SA HOME LOANS

Oldies 10K

SUNDAY, 01 NOVEMBER 2026



RACE INFORMATION

Date of race: 01 November 2026
Start time: 06:00
Start venue: Northwood Crusaders
10 Ranleigh Cres, Durban North, Main Gate
Finish venue: Northwood Crusaders
Prize Giving: 09:00

ENTRY FEES

Entry fee: R220.00
Late entry fee: R250.00 (From 29-10-2026)
Temporary licence: R80.00

NUMBER COLLECTION

Date: 31 October 2026 | **Time:** 09:00 - 15:00
Venue: Northwood Crusaders

ENTRIES

Online entries:
https://www.eventtiming.info/entryonline.php?id=1494
Manual entries: On registration day @
Northwood Crusaders
Online opening and closing date:
Normal closing date 29-10-2026 Late 31-10-2026
Entry taken on race day: No

SCAN HERE TO REGISTER

RACE GOODIE BAG

Only the first 1000 entries will be guaranteed a race goodie bag.

SA HOME LOANS

ENTRY FORM



Full name: _____

ID/Passport number: _____ Sex: Male ☐ Female ☐

Contact number: _____ Province: _____

Club: _____ ASA number: _____

Temporary license required: Yes ☐ No ☐

Age category: Junior ☐ Open ☐ 35 – 39 ☐ 40 – 49 ☐ 50 - 59 ☐ 60+ ☐

PRIZE MONEY

OPEN MEN'S & LADIES	JUNIORS - MEN'S & LADIES 19 & YOUNGER	MEN'S & LADIES 35-39	MEN'S & LADIES 50-59
1st R1000.00 2nd R600.00 3rd R400.00	1st R400.00	1st R500.00	1st R500.00
		MEN'S & LADIES 40-49	MEN'S & LADIES 60+
		1st 500.00	1st R500.00

HOTSPOT PRIZE. 1ST PERSON TO THE TOP OF CLINCH CRES. 1St: R400.00

RACE CUT OFF WILL BE 8:30 AM | ENTRIES LIMITED TO 1500 ATHLETES

RACE ENQUIRIES: vicecaptain@dhsoldboys.co.za | De Villiers 0832859078 / Stean 0610229654

RACE RULES

- Current licence number to be worn on front and back of vest.
- All unlicensed entrants require a temporary licence which must be worn on the back of the vest/crop top with the race number on the front
- Tog bag facility will be provided but at owner's risk.
- The race will be run in accordance with the rules of WA, ASA and KZNA and all participants to abide by these rules.
- All foreign athletes must comply with WA and ASA rules.
- Refreshment stations will be provided along the route and no personal seconding will be permitted.
- Marshalls, traffic officials and technical officials must be obeyed.
- Age restriction: 10km – Participant must be 14 years and older on race day.
- Proof of age will be required for age category winners.
- ASA/KZNA approved age category tags must be worn on top front and back of vest/croptop to be eligible for age category prizes.
- Junior athletes, 19 years or younger on 31 December in the year of the competition, must wear a "J" on the upper front and back of vest/croptop in order to be eligible for prizes and must provide proof of age on race day.

ASA LICENCE NUMBERS:

- Organisers/Athletes may NOT replace ASA licence numbers with Competition/Race Numbers/Stickers under any circumstances. Where a Competition/Race Number is used, it must be placed so that the ASA Licence Sponsor and the ASA Province/Year remains visible above the Competition/Race Number. The Licence numerals may be covered. Athletes who fail to adhere to this rule may be disqualified.

TEMPORARY LICENCES:

- Temporary licensed athletes are not covered by a national insurance policy.
- Unregistered athletes running with Temporary licences must run in neutral colours and adhere to WA and ASA rules.
- Holders of temporary licences will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rules.
- For safety reasons the use of personal music players or other devices with headphones is not allowed. Any person using such device shall not be eligible for individual or team prizes and may be disqualified without a warning.
- Litter Zones will be enforced at all tables in accordance with ASA rules.

Signed: _____ Date: _____