

August 22, 2026

Overall Finish List

Place			Age /	
Overall	Name	AG Place	Gender	Time
1	Selwyn Matthews	1: 20-39	28 M	1:16:00
2	Jerome Ferland	2: 20-39	27 M	1:16:21
3	Luciano Squire	1: 14-19	18 M	1:16:32
4	Willard Jussa	1: 40-49	43 M	1:16:35
5	Lindani Ngwenya	3: 20-39	32 M	1:17:31
6	Akeen Wilson	4: 20-39	34 M	1:20:11
7	Durando Aweries	5: 20-39	23 M	1:20:34
8	Sam Mandlazi	2: 40-49	43 M	1:20:55
9	Amber-Jade Claasen	6: 20-39	30 M	1:21:25
10	Gerald De Villiers	7: 20-39	31 M	1:24:09
11	Tyler Abrahams	2: 14-19	19 M	1:24:25
12	Carla Spangenberg	1: 20-39	37 F	1:26:22
13	Mario Meyer	3: 40-49	47 M	1:26:27
14	Sibongile Nelo	8: 20-39	38 M	1:26:42
15	Richard Madden	4: 40-49	41 M	1:28:03
16	Ernest Viviers	1: 50-59	53 M	1:28:43
17	Joreldo Griffiths	9: 20-39	26 M	1:29:29
18	Melikhaya Msizi	5: 40-49	42 M	1:31:59
19	Nikki Walter	2: 20-39	37 F	1:31:59
20	Marlon Mortlock	2: 50-59	52 M	1:32:45
21	Themba Mona	6: 40-49	44 M	1:32:57
22	Peter Jaehne	1: 60-69	61 M	1:33:03
23	Jeanetta Van Den Berg	1: 40-49	47 F	1:33:08
24	Doneal Jaftha	7: 40-49	42 M	1:33:13
25	Gida De Swardt	10: 20-39	39 M	1:34:59
26	Mthetheleli Mbongonya	11: 20-39	34 M	1:35:56
27	Nathi Mguzuli	12: 20-39	24 M	1:37:23
28	Brandon Kampher	8: 40-49	45 M	1:38:10
29	Mauritz Jansen van	3: 50-59	55 M	1:38:17
30	Cindy Viljoen	3: 20-39	39 F	1:38:21
31	Marco Erasmus	3: 14-19	18 M	1:38:49
32	Anton Chevalier	2: 60-69	61 M	1:38:57
33	Qiniso Moyo	13: 20-39	39 M	1:38:59
34	Miles Verity	14: 20-39	35 M	1:39:28
35	Grant Jankes	4: 50-59	50 M	1:40:08
36	Tanielle Newman	4: 20-39	33 F	1:40:42
37	Melissa Burmester	5: 20-39	35 F	1:40:45
38	Johan van Aardt	15: 20-39	30 M	1:41:40
39	Libuseng Moeti	2: 40-49	45 F	1:43:17
40	Marthinus Oelofse	9: 40-49	45 M	1:43:25
41	Arno Du Plessis	5: 50-59	51 M	1:44:04
42	Jeandre De Swardt	6: 20-39	33 F	1:44:35
43	Ongeziwe Fulumeni	16: 20-39	22 M	1:45:23
44	Ruhan Meiring	17: 20-39	37 M	1:46:30
45	Gareth Griffiths	18: 20-39	34 M	1:46:30
46	Dominic-Lee Van	19: 20-39	30 M	1:46:41
47	Chris Smit	20: 20-39	39 M	1:46:45
48	Carike De Haan	3: 40-49	49 F	1:47:15
49	Malibongwe Sithelo	10: 40-49	47 M	1:47:17
50	Annatjie Botes	1: 60-69	68 F	1:47:39
51	Eddie Mouton	6: 50-59	52 M	1:47:40
52	Hilda Moir	1: 70-79	75 F	1:47:41
53	Danelle Kapp	4: 40-49	40 F	1:47:52
54	Andreas Niemandt	7: 50-59	53 M	1:48:17
55	Kenny Q	21: 20-39	31 M	1:48:40
56	Heinrich Filander	8: 50-59	54 M	1:48:42
57	WP Pretorius	11: 40-49	46 M	1:48:51
58	Vija Heath	1: 50-59	52 F	1:48:58
59	Taryn Jankes	7: 20-39	35 F	1:49:19
60	Chuma Mdladlamba	22: 20-39	27 M	1:49:19

61	Wynand Pretorius	9:	50-59	55	M	1:49:28
62	Suzanne Raath	5:	40-49	41	F	1:50:06
63	Augustus Walton Roux	23:	20-39	25	M	1:50:21
64	Elzanne Oosthuizen	8:	20-39	35	F	1:50:57
65	Dirk Oosthuizen	12:	40-49	44	M	1:50:57
66	Eugene Marais	10:	50-59	53	M	1:51:10
67	Elmien Nel	2:	50-59	55	F	1:51:13
68	Niel Venter	11:	50-59	51	M	1:51:20
69	Elmi-Gret Van der	9:	20-39	21	F	1:51:50
70	Bilal Sheikh Ahad	12:	50-59	56	M	1:52:54
71	Craig Mackenzie	24:	20-39	38	M	1:52:56
72	Andani Makhale	10:	20-39	34	F	1:52:57
73	Alfred Nise	13:	50-59	58	M	1:53:14
74	Lanene Jansen van	6:	40-49	49	F	1:53:55
75	Vuyo Lee	25:	20-39	26	M	1:53:57
76	Chloe Abrahams	11:	20-39	27	F	1:54:34
77	Baily Neill	7:	40-49	41	F	1:54:44
78	Lorenzo Le Roux	14:	50-59	53	M	1:54:49
79	Varity Marnewick	1:	14-19	19	F	1:55:01
80	Arthur Strydom	26:	20-39	36	M	1:55:21
81	Dionne Van Rensburg	3:	60-69	66	M	1:55:25
82	Tymme de Wet	13:	40-49	40	M	1:56:24
83	Kenneth Terblanch	27:	20-39	37	M	1:56:56
84	Rudolf Du Plessis	4:	60-69	63	M	1:57:00
85	Dirk Marais	14:	40-49	48	M	1:57:03
86	Angelo Malgas	15:	40-49	49	M	1:57:18
87	Patrick Basson	5:	60-69	62	M	1:57:19
88	Helene Smit	3:	50-59	53	F	1:57:27
89	Gavin Abrahams	6:	60-69	61	M	1:57:31
90	Lungisile Njadayi	15:	50-59	58	M	1:57:37
91	Phillip Sibanda	7:	60-69	60	M	1:57:58
92	Luxolo Malindi	16:	50-59	55	M	1:58:04
93	Zerandre Muller	4:	50-59	56	F	1:58:13
94	Nkosingiphile Ngomane	28:	20-39	36	M	1:58:40
95	Sive Tulelo	29:	20-39	28	M	1:58:41
96	Jaco Linde	30:	20-39	30	M	1:59:15
97	Siyasanga Maliwa	31:	20-39	24	M	1:59:39
98	Mark Perrins	17:	50-59	59	M	2:00:00
99	Marthinus Marais	8:	60-69	61	M	2:00:03
100	Shane Marx	12:	20-39	25	F	2:00:17
101	David Erskine	9:	60-69	66	M	2:00:18
102	Zandiba Mpokeli	16:	40-49	41	M	2:00:19
103	Hendrik Pienaar	17:	40-49	45	M	2:00:20
104	Irv Bosman	18:	40-49	44	M	2:01:00
105	Henk Heath	18:	50-59	52	M	2:01:11
106	Keenan Thys	19:	40-49	44	M	2:01:35
107	Nadieme Alexander	32:	20-39	30	M	2:01:35
108	Antonio Roman	33:	20-39	37	M	2:01:43
109	Pieter Gouws	20:	40-49	44	M	2:02:27
110	Braam Du Preez	10:	60-69	66	M	2:02:47
111	Aseza Chakatha	34:	20-39	35	M	2:04:24
112	Marike Pieterse	8:	40-49	43	F	2:04:35
113	Heleena Billing	2:	60-69	63	F	2:04:39
114	Wilma Cronje	9:	40-49	40	F	2:04:54
115	Sarlina Le Roux	3:	60-69	60	F	2:05:01
116	Marike Roux	1:	0-13		F	2:05:09
117	Alyssa De Ponte	13:	20-39	30	F	2:05:17
118	Morne Jantjies	21:	40-49	45	M	2:05:32
119	Reinhardt Stears	35:	20-39	29	M	2:05:37
120	Sibabalo Mela	36:	20-39	35	M	2:05:44
121	Pretty Cheba	14:	20-39	33	F	2:05:48
122	Brian Jacobs	19:	50-59	50	M	2:06:25
123	Jana Lotter	2:	14-19	17	F	2:06:29

August 22, 2026

Overall Finish List

Place				Age /	
Overall	Name	AG	Place	Gender	Time
124	Lewis Siyonda	20:	50-59	51 M	2:06:30
125	Lumari La Grange	10:	40-49	41 F	2:06:39
126	Onwabile Somdaka	37:	20-39	27 M	2:06:58
127	Tarren Jullies	15:	20-39	37 F	2:07:26
128	Hope Becker	5:	50-59	54 F	2:07:33
129	Kerry-Anne Clack	11:	40-49	45 F	2:07:56
130	Sean Dillon	22:	40-49	49 M	2:07:57
131	Elsje Eloff	6:	50-59	52 F	2:08:33
132	Dzivhuluwa Mashila	21:	50-59	57 M	2:08:35
133	Helene-Mari Du Plessis	16:	20-39	33 F	2:09:15
134	Sanette Milachowski	4:	60-69	63 F	2:09:51
135	Julian Thomson	38:	20-39	32 M	2:09:54
136	Marinda Smit	5:	60-69	66 F	2:10:12
137	Calvin Patience	39:	20-39	29 M	2:10:25
138	Andrea Van Lille	17:	20-39	38 F	2:11:00
139	Michele Koen	12:	40-49	47 F	2:11:14
140	Noreen Davison	6:	60-69	68 F	2:11:43
141	John Pywell	1:	80-99	80 M	2:11:55
142	Yvette Jantjies	13:	40-49	43 F	2:11:59
143	Hennelie Kampher	14:	40-49	46 F	2:12:21
144	Ursula Van Niekerk	18:	20-39	38 F	2:12:37
145	Reynhardt Reeders	40:	20-39	26 M	2:12:43
146	Ndabezihle Magutswa	1:	0-13	M	2:12:50
147	Andy Cupido	23:	40-49	41 M	2:12:56
148	Zondisile Tshem	11:	60-69	66 M	2:12:59
149	Bianca Peens	15:	40-49	42 F	2:13:01
150	Craig Hufke	41:	20-39	37 M	2:13:18
151	Mariet Horn	2:	70-79	72 F	2:13:42
152	Liezal Smith	19:	20-39	39 F	2:14:16
153	Lucelle Van der Merwe	16:	40-49	42 F	2:14:16
154	Babalwa Rolomana	20:	20-39	36 F	2:14:17
155	Joenie Conradie	17:	40-49	43 F	2:14:39
156	Esna Bezuidenhout	18:	40-49	49 F	2:14:39
157	Maroze Fourie	21:	20-39	30 F	2:15:15
158	Evelyne Marais	2:	0-13	F	2:15:46
159	Maxwell Zeelie	1:	70-79	74 M	2:16:00
160	Patrick Bonisil Makeleni	22:	50-59	53 M	2:16:11
161	Patiswa Booii	22:	20-39	36 F	2:17:11
162	Christelle Marais	23:	20-39	35 F	2:17:26
163	Fezile Madikizela	42:	20-39	35 M	2:17:34
164	Christo Van Zyl	43:	20-39	35 M	2:17:35
165	Nicolaas Botha	24:	40-49	46 M	2:17:59
166	Ilana Boshoff	19:	40-49	46 F	2:18:01
167	Gerhard Dyzel	25:	40-49	43 M	2:18:26
168	Mariane Kruger	7:	50-59	56 F	2:18:30
169	Burt Van Schalkwyk	26:	40-49	49 M	2:18:39
170	Tracey Bamber	8:	50-59	53 F	2:18:57
171	David Jones	23:	50-59	55 M	2:18:58
172	Leigh-ann Marucchi	9:	50-59	56 F	2:19:18
173	Namhla Madikizela	44:	20-39	32 M	2:19:23
174	Zharia Louw	24:	20-39	29 F	2:19:23
175	Ayanda Gcito	20:	40-49	46 F	2:20:02
176	Tamsano Lucky Mti	24:	50-59	50 M	2:20:03
177	Diana Mouton	21:	40-49	49 F	2:20:04
178	Olwethu Hanisi	22:	40-49	41 F	2:20:05
179	Lindy Langenhoven	23:	40-49	46 F	2:20:19
180	Sorita Vermeulen	7:	60-69	60 F	2:20:43
181	Musawenkosi Mpanza	45:	20-39	33 M	2:21:21
182	Gerhard Vorster	25:	50-59	57 M	2:21:25
183	Stewart Stiles	2:	70-79	73 M	2:21:40

184	Bonga Gambushe	27:	40-49	44	M	2:21:42
185	Theresa Neethling	24:	40-49	44	F	2:21:54
186	Cliff Wallace	12:	60-69	67	M	2:22:46
187	Magdaleen Du Plessis	28:	40-49	43	M	2:23:43
188	Amelia Oelofse	25:	20-39	36	F	2:23:49
189	Jacques Berry	26:	50-59	53	M	2:23:50
190	Zikhona Mququ	26:	20-39	37	F	2:24:18
191	Maxine McCoy	27:	20-39	34	F	2:24:19
192	Lester Botha	3:	70-79	70	M	2:24:46
193	Albert Kapp	29:	40-49	40	M	2:25:16
194	Adele Ungerer	3:	70-79	71	F	2:25:19
195	Natasja Dumbleton	10:	50-59	57	F	2:25:30
196	Brad Steenkamp	46:	20-39	37	M	2:25:55
197	Eugene Nell	4:	70-79	70	M	2:26:04
198	Susan Wessels	11:	50-59	55	F	2:26:05
199	Louise Vorster	12:	50-59	58	F	2:26:05
200	Deon Louw	27:	50-59	55	M	2:26:05
201	Grant Gibson	30:	40-49	43	M	2:26:09
202	Ernst Van Zyl	13:	60-69	62	M	2:26:21
203	Ewayne Le Roux	47:	20-39	39	M	2:26:24
204	Nolitha Mtotoyi	28:	20-39	35	F	2:26:33
205	Dumisa Nobomvu	29:	20-39	29	F	2:26:42
206	Zimasa Bulo	30:	20-39	39	F	2:26:50
207	Christine Jacobs	13:	50-59	58	F	2:27:08
208	Dianne Weatherall	14:	50-59	52	F	2:27:17
209	Yolande Van Rooyen	15:	50-59	58	F	2:27:17
210	Maya Kerr	3:	14-19	18	F	2:27:58
211	Timothy Scholtz	48:	20-39	37	M	2:28:56
212	Aletta Van Rensburg	8:	60-69	67	F	2:29:06
213	Tanya Bothma	25:	40-49	45	F	2:29:29
214	Lukuona Tikwayo	49:	20-39	29	M	2:29:50
215	Maurisha Stoffels	26:	40-49	43	F	2:30:04
216	Sylvia Jaftha	4:	70-79	74	F	2:30:23
217	Sanelisiwe Zakumba	31:	20-39	27	F	2:30:40
218	Lara Glennie	16:	50-59	55	F	2:32:00
219	John Glennie	14:	60-69	67	M	2:32:01
220	Bianca Davids	32:	20-39	36	F	2:32:12
221	Florence Mndi	33:	20-39	38	F	2:32:18
222	Zimran Manuel	50:	20-39	26	M	2:32:21
223	Carlah Jacobs	34:	20-39	28	F	2:33:33
224	Alison POTGIETER	17:	50-59	55	F	2:34:39
225	Stephan Van der Nest	31:	40-49	44	M	2:35:44
226	Tertia Venter	9:	60-69	61	F	2:38:03
227	Suskia Harris	35:	20-39	39	F	2:38:15
228	Jan Botha	5:	70-79	70	M	2:38:30
229	Linda Scholtz	10:	60-69	65	F	2:38:44
230	Abiel Makoti	51:	20-39	31	M	2:39:20
231	Annette Van Schalkwyk	18:	50-59	54	F	2:39:22
232	Zerilda Vermeulen	27:	40-49	49	F	2:39:22
233	Christelle Oosthuizen	19:	50-59	54	F	2:39:23
234	Reitumetse Leluma	36:	20-39	22	F	2:39:37
235	Charlize Scholtz	37:	20-39	34	F	2:40:18
236	Kaylan Jacobs	38:	20-39	26	F	2:40:35
237	Andrew Mark Tait	15:	60-69	64	M	2:40:45
238	Christa Coetzee	20:	50-59	58	F	2:40:49
239	Zoe Gutas	21:	50-59	58	F	2:40:50
240	Madele Tait	3:	0-13		F	2:40:57
241	Monalisa Klanisi	39:	20-39	36	F	2:40:58
242	Danielle De Lange	40:	20-39	38	F	2:41:13
243	Johanna Visser	28:	40-49	49	F	2:43:24
244	Enya Smit	41:	20-39	30	F	2:45:04
245	Pieter De Necker	2:	0-13	13	M	2:46:02
246	Adrian Van Graan	52:	20-39	24	M	2:46:02

Race Date
August 22, 2026

Abristo
Overall Finish List

21.1km

Place		Age /		Time
<u>Overall</u>	<u>Name</u>	<u>AG Place</u>	<u>Gend</u>	
247	Marian Pieterse	22: 50-59	54 F	2:47:38
248	Melissa Bouwer	29: 40-49	45 F	2:47:39
249	Bernice Lotz	42: 20-39	23 F	2:48:13
250	Elka Scholtz	43: 20-39	24 F	2:48:14
251	Petro Calitz	30: 40-49	49 F	2:48:46
252	Okuhle Ndvalvane	44: 20-39	31 F	2:48:46
253	David Moss	28: 50-59	56 M	2:51:04
254	Gina Oosthuysen	23: 50-59	50 F	2:52:08
255	Hannes Pieterse	29: 50-59	57 M	2:52:59
256	Francois Steyl	6: 70-79	76 M	2:53:46
257	Bridgette Fredericks	11: 60-69	62 F	2:55:22
258	Tonia Schofield	24: 50-59	57 F	3:01:01
259	Bongeka Mdala	45: 20-39	38 F	3:15:42