



10 | 21K ROAD RACE

Race T-Shirt
for sale:

R190



SUNDAY

START 06:00 AM

8

NOVEMBER

ENTRY FEES:

10km - R180 | 21km - R260

5km Fun run - R60

AAC CLUB

10 ELANDSFONTEIN DR,
VERWOERDPARK
ALBERTON, 1449

Strictly pre-entries, only from www.peaktiming.co.za. Discounted grandmaster fees, refer to pricing info online. Finishers medals.

First 500 entrants receive goodie bags. Goodie bags for 10 | 21k only. Race number collection

Friday 6 November (17:00 - 20:00), Saturday 7 November (09:00 - 14:00) or from 04:45 on race morning, at the venue.

082 887 8307 | info@albertonathleticclub.co.za



10 | 21K ROAD RACE

PRIZES & RACE RULES

EQUAL PRIZE MONEY FOR MEN & WOMEN. PRIZES WILL BE PAID VIA EFT

An additional R 2 000.00 will be paid to the male or female winner of the 10 or 21km who betters the existing course record. Current records: 10km Men - 29:45 (2020) 10km Women - 34:23 (2020)
21km Men - 1:05:55 (2002) 21km Women - 1:19:48 (2001).

10KM	OPEN	VETERAN	MASTER	G/MASTER	JUNIOR
1ST	R1500.00	R600.00	R600.00	R500.00	R400.00
2ND	R1000.00				
3RD	R700.00				
21KM	OPEN	VETERAN	MASTER	G/MASTER	JUNIOR
1ST	R3000.00	R600.00	R600.00	R500.00	R500.00
2ND	R2000.00				
3RD	R1500.00				

- ⚡ The race is held under the rules of ASA and CGA.
- ⚡ Athletes indemnify the national, provincial and regional bodies, sponsors and organisers of the race against any or all actions of whatsoever nature, whatever the same may arise out of their participation in the race.
- ⚡ All athletes participate at their own risk. By entering the event, athletes confirm they are medically fit to participate.
- ⚡ Licensed athletes must wear club colours and their 2026 license number on the back and front of their vest, with the race number worn on the front of vest. Note that the race number may not cover the ASA and sponsor logos at the top of the 2026 license. **Non-affiliated runners must purchase a temp license at a cost of R60 for the 10km and R70 for the 21 km.**
- ⚡ Athletes competing for category prizes must wear clearly visible age tags of the appropriate size on the back and front of their vest.
- ⚡ International athletes must provide a clearance letter (from their country of origin) to the organisers and chief referee prior to the start of the event. Prizes will be withheld if this rule is not adhered to.
- ⚡ Walkers competing for walker prizes (if any) must wear walker tags on the front and back of their vest.
- ⚡ No blades, cyclist or mechanically operated devices allowed in the race.
- ⚡ Foreign athletes are to comply with ASA rules.
- ⚡ The domicilium rule applies.
- ⚡ No 2.3 or 4 wheel carts/prams, which are mechanically or manually operated by participants. or wheel chairs athletes will be permitted to participate without special permission granted by the race organiser. All such participants must start at the back of the field.
- ⚡ No animals/pets are allowed to participate.
- ⚡ Minimum age for participation: 15 years old.
- ⚡ Prize winners must present their proof of age to the referees before the prize-giving. Prizes will be withheld until all the necessary details of the winners are confirmed.
- ⚡ Only those who have completed all the information required in the race entry/number are eligible for prizes.
- ⚡ No refunds will be given once an entry is purchased. In the event that the race is cancelled due to reasons outside the organisers control, the race will be converted to a virtual run. In such a case, arrangements will be made for medals to be couriered to entrants. Note that this might incur extra postage fees/costs.
- ⚡ No earphones, iPods and similar devices are allowed, as they are in contravention of the IAAF rule 144.2b and will lead to disqualification.
- ⚡ Athletes may not run with another athlete's race number unless by prior arrangement with the organiser.
- ⚡ The race organiser retains the right to refuse entry and reject persons under the influence of drugs or alcohol. who are disorderly, or engage in inappropriate behaviour, vandalism or evade paying for admission.
- ⚡ Athletes who participate without buying a race entry will be disqualified, will not be entitled to any benefits associated with the race and will be liable for a double entry fee charge. Runners who allow their race number to be duplicated will be liable to face a CGA disciplinary with the possibility of a ban.
- ⚡ Littering is not allowed. Athletes are to dispose of any litter in appropriate bins or face disqualification.
- ⚡ Race results will be available online at: www.peaktiming.co.za