



 **THE AAK  
CRESCENT**  
SPORTING CLUB  
**CHALLENGE**  
**2026**

SUNDAY  
**22**

**NOVEMBER  
2026**

**10KM | 5KM** KINGS PARK STADIUM

**T-Shirts for the first 300 runners to register for the 10km race**

Register today:  
[www.eventtiming.info](http://www.eventtiming.info)

Zubie 083 550 0600 / Ridwaan 084 687 6109

  
**AHMED AL-KADI**  
PRIVATE HOSPITAL





| FEES       | 10KM | 5KM  |
|------------|------|------|
| ENTRY      | R200 | R120 |
| LATE ENTRY | R220 | R120 |
| TEMP LIC   | R80  | N/A  |

|                                     | 1st place    | 2nd place   | 3rd place   |
|-------------------------------------|--------------|-------------|-------------|
| 10km:                               | <b>R1000</b> | <b>R500</b> | <b>R300</b> |
| <b>All finishers receive medals</b> |              |             |             |



## START & FINISH

KINGS PARK STADIUM

10KM – 06H30 | 5KM – 06H45

*Online Entries close (midnight)*

*Wednesday – 18 November 2026*

## Collections and Late entries:

Kings Park Stadium

Saturday 21 November 2026 - 10:00 - 17:00

Sunday 22 November 2026 - 05:00 - 06:00



## ROUTE:

### 10KM

Start your race at the iconic Kings Park Stadium! From there, head out onto Masabalala Yengwa Avenue (NMR Avenue) and soak up the fresh Durban air with the ocean breeze at your side. Run north towards the turning point, then swing back towards the stadium. The final stretch brings you home to a grand finish inside Kings Park, where the energy of the crowd will carry you through the finish line.

### 5KM

The 5km starts the same way — from Kings Park Stadium — and follows the scenic stretch of NMR Avenue. At the halfway turnaround, you'll head back with smiles and cheers all around. A shorter but just as exciting route, finishing once again inside the stadium grounds.



## **The AAK Crescent Challenge – Terms & Conditions**

- The race is held under the rules of Athletics South Africa (ASA)
- All participants (runners and walkers) compete at their own risk.
- Registered athletes must belong to an ASA-affiliated club, wear official club colours, and display their valid licence numbers clearly on their vests (front and back).
- All participants must wear the official race number issued by the organisers on the front of their vests.

### **Minimum age requirements:**

- 10km race: 14 years or older on race day.
- 5km Fun Run/Walk: 9 years or older on race day.
- Age category tags (numerical ID) must be clearly visible on the front and back of vests to qualify for category prizes.
- Seconding on the route is not permitted. Ample refreshment stations will be provided.
- Participants indemnify the organisers, sponsors, and governing bodies against any claims, injuries, or losses arising during or after the race.
- Proof of age must be produced on race day if requested.
- Instructions given by traffic officers, marshals, or race officials must be strictly obeyed.

### **The following are not permitted in the races:**

Blades, cycles, prams, or mechanically operated devices  
Wheelchairs (due to the nature of the route)

Temporary licensed athletes must wear plain clothing with the issued temporary licence number displayed on the back of their vests. They are eligible for open and age category prizes if age tags are clearly visible. The use of iPods, MP3 players, Walkmans, earphones, or similar devices is strictly prohibited while participating.

No refunds will be given under any circumstances.

Any objections must be lodged in writing with the Chief Referee within 30 minutes (before or after prize-giving), accompanied by a fee of R300.00. This fee is refundable if the appeal is upheld.



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