELIQUE	TEMP	36	F	35	T	1:27:24
2756	HORN	CHANTELLE	TEMP	39	F	35	T	1:27:24
2757	RIGGS	PETRA	BRACKENFELL	56	F	55	6056	1:27:33
2758	NO CARD				F	SEN		1:27:33
2759	SHAIB	AG	TEMP		M	40	T	1:27:38
2760	MADOLO	VANESSA	TEMP		F	SEN	T	1:27:38
2761	LEESON	STACY	TEMP	32	F	SEN	T	1:27:39
2762	DU HANCOURT	JASON	TEMP	33	M	SEN	T	1:27:39
2763	CLOETE	VENESSA	DURBAC	56	F	55	2756	1:27:45
2764		FAIZA	HEWAT	38	F	35		1:27:49
2765	KWIDE	MERVYN	TEMP		M	SEN	T	1:27:52
2766		CANDIE	TEMP		F	SEN	T	1:27:53
2767	MORGAN	LEANE	TEMP	38	F	35	T	1:27:53
2768	NO RETURN				F	SEN		1:27:54
2769	CASE	MAXINE	TEMP	42	F	40	T	1:27:58
2770	MARCUS	CHERWYN	TEMP	32	M	SEN	T	1:28:00
2771	RAUTENBACH	CHANTELL	PINELANDS	43	F	40	3909	1:28:00
2772	SAMUELS	AMANDA	TEMP	43	F	40	T	1:28:01
2773	CLOETE	SAFWAAN	OMMIEDRAAI	44	M	40	21344	1:28:05
2774	MARLIE	RUSHDA	OMMIEDRAAI	44	F	40	6817	1:28:06
2775	ADAMS	ZOEBYDA	HEWAT	64	F	60	12489	1:28:06
2776	AWONGIWE		WALMERS AC	28	F	SEN	T71436	1:28:07
2777	FAKIER	SALIE	WALMERS AC	48	M	45	10290	1:28:07
2778	BARENDSE	ZEENAT	OMMIEDRAAI	32	F	SEN	14818	1:28:08
2779	ADAMS	MYMOENA	OMMIEDRAAI	44	F	40	21343	1:28:08
2780	MARLIE	TAPIE	OMMIEDRAAI	50	M	50	6816	1:28:08

2781	ARMADIEN	SHAMIELA	OMMIEDRAAI	44	F	40	6774	1:28:09
2782	ABRAHAMS	JANINE	OMMIEDRAAI	28	F	SEN	13545	1:28:09
2783	RYKLIEF	HABIBA	TOP FORM	60	F	60	2409	1:28:10
2784	ABDUL	AQEELAH	OMMIEDRAAI	40	F	40	21360	1:28:11
2785	STEMMET	SURAYA	OMMIEDRAAI	43	F	40	6833	1:28:12
2786	ISAACS	RUHSHANA	OMMIEDRAAI	31	F	SEN	6853	1:28:13
2787	MAJIET	MOESHARAFA	OMMIEDRAAI	57	F	55	6900	1:28:13
2788	BURNS	BELINDA	IN TOUCH	48	F	45	12423	1:28:15
2789	STEMMERT	CHANDRE	CARBINEERS WP	33	F	SEN	8216	1:28:21
2790	MAJIET	FARZAANA	TEMP	29	F	SEN	T	1:28:31
2791	SOLOMON	ELANA	SPARTAN	29	F	SEN	1581	1:28:32
2792	KIRBY	DAVE	SPARTAN	83	M	80	1935	1:28:34
2793	COGILL	RICHARD	SPARTAN	66	M	65	1394	1:28:34
2794	BASSADIEN	NAZLEY	HEWAT	49	F	45	12482	1:28:34
2795	OPPELT	LOGAN	PINELANDS	18	F	JUN	20004	1:28:35
2796	NO CARD				F	SEN		1:28:37
2797	VAN DER MERWE	JANINE	CAPE MULTISPORT	38	F	35	8760	1:28:41
2798	VIGELAND	ROWEN	OLD MUTUAL	31	M	SEN	0311	1:28:47
2799	WAGENER	JOHAN	BRACKENFELL	46	M	45		1:28:48
2800	LYKIARDOPOULOS	TRACEY	PINELANDS	41	F	40	15917	1:28:49
2801	MAY	KAYLEIGH	BELLVILLE	23	F	SEN	15390	1:28:54
2802	SCHOUW	MICHAEL	MIDAS SPARTANS	58	M	55	11732	1:28:55
2803	BARNES	A	STRAGGLERS	52	M	50		1:28:55
2804	LANG	JOAN	WEST COAST	74	F	70	5745	1:28:55
2805	MADIKANE	KAHIAH	KHAYELITSHA	33	F	SEN	12142	1:28:56
2806	ZINGU	MANDISA	PINELANDS		F	40	15062	1:28:56
2807	MILLER	PETRO	BRACKENFELL	52	F	50	6021	1:28:57
2808	VAUGHN	MARIECHEN	BRACKENFELL	39	F	35	16379	1:28:58
2809	JOSEPHS	CHEVON	TEMP	36	F	35	T	1:28:58
2810	MOHAMED	FATIMA	HEWAT	37	F	35	12475	1:28:59
2811	NO CARD				F	SEN		1:29:00
2812	SWARTZ	BARNMAL	SPARTAN	50	M	50		1:29:02
2813	NO RETURN				F	SEN		1:29:03
2814	GREEN-THOMPSON	ODETTE	DURBAC	47	F	45	15466	1:29:05
2815	WYNGAARD	TANIA	GOODWOOD HARRIERS	49	F	45		1:29:16
2816		HEIDI	TEMP	54	F	50	T	1:29:16
2817	SPANGENBERG	MARIANNE	EDGEMEAD	22	F	SEN	4913	1:29:17
2818	DANEEL	ANNA	EDGEMEAD	57	F	55	4838	1:29:17
2819	RYAN	GEORGINA	TEMP	33	F	SEN	T	1:29:19
2820	NO RETURN				F	SEN		1:29:19
2821	NO RETURN				F	SEN		1:29:20
2822	PEARCE	KATE	EDGEMEAD	34	F	SEN	15168	1:29:22
2823	COLLINS	MARYKE	EDGEMEAD	48	F	45		1:29:22
2824	JACOBS	ADEEB	TEMP	36	M	35	T	1:29:23
2825	BOTHA	SHIRLEY	RAVENSMEAD	55	F	55	10113	1:29:23
2826	HENNESSEY	C	EDGEMEAD	49	F	45	4705	1:29:24
2827	HOWARD-PAIN	BRIDGET	EDGEMEAD	27	F	SEN	4828	1:29:24
2828	HALL	CHELSEA	EDGEMEAD	25	F	SEN	4689	1:29:25
2829	VERSTER	MAUREEN	EDGEMEAD	66	F	65	8852	1:29:25
2830	LAMBERT	LORRAINE	EDGEMEAD	60	F	60	4847	1:29:26
2831	RODRIGUES	ZITA	EDGEMEAD	37	F	35	17256	1:29:26
2832	KELLY	DARREN	EDGEMEAD	24	M	SEN	4827	1:29:26
2833	COCULESCU	MARGA	EDGEMEAD	43	F	40	4834	1:29:27
2834	MCGURK	NICKY	EDGEMEAD	36	F	35		1:29:27
2835	THOMAS	DEVON	EDGEMEAD	21	M	SEN	4840	1:29:28
2836	THOMAS	EVANGELIQUE	EDGEMEAD	23	F	SEN	4842	1:29:28
2837	KELLY	JONATHAN	EDGEMEAD		M	SEN	4826	1:29:28
2838	GOUWS	FRANCOIS	EDGEMEAD	53	M	50	4900	1:29:28

2839	HODGKINSON	LIAM	EDGE MEAD		M	JUN	21030	1:29:29
2840		CARRON	DURBAC	45	F	45	16069	1:29:29
2841	HENDRICKSE	LIAM	EDGE MEAD	26	M	SEN	4680	1:29:30
2842	VIENINGS	EDDIE	EDGE MEAD	43	M	40	4775	1:29:30
2843	DIEDERICKS	N	ITHEKO	61	F	60	3056	1:29:30
2844	HODGKINSON	MEILL	EDGE MEAD	48	M	45	15144	1:29:30
2845	NO RETURN				F	SEN		1:29:31
2846	NEL	D	EDGE MEAD	38	M	35	4929	1:29:31
2847	COLLINS	KAREN	TEMP		F	SEN	T	1:29:31
2848	NO RETURN				M	SEN		1:29:32
2849	WARNER	R	EDGE MEAD	32	M	SEN	2086	1:29:32
2850	COETZEE	MICHELLE	EDGE MEAD	37	F	35	4708	1:29:32
2851	JEGELS	JODY	EDGE MEAD	39	M	35	4751	1:29:33
2852		CAITLIN	TEMP	20	F	SEN	T71327	1:29:33
2853	E'SILVA	DANIEL	EDGE MEAD	40	M	40	11579	1:29:34
2854	GAY	LORNA	EDGE MEAD	51	F	50	4702	1:29:35
2855	W	WADE	TEMP	18	M	JUN	T71920	1:29:35
2856	REED	SARAH	EDGE MEAD	40	F	40	4742	1:29:35
2857	SMITH	ERIC	TEMP	18	M	JUN	T71721	1:29:35
2858	WILLIAMSE	AIME	EDGE MEAD	46	F	45	4883	1:29:37
2859	ABRAHAMS	CLAYTON	EDGE MEAD	37	M	35	4889	1:29:38
2860	WARD	DEBRA	EDGE MEAD	54	F	50	4824	1:29:38
2861	VAN SCHALKWYK	NICOLETTE	EDGE MEAD	39	F	35	4656	1:29:39
2862	VAN WYK	BRIAN	EDGE MEAD	46	M	45	4799	1:29:39
2863	EDWARDS	BRIAN	TEMP	60	M	60	T71134	1:29:40
2864	WOLHUTER	SAM	EDGE MEAD		F	SEN	4765	1:29:41
2865	ADONIS	WAYNE	TEMP	50	M	50	T	1:29:41
2866	SWARTZ	I	EDGE MEAD	52	F	50	4632	1:29:41
2867	FRITZ	DENEZE	EDGE MEAD	56	F	55		1:29:42
2868	JEGELS	NATASHA	EDGE MEAD	37	F	35	4752	1:29:42
2869	LALIN	KURT	EDGE MEAD	37	M	35	2783	1:29:43
2870	RIVERA	JANE	EDGE MEAD	49	F	45	4633	1:29:43
2871	BURROWS	RYAN	TEMP	47	M	45	T71359	1:29:45
2872	BUHRER	CHERYL	EDGE MEAD	56	F	55	4903	1:29:46
2873	MAARTENS	CHARLENE	EDGE MEAD	49	F	45	12649	1:29:46
2874	VAN SCHALKWYK	RICHARD	EDGE MEAD	39	M	35	4655	1:29:47
2875	NO CARD				F	SEN		1:29:47
2876	COETZEE	DJ	EDGE MEAD	40	M	40	4709	1:29:48
2877	KENT	ROB	EDGE MEAD	58	M	55	4687	1:29:49
2878	NO CARD				F	SEN		1:29:50
2879	HULL	CLAUDINE	TEMP	47	F	45	T71443	1:29:50
2880	FRITZ	MELKY	EDGE MEAD	59	M	55	4876	1:29:50
2881	LEE	MERVYN	EDGE MEAD	64	M	60	4811	1:29:51
2882	JOHNSON	PAULA	EDGE MEAD	41	F	40	4640	1:29:52
2883	MEWS	DIANE	EDGE MEAD	49	F	45	4706	1:29:52
2884	THOMAS	ASHLEY	EDGE MEAD	57	M	55	4841	1:29:52
2885	BRONMAN	GARRETH	EDGE MEAD	36	M	35	4888	1:29:53
2886	ANDREWS	NICKY	EDGE MEAD	60	F	60	4671	1:29:53
2887	DIVERA	DOMINIC	EDGE MEAD	36	M	35	4681	1:29:54
2888	TOBIAS	EDEN	EDGE MEAD	21	F	SEN	4646	1:29:55
2889	VAN ROOYEN	C	EDGE MEAD	60	M	60	16178	1:29:55
2890	MISPLON	TREVOR	TEMP	22	M	SEN	T	1:29:56
2891	KGELE		EDGE MEAD	61	M	60		1:29:57
2892	ADONIS	KIM	TEMP	41	F	40	T	1:29:57
2893	DIEDERICKS	NAZ	EDGE MEAD	36	F	35		1:29:58
2894	RENCKEN	ERWIN	EDGE MEAD	43	M	40	4800	1:29:59
2895	KING	LYNETTE	EDGE MEAD	54	F	50	10344	1:29:59
2896	BLACKSHAW	HANNAH	TEMP	17	F	JUN	T	1:30:00

2897	KEITZMAN	GARY	EDGE MEAD	62	M	60	4816	1:30:01
2898	MILLER	GAVIN	CAPE MULTISPORT	59	M	55	8707	1:30:01
2899	VAN WYK	MARIUS	EDGE MEAD	56	M	55	4704	1:30:02
2900	VAN ROOYEN	ERIKA	EDGE MEAD	57	F	55	14378	1:30:03
2901	MARTIN	LAUREN	EDGE MEAD	36	F	35	4922	1:30:03
2902	OLCKERS	AMANDA	TEMP	36	F	35	T	1:30:04
2903	HARRIS	RAY	TEMP	60	M	60	T	1:30:04
2904	GAY	SAMANTHA	EDGE MEAD	22	F	SEN	4666	1:30:05
2905	BOTHA	CORNELIA	EDGE MEAD	38	F	35	14372	1:30:07
2906	HENDRICKS	KRISTEN	EDGE MEAD	24	F	SEN	4772	1:30:07
2907	MEYER-WILMOT	ALMA	EDGE MEAD	38	F	35	11571	1:30:08
2908	ADAMS	LEE-ANNE	EDGE MEAD	39	F	35	4845	1:30:09
2909	SANDJONA	LAETITIA	EDGE MEAD	37	F	35	4665	1:30:09
2910	BROWN	CHARLENE	EDGE MEAD	35	F	35	4683	1:30:11
2911	JOHNSTON	CHANELL	EDGE MEAD	43	F	40	4736	1:30:11
2912	KAVANAGH	CYNTHIA	EDGE MEAD	69	F	65	4802	1:30:12
2913	NO RETURN				F	SEN		1:30:12
2914	VAN EEDEN	P	CAPE MULTISPORT		M	60	8611	1:30:12
2915	NO RETURN				M	SEN		1:30:12
2916	FILLMORE	LYNDA	EDGE MEAD	69	F	65	4815	1:30:13
2917	JACOBS	VELDA	EDGE MEAD	56	F	55		1:30:14
2918	VAN WYK	HENREHETTE	EDGE MEAD	55	F	55	4703	1:30:18
2919	SALIE-KNIPE	JASNEEM	EDGE MEAD	40	F	40	4664	1:30:18
2920	SPEELMAN	LUCINDA	TEMP	39	F	35	T	1:30:19
2921	VAN DER MERWE	ANITA	TEMP	14	F	JUN	T	1:30:19
2922	NO CARD				M	SEN		1:30:21
2923	DU PLESSIS	JAN	HELDERBERG	63	M	60	4545	1:30:22
2924	NO RETURN				F	SEN		1:30:23
2925	NO RETURN				F	SEN		1:30:23
2926	NO RETURN				F	SEN		1:30:24
2927	TSHILENGE	PHUMLA	TEMP	42	F	40	T	1:30:26
2928	NELSON	HANTIE	BELLVILLE	51	F	50	6556	1:30:26
2929	THOMPSON	G	ITHEKO	58	F	55	9827	1:30:27
2930	NO RETURN				F	SEN		1:30:28
2931	RHODE	HILARY	EDGE MEAD	62	F	60	4914	1:30:30
2932	SPANGENBERG	SHARON	EDGE MEAD	57	F	55	4927	1:30:31
2933	DAVIDS	FATIMA	MSA MULTISPORT	49	F	45	11370	1:30:33
2934	JOHNSON	MERLE	TEMP	50	F	50	T	1:30:34
2935	RAICHMAN	LAUREN	RUN WALK 4 LIFE	38	F	35		1:30:34
2936	PRIMO	RUTH	TEMP	57	F	55	T71617	1:30:35
2937	RABIA		MSA MULTISPORT	47	F	45	15502	1:30:35
2938	DAVIDS	FIONA	TEMP	56	F	55	T71618	1:30:37
2939	WEBSTER	ALISON	MSA MULTISPORT		F	50		1:30:38
2940	NO RETURN				F	SEN		1:30:39
2941	STEVENS	MARIETA	FISH HOEK	43	F	40	5044	1:30:40
2942	NO RETURN				F	SEN		1:30:41
2943	SHOTA	SHIHAAM	TEMP	28	F	SEN	T	1:30:41
2944	PETERSEN	TASNEEM	TEMP	30	F	SEN	T	1:30:43
2945	STEVENS	TARRYN ANN	TEMP	34	F	SEN	T70942	1:30:45
2946	PARKER	ABDULLAH	ITHEKO	68	M	65	3348	1:30:51
2947	SIMONS	KARIEMA	PINELANDS	62	F	60	3756	1:30:53
2948	BRINE	DIANA	IN TOUCH	48	F	45	12424	1:30:56
2949	JAFTHA	WALLY	STRAGGLERS	68	M	65	8289	1:31:01
2950	HASSANNALLY	LEYA	CENTURY CITY	37	F	35	T71211	1:31:07
2951	NO RETURN				F	SEN		1:31:08
2952	SCHADE	M	CENTURY CITY	49	F	45	1926	1:31:08
2953	CAMERON	LESTER H	SPARTAN	62	M	60	0081	1:31:08
2954	JOHNSON	NATALIE	TEMP	55	F	55	T	1:31:09

2955	ADONIS	RUE	CAPE MULTISPORT	41	F	40		1:31:12
2956	ABRAHAMS	TRACY-LEE	TOP FORM	34	F	SEN	14987	1:31:12
2957	SMIT	ELMORA	BRACKENFELL	66	F	65	5964	1:31:12
2958	CARELSE	CARLTON	PHOENIX	43	M	40	12377	1:31:17
2959	CAMERON	RUTH	SPARTAN	62	F	60	0081	1:31:21
2960	GOBENI	BUSISIWE	ADVENTIST AC	39	F	35		1:31:30
2961	CONRAD	SHEHAAM	RUN WALK 4 LIFE		F	50	10343	1:31:31
2962	FRANSMAN	IRMA	TEMP	39	F	35	T	1:31:35
2963	KNIPE	DENISE	TEMP	58	F	55	T	1:31:37
2964		ASHIQEL	TEMP		F	SEN	T71285	1:31:40
2965	WILLIAMS	S	TEMP	41	F	40	T71113	1:31:44
2966	TEPPER	RENE	TYGERBERG	69	F	65	4228	1:31:47
2967	BARNES	MASNOENA	HEWAT	47	F	45	12498	1:32:01
2968	NO RETURN		TEMP		M	SEN	T	1:32:05
2969	JOHNSTON	CM	TEMP	53	F	50	T71392	1:32:06
2970	NO RETURN				F	SEN		1:32:07
2971	NO RETURN				F	SEN		1:32:08
2972	ALEXANDER	SIMONE	CARBINEERS WP	38	F	35	8138	1:32:11
2973	NO RETURN				F	SEN		1:32:12
2974	KOTZE	ALTA	DURBAC	57	F	55	2600	1:32:19
2975	SAHIB	SHABEER	TOP FORM		M	SEN		1:32:23
2976	VAN DER MERWE	TALITA	TEMP	36	F	35	T	1:32:25
2977	COWLEY	LISA	WEST COAST	52	F	50	5500	1:32:30
2978	BARTMAN	DENVER	TEMP	36	M	35	T70966	1:32:30
2979	A	SHARON	TEMP	49	F	45	T	1:32:32
2980	NO RETURN		RCS GUGS		M	SEN		1:32:51
2981	NO RETURN				F	SEN		1:32:52
2982	HITTLER	MEGAN	TEMP	28	F	SEN	T	1:32:53
2983	BASSON	LUCILLE	OMMIEDRAAI	23	F	SEN	15716	1:33:00
2984	O'CONNOR	SUSAN	WEST COAST	58	F	55	5494	1:33:05
2985	BARTLETT	RENE	TEMP	60	F	60	T	1:33:06
2986	AUSTIN	CATHY	RUN WALK 4 LIFE	48	F	45	8098	1:33:08
2987	NO CARD		TEMP		M	SEN	T	1:33:10
2988	ALEXANDER	LEVI	TEMP	27	M	SEN	T	1:33:12
2989	NO RETURN				F	SEN		1:33:27
2990	ACHMAT	SOMAYAH	ITHEKO	44	F	40	3075	1:33:27
2991	JURGENS	D	ITHEKO	57	M	55	T71238	1:33:33
2992	ACHMAT	ASMA	ITHEKO	46	F	45	3076	1:33:37
2993	CASHEL	TONY	TEMP	62	M	60	T	1:33:39
2994	NUNES	MARIA	RUN WALK 4 LIFE	62	F	60	6162	1:33:47
2995	THOMSON	DEBBIE	RUN WALK 4 LIFE	52	F	50	6157	1:33:59
2996	KAMAAR	ZUREENA	TEMP	30	F	SEN	T	1:34:01
2997	KEMP	MEGAN	GOODWOOD HARRIERS	28	F	SEN	T	1:34:02
2998	BENJAMIN	LIZEL	GOODWOOD HARRIERS	39	F	35	4996	1:34:04
2999	WILLIAMS	ZAID	GOODWOOD HARRIERS	37	M	35	16274	1:34:04
3000	PIETERSEN	MARVIN	SPARTAN	33	M	SEN	15887	1:34:05
3001	PIETERSE	RANDY	GOODWOOD HARRIERS	62	M	60	4960	1:34:05
3002	WILLIAMS	GAYNOR	GOODWOOD HARRIERS	38	F	35	16941	1:34:05
3003	PIETERSEN	MEGAN	SPARTAN	33	F	SEN	15886	1:34:06
3004	CLARK	A	CENTURY CITY	51	M	50	10167	1:34:29
3005	NO RETURN		TEMP		M	SEN	T	1:34:43
3006	TWENTYMAN-JONES	SUZANNE	BRACKENFELL	46	F	45	6005	1:34:46
3007	VERMAAK	SONJA	RUN WALK 4 LIFE	49	F	45	10249	1:34:46
3008	SLABBERT	ANDRE	FIT 2000	64	M	60	7212	1:34:49
3009	SLABBERT	LYNETTE	SOUTH STRIDERS	61	F	60	8447	1:34:50
3010	ROSE	CARMEN	TEMP	35	F	35	T	1:34:52
3011	BUDHOO	THERESA	TEMP	50	F	50	T	1:34:52
3012	LE ROUX	ABIGAIL	TEMP	39	F	35	T	1:34:57

3013	STEVENS	CHARMAINE	TEMP	47	F	45	T	1:35:00
3014	NO CARD		TOP FORM		F	SEN		1:35:08
3015	NTEZO	BONGI	DURBAC	33	F	SEN	13410	1:35:08
3016	NO RETURN		TEMP		F	SEN	T	1:35:09
3017	NO CARD		TEMP		M	SEN	T	1:35:10
3018	MULLER	MARIUS	TEMP	30	M	SEN	T71368	1:35:11
3019	BUCKTON	PETER	UCT	65	M	65	4949	1:35:26
3020	HOLMES	PATRICIA	CELTIC		F	60	7494	1:35:27
3021	JEAVES	NERINE	TEMP	52	F	50	T	1:35:33
3022	MARZAGALLI	ASIMINA	TEMP	42	F	40	T	1:35:43
3023	MALAN	HANLI	RUN WALK 4 LIFE	40	F	40	4671	1:35:48
3024	PETERSEN	FARIEDA	SPARTAN	49	F	45	T71204	1:35:49
3025	MEYER	MARITA	RUN WALK 4 LIFE	46	F	45	3863	1:35:49
3026	NO RETURN		TEMP		M	SEN	T	1:35:50
3027	NO CARD		TEMP		M	SEN	T	1:35:52
3028	NO RETURN				F	SEN		1:35:53
3029	NO RETURN				F	SEN		1:35:54
3030	CROCKER	CARON	TEMP	44	F	40	T	1:35:54
3031	NO RETURN				F	SEN		1:35:55
3032	NO RETURN				F	SEN		1:35:55
3033	SMITH	ALLISON	ARD	39	F	35	11185	1:35:56
3034	CHARLES	LATIFAH	ARD	49	F	45		1:35:56
3035	GAMIELDINE	HUYAM	TEMP	58	F	55	T	1:35:59
3036	LERM	CANDICE	TEMP		F	SEN	T	1:36:00
3037	SWINERD	HEATHER	TEMP	43	F	40	T	1:36:06
3038	KOOPMAN	MARENCHIA	TEMP	49	F	45	T	1:36:07
3039	RAGHAVJEE	HEATHER	TEMP	69	F	65	T	1:36:10
3040	POOVAN	DEIRDRE	DURBAC	34	F	SEN	12077	1:36:24
3041		EL-MARI	TEMP	32	F	SEN	T	1:36:26
3042	VAN SCHALKWYK	VERENSIA	TEMP	37	F	35	T	1:36:27
3043	OPPEL	SILLENE	GOODWOOD HARRIERS	60	F	60	4986	1:36:27
3044	SOLOMON	TASHKEEN	ITHEKO	32	F	SEN	3004	1:36:36
3045	MBADLANYANA	NTOMBENTSHA'	TEMP	36	F	35	T	1:36:36
3046	CUPIDO	RENEE	ITHEKO	45	F	45	3446	1:36:37
3047	ARNOLD	JASMINE	TEMP	47	F	45	T	1:36:37
3048	SMITH	MERCIA	PINELANDS	51	F	50	3667	1:36:50
3049	JOHANNES	ANNE	TEMP	52	F	50	T	1:37:00
3050	NO RETURN		ADVENTIST AC		F	SEN		1:37:13
3051	NO RETURN		ADVENTIST AC		F	SEN		1:37:14
3052	NEL	M	TEMP	47	M	45	T	1:37:19
3053	ADAMS	CECIL	DURBAC	58	M	55	14262	1:37:20
3054	SMITH	SONIA	CELTIC	61	F	60	7360	1:37:22
3055	SMITH	HAYLEY	TEMP		F	SEN	T	1:37:22
3056	CARLSON	MEGAN	TEMP	36	F	35	T	1:37:22
3057	GRIFFITHS	ENGELA	EDGE MEAD	64	F	60	4865	1:37:23
3058	VISSER	ESTELLE	EDGE MEAD	68	F	65	4867	1:37:23
3059	HARTOGH	CRYSTAL	MP TITANS	47	F	45	T	1:37:25
3060	NEL	HENRIETTE	TEMP	44	F	40	T	1:37:26
3061	ADAMS	SUZETTE	DURBAC	45	F	45	14261	1:37:27
3062	NO CARD				F	SEN		1:37:27
3063	KETTLEWELL	CHARLOTTE	K-WAY VOB	70	F	70	0051	1:37:28
3064	STEWART	MIKE	K-WAY VOB	77	M	75	1111	1:37:28
3065	ROUX	IVAN	EDGE MEAD	65	M	65	4649	1:37:31
3066	ISSHAK	SHABIRA	TEMP	43	F	40	T	1:37:35
3067	BURROWS	COLLEEN	TEMP	46	F	45	T71358	1:37:48
3068	ALLY	SHAMIELA	ITHEKO	57	F	55		1:37:48
3069	PETERSEN	BRENT	WEST COAST	40	M	40	5561	1:37:57
3070	PETERSEN	MARLENE	SPARTAN	64	F	60	T71364	1:37:58

3071	SMITH	DAVID	OLD MUTUAL	51	M	50	0332	1:38:07
3072		NICOLAAS	OLD MUTUAL	56	M	55	0242	1:38:07
3073	VERMEULEN	MARIA	RUN WALK 4 LIFE	59	F	55	T71009	1:38:15
3074	AUCAMP	MARINA	RUN WALK 4 LIFE	57	F	55	6163	1:38:15
3075	BRINK	JACKIE	DURBAC	61	F	60	14254	1:38:29
3076	JEFFERY	MEGAN	TEMP	30	F	SEN	T71428	1:38:38
3077	ELKIN	SHERRYL	BRACKENFELL	53	F	50	5968	1:38:46
3078	NO RETURN				F	SEN		1:38:46
3079	GAZZARD	PAM	EDGEMEAD	62	F	60	16172	1:38:52
3080	MAGED	AMINA	KENFAC	44	F	40	16081	1:38:53
3081	KASHIEFA		OMMIEDRAAI	38	F	35	21370	1:38:54
3082	MCCARTHY	JUSTIN	TEMP	34	M	SEN	T71429	1:38:55
3083	MALLICK	SADICKA	KENFAC	41	F	40	13044	1:38:58
3084	ADAMSON	PATRICK	TEMP	63	M	60	T71505	1:39:04
3085	MAY	SHARMAN	TEMP	47	F	45	T	1:39:04
3086	NO RETURN		TEMP		M	SEN	T	1:39:04
3087	NO CARD		TEMP		F	SEN	T	1:39:05
3088	MAKABETENA		WEST COAST	35	F	35		1:39:17
3089	BURGER	MARIA	BRACKENFELL	45	F	45	8207	1:39:29
3090	MEYER	ANNETTE	TEMP	72	F	70	T	1:39:30
3091	NO RETURN		TEMP		F	SEN	T	1:39:30
3092	REICHHARDT		TEMP		F	SEN	T	1:39:31
3093	LIEBETRAU	KARIEN	TEMP	21	F	SEN	T71313	1:39:46
3094	REINECKE	HAYLEY	EDGEMEAD	51	F	50		1:39:48
3095	SMIT	SELINA	EDGEMEAD	36	F	35	14385	1:39:51
3096	COOPER	ANCHELLE	NEDBANK WP	16	F	JUN	20502	1:39:52
3097	LIEBETRAU	FREDA	TEMP	49	F	45	T71314	1:39:53
3098	NO RETURN				F	SEN		1:40:03
3099	NO RETURN				F	SEN		1:40:03
3100	COOPER	ESMERALDA	TEMP	49	F	45	T71724	1:40:03
3101	NEL	ANDRE	TEMP	57	M	55	T71479	1:40:15
3102	ALLIE	NOORAH	BO-KAAP ATHLETICS	45	F	45	11295	1:40:47
3103	GERTZE	NIEZAAM	BO-KAAP ATHLETICS	45	M	45	11290	1:40:48
3104	NO RETURN		TEMP		M	SEN	T	1:40:48
3105	KETS	CLAUDIA	GOODWOOD HARRIERS	68	F	65	12033	1:40:49
3106	BERNTZEN	ANNATJIE	GOODWOOD HARRIERS	76	F	75	4975	1:40:50
3107	JORDAN	BULELWA	TEMP	27	F	SEN	T	1:40:50
3108	JACOBS	BILLY	MIDAS SPARTANS	69	M	65		1:40:51
3109	JACOBS	LYNETTE	MIDAS SPARTANS	60	F	60		1:40:53
3110	SEPTEMBER	GLENDA	TEMP	52	F	50	T	1:40:57
3111	SABAN	Y	TEMP	41	F	40	T	1:40:58
3112	MAARMAN	MARGARET	OMMIEDRAAI	50	F	50	6940	1:41:05
3113	COLLINS	NICOLEEN	OMMIEDRAAI	49	F	45	6944	1:41:05
3114	DOLLIE	FARIDA	HEWAT	56	F	55	12499	1:41:17
3115	SOLOMON	FALDEELAH	HEWAT	58	F	55	11403	1:41:17
3116	WYNGAARD	LIESEL	TEMP		F	SEN	T	1:41:18
3117	BOVANA	LEE	TEMP	57	F	55	T71129	1:41:19
3118	TATI	VUYANI	TEMP	29	M	SEN	T	1:41:51
3119	JAFTHA	BRENT	TEMP	35	M	35	T71258	1:42:06
3120	PERSSON	CAMILLA	TEMP	33	F	SEN	T	1:42:11
3121	BREBNER	JUDITH	TEMP	32	F	SEN	T71236	1:42:16
3122	DEVENSON	TRACY	TEMP	52	F	50	T71237	1:42:17
3123	SULAIMAN	WASEEM	TEMP	34	M	SEN	T	1:42:25
3124	NO RETURN		TEMP		M	SEN	T	1:42:44
3125	POWELL	HEATHER	TEMP	47	F	45	T71411	1:42:45
3126	NOTHNAGEL	KAYLA	PAARL	16	F	JUN	0164 BOL	1:42:58
3127	NOTHNAGEL	ELMARIE	PAARL	45	F	45	0235 BOL	1:42:58
3128	NO RETURN		TEMP		F	SEN	T	1:43:07

3129	NO RETURN		TEMP		F	SEN	T	1:43:07
3130	BREBNER	TIM	TEMP	58	M	55	T71235	1:43:24
3131	NO RETURN		TEMP		M	SEN	T	1:43:50
3132	CAIRNS	YOLANDE	TEMP	49	F	45	T71188	1:43:54
3133	ADAMS	PAMELA	TEMP	44	F	40	T16481	1:43:55
3134		ENOCH	TEMP	30	M	SEN	T	1:43:57
3135	NO RETURN		TEMP		F	SEN	T	1:43:58
3136	NO RETURN		TEMP		M	SEN	T	1:44:02
3137	EYGELAAR	I	TEMP	73	F	70	T71315	1:44:11
3138		TITZELLE	TEMP		F	SEN	T	1:44:15
3139	ALLIE	MUNEERA	TEMP		M	SEN	T	1:44:23
3140	SCHULTS	JOANNE	TEMP	48	F	45	T	1:44:23
3141	KYSER	MARIA	TEMP	59	F	55	T	1:44:26
3142	JANSCHÉ VAN RENSBURG	CHRIS	GOODWOOD HARRIERS	49	M	45	4943	1:44:28
3143	STOKELL	G	GOODWOOD HARRIERS	50	M	50	4993	1:44:30
3144	JUTZEN	BREVON	GOODWOOD HARRIERS	36	M	35	5000	1:44:31
3145	ELLMAN	ANDRE	GOODWOOD HARRIERS		M	SEN	4948	1:44:31
3146	ELLMAN	KIM	GOODWOOD HARRIERS	34	F	SEN	4949	1:44:31
3147	JUTZEN	STACEY	GOODWOOD HARRIERS	33	F	SEN	5001	1:44:31
3148	JOUBERT	KOBUS	GOODWOOD HARRIERS	49	M	45	5013	1:44:32
3149	KEMP	WILLIE	GOODWOOD HARRIERS	65	M	65		1:44:32
3150	ROBINSON	NICOLAS	TEMP	19	M	SEN	T	1:44:32
3151	JANSCHÉ VAN RENSBURG	ADELE	GOODWOOD HARRIERS	47	F	45	4942	1:44:32
3152	CAIRNS	WILLIAM	TEMP	49	M	45	T71189	1:44:33
3153	ERASMUS	KIM	GOODWOOD HARRIERS	30	F	SEN	4981	1:44:33
3154	VAN ZYL	SURINA	GOODWOOD HARRIERS	44	F	40	4944	1:44:33
3155	SHA	AYESHA	GOODWOOD HARRIERS	39	F	35	12027	1:44:34
3156	VERMEULEN	CARLA	GOODWOOD HARRIERS	40	F	40	5003	1:44:35
3157	BRITS	ANNELIE	GOODWOOD HARRIERS	44	F	40	4967	1:44:36
3158	COETZEE	DEE	BRACKENFELL	49	F	45		1:44:37
3159	LEWIS	ANT	SANLAM	36	F	35	9070	1:44:37
3160	LATEGAN	JILL	GOODWOOD HARRIERS	46	F	45	4946	1:44:38
3161	BURGER	M	GOODWOOD HARRIERS	45	F	45	4998	1:44:39
3162	MCGEE	TRACEY	GOODWOOD HARRIERS	54	F	50		1:44:41
3163	LITTLETON	HEATHER	TEMP	52	F	50	T	1:44:42
3164	NO CARD		TEMP		M	SEN	T	1:44:45
3165	ROUX	MOYRA	EDGEMEAD	59	F	55	4648	1:45:02
3166	DZIMWASHA	FLORENCE	TEMP	45	F	45	T	1:45:09
3167	ORR	DEIRDRE	RAVENSMEAD	49	F	45	10106	1:45:42
3168	LEEUWENDAAL	CANDICE	TEMP	19	F	SEN	T	1:45:47
3169	NO RETURN		TEMP		F	SEN	T	1:46:02
3170	NO RETURN		TEMP		M	SEN	T	1:46:15
3171	TEEK	D	CENTURY CITY		F	SEN	10168	1:47:14
3172	NO RETURN		OMMIEDRAAI		F	SEN		1:47:16
3173	NO RETURN				M	SEN		1:47:16
3174	NO CARD		ITHEKO		M	SEN		1:47:43
3175	NO RETURN		TEMP		F	SEN	T	1:47:44
3176	KOERIES	RENA	TEMP	46	F	45	T	1:47:46
3177	PETERSEN	SHAUNA	CARBINEERS WP	45	F	45	8145	1:47:47
3178	NO RETURN		TEMP		F	SEN	T	1:47:55
3179	NO CARD		TEMP		F	SEN	T	1:47:55
3180	GALANT	HAYLEY	TEMP	18	F	JUN	T	1:48:07
3181	AMOS	BLAKE	ABSA	5	M	JUN		1:48:09
3182	DUARTE	PAMELA	METROPOLITAN	43	F	40	11790	1:48:09
3183	NORDIEN	JOSEPHINE	PINELANDS	43	F	40	3842	1:48:09
3184	SMITH	MERVIN	CELTIC	64	M	60	7363	1:48:35
3185	BLANK CARD		TEMP		F	SEN	T	1:48:39
3186	DE KLERK	DIANA	TEMP	51	F	50	T	1:48:40

3187	HENDRICKS	JOWAYA	TEMP	20	F	SEN	T71387	1:48:47
3188	DAIVDS	MALIEK	TEMP	30	M	SEN	T	1:48:55
3189	DE SWARDT	CHRISTEL	CAPE MULTISPORT	37	F	35	8659	1:49:04
3190	VILJOEN	LAURENE	RUN WALK 4 LIFE	55	F	55	2948	1:49:21
3191	LANGEBRINK	MARY	TEAM VITALITY GN	45	F	45	14242 AGN	1:49:21
3192	BRITZ	SUE	WEST COAST	53	F	50	15835	1:49:22
3193	ZANELE		TEMP	50	F	50	T	1:49:27
3194	GEJE	MINIWE	TEMP		F	SEN	T	1:49:27
3195	GALANT	BERENICE	TEMP	44	F	40	T	1:49:50
3196	WAMBACH	ROBIN	MSA MULTISPORT	27	M	SEN	16652	1:49:54
3197	NO CARD		TEMP		F	SEN	T	1:50:00
3198	THEBUS	JADE	MSA MULTISPORT	27	F	SEN	11376	1:50:33
3199	HOPE	MICHELLE	EDGEMEAD	51	F	50	T71451	1:51:46
3200	NO RETURN		TEMP		F	SEN	T	1:51:48
3201	FRANCISCUS	KAREEMAH	GOODWOOD HARRIERS	46	F	45	12781	1:51:50
3202		MALIKAH	TEMP		F	SEN	T	2:01:49
3203		NICOLE	TEMP		F	SEN	T	2:01:49

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