

BESTMED MADIBAZ 21.1KM - NELSON MANDELA UNIVERSITY - 2026/07/25

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
1	3030	355	MELIKHAYA	FRANS	IKHAMVA	M	36	35-39M	1.04.31	5	25
2	2995	1361	ANDILE	MOTWANI	NEDBANK	M	29	SM	1.06.42	5	24
3	2092	4336	DIVAN	DU PLOOY	TEMP	M	24	SM	1.07.17	0	0
4	3089	3389	SICELO	MASHABA	CHILLIEP	M	26	SM	1.08.01	5	23
5	2598	1392	ZOLANI	MABONGO	NEDBANK	M	40	40-44M	1.09.37	5	22
6	2496	1138	GIFT	CHIGOMARAWA	ACH	M	38	35-39M	1.11.03	5	21
7	2568	2149	XOLISA	NDLUMBINI	TRANSNET	M	44	40-44M	1.11.26	5	20
8	2623	40143	AGCOBILE	JEZILE	ACH	M	17	JM	1.12.14	5	19
9	3092	3388	TAWANDA	CHIKOTI	CHILLIEP	M	27	SM	1.13.16	5	18
10	3003	3387	ARCHIE	ZAKE	CHILLIEP	M	26	SM	1.13.40	5	17
11	2480	2546	ALISTAR	MAKHALE	BESTMED	M	21	SM	1.13.56	5	16
12	2477	40171	ANTONI	AVENATHI	SIBALEKA	M	19	JM	1.14.04	5	15
13	2479	2525	SAKHE	MAHOTE	BESTMED	M	22	SM	1.14.43	5	14
14	2485	40173	SINAWO	APRIL	ACH	M	17	JM	1.14.49	5	13
15	3005	280	ANELE	KHALIPA	MUIRITE	M	37	35-39M	1.15.26	5	12
16	3088	1089	MPUNEKO	MAQUKWANA	LUSIKI	M	30	SM	1.16.14	0	0
17	3007	1482	JEANDRY	DEERLING	NEDBANK	M	34	SM	1.16.18	5	11
18	3090	3385	TAKUNDA	MUBARE	CHILLIEP	M	22	SM	1.16.20	5	10
19	2926	1455	MILA	PASIYA	NEDBANK	M	46	45-49M	1.16.23	5	9
20	2583	2062	SIYANDA	PETER	CSEP	M	37	35-39M	1.16.54	5	8
21	3075	376	REUBEN	STANDER	IKHAMVA	M	23	SM	1.18.00	5	7
22	2998	40005	BULUMKO	MALINGA	NEDBANK	M	19	JM	1.18.26	5	6
23	3109	4822	MASIBONGE	RAWUKA	TEMP	M	23	SM	1.18.45	0	0
24	2997	1363	THULANI	MDLALO	NEDBANK	M	41	40-44M	1.18.52	5	5
25	2610	1106	SIPHESIHLE	SOFUTE	ACH	M	29	SM	1.18.52	5	4
26	2646	374	HOPEWELL	JABAVU	IKHAMVA	M	42	40-44M	1.19.04	5	3
27	2802	3802	NATHAN	LE ROUX	TEMP	M	28	SM	1.19.06	0	0
28	2346	793	TRAVIS	BENN	32GI	M	30	SM	1.19.14	4	2
29	2292	1335	ANELE	MALIZA	NEDBANK	M	48	45-49M	1.19.35	5	1
30	2486	2059	YUSUF	ARENDSE	ACH	M	41	40-44M	1.19.56	5	0
31	2483	40441	MOLOTSI	NTSALONG	BESTMED	M	19	JM	1.19.57	4	0
32	2484	1191	NOEL	ADAMS	ELITEAC	M	54	50-54M	1.20.05	5	0
33	3072	400	LEBOHANG	SENTI	IKHAMVA	M	39	35-39M	1.20.31	5	0
34	2961	1022	Reegan	Meyer	CHARLO	M	20	SM	1.20.36	4	0
35	2481	2524	ABBIE	MITCHELL	BESTMED	F	19	SF	1.22.56	5	25
36	2927	40183	SENZO	NZOTOYI	SIBALEKA	M	17	JM	1.22.58	4	0
37	3049	3797	SALIM	HOOSAIN	TEMP	M	28	SM	1.23.04	0	0
38	3045	1400	KELLY	VAN VLIET	NEDBANK	F	38	35-39F	1.23.09	5	24
39	3105	1334	GAVIN	THORNE	NEDBANK	M	45	45-49M	1.23.34	5	0
40	3082	2314	BATHANDWA	MOOI	VUKANI	M	41	40-44M	1.23.39	4	0
41	2115	3055	JEMAIN	WILSON	VITALITY	M	38	35-39M	1.23.43	4	0
42	3120	1406	REFELOE	SOLOMONS	NEDBANK	F	45	45-49F	1.23.51	5	23
43	2620	1255	ERROL	WHITTAL	ELITEAC	M	51	50-54M	1.24.16	5	0
44	2983	950	CHARLES	SEGALO	CHARLO	M	39	35-39M	1.25.06	4	0
45	2423	2895	SANELE	SAM	CSEP	M	33	SM	1.25.32	3	0
46	2868	1137	MUTEKILE	RASMENI	ACH	M	61	60-64M	1.25.50	5	0
47	2430	3266	JONGI	MNYATHELI	CHEETHAS	M	31	SM	1.26.08	4	0
48	2857	3857	LULAMA	TSEWU	TEMP	M	29	SM	1.26.54	0	0
49	2937	888	RAHUL	BHANA	CHARLO	M	22	SM	1.27.00	3	0
50	2313	282	ABDUL	WICOMB	MUIRITE	M	47	45-49M	1.27.06	5	0
51	2330	1170	AIDAN	TUOHY	EMERIS	M	29	SM	1.27.08	4	0
52	2362	2265	NKOSANA	BUKANI	VUKANI	M	44	40-44M	1.27.13	4	0
53	3110	1844	SONWABILE	ZOKOZA	HOLLYWOO	M	44	40-44M	1.27.13	4	0
54	2986	1026	CHRISTOFF	SNYMAN	CHARLO	M	32	SM	1.27.28	3	0
55	2464	2322	XOLANI	NTEYI	VUKANI	M	47	45-49M	1.27.30	5	0
56	2296	2263	BABONKE	DINGA	VUKANI	M	37	35-39M	1.27.33	3	0
57	2314	1480	AUGUST	ESAU	NEDBANK	M	55	55-59M	1.27.34	5	0
58	2428	2775	BIANCA	MEISTRE	32GI	F	41	40-44F	1.27.38	5	22
59	3081	2266	KHAYA	GQWETHA	VUKANI	M	41	40-44M	1.27.39	3	0
60	2897	4418	CALLUM	MCEWAN	TEMP	M	20	SM	1.27.41	0	0
61	2159	51110	HASSAN	NDZAKANA	NEDBOR	M	57	55-59M	1.27.52	0	0
62	2006	2514	TEDDY	PRUSENT	VITALITY	M	38	35-39M	1.27.53	3	0
63	2923	4819	HLOMLA	FAKU	TEMP	M	18	JM	1.28.32	0	0
64	2651	3651	JAN	NEL	TEMP	M	34	SM	1.28.32	0	0
65	2321	2146	SLULAMI	JACK	TRANSNET	M	51	50-54M	1.29.03	5	0
66	2878	2536	ROBIN	BUYS	TEMP	M	33	SM	1.29.19	0	0
67	2216	1069	WAYNE	MITCHELL	ACH	M	53	50-54M	1.29.27	5	0
68	2604	1079	HANSON	SINGAPHI	ACH	M	48	45-49M	1.30.11	4	0
69	2328	2289	KHANYISO	MASWANA	VUKANI	M	36	35-39M	1.30.34	3	0
70	2544	1849	QAWWE	MAJIZA	HOLLYWOO	M	39	35-39M	1.30.41	3	0
71	2062	546	ANOLD	CHIYAMA	RUN4C	M	41	40-44M	1.30.47	3	0
72	3071	3902	SIMBONGILE	MCATSHELWA	TEMP	M	25	SM	1.31.04	0	0
73	2839	3839	KAMVALETHU	MENZE	TEMP	M	30	SM	1.31.05	0	0
74	2388	2181	FRANSWHA	KETCHOM	TRANSNET	M	33	SM	1.31.07	3	0
75	2020	1800	ROMAN	SEPTOE	GELVAN	M	28	SM	1.31.26	3	0
76	2421	50939	MLUNGISELELI	MNTUYEDWA	REALGIJ	M	42	40-44M	1.31.27	0	0
77	2372	2746	WILLIAM	ALLEN	TRANSNET	M	26	SM	1.31.30	3	0
78	2843	3843	LUNGA	SIHLOBO	TEMP	M	18	JM	1.31.31	0	0
79	2782	4782	TEVAN	LEHMAN	TEMP	M	31	SM	1.32.01	0	0
80	2554	3264	MALWANDE	MBATHA	CHEETHAS	M	32	SM	1.32.07	3	0
81	2271	844	THERESA	BUCHNER	32GI	F	41	40-44F	1.32.20	5	21
82	2512	768	WILLIE	ELS	CRUSADE	M	50	50-54M	1.32.24	4	0
83	3107	1441	MARTIN	JANSEN	NEDBANK	M	58	55-59M	1.32.55	5	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
84	2601	1771	ELGIE	SHUSHA	GELVAN	M	44	40-44M	1.33.07	3	0
85	2876	2534	COLE	ADAMS	TEMP	M	26	SM	1.33.26	0	0
86	2996	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	60	60-64M	1.33.31	5	0
87	2887	2821	MICHAEL	KINGSTON	TEMP	M	53	50-54M	1.33.34	0	0
88	2498	561	CHANTELL	CLOETE	RUN4C	F	40	40-44F	1.33.39	5	20
89	2157	1852	MVULELI	MAGAWULANA	HOLLYWOO	M	49	45-49M	1.34.04	3	0
90	2361	2791	STITHIAN	THOMAS	VITALITY	M	32	SM	1.34.08	2	0
91	3200	51701	QINISO	MOYA	PLETT	M	39	35-39M	1.34.13	0	0
92	3052	2553	BUHLE	HINA	Bestmed	M	20	SM	1.34.20	2	0
93	2140	3032	NICHOLAS	BANGO	VITALITY	M	39	35-39M	1.34.28	2	0
94	3114	1780	LUYANDA	MATIWANA	HOLLYWOO	M	47	45-49M	1.34.29	3	0
95	3017	12676	PIET	MASANABO	BESTMED	M	48	45-49M	1.34.43	3	0
96	2236	1298	THEMBINKOSI	STOKWE	VWAC	M	48	45-49M	1.34.45	3	0
97	2877	2535	DIVAN	BARNARD	TEMP	M	26	SM	1.34.51	0	0
98	2101	40543	CODY	BOUCHER	CRUSADE	M	17	JM	1.34.52	2	0
99	2886	2815	KUHLE	JOBELA	TEMP	M	32	SM	1.34.58	0	0
100	2573	1842	ZANDISILE	NGXONONO	HOLLYWOO	M	52	50-54M	1.35.14	4	0
101	2305	2063	MAWETHU	PLATYI	HOLLYWOO	M	45	45-49M	1.35.30	3	0
102	2733	4733	MARCEL	ZEHNDER	TEMP	M	25	SM	1.35.39	0	0
103	2359	2790	TANDUXOLO	MAFENUKA	VITALITY	M	29	SM	1.36.20	2	0
104	2049	1038	PHILLIP	DU PLESSIS	XCEL	M	55	55-59M	1.36.35	4	0
105	2376	1345	DERRICK	DUBASE	NEDBANK	M	52	50-54M	1.36.42	3	0
106	2456	829	WYNAND	BIANCA	32GI	M	53	50-54M	1.36.46	3	0
107	2884	2767	COLBY	DUFFIN	TEMP	M	24	SM	1.37.01	0	0
108	2228	22339	HYRAM	JACOBUS	MAVERICK	M	30	SM	1.37.07	0	0
109	2539	138	NAASIR	LOUIS	MALABAR	M	29	SM	1.37.23	2	0
110	3029	855	PAULINE	TUNSTEAD	32GI	F	55	55-59F	1.37.26	5	19
111	2553	4553	RASAKE	PULE	TEMP	M	23	SM	1.37.41	0	0
112	2521	852	MARTIN	HARTSLIEF	32GI	M	49	45-49M	1.37.47	3	0
113	2976	957	PIERRE	RENSHAW	CHARLO	M	53	50-54M	1.37.50	3	0
114	2570	1943	LUYANDA	NGESI	BLUEBAY	M	33	SM	1.38.10	2	0
115	2473	821	MEGAN	NEWMAN	32GI	F	35	35-39F	1.38.15	3	18
116	2929	976	WARREN	BAARTZES	CHARLO	M	56	55-59M	1.38.26	4	0
117	3099	3903	FRANS	VAN ZYL	TEMP	M	37	35-39M	1.38.38	0	0
118	2074	1866	SIPHAMANDLA	KOKO	HOLLYWOO	M	36	35-39M	1.38.39	2	0
119	2287	3491	LUNGISA	JACOBS	VUKANI	M	43	40-44M	1.38.40	2	0
120	2471	806	LEON	VOULTSOS	32GI	M	52	50-54M	1.38.41	3	0
121	3119	4904	MARIO	STEENKAMP	TEMP	M	44	40-44M	1.38.42	0	0
122	2567	3253	THUTHUKANI	NDLOVU	CONTI	M	39	35-39M	1.38.45	2	0
123	2956	898	PATRIC	MAKWENKWE	CHARLO	M	60	60-64M	1.38.55	5	0
124	3130	1642	NICO	SMITH	MADIBA	M	41	40-44M	1.38.58	2	0
125	2534	1687	RUDI	KRIEL	MADIBA	M	36	35-39M	1.39.03	2	0
126	2408	1779	GERSHWIN	BOOYSEN	GELVAN	M	38	35-39M	1.39.06	2	0
127	2449	757	LITHALETHU	DINGELA	CRUSADE	M	22	SM	1.39.11	2	0
128	2613	2188	AYABONGA	TSHUNGWANA	TRANSNET	M	32	SM	1.39.15	2	0
129	2966	1023	BISHO	NOMBEWU	CHARLO	M	60	60-64M	1.39.18	5	0
130	2033	3325	THEMBILE	TSHAKAZA	SANDF	M	36	35-39M	1.39.21	2	0
131	2574	2076	ZOLANI	NOGAYI	SANDF	M	36	35-39M	1.39.21	2	0
132	2558	1705	NATHI	MGUZULI	PLETTAC	M	24	SM	1.39.27	0	0
133	3126	148	ABDUL	LILLAH	MALABAR	M	36	35-39M	1.39.27	2	0
134	3008	2088	GEDDES	GALLANT	SANDFEP	M	59	55-59M	1.39.31	3	0
135	2164	2019	MZAMO	MATAKANE	ALBANY	M	43	40-44M	1.39.48	2	0
136	3062	2150	KHANGELANI	HALOM	TRANSNET	M	44	40-44M	1.40.00	2	0
137	2141	2122	RODNEY	WITBOOI	ATLANTIC	M	55	55-59M	1.40.08	3	0
138	2899	1425	DARRYL	BAGLEY	NEDBANK	M	51	50-54M	1.40.17	3	0
139	2067	1283	URAN	LE ROUX	VWAC	M	59	55-59M	1.40.22	3	0
140	3091	55	SIMCELILE	SITHEMBU	SAPPE	M	35	35-39M	1.40.24	2	0
141	2129	2284	MZWANELE	NGOQO	VUKANI	M	48	45-49M	1.40.27	2	0
142	2958	952	CINDY	MARAI	CHARLO	F	49	45-49F	1.40.31	4	17
143	2896	4405	SIYAMCELA	MBELEKANE	TEMP	M	31	SM	1.40.43	0	0
144	3079	380	MBOLEKWA	MAYILA	IKHAMVA	M	47	45-49M	1.40.47	2	0
145	2920	4702	HANSIE	VOSLOO	TEMP	M	58	55-59M	1.40.55	0	0
146	2036	1053	SALWYN	DENNIS	XCEL	M	48	45-49M	1.41.09	2	0
147	2519	1105	MARK	FRASER	ACH	M	32	SM	1.41.19	2	0
148	2543	1127	BRADLEY	MACKENZIE	ACH	M	54	50-54M	1.41.19	3	0
149	2233	49	PHIL	BRADLEY	SAPPE	M	43	40-44M	1.41.24	2	0
150	2581	1087	SONWABO	NYANGIWE	ACH	M	58	55-59M	1.41.28	3	0
151	2556	1370	GEORGE	MEYER	NEDBANK	M	53	50-54M	1.41.29	3	0
152	2865	3865	THOMAS	DANIELS	TEMP	M	23	SM	1.41.32	0	0
153	3022	11234	LUCAS	MKHABELA	BESTMED	M	33	SM	1.41.35	2	0
154	2989	921	RYAN	VAN DER MESCHT	CHARLO	M	45	45-49M	1.41.37	2	0
155	2854	3854	RICHARD	PARKER	TEMP	M	35	35-39M	1.41.38	0	0
156	2128	2745	BRUCE	GIE	BODYCON	M	52	50-54M	1.41.44	3	0
157	2602	2311	SITHA	SIGENU	VUKANI	F	42	40-44F	1.41.46	3	16
158	2962	938	THOBELO	MFIKILI	CHARLO	M	39	35-39M	1.41.47	2	0
159	2866	3866	MARYKE	GEYSER	TEMP	F	28	SF	1.41.49	0	0
160	2136	3537	VUYANI	MAFANI	ESKOM	M	45	45-49M	1.42.03	0	0
161	2414	1647	JUSTIN	LEESON	MADIBA	M	40	40-44M	1.42.09	2	0
162	2576	2378	AMANDA	NOMANDLA	ENGCOBO	F	37	35-39F	1.42.13	0	0
163	2119	1055	JEROME	MAY	XCEL	M	59	55-59M	1.42.23	3	0
164	2355	1876	SBONISIPHO	MANQELE	HOLLYWOO	M	28	SM	1.42.29	2	0
165	2340	91	DENZIL	KOOPMAN	INFINITY	M	55	55-59M	1.42.32	3	0
166	2306	14505	THULANI	MNGOMEZULU	TEAMVIT	M	45	45-49M	1.42.36	0	0
167	2227	1776	ELDRIDGE	JONKERS	GELVAN	M	47	45-49M	1.42.37	2	0

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168	2225	2108	BERNICE	NEL	HEAT AC	F	38	35-39F	1.42.52	2	15
169	2386	791	CHARL	GERBER	32GI	M	49	45-49M	1.42.53	2	0
170	3087	828	Gerald	Muller	32GI	M	49	45-49M	1.42.53	2	0
171	2975	985	CHRISTOFF	PUREN	CHARLO	M	35	35-39M	1.42.56	2	0
172	2032	202	WERNER	MEYER	SAPPE	M	53	50-54M	1.43.01	2	0
173	2392	16	ABRE	GOUSSARD	PEAAC	M	42	40-44M	1.43.08	2	0
174	2055	2504	SAMIER	ABRAHAMS	GELVAN	M	55	55-59M	1.43.19	3	0
175	2609	2036	NICK	SMUTS	ALBANY	M	33	SM	1.43.27	2	0
176	2557	2288	WONGA	MFULA	VUKANI	M	54	50-54M	1.43.28	2	0
177	3004	1676	ANTHONY	BUTTON	MADIBA	M	64	60-64M	1.43.29	4	0
178	2938	890	SIMPHIWE	BLOU	CHARLO	M	54	50-54M	1.43.40	2	0
179	2304	1321	MAKHI	BULWANA	NEDBANK	M	48	45-49M	1.43.46	2	0
180	2955	948	DINO	MAGNUS	CHARLO	M	31	SM	1.43.52	2	0
181	2560	1129	MARK	MOMBERG	ACH	M	53	50-54M	1.43.53	2	0
182	2333	1164	LINDY	KRETZMANN	EMERIS	F	49	45-49F	1.43.56	3	14
183	2957	999	THOMAS	MARAIS	CHARLO	M	39	35-39M	1.44.01	2	0
184	2967	911	TANYA	NORRIS	CHARLO	F	41	40-44F	1.44.04	3	13
185	2012	1734	DENVER	PETERSEN	GELVAN	M	42	40-44M	1.44.04	2	0
186	2784	4784	NICO	BEZUIDENHOUT	TEMP	M	22	SM	1.44.05	0	0
187	2829	3829	JARED	HEYNS	TEMP	M	20	SM	1.44.05	0	0
188	2755	4755	OLWAKHE	MHLUTSHWA	TEMP	M	23	SM	1.44.17	0	0
189	2370	270	ANDREW	JONAS	MUIRITE	M	62	60-64M	1.44.23	3	0
190	3138	20864	LEHLOHONOLO SAN	MNTUNDINI	TEAMVIT	M	45	45-49M	1.44.25	0	0
191	2488	1989	MELISSA	ARGYLE	SOMEAST	F	33	SF	1.44.28	2	12
192	2117	51146	WINDOM	BASSON	UNITED	M	36	35-39M	1.44.32	0	0
193	2042	3100	AKHONA	SOGA	VITALITY	M	31	SM	1.44.35	2	0
194	2131	2341	LUTANDO	NTELEZI	VITALITY	M	36	35-39M	1.44.36	2	0
195	2520	551	RODGER	GYSMAN	RUN4C	M	52	50-54M	1.44.40	2	0
196	2685	3685	MARCO	WILLIAMS	TEMP	M	32	SM	1.44.42	0	0
197	2625	733	ALEX	DU TOIT	CRUSADE	M	61	60-64M	1.44.43	3	0
198	3012	1412	RAYMOND	WEITZ	NEDBANK	M	71	70+M	1.44.48	5	0
199	2592	2016	LEO	VACCARO	ALBANY	M	32	SM	1.44.55	2	0
200	2252	2082	SEITSHIRO	MOLEMI	SANDF	M	42	40-44M	1.44.59	2	0
201	2626	1428	MARIETTE	HATTINGH	NEDBANK	F	60	60-64F	1.45.00	5	11
202	2892	2868	ANOTHANDOO	LOLWANA	TEMP	M	22	SM	1.45.09	0	0
203	3074	375	MARIUS	STANDER	IKHAMVA	M	58	55-59M	1.45.09	3	0
204	2527	2364	MICHAEL	JANSE VAN RENSBURG	JBAY	M	52	50-54M	1.45.10	2	0
205	2893	2997	ODWA	MAKUNGA	TEMP	M	21	SM	1.45.13	0	0
206	2783	4783	VUKILE	HOYI	TEMP	M	57	55-59M	1.45.14	0	0
207	2199	3039	IMINATHI	NOGAGA	TEMP	M	17	JM	1.45.18	0	0
208	3106	53540	FONDINI	DUMISANI	ESKOM	M	43	40-44M	1.45.19	0	0
209	2182	552	GEOFFREY	SWARTBOOI	RUN4C	M	50	50-54M	1.45.24	2	0
210	3050	3050	CHRIS	POTGIETER	TEMP	M	33	SM	1.45.26	0	0
211	2977	991	GREGORY	ROSS	CHARLO	M	53	50-54M	1.45.28	2	0
212	3127	4905	PAUL	MARE	TEMP	M	34	SM	1.45.29	0	0
213	2069	249	STERN	GEORGE	MUIRITE	M	20	SM	1.45.31	2	0
214	2487		ANGUS	ARGYLE	32GI	M	35	35-39M	1.45.33	2	0
215	2034	439	AMANDLA	DIDIZA	CHILLIEP	M	34	SM	1.45.32	2	0
216	2600	1944	MUSA	SENTI	BLUEBAY	M	33	SM	1.45.36	2	0
217	2585	1661	CHARL	PIENAAR	MADIBA	M	44	40-44M	1.45.45	2	0
218	2379	50732	MONGEZI	VOCO	MTHATHA	M	35	35-39M	1.45.47	0	0
219	2536	347	BRUCE	LE GRANGE	MUIRITE	M	33	SM	1.46.19	2	0
220	2181	1413	CANDICE	VAN ROOYEN	NEDBANK	F	29	SF	1.46.27	2	10
221	2108	1072	KYLA	MAARTENS	ACH	F	22	SF	1.46.28	2	9
222	2578	664	LUYANDA	NOTWANA	ASPEN	M	40	40-44M	1.46.32	2	0
223	2356	1673	KAREN	BARNARD	MADIBA	F	37	35-39F	1.46.46	2	8
224	2959	990	BRETT	MCLAREN	CHARLO	M	40	40-44M	1.46.49	2	0
225	3047	434	LUVUYO	LANDU	CHILLIEP	M	33	SM	1.46.52	2	0
226	3046	419	MKHUSELI	DANISA	CHILLIEP	M	32	SM	1.46.52	2	0
227	2960	934	JEAN	MEYER	CHARLO	M	47	45-49M	1.46.54	2	0
228	2436	51709	CHUMA	MDLADLAMBA	PLETT	M	27	SM	1.47.16	0	0
229	2586	1957	HENRY	PIENAAR	BLUEBAY	M	54	50-54M	1.47.16	2	0
230	2041	454	KHAYALETHU	MTEYISI	CHILLIEP	M	41	40-44M	1.47.22	2	0
231	2993	964	MATTHYS	VAN VUUREN	CHARLO	M	36	35-39M	1.47.26	2	0
232	2166	1597	EDVIN	DONLEY	DESPATCH	M	49	45-49M	1.47.32	2	0
233	2243	3127	MELATHISI	NCITYANA	VITALITY	M	36	35-39M	1.47.41	2	0
234	2931	949	WELCOME	BASKITI	CHARLO	M	59	55-59M	1.47.52	2	0
235	2582	2445	TINA	OLCKERS	JBAY	F	47	45-49F	1.47.58	3	7
236	2848	3848	MISHUMO	TSHIKALANGE	TEMP	M	31	SM	1.48.05	0	0
237	2444	1698	BRENDAN	BOSMAN	MADIBA	M	41	40-44M	1.48.07	2	0
238	2427	1772	LYLE	ROCKMAN	GELVAN	M	31	SM	1.48.34	1	0
239	2087	4331	DANIEL	ALLISON	TEMP	M	23	SM	1.48.37	0	0
240	2286	122	BAVERSHAN	NAIDOO	MALABAR	M	36	35-39M	1.48.38	2	0
241	2285	144	AHMAD	KADER	MALABAR	M	38	35-39M	1.48.39	2	0
242	2091	4335	JOHAN	BLACK	TEMP	M	44	40-44M	1.48.43	0	0
243	2978	900	JASON	SAUNDERS	CHARLO	M	46	45-49M	1.48.48	2	0
244	2774	4774	JESS	BENN	TEMP	F	27	SF	1.48.50	0	0
245	2345	2139	BHEKA	MSELEKU	TRANSNET	M	57	55-59M	1.48.56	2	0
246	2200	576	VERNON	LANDMAN	RUN4C	M	51	50-54M	1.48.57	2	0
247	3086	4838	DOCTOR	MZIMANDE	TEMP	M	22	SM	1.48.58	0	0
248	2460	1139	RONALD	REEVES	ACH	M	45	45-49M	1.48.59	2	0
249	2459	1135	DUONETTE	HOROWITZ	ACH	F	42	40-44F	1.49.00	2	6
250	3085	169	UNATHI	MELENI	ACT AC	M	31	SM	1.49.04	1	0
251	2416	1764	VERNON	NEWFELDT	GELVAN	M	60	60-64M	1.49.09	3	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
252	2175	281	MONIQUE	RICHARDSON	MUIRITE	F	30	SF	1.49.13	2	5
253	2100	1010	JAN	VAN EEDEN	NEDBANK	M	68	65-69M	1.49.14	3	0
254	2933	1018	TANIA	BESSINGER	CHARLO	F	48	45-49F	1.49.15	2	4
255	2555	1476	NOLUKHANYO	MDWAYI	NEDBANK	F	45	45-49F	1.49.17	2	3
256	2411	1134	OLIVER	NEWLAND-NELL	ACH	M	21	SM	1.49.19	1	0
257	2612	3011	AURA	TSHOTSHO	VITALITY	M	35	35-39M	1.49.23	2	0
258	2566	2195	LUYANDA	NCWADI	TRANSNET	M	45	45-49M	1.49.26	2	0
259	2952	1008	Darryl	Long	CHARLO	M	48	45-49M	1.49.35	2	0
260	2148	1838	MELUMZI	NORUSHU	HOLLYWOO	M	41	40-44M	1.49.39	2	0
261	2870	410	AMANDA	SHAW	IKHAMVA	F	61	60-64F	1.49.42	5	2
262	2844	3844	KEVIN	SEZOE	TEMP	M	27	SM	1.49.48	0	0
263	2703	4703	ROBERT	BARRON	TEMP	M	45	45-49M	1.49.48	0	0
264	2954	895	WAYNE	MAGNUS	CHARLO	M	58	55-59M	1.49.49	2	0
265	2043	3037	SANDISO	NGWENYA	VITALITY	F	32	SF	1.49.55	2	1
266	2161	1351	SHARON	JESSOP	NEDBANK	F	56	55-59F	1.49.56	4	0
267	3032	344	ANTON	AUGUST	MUIRITE	M	43	40-44M	1.50.07	2	0
268	2144	3040	TANYA	BENTLEY	VITALITY	F	33	SF	1.50.07	2	0
269	2891	2862	RYAN	LE ROUX	TEMP	M	41	40-44M	1.50.10	0	0
270	2908	3528	SEAN	SAMPSON	TEMP	M	43	40-44M	1.50.11	0	0
271	2086	4330	ROWAN	BRANDON	TEMP	M	53	50-54M	1.50.30	0	0
272	2397	3494	SIVUYILE	MHLIFILI	HOLLYWOO	M	46	45-49M	1.50.35	2	0
273	3070	1984	AFRIKA	MHLOPHE	ACH	M	48	45-49M	1.50.38	2	0
274	2942	914	ETIENNE	GERBER	CHARLO	M	56	55-59M	1.50.41	2	0
275	2194	2310	NDABA	NDZOMBANE	VUKANI	M	66	65-69M	1.50.43	3	0
276	3128	2133	DESMOND	MVUNDELELA	TRANSNET	M	45	45-49M	1.50.46	2	0
277	3000	1450	NKATHALLENG	KHIBA	NEDBANK	F	44	40-44F	1.50.56	2	0
278	2295	1043	DAVID	BAINS	XCEL	M	60	60-64M	1.50.57	2	0
279	2489	2360	ADRIAAN	BADENHORST	JBAY	M	56	55-59M	1.51.04	2	0
280	2856	3856	MARIEKE	KENSLEY	TEMP	F	42	40-44F	1.51.10	0	0
281	2378	1954	LEONARD	CONRADIE	BLUEBAY	M	72	70+M	1.51.20	4	0
282	2880	2538	CORNELIUS	CLASEN	TEMP	M	34	SM	1.51.24	0	0
283	2747	4747	KAITLYN	MAC GEOGHEGAN	TEMP	F	37	35-39F	1.51.29	0	0
284	2044	52439	MAWETHU	SIDLAYI	MTHATHA	M	33	SM	1.51.33	0	0
285	2822	3822	BONI	PRITCHARD	TEMP	F	49	45-49F	1.51.33	0	0
286	2577	40507	LONWABO	NONDLWANA	ACH	M	15	JM	1.51.34	1	0
287	2246	3099	MARCEL	ABRAHAMS	VITALITY	M	35	35-39M	1.51.43	1	0
288	3039	3035	ANTHONY	BUHAGIAR	TEMP	M	46	45-49M	1.51.44	0	0
289	2940	891	DARRYL	CALVERT	CHARLO	M	51	50-54M	1.51.48	2	0
290	2596	1075	GAVIN	SCHONKNECHT	ACH	M	58	55-59M	1.51.53	2	0
291	3108	2408	LUMARIE	ALERS	JBAY	F	43	40-44F	1.51.54	2	0
292	2275	2161	OBAKENG	MAROGOA	TRANSNET	M	40	40-44M	1.51.54	1	0
293	2059	3050	TENIELLE	DE ANDRADE	VITALITY	F	41	40-44F	1.52.04	2	0
294	2719	4719	THABANG	MOPEDI	TEMP	M	35	35-39M	1.52.11	0	0
295	2828	3828	LUKHANYO	MVUNELWA	TEMP	M	31	SM	1.52.11	0	0
296	2045	195	MZUKISI	OLIFANT	SAPPE	M	44	40-44M	1.52.16	1	0
297	3034	3031	BRUCE	HARBOTTLE	TEMP	M	41	40-44M	1.52.20	0	0
298	2297	2270	ANELE	MESANI	VUKANI	M	46	45-49M	1.52.21	2	0
299	2939	967	MIKE	BURGER	CHARLO	M	67	65-69M	1.52.22	3	0
300	2058	449	SIZIBULE	DIBELA	CHILLIEP	F	39	35-39F	1.52.22	2	0
301	2679	3679	NTANDAZO	GIJANA	TEMP	M	40	40-44M	1.52.23	0	0
302	2163	2329	ANELE	CHARLIE	VITALITY	M	27	SM	1.52.23	1	0
303	3013	1145	JOANNE	HOYLE	ACH	F	57	55-59F	1.52.26	3	0
304	2862	3862	RUALDT	SMITH	TEMP	M	20	SM	1.52.28	0	0
305	3031	3030	TALANYANA	MAISELA	TEMP	M	52	50-54M	1.52.35	0	0
306	3096	2456	CHRISTIE	SMITH	JBAY	F	32	SF	1.52.36	2	0
307	2524	4524	JUANITA	BRADFIELD	TEMP	F	41	40-44F	1.52.37	0	0
308	3112	4858	MILAN	ESTERHUYSEN	TEMP	M	16	JM	1.52.42	0	0
309	2073	50989	ANELISA	MAGAMA	REALGIJ	F	39	35-39F	1.52.42	0	0
310	2721	4721	QHAMA	DUMEZWENI	TEMP	M	30	SM	1.52.43	0	0
311	2132	2056	KARABO	DINYAKE	HOLLYWOO	F	29	SF	1.52.46	2	0
312	2208	3358	CARIKA	BURTON	32GI	F	46	45-49F	1.52.52	2	0
313	2515	1644	JASON	ENSOR	MADIBA	M	48	45-49M	1.52.55	2	0
314	2250	2495	JACO	SMITH	JBAY	M	52	50-54M	1.53.00	2	0
315	2754	4754	ROHAN	VAN DER MERWE	TEMP	M	22	SM	1.53.04	0	0
316	2830	3830	SANDILE	DYAKOPU	TEMP	M	30	SM	1.53.12	0	0
317	2979	955	SIVUYILE	SCHEEPERS	CHARLO	M	33	SM	1.53.12	1	0
318	3111	3111	WILLEM	ESTERHUYSEN	TEMP	M	49	45-49M	1.53.14	0	0
319	2350	2769	JOSEPH	MITCHELL	32GI	M	20	SM	1.53.30	1	0
320	2452	127	MUSTAFA	LAGARDIEN	MALABAR	M	33	SM	1.53.36	1	0
321	2522	114	TAURIQ	HENDRICKS	MALABAR	M	35	35-39M	1.53.42	1	0
322	2135	595	MARISKA	KRUGER	RUN4C	F	48	45-49F	1.53.43	2	0
323	2900	4442	PAKISO	MOEKETSI	TEMP	M	45	45-49M	1.53.58	0	0
324	2752	4752	LARA	PRAGNELL	TEMP	F	35	35-39F	1.54.03	0	0
325	3040	1336	DON	CHARLES	NEDBANK	M	77	70+M	1.54.06	3	0
326	2283	2038	ALIDE	NELSON	ALBANY	F	46	45-49F	1.54.08	2	0
327	2744	4744	JULIAN	ANDERSON	TEMP	M	32	SM	1.54.10	0	0
328	2341	2420	ILSE	FOURIE	JBAY	F	42	40-44F	1.54.12	2	0
329	2590	104	PRASHAAN	RAGA	INFINITY	M	27	SM	1.54.36	1	0
330	2832	3832	ZOLAA	NGWEKAZI	TEMP	M	53	50-54M	1.54.41	0	0
331	3116	4876	KIAN	TERBLANCHE	TEMP	M	29	SM	1.54.43	0	0
332	2584	619	DOZ	PHILLIPS	RUN4C	F	54	50-54F	1.54.46	2	0
333	2819	3819	CHAD	VAN RENSBURG	TEMP	M	25	SM	1.54.46	0	0
334	2698	3698	DANIEL	OLIFANT	TEMP	M	31	SM	1.54.52	0	0
335	2151	71	TRISTAN	GEORGE	SAPPE	M	24	SM	1.54.57	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
336	3135	3906	MAVELIHLE	MTIKITI	TEMP	M	24	SM	1.55.01	0	0
337	2206	2169	ZUKISA	MBOTO	TRANSNET	M	42	40-44M	1.55.03	1	0
338	2788	4788	JOSH	HALL	TEMP	M	28	SM	1.55.04	0	0
339	2948	981	NATALIE	JONAS	CHARLO	F	55	55-59F	1.55.06	3	0
340	2258	3028	SUSAN	SCOTT	CRUSADE	F	61	60-64F	1.55.07	4	0
341	2137	1784	JADE	FESTUS	GELVAN	M	36	35-39M	1.55.15	1	0
342	2903	3489	MIKALE	MULLER	TEMP	M	29	SM	1.55.20	0	0
343	2279	2381	ADEL	SCHLEBUSCH	JBAY	F	57	55-59F	1.55.20	3	0
344	2874	2430	CHRISTINE	VAN DER BERG	JBAY	F	62	60-64F	1.55.21	4	0
345	2315	495	DEWALD	VERMEULEN	RUN4C	M	54	50-54M	1.55.22	2	0
346	2441	456	BULELANI	WITI	CHILLIEP	F	30	SF	1.55.22	1	0
347	2245	442	MSINIDIS	QALINGE	CHILLIEP	M	31	SM	1.55.23	1	0
348	2380	52207	MZIMHLE	TSHOTHO	MTHATHA	M	41	40-44M	1.55.24	0	0
349	2365	2316	KHAHLISO	NTLALE	CHILLIEP	M	39	35-39M	1.55.24	1	0
350	2145	3039	NIKITA	DRURY	VITALITY	F	34	SF	1.55.24	1	0
351	2707	4707	NICOLE	PRICE	TEMP	F	44	40-44F	1.55.29	0	0
352	2368	3012	MARC	MAHAMBEHLALA	VITALITY	M	35	35-39M	1.55.29	1	0
353	2615	2450	TANYA	VAN DER WESTHUIZEN	JBAY	F	43	40-44F	1.55.34	2	0
354	2735	4735	ADRIAN	SWART	TEMP	M	27	SM	1.55.35	0	0
355	2142	53201	MZU	BAKADA	HOLLY	M	41	40-44M	1.55.42	0	0
356	2965	887	LYNNE	NEUBERT	CHARLO	F	54	50-54F	1.55.46	2	0
357	2963	3347	HANSIE	MINNAAR	CHARLO	M	70	70+M	1.55.48	3	0
358	2982	1017	JOE	SCHOEMAN	CHARLO	M	46	45-49M	1.55.50	1	0
359	2153	121	YASEEN	ABRAHAMS	MALABAR	M	54	50-54M	1.55.59	1	0
360	2491	1586	MAUDY	BOTES	DESPATCH	F	44	40-44F	1.56.00	2	0
361	2847	3847	SEB	FINESTONE	TEMP	M	32	SM	1.56.03	0	0
362	2109	1118	BRUCE	KING	ACH	M	60	60-64M	1.56.05	2	0
363	2410	1133	GREIG	NEWLAND-NELL	ACH	M	51	50-54M	1.56.05	1	0
364	2906	3413	ANDREW	PORTER	TEMP	M	54	50-54M	1.56.06	0	0
365	2185	2267	BULELANI	LENGOASA	VUKANI	M	54	50-54M	1.56.08	1	0
366	2420	52945	CWENGA	MAQINA	VITAL	M	36	35-39M	1.56.09	0	0
367	2053	672	NOZIE	GWILI	ASPEN	F	43	40-44F	1.56.15	2	0
368	2671	3671	DAVID	LEYLAND	TEMP	M	17	JM	1.56.35	0	0
369	2853	3853	SAEED	ABRAHAMS	TEMP	M	23	SM	1.56.37	0	0
370	2934	1019	EMILE	BESSINGER	CHARLO	M	54	50-54M	1.56.40	1	0
371	3080	3051	MANDLA	BOOI	TEMP	M	36	35-39M	1.56.40	0	0
372	2992	883	LINDI	VAN TONDER	CHARLO	F	48	45-49F	1.56.41	2	0
373	2440	1088	PERCY	DALTON	ACH	M	77	70+M	1.56.44	2	0
374	2951	1009	MEGAN	LONG	CHARLO	F	41	40-44F	1.56.45	2	0
375	2099	42	SAM	ERASMUS	SAPPE	M	68	65-69M	1.56.45	2	0
376	2232	1272	JEREMY	SCOTT	VWAC	M	55	55-59M	1.56.51	2	0
377	2334	1175	ROBYN	CLEMENCE	EMERIS	F	24	SF	1.56.59	1	0
378	3024	3025	THAPELO	SADIKI	TEMP	M	38	35-39M	1.57.00	0	0
379	3077	3049	WADE	TULLEKEN	TEMP	M	25	SM	1.57.04	0	0
380	2493	2975	AYANDA	BOTILE	CHILLIEP	M	39	35-39M	1.57.08	1	0
381	2970	960	ADELE	PHIPPS	CHARLO	F	57	55-59F	1.57.10	2	0
382	2537	4537	ALEXANDRA	FLEMMING	TEMP	F	34	SF	1.57.12	0	0
383	3095	66	ANITA	VISAGIE	SAPPE	F	48	45-49F	1.57.15	2	0
384	2505	2874	VUYISILE	DELIWE	CSEP	M	50	50-54M	1.57.20	1	0
385	2549	4549	SHANE	ANNANDALE	TEMP	M	42	40-44M	1.57.23	0	0
386	2007	3092	LEKELA	NKONKI	VITALITY	M	54	50-54M	1.57.27	1	0
387	2472	1854	NTOMBENTSHA	NAZO	HOLLYWOO	F	42	40-44F	1.57.28	2	0
388	2241	2277	THEMBELA	GXAMZA	VUKANI	F	36	35-39F	1.57.28	1	0
389	3048	3047	SEAN	SILWANA	TEMP	M	53	50-54M	1.57.31	0	0
390	2826	3826	NGONIDZASHE	ZATA	TEMP	M	34	SM	1.57.32	0	0
391	2003	3025	CHESLIN	PLAATJIES	VITALITY	M	40	40-44M	1.57.32	1	0
392	2569	1841	DOLLY	NDUDE	HOLLYWOO	F	54	50-54F	1.57.32	2	0
393	2898	4435	CHAD	MCLEAN	TEMP	M	28	SM	1.57.33	0	0
394	2002	2112	ALLISTER	ARENDS	ATLANTIC	M	41	40-44M	1.57.33	1	0
395	2946	915	JOEL	HUMAN	CHARLO	M	53	50-54M	1.57.40	1	0
396	2461	1635	DORIS	GERBER	MADIBA	F	55	55-59F	1.57.42	2	0
397	2935	907	CHARL	BEZUIDENHOUT	CHARLO	M	47	45-49M	1.57.43	1	0
398	2801	3801	JESSE	WOLVAARD	TEMP	F	25	SF	1.57.45	0	0
399	2823	3823	KEEGAN	FREEMAN	TEMP	M	26	SM	1.57.45	0	0
400	2344	52842	CRAIG	WEST	BED	M	62	60-64M	1.57.49	0	0
401	2213	2025	KYLA	FULLARTON	ALBANY	F	23	SF	1.57.56	1	0
402	2192	3066	WALTER	ZIMBEVA	VITALITY	M	46	45-49M	1.58.04	1	0
403	2855	3855	CHRISTINE	WIENAND	TEMP	F	47	45-49F	1.58.04	0	0
404	3057	3057	VILASH	PILLAY	TEMP	M	25	SM	1.58.09	0	0
405	3027	3028	PETER	JACOBSEN	TEMP	M	36	35-39M	1.58.20	0	0
406	2618	577	YOLANDIE	LANDMAN	RUN4C	F	51	50-54F	1.58.30	2	0
407	2845	3845	BIANCA	SCHOONBEE	TEMP	F	22	SF	1.58.33	0	0
408	2437	1042	EUGENE	VAN WYK	XCEL	M	54	50-54M	1.58.33	1	0
409	3044	3045	MARCELLE	SCHOONBEE	TEMP	F	20	SF	1.58.34	0	0
410	3134	3134	DARREN	GEORGE	TEMP	M	42	40-44M	1.58.37	0	0
411	2764	4764	NATALIE	BILLSON	TEMP	F	28	SF	1.58.38	0	0
412	2763	4763	TIM	HAYWARD	TEMP	M	26	SM	1.58.39	0	0
413	2335	1160	THEMBALETHU	MANA	EMERIS	M	50	50-54M	1.58.45	1	0
414	2337	2324	NDILEKA	MGCUWE	VUKANI	F	48	45-49F	1.58.45	2	0
415	2124	1547	MADELEINE	GREYLING	DESPATCH	F	55	55-59F	1.58.51	2	0
416	2542	4542	JULIA	FOOT	TEMP	F	30	SF	1.58.53	0	0
417	3042	3044	JORDAN	LE CLUS	TEMP	F	32	SF	1.58.54	0	0
418	2928	954	LOUISE	AXON	CHARLO	F	48	45-49F	1.58.54	2	0
419	2030	1609	WILLEMEN	DU RANDT	DESPATCH	F	51	50-54F	1.58.54	2	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
420	2607	584	BRENDON	SLABBERT	RUN4C	M	55	55-59M	1.59.06	1	0
421	2439	3454	ANTON	VERWEY	CONTI	M	51	50-54M	1.59.08	1	0
422	2811	3811	GRANT	HAYES	TEMP	M	56	55-59M	1.59.14	0	0
423	2425	1619	JUAN	GRIGOR	MADIBA	M	20	SM	1.59.14	1	0
424	2404	27965	ANTOINETTE	HAYES	TEAMVIT	F	52	50-54F	1.59.14	0	0
425	2888	2827	ANDRE	KOHLER	TEMP	M	40	40-44M	1.59.20	0	0
426	2756	4756	IMKE	MYBURG	TEMP	F	28	SF	1.59.21	0	0
427	2765	4765	RUCHENDA	COUTSOURIDES	TEMP	F	33	SF	1.59.21	0	0
428	2018	2748	SEAN	BUTLER	BODYCON	M	33	SM	1.59.22	1	0
429	2990	961	LARA	VAN HEERDEN	CHARLO	F	50	50-54F	1.59.22	2	0
430	2563	1853	DUMA	MZILENI	HOLLYWOO	M	47	45-49M	1.59.23	1	0
431	2509	1046	NIKKI	DRYDEN	ACH	F	55	55-59F	1.59.24	2	0
432	2422	2888	LUTHANDO	NOMOTO	CSEP	M	40	40-44M	1.59.32	1	0
433	2579	8997	MALIBONGWE	NTLOKWANA	TV	M	42	40-44M	1.59.35	0	0
434	2827	3827	KHANYISO	BLOU	TEMP	M	29	SM	1.59.36	0	0
435	2114	412	BULELANI	MATENJWA	IKHAMVA	M	44	40-44M	1.59.38	1	0
436	2371	3272	MSAWENKOSI	TSHIBILIKA	CHEETAHS	M	43	40-44M	1.59.38	0	0
437	2474	730	SUNE	DIEDERICKS	CRUSADE	F	55	55-59F	1.59.50	2	0
438	2635	3635	LUCA	DE BRUIJN	TEMP	F	25	SF	1.59.57	0	0
439	2636	3636	TRISTEN	DU RANDT	TEMP	M	26	SM	1.59.57	0	0
440	2775	4775	MARIO	LOCKEM	TEMP	M	43	40-44M	2.00.02	0	0
441	2102	2467	CARLA	HUYSAMEN	JBAY	F	30	SF	2.00.04	1	0
442	2500	771	KELLY	COLLINGS	ACH	F	31	SF	2.00.10	1	0
443	2191	3067	BRENDA	MUKOMBE	VITALITY	F	38	35-39F	2.00.14	1	0
444	2821	3821	CONSTANCE	NENGOVHELA	TEMP	F	41	40-44F	2.00.18	0	0
445	2122	12409	DAVID	MOLELEKENG	PMMC	M	62	60-64M	2.00.22	0	0
446	2793	4793	MARYBETH	HANSEN	TEMP	F	38	35-39F	2.00.39	0	0
447	2277	1588	JACQUES	BOTHA	DESPATCH	M	52	50-54M	2.00.47	1	0
448	2872	1592	CEDRIC	THYSSE	DESPATCH	M	69	65-69M	2.00.47	2	0
449	2319	1623	SUSAN	ALCOCK	MADIBA	F	60	60-64F	2.00.50	2	0
450	2497	1703	JAIME	ALCOCK	MADIBA	F	24	SF	2.00.51	1	0
451	2217	2011	JUANITA	FULLER	ALBANY	F	50	50-54F	2.00.55	2	0
452	2146	2773	KATELYN	WIJTENBURG	ALBANY	F	23	SF	2.01.18	1	0
453	3067	3798	TGETHO	SEGOSAPELO	TEMP	M	22	SM	2.01.28	0	0
454	2347	616	RUAN	LUNDT	RUN4C	M	39	35-39M	2.01.29	1	0
455	2780	4780	VOJTECH	MIKAT	TEMP	M	42	40-44M	2.01.35	0	0
456	2680	3680	LISA	ACHILLEOS	TEMP	F	36	35-39F	2.01.44	0	0
457	3069	3069	ATLEHANG	SHAI	TEMP	M	20	SM	2.01.47	0	0
458	2426	622	YVETTE	DE VILLIERS	ASPEN	F	40	40-44F	2.01.48	1	0
459	2516	4516	LIZANNE	PIETERSE	TEMP	F	39	35-39F	2.01.48	0	0
460	3065	3065	IMANATHI	NGUBELANGA	TEMP	M	19	SM	2.02.01	0	0
461	2617	519	CHARLOTTE	VAN WYK	RUN4C	F	44	40-44F	2.02.01	1	0
462	2413	1277	DENVER	ELLIE	VWAC	M	45	45-49M	2.02.05	1	0
463	2382	2431	CHRISTELLE	BLUME	JBAY	F	58	55-59F	2.02.09	2	0
464	2889	2835	EUGENE	LABUSCHAGNE	TEMP	M	40	40-44M	2.02.10	0	0
465	3014	1567	JACOBUS	WYATT	DESPATCH	M	63	60-64M	2.02.12	1	0
466	2693	3693	SONÉ	GRIEVE	TEMP	F	25	SF	2.02.13	0	0
467	3060	2168	JED	GILLARD	TEMP	M	24	SM	2.02.14	0	0
468	2628	3628	JAYDEN	FOURIE	TEMP	M	22	SM	2.02.14	0	0
469	2861	3861	MATTHEW	GERRARD	TEMP	M	21	SM	2.02.15	0	0
470	2789	4789	T	RABE	TEMP	M	27	SM	2.02.15	0	0
471	2384	511	ELRINDA	WANNENBURG	RUN4C	F	45	45-49F	2.02.22	1	0
472	2324	785	CHRISTOPHER	MARLIN	32GI	M	50	50-54M	2.02.22	1	0
473	3009	800	JONATHAN	MANDELL	32GI	M	61	60-64M	2.02.22	1	0
474	2805	3805	CHRISTIE	KAPUTENI	TEMP	M	25	SM	2.02.23	0	0
475	2029	505	ANDRIES	COETSEE	RUN4C	M	40	40-44M	2.02.24	1	0
476	2172	578	MARLENE	MULVEY	RUN4C	F	48	45-49F	2.02.30	1	0
477	2301	3391	KUHLE	MQASHANE	CHILLIEP	F	22	SF	2.02.32	1	0
478	3043	1005	JOLENE	JANSEN	CHARLO	F	40	40-44F	2.02.32	1	0
479	2316	570	JENNIFER	AH CHONG	RUN4C	F	58	55-59F	2.02.34	2	0
480	3133	52387	LIHLE	MNCONO	TV	M	41	40-44M	2.02.39	0	0
481	2113	1208	CHRISTINE	BIRD	ELITEAC	F	55	55-59F	2.02.40	2	0
482	2383	2392	LIZEL	FERREIRA	JBAY	F	43	40-44F	2.02.41	1	0
483	2918	4092	CANDICE	VAN ROOYEN	TEMP	F	40	40-44F	2.02.42	0	0
484	3113	26402	WADE	MULLER	MAVERICK	M	36	35-39M	2.02.44	0	0
485	2111	3035	SIYABONGA	COKILE	VITALITY	M	49	45-49M	2.02.53	1	0
486	2039	684	AXOLA	PAKADE	ASPEN	M	29	SM	2.02.53	1	0
487	2917	4099	AMY-LEIGH	VAN DER WALT	TEMP	F	25	SF	2.02.55	0	0
488	2836	3836	WISIZWI	VOYI	TEMP	F	26	SF	2.03.10	0	0
489	3055	4909	LAAIQ	SALIE	TEMP	M	23	SM	2.03.15	0	0
490	2729	4337	PAUL	CLOETE	TEMP	M	34	SM	2.03.18	0	0
491	2728	2543	NADIA	CLOETE	TEMP	F	33	SF	2.03.19	0	0
492	2692	3692	STANFORD	NDLOVU	TEMP	M	32	SM	2.03.32	0	0
493	2921	4810	JAMES	YORK	TEMP	M	25	SM	2.03.38	0	0
494	2864	3864	JOANNE	DANIELS	TEMP	F	60	60-64F	2.03.41	0	0
495	2945	1001	KEANO	HITZEROTH	CHARLO	M	26	SM	2.03.51	1	0
496	2465	1192	HEINZ	CONRAD	ELITEAC	M	47	45-49M	2.03.53	1	0
497	2831	3831	EPHRAIM	NONTIYA	TEMP	M	27	SM	2.03.54	0	0
498	2495	1308	NKULULEKO	CETYWAYO	VWAC	M	49	45-49M	2.03.58	1	0
499	2648	3648	DANZEL	VAN DER MERWE	TEMP	M	30	SM	2.03.59	0	0
500	2223	81	NOMANDLA	LUNGUZA	SAPPE	F	50	50-54F	2.04.00	1	0
501	2994	876	GEORGE	WINSHIP	CHARLO	M	60	60-64M	2.04.03	1	0
502	2308	51708	TABO	NOMBUTUMA	ORMAMBA	M	46	45-49M	2.04.04	0	0
503	2288	655	NTHABISENG	MASHEGO	ASPEN	F	33	SF	2.04.08	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
504	2572	4572	KRISTEN	VAN ROOYEN	TEMP	F	23	SF	2.04.19	0	0
505	2469	2033	BATHANDWA	GOBINGCA	ALBANY	M	32	SM	2.04.21	1	0
506	2445	1698	MEGAN	BOSMAN	MADIBA	F	39	35-39F	2.04.24	1	0
507	2842	3842	SOPHIE	SAUNDERS	TEMP	F	25	SF	2.04.26	0	0
508	2530	641	JACQUES	KEIRSGIETER	ASPEN	M	38	35-39M	2.04.34	1	0
509	2017	1285	WANDA	BANJWA	VWAC	M	39	35-39M	2.04.35	1	0
510	2705	4705	GREG	BALL	TEMP	M	54	50-54M	2.04.38	0	0
511	2741	4741	MZOLISI	KOHLAKALA	TEMP	M	55	55-59M	2.04.41	0	0
512	2096	4341	MEEGAN	KLOPPER	TEMP	F	19	JF	2.04.42	0	0
513	2467	12	MARIKE	VAN DER KOLF	PEAAC	F	35	35-39F	2.04.49	1	0
514	2468	11	THOMAS	VAN DER KOLF	PEAAC	M	36	35-39M	2.04.50	1	0
515	2381	510	GIDEON	VAN ZYL	RUN4C	M	44	40-44M	2.04.54	1	0
516	3068	3068	WANDILE	SHAZI	TEMP	M	21	SM	2.05.03	0	0
517	2545	859	KAYLEE	MARX	32GI	F	29	SF	2.05.05	1	0
518	2687	3687	JENNA	WALTERS	TEMP	F	26	SF	2.05.07	0	0
519	2028	2342	TUMELO	LEHASA	HOLLYWOO	M	38	35-39M	2.05.26	1	0
520	2838	3838	MIKE	WEBB	TEMP	M	66	65-69M	2.05.27	0	0
521	2056	632	MOMELEZI	CONJWA	ASPEN	M	31	SM	2.05.33	1	0
522	3026	3027	DAYANA	JACOBSEN	TEMP	F	35	35-39F	2.05.52	0	0
523	2895	4412	HLUMELO	MATOLE	TEMP	M	24	SM	2.06.00	0	0
524	2591	341	DELME	REDCLIFFE	MUIRITE	M	42	40-44M	2.06.06	1	0
525	2930	984	BELINDA	BAIN	CHARLO	F	64	60-64F	2.06.08	2	0
526	2448	3484	MONICA	MASHISHI	BESTMED	F	21	SF	2.06.09	1	0
527	2714	4714	SEKO	ZONDANI	TEMP	M	33	SM	2.06.13	0	0
528	2127	149	ZIYAAD	DOLLEY	MALABAR	M	57	55-59M	2.06.22	1	0
529	2797	4797	MARVIN	KORKIE	TEMP	M	39	35-39M	2.06.24	0	0
530	3102	3054	SIMON	YOUNG	VITALITY	M	46	45-49M	2.06.29	1	0
531	2711	4711	ILZEMARI	BEYERS	TEMP	F	26	SF	2.06.31	0	0
532	2130	2020	JUSTINE-LEE	DU PLOOY	ALBANY	F	23	SF	2.06.32	1	0
533	2429	1356	JEROME	MAY	NEDBANK	M	59	55-59M	2.06.32	1	0
534	2894	4449	LIZE-MARI	MARAIS	TEMP	F	38	35-39F	2.06.36	0	0
535	2770	4770	JEAN	ROUX	TEMP	M	55	55-59M	2.06.41	0	0
536	3118	4882	RICARDO	DIEDERICKS	TEMP	M	25	SM	2.06.44	0	0
537	2503	75	HESTER	DEKKER	SAPPE	F	54	50-54F	2.06.47	1	0
538	2781	4781	JAREN	WICHT	TEMP	M	24	SM	2.06.49	0	0
539	2106	1911	MATHONGO	MAKHIWANE	BLUEBAY	M	51	50-54M	2.06.56	1	0
540	2814	3814	KATHRYN	LUCK	TEMP	F	42	40-44F	2.06.58	0	0
541	2571	707	MPUMELELO	NGWENYA	CRUSADE	M	36	35-39M	2.07.06	1	0
542	2682	3682	RYAN	KIETZMANN	TEMP	M	17	JM	2.07.12	0	0
543	2455	51571	WENDY	PANTSHWA	NEDBOR	F	35	35-39F	2.07.12	0	0
544	2871	409	VERONICA	SMITH	IKHAMVA	F	60	60-64F	2.07.28	2	0
545	2238	3124	SINOTHANDO	TISO	VITALITY	F	31	SF	2.07.35	1	0
546	2936	933	SANET	BEZUIDENHOUT	CHARLO	F	38	35-39F	2.07.38	1	0
547	2339	2681	ANESIPHIWO	MAGADLA	HOLLYWOO	F	25	SF	2.07.41	1	0
548	2909	3557	ELROY	SINGH	TEMP	M	39	35-39M	2.07.41	0	0
549	3015	1250	PETER	VAN RENSBURG	ELITEAC	M	68	65-69M	2.07.49	1	0
550	2176	499	DALE	FLYNN	RUN4C	M	32	SM	2.07.49	1	0
551	2138	1234	DEWALD	DEYSEL	ELITEAC	M	44	40-44M	2.07.49	1	0
552	2663	3663	LILIAN	WEYER-SCHNEIDER	TEMP	F	25	SF	2.07.50	0	0
553	2116	1575	LESLEY-ANN	BUSH	DESPATCH	F	54	50-54F	2.07.54	1	0
554	2863	3863	ANDY	DANIELS	TEMP	M	64	60-64M	2.08.04	0	0
555	2932	893	MAGDA	BECKER	CHARLO	F	38	35-39F	2.08.13	1	0
556	2226	3482	SAPHILA	MBOKENI	BESTMED	M	27	SM	2.08.22	1	0
557	2796	4796	KUDZANI	MTOMBENI	TEMP	F	48	45-49F	2.08.23	0	0
558	2009	3125	LEANNE	LE ROUX	VITALITY	F	48	45-49F	2.08.24	1	0
559	2712	4712	SBONGA	MKHIZE	TEMP	M	21	SM	2.08.30	0	0
560	2222	708	JOAN	MARLBOROUGH	CRUSADE	F	71	70+F	2.08.32	2	0
561	2475	3367	NTOMBAMAZIZ	MATOLE	HOLLYWOO	F	45	45-49F	2.08.36	1	0
562	2759	4759	NICK	BEUKMAN	TEMP	M	18	JM	2.08.52	0	0
563	2171	3008	THOZAMA	MANTLAKA	VITALITY	F	40	40-44F	2.09.09	1	0
564	2235	1685	MARTIE	VAN SCHALKWYK	MADIBA	F	61	60-64F	2.09.28	1	0
565	2284	1359	EDWALL	VAN ROOYEN	NEDBANK	M	53	50-54M	2.09.39	1	0
566	2490	1585	GEORGE	BOTES	DESPATCH	M	52	50-54M	2.09.40	1	0
567	2446	513	ROZETTA	KEMP	RUN4C	F	72	70+F	2.09.42	2	0
568	2125	1429	RIKA	TERBLANCHE	NEDBANK	F	49	45-49F	2.09.47	1	0
569	2641	3641	MEGAN	MORRIS	TEMP	F	34	SF	2.10.10	0	0
570	2684	3684	S'BU	TYIBILIKA	TEMP	M	33	SM	2.10.11	0	0
571	2736	4736	MORGAN	MORRIS	TEMP	M	35	35-39M	2.10.15	0	0
572	3036	119	GALEEMA	LILLAH	MALABAR	F	33	SF	2.10.25	1	0
573	2619	1565	BONITA	WEITSZ	DESPATCH	F	54	50-54F	2.10.27	1	0
574	2700	3700	ARNO	STEENKAMP	TEMP	M	30	SM	2.10.43	0	0
575	2507	1125	BRENDAN	DRYDEN	ACH	M	58	55-59M	2.10.48	1	0
576	2396	1291	ASHENDA	MAKONIE	VWAC	F	50	50-54F	2.10.50	1	0
577	2158	51526	SANRI	CARSTENS	HANG	F	42	40-44F	2.10.57	0	0
578	3121	4459	SIVUYILE	SITHONGA	TEMP	M	37	35-39M	2.11.04	0	0
579	2743	4743	DEVON	MATTISSON	TEMP	M	35	35-39M	2.11.24	0	0
580	2882	2540	JUAN-PIERRE	DESCHAMPS	TEMP	M	35	35-39M	2.11.24	0	0
581	2550	4550	AMOS	PRAM	TEMP	M	50	50-54M	2.11.26	0	0
582	2014	1753	ROXANNE	MULLER	GELVAN	F	41	40-44F	2.11.33	1	0
583	2266	695	JACQUES	MINNIE	ASPEN	M	27	SM	2.11.36	1	0
584	3122	16541	MMELI	MATSHABANE	GUGS	M	46	45-49M	2.11.36	0	0
585	2795	4795	HEENA	RAGA	TEMP	F	48	45-49F	2.11.44	0	0
586	2265	699	ROCCO	VERWEY	ASPEN	M	57	55-59M	2.11.45	1	0
587	2974	889	PETER	POHLMANN	CHARLO	M	62	60-64M	2.11.47	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
588	2262	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	47	45-49F	2.11.49	1	0
589	2412	51234	ZANNÉ	PRINSLOO	NEDBSWD	F	49	45-49F	2.11.59	0	0
590	2438	1119	TREMAINE	WESSON	ACH	M	65	65-69M	2.12.00	1	0
591	2616	110	JUAN	VAN EYK	ACT AC	M	51	50-54M	2.12.09	1	0
592	3035	3032	WENDY	VAN EYCK	TEMP	F	43	40-44F	2.12.28	0	0
593	2910	3556	JAMIE	STRAUSS	TEMP	M	22	SM	2.12.31	0	0
594	2859	3859	LUKAS	OPPERMAN	TEMP	M	21	SM	2.12.31	0	0
595	2913	4007	SEVERIANO	TERBLANCHE	TEMP	M	37	35-39M	2.12.34	0	0
596	2532	3408	HELEN	KERNOHAN	BIGBEAR	F	51	50-54F	2.12.35	1	0
597	2143	1846	SIMO	NKANYUZA	HOLLYWOO	M	39	35-39M	2.12.57	1	0
598	2559	1298	MPHATHISI	MJADU	VWAC	M	54	50-54M	2.12.57	1	0
599	2040	424	LUTHANDO	YIBE	CHILLIEP	M	45	45-49M	2.12.57	1	0
600	2318	2226	THUSO	MKONTWANA	SIBALEKA	M	40	40-44M	2.12.58	1	0
601	2450	1297	THANDEKILE	GAXAMBA	VWAC	M	55	55-59M	2.12.58	1	0
602	3097	2301	ALIZWA	BOVUNGANA	VUKANI	M	25	SM	2.12.58	1	0
603	2655	3655	THATO	MAFOKWANE	TEMP	M	21	SM	2.12.58	0	0
604	2389	1284	DEAN	BOSMAN	VWAC	M	44	40-44M	2.12.58	1	0
605	2193	391	MLULEKI	RALA	IKHAMVA	M	47	45-49M	2.12.59	1	0
606	2750	4750	MTHOKOZISI	KHULU	TEMP	M	37	35-39M	2.12.59	0	0
607	2005	3006	SANDILE	NDLOVU	VITALITY	M	42	40-44M	2.12.59	1	0
608	2589	1154	ELIZABETH	PRINS	ACH	F	57	55-59F	2.12.59	1	0
609	2051	3287	BANELE	BLAAUW	VITALITY	M	32	SM	2.12.59	1	0
610	2944	1014	ANNABELLE	HIFT	CHARLO	F	28	SF	2.13.13	1	0
611	3094	3055	CLAIRE	RANKIN	TEMP	F	27	SF	2.13.20	0	0
612	3053	4345	WESLEY	HERMANUS	TEMP	M	23	SM	2.13.20	0	0
613	2551	2344	SIDWELL	MATINYANE	VUKANI	M	60	60-64M	2.13.22	1	0
614	2112	3038	MELISSA	SWANEPOEL	RUN4C	F	38	35-39F	2.13.24	1	0
615	2147	1146	LEANI	SAVAGE	ACH	F	36	35-39F	2.13.41	1	0
616	2695	3695	JAN	EKSTEEN	TEMP	M	40	40-44M	2.13.42	0	0
617	3016	1560	PIETER	STRYDOM	DESPATCH	M	65	65-69M	2.13.53	1	0
618	2751	4751	ZITHOBELE	SEYIMANI	TEMP	M	44	40-44M	2.14.02	0	0
619	2300	2709	ANNALIE	STRYDOM	MUIRITE	F	62	60-64F	2.14.02	1	0
620	2656	3656	STEPHANIE	BAKER	TEMP	F	27	SF	2.14.03	0	0
621	3129	1627	NATASHA	SMITH	MADIBA	F	40	40-44F	2.14.04	1	0
622	3054	3285	SANDISILE	QUMZA	VITALITY	M	38	35-39M	2.14.05	1	0
623	3104	1955	DANIEL	PIETERSE	BLUEBAY	M	64	60-64M	2.14.07	1	0
624	2925	4836	TYRA	MOORCROFT	TEMP	F	19	SF	2.14.08	0	0
625	2879	2537	KIAN	CAMBIER	TEMP	M	20	SM	2.14.09	0	0
626	2105	2134	CAROLINE	ALLEN	TRANSNET	F	54	50-54F	2.14.10	1	0
627	2351	2317	SINOVUYO	PHOHLONGO	TRANSNET	F	32	SF	2.14.11	1	0
628	2606	2285	LUVUYO	SIWUNDLA	VUKANI	M	46	45-49M	2.14.16	1	0
629	2753	4753	LUTHANDO	MATIWANE	TEMP	M	43	40-44M	2.14.26	0	0
630	2588	1555	LYDIA	POTGIETER	DESPATCH	F	51	50-54F	2.14.26	1	0
631	2675	3675	DILLAN	KROMHOUT	TEMP	M	24	SM	2.14.29	0	0
632	3037	3379	SIPHESIHLE	NOMATYELI	CHILLIEP	M	36	35-39M	2.14.33	1	0
633	2514	4514	LEANNE	ELLIS	TEMP	F	42	40-44F	2.14.45	0	0
634	2738	4738	GWEN	LOMBARD	TEMP	F	42	40-44F	2.14.46	0	0
635	2234	512	ANSIE	BENADE	RUN4C	F	67	65-69F	2.14.46	1	0
636	2391	636	SIMTANDILE	MVELO	ASPEN	F	28	SF	2.14.48	1	0
637	2126	50270	JODY	PASQUALLIE	OXFORD	M	42	40-44M	2.14.54	0	0
638	2644	3644	AMY	GERT	TEMP	F	33	SF	2.14.55	0	0
639	2317	1143	THERESA	LILLIS	ACH	F	70	70+F	2.14.58	1	0
640	2779	4779	NIEL	SNYDERS	TEMP	M	38	35-39M	2.15.01	0	0
641	2565	1278	LEANNE	NAIDOO	VWAC	F	53	50-54F	2.15.04	1	0
642	2677	3677	JACQUI	BESTER	TEMP	F	49	45-49F	2.15.15	0	0
643	2850	3850	WANDA	NKOSI	TEMP	M	45	45-49M	2.15.17	0	0
644	2912	4016	KRISTIN	SUTHERLAND	TEMP	F	43	40-44F	2.15.19	0	0
645	2964	905	MICHELE	MOOLMAN	CHARLO	F	41	40-44F	2.15.20	1	0
646	2399	2067	LUDWE	SOBELE	HOLLYWOO	M	37	35-39M	2.15.20	1	0
647	2661	3661	LUCIEN	SASS	TEMP	M	42	40-44M	2.15.36	0	0
648	2580	4580	LWANDILE	MOYO	TEMP	M	24	SM	2.15.37	0	0
649	2905	3406	LYNDA	PAUTZ	TEMP	F	45	45-49F	2.15.39	0	0
650	3083	751	NICK	MULLINS	CRUSADE	M	70	70+M	2.15.40	1	0
651	2760	4760	SIYABONGA	MAJEKE	TEMP	M	45	45-49M	2.15.45	0	0
652	2852	3852	NCEBA	KAPAYI	TEMP	M	50	50-54M	2.15.47	0	0
653	2973	909	THURAYA	PILLAY	CHARLO	F	24	SF	2.15.50	1	0
654	2107	2909	DENVER	BARENDSE	CSEP	M	38	35-39M	2.15.50	1	0
655	2403	1195	SAMANTHA	DOUGLAS	ELITEAC	F	38	35-39F	2.15.53	1	0
656	2708	4708	LUKHO	NCANA	TEMP	M	20	SM	2.15.56	0	0
657	2914	4023	TATUM	TERBLANCHE	TEMP	F	34	SF	2.16.00	0	0
658	2353	3042	LONA	TUKELA	GELVAN	M	27	SM	2.16.00	1	0
659	2433	492	NTOKOZO	NGUBANE	RUN4C	F	31	SF	2.16.06	1	0
660	2203	1445	NOYISE	LUVALO	NEDBANK	F	46	45-49F	2.16.07	1	0
661	3038	3102	MAKHASANE	MAMOTHETI	VITALITY	F	41	40-44F	2.16.10	1	0
662	2261	1063	CRYSTAL	VAN HEERDEN	ACH	F	31	SF	2.16.10	1	0
663	2984	906	TARYN	FERREIRA	CHARLO	F	45	45-49F	2.16.11	1	0
664	2046	450	SIHLE	QWEMESHA	CHILLIEP	F	32	SF	2.16.18	1	0
665	2969	996	PAULA	PEARCE	CHARLO	F	58	55-59F	2.16.22	1	0
666	2812	3812	VUYANI	KUSE	TEMP	M	40	40-44M	2.16.24	0	0
667	2280	1534	FRANCOIS	WIUM	DESPATCH	M	43	40-44M	2.16.24	1	0
668	2650	3650	THOBANI	SIKADE	TEMP	M	35	35-39M	2.16.42	0	0
669	2013	1739	SHAHIED	MAMOOJEE	GELVAN	M	60	60-64M	2.16.44	1	0
670	2492	1914	SUZETTE	BOTHA	BLUEBAY	F	60	60-64F	2.16.49	1	0
671	2214	2345	NOMFUSI	CESHEMBA	VUKANI	F	44	40-44F	2.16.51	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
672	2552	34	MAWETHU	MAZOMBA	SIBALEKA	M	33	SM	2.16.52	1	0
673	2063	1307	FIKISWA	NGONYAMA	VWAC	F	42	40-44F	2.16.52	1	0
674	2095	4340	ANGUS	MOURANT	TEMP	M	20	SM	2.16.55	0	0
675	2778	4778	JACQUES	DIRKER	TEMP	M	34	SM	2.17.16	0	0
676	2676	3676	SILKY	SCHUIN-DORFLING	TEMP	F	25	SF	2.17.16	0	0
677	2881	2539	MAVERICK	COLTMAN	TEMP	M	38	35-39M	2.17.48	0	0
678	2672	3672	BIANCA	BOTHA	TEMP	F	20	SF	2.17.48	0	0
679	3117	1332	THANDIWE	NKWANDLA	NEDBANK	F	61	60-64F	2.17.52	1	0
680	2624	1617	CHARMAINE	BUTTON	MADIBA	F	62	60-64F	2.18.01	1	0
681	2633	3633	NDU	DLAMINI	TEMP	M	42	40-44M	2.18.09	0	0
682	2717	4717	STEFAN	SCHUBERT	TEMP	M	22	SM	2.18.10	0	0
683	2681	3681	LOYISO	DUNA	TEMP	M	33	SM	2.18.14	0	0
684	2336	50943	SISIPHO	FAYE	REALGIJ	F	31	SF	2.18.17	0	0
685	2268	2391	SASHA	SWART	JBAY	F	41	40-44F	2.18.21	1	0
686	2270	2496	JUAN-MARIE	DE WET	JBAY	F	37	35-39F	2.18.22	1	0
687	2777	4777	CLAIRE	MITCHELL	TEMP	F	18	JF	2.18.23	0	0
688	2023	844	JOHAN	JOUBERT	MTHATHA	M	39	35-39M	2.18.46	0	0
689	3025	3026	SITHEMBISO	SOYAYA	TEMP	M	45	45-49M	2.18.53	0	0
690	2840	3840	ROESTOFF	GEYSER	TEMP	M	39	35-39M	2.19.06	0	0
691	2242	2283	ANDISWA	CINGO	VUKANI	F	40	40-44F	2.19.09	1	0
692	2653	3653	JOY	MAZIBUKO	TEMP	F	35	35-39F	2.19.10	0	0
693	2726	2531	MARK	EBERHARDT	TEMP	M	28	SM	2.19.24	0	0
694	2260	463	KYM	MANDIZVIDZA	CHILLIEP	F	34	SF	2.19.33	1	0
695	3131	4906	BLAKE	COTTERELL	TEMP	M	22	SM	2.19.36	0	0
696	2800	4800	OWEN	REDDY	TEMP	M	26	SM	2.19.47	0	0
697	2922	4817	CONNOR	BESSINGER	TEMP	M	16	JM	2.19.50	0	0
698	2924	4820	LARA	HENY	TEMP	F	18	JF	2.19.50	0	0
699	2798	4798	DONATO	SYCE	TEMP	M	29	SM	2.19.58	0	0
700	2453	3036	NANDIPHA	MYELEYELE	VITALITY	F	38	35-39F	2.20.14	1	0
701	2220	53071	GRACE	MPETE	VITAL	F	45	45-49F	2.20.24	0	0
702	2786	4786	ISABELLE	TALJAARD	TEMP	F	28	SF	2.20.25	0	0
703	2787	4787	ANNE	VAN DER MERWE	TEMP	F	27	SF	2.20.25	0	0
704	2050	2971	VUYOKAZI	DUBE	CHILLIEP	F	49	45-49F	2.20.26	1	0
705	2035	467	SIYABONGA	TSHAKA	CHILLIEP	M	43	40-44M	2.20.41	1	0
706	3041	3043	SISEKO	TSHAKE	TEMP	M	26	SM	2.20.41	0	0
707	2915	4026	SINIKELO	TSHAKA	TEMP	M	21	SM	2.20.41	0	0
708	2168	40010	ISABELLA	JONSON	RUN4C	F	17	JF	2.20.44	1	0
709	2311	15	EMMERENCHIA	SLABBERT	PEAAC	F	53	50-54F	2.20.47	1	0
710	2659	3659	NTUTHUZELO	SKENJANA	TEMP	M	44	40-44M	2.20.51	0	0
711	2949	969	GARY	KELLEHER	CHARLO	M	68	65-69M	2.20.57	1	0
712	2907	3429	ASTRID	ROSSOUW	TEMP	F	47	45-49F	2.21.02	0	0
713	2239	50735	JUANITA	BRINK	KIMBH	F	47	45-49F	2.21.04	0	0
714	2004	3114	VUKOSI	MALULEKE	VITALITY	M	30	SM	2.21.05	1	0
715	2120	3260	NOMFUNDO	KAMTENI	CHEETHAS	F	44	40-44F	2.21.05	0	0
716	2400	3337	MELISSA	BODENSTEIN	ALBANY	F	46	45-49F	2.21.07	1	0
717	2331	1167	CHLOE	CRITCHLOW	EMERIS	F	21	SF	2.21.12	1	0
718	3058	3058	KEENAN	BURRISS	TEMP	M	27	SM	2.21.18	0	0
719	3100	834	ASHTON	JACOBS	32GI	F	30	SF	2.21.19	1	0
720	2083	4320	JUDY	DAVENPORT	TEMP	F	29	SF	2.21.19	0	0
721	2785	4785	BENEDICT	WALDNER	TEMP	M	28	SM	2.21.19	0	0
722	3023	3023	CG	MARAIS	TEMP	M	34	SM	2.21.22	0	0
723	2804	3804	SHAMEEMA	HENDRICKS	TEMP	F	45	45-49F	2.21.29	0	0
724	2720	4720	CHRISTA	BUYTENDAG	TEMP	F	38	35-39F	2.21.30	0	0
725	2835	3835	IMIBONGO	SONGELWA	TEMP	F	20	SF	2.21.35	0	0
726	2513	4513	MELISSA	SEZOE	TEMP	F	22	SF	2.21.39	0	0
727	2251	725	WENDY	BULULU	CRUSADE	F	43	40-44F	2.21.52	1	0
728	2858	3858	ANABELLE	JONCK	TEMP	F	21	SF	2.21.53	0	0
729	3076	3048	CAITLYN	VENTER	TEMP	F	24	SF	2.21.53	0	0
730	2354	432	MVELELI	MBANDE	CHILLIEP	M	40	40-44M	2.22.05	1	0
731	2064	753	PLACXEDES	NDHLOVU	CRUSADE	F	52	50-54F	2.22.11	1	0
732	2177	575	JACKIE	ELOFF	RUN4C	F	54	50-54F	2.22.12	1	0
733	2794	4794	BIANCA	ROBERTS	TEMP	F	38	35-39F	2.22.19	0	0
734	2562	1092	NIKKI	MOSS	ACH	F	45	45-49F	2.22.22	1	0
735	2837	3837	BRESLER	SWANEPOEL	TEMP	M	33	SM	2.22.47	0	0
736	2070	252	SOLLY	MEMESE	MUIRITE	M	64	60-64M	2.22.56	1	0
737	2710	4710	CALEB	FEBRUARY	TEMP	M	30	SM	2.23.01	0	0
738	2988	917	VICKY	TSOUKNIDAS	CHARLO	F	48	45-49F	2.23.02	1	0
739	2991	926	TREVOR	VAN RENSBURG	CHARLO	M	73	70+M	2.23.04	1	0
740	2510	738	SAM	DU TOIT	CRUSADE	F	57	55-59F	2.23.06	1	0
741	2097	4342	CHELSEA	CAMERON	TEMP	F	28	SF	2.23.11	0	0
742	2511	4511	CHANE	VAN DER MESCHT	TEMP	F	25	SF	2.23.25	0	0
743	2162	3346	GRANT	HOWARD	CHARLO	M	54	50-54M	2.23.26	1	0
744	2152	139	WARDAH	KAFAAR	MALABAR	F	46	45-49F	2.23.33	1	0
745	2820	3820	PHUMLILE	COTIYANE-PONDO	TEMP	M	36	35-39M	2.23.34	0	0
746	2121	3068	NTOMBIZINE	MTANDA	VITALITY	F	50	50-54F	2.23.39	1	0
747	2375	677	ANAM	WITBOOI	ASPEN	F	31	SF	2.23.41	1	0
748	2393	3236	RIAANA	BOUWER	CONTI	F	50	50-54F	2.23.41	1	0
749	2943	959	JOHAN	GERBER	CHARLO	M	47	45-49M	2.23.47	1	0
750	3018	11233	MADELEIN	O'CONNELL	BESTMED	F	52	50-54F	2.23.57	1	0
751	3019	11232	THOMAS	O'CONNELL	BESTMED	M	55	55-59M	2.23.57	1	0
752	2634	3634	THABANG	MANYAMA	TEMP	M	32	SM	2.23.59	0	0
753	2377	645	KHULISO	NEPHALAMA	ASPEN	M	35	35-39M	2.24.00	1	0
754	2654	3654	MARLIZE	VAN DER MERWE	TEMP	F	49	45-49F	2.24.08	0	0
755	2985	913	SHARON	SMUTS	CHARLO	F	60	60-64F	2.24.30	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
756	2746	4746	TANGO	MCOTOYI	TEMP	M	24	SM	2.24.39	0	0
757	2686	3686	BOIKETLO	MTAU	TEMP	F	22	SF	2.24.46	0	0
758	2156	3365	EVERTON	JAFTHA	MUIRITE	M	40	40-44M	2.24.50	1	0
759	2256	1927	ANIRLE	DE MEYER	BLUEBAY	F	29	SF	2.24.55	1	0
760	2237	1958	MELISSA	VAN WYK	BLUEBAY	F	33	SF	2.24.57	1	0
761	2901	4441	JESSICA	MOYO	TEMP	F	27	SF	2.24.57	0	0
762	2089	4333	SOMILA	SPONDO	TEMP	M	32	SM	2.25.03	0	0
763	2701	4701	LENE	STEENKAMP	TEMP	F	29	SF	2.25.04	0	0
764	3115	4859	MARLIA	DICK	TEMP	F	35	35-39F	2.25.04	0	0
765	2134	298	SANET	BOUCHER	MUIRITE	F	46	45-49F	2.25.10	1	0
766	2061	339	ILSE	CLAASSENS	MUIRITE	F	27	SF	2.25.11	1	0
767	2621	602	OZELLE	WIEHAHN	RUN4C	F	52	50-54F	2.25.14	1	0
768	2911	3567	KARLIEN	STRYDOM	TEMP	F	29	SF	2.25.14	0	0
769	2704	4704	SUENE	ALBERTS	TEMP	F	24	SF	2.25.18	0	0
770	2690	3690	DANIEL	SCHLUTER	TEMP	M	33	SM	2.25.18	0	0
771	2666	3666	HELEN	VAN DER WESTHUIZEN	TEMP	F	45	45-49F	2.25.19	0	0
772	2841	3841	LEEWEYN	ARENDS	TEMP	M	36	35-39M	2.25.20	0	0
773	2358	242	ROBIN	PEACOCK	MUIRITE	M	41	40-44M	2.25.20	1	0
774	2076	2180	VIVIENNE	MCETYWA	TRANSNET	F	37	35-39F	2.25.38	1	0
775	2155	3047	NONKE	MABIZELA	VITALITY	M	43	40-44M	2.25.42	1	0
776	2071	5823	RODNEY	BUTTERS	EASYEQ	M	64	60-64M	2.26.03	0	0
777	2575	4575	ROSE	LOLO	TEMP	F	31	SF	2.26.05	0	0
778	2289	51224	VENESSA	WEST	PAC	F	59	55-59F	2.26.14	0	0
779	2662	3662	VERONIQUE	SASS	TEMP	F	41	40-44F	2.26.16	0	0
780	2807	3807	SIPHOKAZI	SIMELANE	TEMP	F	25	SF	2.26.23	0	0
781	2749	4749	CARLY	VAN STAADEN	TEMP	F	31	SF	2.26.26	0	0
782	2219	1251	FEZEKILE	BHUSAKWE	CONTI	M	36	35-39M	2.26.30	1	0
783	3136	2337	MKONYISELA	MCUBASE	VUKANI	M	39	35-39M	2.26.49	1	0
784	2291	53298	NATHI	NDAKISA	HOLLY	F	34	SF	2.26.49	1	0
785	2343	3447	ENRICO	BIKO	JBAY	M	51	50-54M	2.26.49	1	0
786	2407	53291	YANDISWA	DIKO	HOLLY	F	42	40-44F	2.26.49	1	0
787	2047	189	OMPHILE	TSOMOKO	SAPPE	M	36	35-39M	2.26.49	1	0
788	2298	663	LUTHO	NOMBEMBE	ASPEN	M	33	SM	2.26.49	1	0
789	2118	51125	MATTHEW	TATCHELL	UNITED	M	57	55-59M	2.26.49	0	0
790	2670	3670	RHODOWAYNE	ERASMUS	TEMP	M	31	SM	2.26.52	0	0
791	2808	3808	SIYAMTEMBA	BOMVU	TEMP	M	34	SM	2.27.06	0	0
792	3051	145	FADIELA	JOHNSON	MALABAR	F	62	60-64F	2.27.11	1	0
793	2401	2954	SIVENATI	RASI	HOLLYWOO	M	30	SM	2.27.12	1	0
794	2415	128	DAWOOD	DAWOOD	MALABAR	M	39	35-39M	2.27.20	1	0
795	2278	3025	ZAKIYYA	LAHER	VITALITY	F	41	40-44F	2.27.21	1	0
796	2349	85	CHRIS	VAN RENSBURG	SAPPE	M	53	50-54M	2.27.26	1	0
797	2027	1310	PHUMLA	SIBALI	VWAC	F	47	45-49F	2.27.35	1	0
798	2762	4762	SEAN	THOMPSON	TEMP	M	36	35-39M	2.27.38	0	0
799	2458	2336	CHUMA	ZWANE	SIBALEKA	M	42	40-44M	2.27.41	1	0
800	2806	3806	REFILOE	TAU	TEMP	F	28	SF	2.27.42	0	0
801	2541	4541	KARL	ROHROFF	TEMP	M	38	35-39M	2.27.46	0	0
802	2466	3369	SIKELELA	BIYANA	CONTI	M	36	35-39M	2.28.12	1	0
803	2968	963	Lizelle	Oosthuizen	CHARLO	F	49	45-49F	2.28.13	1	0
804	3033	2111	GEROME	MINTOOR	ATLANTIC	M	58	55-59M	2.28.15	1	0
805	2971	902	KRISH	PILLAY	CHARLO	M	64	60-64M	2.28.30	1	0
806	2587	1554	HELGARD	POTGIETER	DESPATCH	M	54	50-54M	2.28.49	1	0
807	2501	1725	PEARL	DAMONS	GELVAN	F	62	60-64F	2.29.13	1	0
808	2367	262	ZONWABELE	TSAWU	ADVEN	M	62	60-64M	2.29.39	1	0
809	2390	2287	MSUTUKAZI	NDIMBA	VUKANI	F	46	45-49F	2.29.46	1	0
810	3028	2917	Thulani	Gwana	CSEP	M	47	45-49M	2.30.28	1	0
811	2873	2208	GARFIELD	TSATSANE	SIBALEKA	M	60	60-64M	2.30.33	1	0
812	3093		UNKNOWN		TEMP	M	31	SM	2.30.33	0	0
813	2732	4732	SASHKEA	ROBSON	TEMP	F	22	SF	2.30.41	0	0
814	2019	1286	SHANDRY	NAZER	VWAC	F	37	35-39F	2.30.41	1	0
815	2702	4702	KIERAN	ARENDSE	TEMP	M	21	SM	2.30.43	0	0
816	2860	3860	JODY	SAYSTER	TEMP	M	34	SM	2.30.45	0	0
817	2757	4757	MEGAN	COETZEE	TEMP	F	27	SF	2.30.45	0	0
818	2211	1252	AMANDA	HECHTER	ELITEAC	F	45	45-49F	2.30.57	1	0
819	2810	3810	SINGALAKHA	JADEZWENI	TEMP	M	32	SM	2.31.17	0	0
820	2730	4730	GERRIT	BOSMAN	TEMP	M	33	SM	2.32.05	0	0
821	2715	4715	KAMVELIHLE	NONE	TEMP	M	30	SM	2.32.25	0	0
822	2418	2458	ROSLYNN	STEENKAMP	JBAY	F	28	SF	2.32.27	1	0
823	2373	6219	JACKY	VAN SCHOOR	PANOR	F	62	60-64F	2.32.27	0	0
824	2352	51880	UNATHI	NTSHONGWANA	NMAH	F	35	35-39F	2.32.30	0	0
825	2825	3825	MALIBONGWE	NJILI	TEMP	M	37	35-39M	2.32.31	0	0
826	2658	3658	ZINTLE	MPOLONGWANA	TEMP	F	20	SF	2.32.35	0	0
827	2205	1629	ARINDA	VAN DER LINDE	MADIBA	F	36	35-39F	2.32.51	1	0
828	2068	562	JUDITH	NIENABER	RUN4C	F	66	65-69F	2.32.58	1	0
829	2123	51822	NOLUBABALO	MTSHAKAZI	KOMANI	F	46	45-49F	2.33.28	0	0
830	2165	50843	LEEANN	JOUBERT	MTHATHA	F	35	35-39F	2.33.31	0	0
831	2790	4790	ACCOLADE	MASAWI	TEMP	F	34	SF	2.33.32	0	0
832	2564	1267	ANAND	NAIDOO	VWAC	M	56	55-59M	2.34.04	1	0
833	1698	32	HENNIE	VAN DER KOLF	PEAAC	M	67	65-69M	2.34.22	1	0
834	2652	3652	NTSAKISI	NKATINGI	TEMP	F	20	SF	2.34.31	0	0
835	2079	4166	DENIS	VENTER	TEMP	M	65	65-69M	2.34.57	0	0
836	2218	588	RENIER	LIEBENBERG	RUN4C	M	44	40-44M	2.34.58	1	0
837	2630	3630	GUGULETU	NGODWANA	TEMP	M	40	40-44M	2.35.02	0	0
838	2809	3809	SONGAMA	DUMALISILE	TEMP	M	32	SM	2.35.04	0	0
839	2066	3130	BUSISIWE	MAPASA-DUBE	VITALITY	F	43	40-44F	2.35.04	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
840	3063	50048	ANDRE	BERRANGE	GCH	M	65	65-69M	2.35.18	0	0
841	3064	8893	LYNN	RODWELL	GCH	F	58	55-59F	2.35.18	0	0
842	2322	3453	AFIKILE	GIYOSE	SIBALEKA	M	29	SM	2.35.43	1	0
843	2273	51094	SWEETNESS	NDYEBI	BUFFALO	F	31	SF	2.35.59	0	0
844	2133	1829	THEMBEKILE	SITHEBE	HOLLYWOO	F	38	35-39F	2.35.59	1	0
845	2540	4540	ALBERT	CHETSANGA	TEMP	M	48	45-49M	2.36.04	0	0
846	2406	428	SHAAHID	NORKEE	MALABAR	M	60	60-64M	2.36.23	1	0
847	2276	1717	ANTOINETTE	HUMAN	GELVAN	F	58	55-59F	2.37.07	1	0
848	2518	1758	BRAMWELL	FLEURS	GELVAN	M	47	45-49M	2.37.08	1	0
849	2244	2201	NOCawe	MDAZUKA	SIBALEKA	F	42	40-44F	2.37.16	1	0
850	2643	3643	PUMEZA	NGOQO	TEMP	F	45	45-49F	2.37.26	0	0
851	2987	922	REFILWE	TSATSIMPE	CHARLO	F	30	SF	2.37.47	1	0
852	2772	4772	OKUHLE	SANI	TEMP	F	20	SF	2.37.47	0	0
853	2818	3818	LISA	RANDALL	TEMP	F	46	45-49F	2.37.47	0	0
854	2290	3282	THUTHUKA	SONGELWA	VITALITY	F	47	45-49F	2.37.47	1	0
855	2773	4773	THUTHUZELA	MAPOMA	TEMP	F	31	SF	2.37.47	0	0
856	3103	2305	MKOKELI	MALGHAS	VUKANI	M	44	40-44M	2.37.48	1	0
857	2851	3851	NANDIPHA	TYHALI	TEMP	F	28	SF	2.37.48	0	0
858	2001	3074	BANDILE	GWAMANDA	VITALITY	M	56	55-59M	2.37.48	1	0
859	3059	2297	ZOLANI	MQOQI	VUKANI	M	49	45-49M	2.37.48	1	0
860	2629	3629	BUSISIWE	NJOMBA	TEMP	F	32	SF	2.37.48	0	0
861	1702	2300	ANDILE	BOVUNGANA	VUKANI	M	59	55-59M	2.37.48	1	0
862	2517	4517	NOMVANO	KENTANE	TEMP	F	36	35-39F	2.37.50	0	0
863	2110	2330	NOKUZOLA	JAMJAM	VUKANI	F	44	40-44F	2.37.55	1	0
864	2310	2158	ZIMASA	SANI	TRANSNET	F	38	35-39F	2.38.06	1	0
865	2010	2269	BULELWA	MASOKA	VUKANI	F	46	45-49F	2.38.14	1	0
866	2657	3657	ATHI	BOOI	TEMP	M	29	SM	2.38.24	0	0
867	2665	3665	ANDREA	HUMAN	TEMP	F	28	SF	2.38.24	0	0
868	2691	3691	TAMERYN	DE JESUS SCHLUTER	TEMP	F	31	SF	2.38.32	0	0
869	2758	4758	MICHAEL	BEUKMAN	TEMP	M	52	50-54M	2.38.39	0	0
870	2792	4792	SINESIPHO	MJOBO	TEMP	F	27	SF	2.38.41	0	0
871	2640	3640	AHLUMILE	FANA	TEMP	F	26	SF	2.39.12	0	0
872	3073	3901	MVUSIWEKHAYA	SKEMETSHA	TEMP	M	46	45-49M	2.39.22	0	0
873	2221	759	MIKE	BURGER	CRUSADE	M	72	70+M	2.39.36	1	0
874	2272	723	ALETTA	JOUBERT	CRUSADE	F	64	60-64F	2.39.36	1	0
875	2197	3215	HEATHON	LOTTERING	MUIRITE	M	35	35-39M	2.39.37	1	0
876	2342	2148	ABONGILE	NQEZO	TRANSNET	F	36	35-39F	2.39.47	1	0
877	2184	3338	ZIMKHITHA	JOJO	ALBANY	F	41	40-44F	2.39.47	1	0
878	2597	13778	TAMARA	SELEPE	SANDFWP	F	38	35-39F	2.40.03	0	0
879	2139	598	PHAKAMA	MATATA	RUN4C	F	35	35-39F	2.40.10	1	0
880	2402	38	TEMBA	PEZISA	SIBALEKA	M	59	55-59M	2.40.11	1	0
881	2834	3834	LUKHANYISO	NTLOKWANA	TEMP	M	32	SM	2.40.21	0	0
882	2098	4343	LUKE	CAMERON	TEMP	M	30	SM	2.40.28	0	0
883	2716	4716	MPHO	MNTUWAPI	TEMP	F	26	SF	2.40.42	0	0
884	2999	1333	MBULELO	SOBIKWA	NEDBANK	M	72	70+M	2.40.48	1	0
885	2202	50848	UNATHI	MBALI	REALGIJ	F	37	35-39F	2.40.49	0	0
886	2673	3673	ESMERELDA	FELIX	TEMP	F	44	40-44F	2.41.20	0	0
887	2360	1834	NOMFUNDO	GWEGWE	HOLLYWOO	F	49	45-49F	2.41.42	1	0
888	2052	2268	THOBEKA	MABUSELA	VUKANI	F	64	60-64F	2.42.08	1	0
889	2538	1670	BUSISIWE	LESORO	MADIBA	F	55	55-59F	2.42.25	1	0
890	3137	3907	GAVIN	LENTOOR	TEMP	M	47	45-49M	2.42.26	0	0
891	2614	1292	MANDY	VAN DER MERWE	VWAC	F	55	55-59F	2.42.32	1	0
892	2660	3660	FIONA	MILLIGAN	TEMP	F	43	40-44F	2.42.33	0	0
893	2697	3697	TAYLA	SAVAGE	TEMP	F	33	SF	2.42.34	0	0
894	2696	3696	KIM	EKSTEEN	TEMP	F	39	35-39F	2.42.34	0	0
895	2327	1364	PHILA	HENGE	NEDBANK	F	41	40-44F	2.42.53	1	0
896	3020	3872	YONELA	BUKULA	TEMP	F	25	SF	2.43.14	0	0
897	2941	971	DEIDRE	GERBER	CHARLO	F	55	55-59F	2.43.42	1	0
898	2060	111	CAMILA	ISMAIL	MALABAR	F	60	60-64F	2.43.49	1	0
899	3084	4837	NAMHLA	MFECANE	TEMP	F	40	40-44F	2.44.05	0	0
900	3061	2334	MZOVELE	DLAMINI	VWAC	M	41	40-44M	2.44.08	1	0
901	2210	3117	FIEROZA	DANIELS	VITALITY	F	53	50-54F	2.44.13	1	0
902	2734	4734	ZAMOKUHLE	ZITHA	TEMP	F	22	SF	2.44.39	0	0
903	2916	4027	ASITHANDILE	MTHOTYWA	TEMP	F	33	SF	2.44.42	0	0
904	2699	3699	VICTOR	ROELOFFSE	TEMP	M	31	SM	2.45.03	0	0
905	2611	3232	CHRISTO	STEYN	CITYC	M	58	55-59M	2.45.17	1	0
906	2740	4740	WILLEM	VAN TONDER	TEMP	M	45	45-49M	2.45.17	0	0
907	2904	3402	RIAAN	NEL	TEMP	M	44	40-44M	2.45.51	0	0
908	3056	3116	MUMINGH	DANIELLS	VITALITY	F	27	SF	2.45.59	1	0
909	2431	3305	SIBULELE	TYAM	CONTI	F	28	SF	2.46.03	1	0
910	2608	583	CHRISTELLE	SLABBERT	RUN4C	F	54	50-54F	2.46.16	1	0
911	2972	901	EUSENTHA	PILLAY	CHARLO	F	60	60-64F	2.46.16	1	0
912	2531	590	LIANI	KEMP	RUN4C	F	27	SF	2.46.40	1	0
913	2249	84	WANDA	GERBER	SAPPE	F	48	45-49F	2.46.40	1	0
914	3002	52	DARIUS	SWIEGELAAR	SAPPE	M	31	SM	2.46.41	1	0
915	2150	50536	WASEEMA	JACOBS	ITHEKO	F	36	35-39F	2.47.02	0	0
916	3066	3066	BUSISWE	RADEBE	TEMP	F	20	SF	2.47.09	0	0
917	2642	3642	NOKULUNGA	NKAMBULE	TEMP	F	34	SF	2.47.30	0	0
918	2799	4799	REMIND	SAMBO	TEMP	F	34	SF	2.47.30	0	0
919	2869	233	MARIETJIE	ROBB	KOWIE	F	69	65-69F	2.48.13	1	0
920	2694	3694	ERIKA	STEENKAMP	TEMP	F	55	55-59F	2.48.22	0	0
921	3078	3050	BUKEKA	MBANGATA	TEMP	F	31	SF	2.48.45	0	0
922	2224	455	BUSISIWE	DYANTYI	CHILLIEP	F	37	35-39F	2.49.15	1	0
923	2196	1312	SINETHEMBA	BABI	VWAC	F	35	35-39F	2.49.28	1	0

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
924	2398	2237	NTSOAKI	LIBAZISO	SIBALEKA	F	42	40-44F	2.50.14	1	0
925	3098	1311	SIVIWE	NKAYI	VWAC	M	33	SM	2.51.46	1	0
926	2761	4761	MANNY	HEREDIA	TEMP	M	44	40-44M	2.51.52	0	0
927	2638	3638	JOSH	MINNAAR	TEMP	M	41	40-44M	2.51.52	0	0
928	2326	596	NICOLETTE	POTGIETER	RUN4C	F	52	50-54F	2.52.05	1	0
929	2771	4771	TALITA	ROUX	TEMP	F	51	50-54F	2.52.15	0	0
930	2748	4748	TOZI	MAQUNGELA	TEMP	F	25	SF	2.52.23	0	0
931	2212	2206	CHUMISA	SKOSANA	SIBALEKA	F	33	SF	2.52.58	1	0
932	2299	20747	CHARMAINE	NAY	ATHLAC	F	54	50-54F	2.53.13	0	0
933	2867	232	ROB	JOINER	KOWIE	M	79	70+M	2.53.14	1	0
934	1618	1955	DANIEL	PIETERSE	BLUEBAY	M	64	60-64M	2.53.14	1	0
935	2769	4769	BOM	MAQUDE	TEMP	M	45	45-49M	2.53.28	0	0
936	2803	3803	SINOXOLO	RULULU	TEMP	F	36	35-39F	2.54.06	0	0
937	2667	3667	SERGIO	PLAATJIES	TEMP	M	26	SM	2.54.12	0	0
938	2824	3824	JERION	BAARTMAN	TEMP	M	29	SM	2.54.13	0	0
939	2263	2331	ALEX	KHUZWAYO	SAPPE	M	63	60-64M	2.54.31	1	0
940	2674	3674	THERESA	NCUBE	TEMP	F	35	35-39F	2.54.39	0	0
941	2599	4599	YOLISWA	GANA	TEMP	F	42	40-44F	2.55.00	0	0
942	3006	1355	CHRISTIE	VAN LOGGERENBERG	NEDBANK	M	70	70+M	2.56.32	1	0
943	2548	4548	ONGEZWA	MASELWA	TEMP	F	33	SF	2.57.07	0	0
944	2231	3320	SCHRICKA	TERBLANCHE	CITYC	F	42	40-44F	2.57.23	1	0
945	2776	4776	LISANDA	TOM	TEMP	F	20	SF	2.57.47	0	0
946	2303	527	KAMOHELO	MOTA	RUN4C	F	32	SF	2.58.54	1	0
947	2015	1761	JASON	LE ROUX	GELVAN	M	30	SM	2.59.09	1	0
948	2104	2474	FREDERIK	NEL	JBAY	M	46	45-49M	2.59.09	1	0
949	2594	2222	NOMBULELO	NDZUZO	SIBALEKA	F	45	45-49F	2.59.41	1	0
950	2387	1550	ELRIKA	BOTHA	DESPATCH	F	28	SF	2.59.54	1	0
951	2791	4791	MADELEIN	DE VRIES	TEMP	F	28	SF	2.59.54	0	0
952	2833	3833	SHANE	MYBURGH	TEMP	M	29	SM	3.00.13	0	0
953	2281	1543	LEANNE	WIUM	DESPATCH	F	42	40-44F	3.00.14	1	0
954	2950	1013	ANTOINETTE	LEVER	CHARLO	F	32	SF	3.00.16	1	0
955	2506	4506	ANRI	SWART	TEMP	F	22	SF	3.00.18	0	0
956	2081	4318	AMY	VAN ASWEGEN	TEMP	F	29	SF	3.00.46	0	0
957	2082	4319	HENDRIK	VAN ASWEGEN	TEMP	M	34	SM	3.00.47	0	0
958	2154	682	DIKELEDI	RAMOROKA	ASPEN	F	43	40-44F	3.00.59	1	0
959	2257	1840	NQOBILE-NOBS	QUPE	HOLLYWOO	F	56	55-59F	3.01.37	1	0
960	2255	2903	MATHABO	DICK	CSEP	F	57	55-59F	3.01.41	1	0
961	2664	3664	SHANTE	MALGAS	TEMP	F	31	SF	3.01.49	0	0
962	2470	2032	OLWETHU	GOBINGCA	ALBANY	F	33	SF	3.02.12	1	0
963	2369	1953	PHUMEZA	LANGA	VWAC	F	38	35-39F	3.03.11	1	0
964	2419	2003	HELMUT	TERBLANS	WALMER	M	61	60-64M	3.04.42	1	0
965	2494	770	WINSLOW	BOUWER	CRUSADE	M	42	40-44M	3.05.01	1	0
966	2215	2126	THERESA	CAIRNCROSS	ATLANTIC	F	60	60-64F	3.05.41	1	0
967	2727	2533	LUSIZO	MXESIBE	TEMP	M	26	SM	3.06.02	0	0
968	2875	108	ABDURRAGIEM	VAN DER SCHAFF	MALABAR	M	62	60-64M	3.06.58	1	0
969	2526	1783	JASMINE	JACK	GELVAN	F	55	55-59F	3.07.04	1	0
970	2462	204	ABEGAIL	TEYISE	SAPPE	F	54	50-54F	3.07.23	1	0
971	2883	2747	APHELELE	DLAMINI	TEMP	F	33	SF	3.09.54	0	0
972	2085	4329	CALISTA	ALLISON	TEMP	F	27	SF	3.10.56	0	0
973	2722	4722	LILITHA	MDLOKOLO	TEMP	F	21	SF	3.11.20	0	0
974	3132	52351	LUNGISWA	DONDI	JUSTICE	F	42	40-44F	3.11.22	0	0
975	2442	604	SIMONE	DEYSEL	RUN4C	F	34	SF	3.11.34	1	0
976	2434	1759	TASNEEM	DE MAINE	GELVAN	F	36	35-39F	3.11.34	1	0
977	2090	4334	NTOKOZO	DAMBUZA	TEMP	F	47	45-49F	3.11.46	0	0
978	2689	3689	SIVIWE	NDAMASE	TEMP	F	34	SF	3.11.54	0	0
979	2338	1745	LUCELLE	GOLIATH	GELVAN	F	66	65-69F	3.12.06	1	0
980	2731	4731	SIHLE	SIHLOBO	TEMP	F	27	SF	3.12.19	0	0
981	2547	4547	TATUM	ROHROFF	TEMP	F	36	35-39F	3.12.38	0	0
982	2627	3627	YONELA	DIMANE	TEMP	F	25	SF	3.13.04	0	0
983	2725	3085	HAMILTON	PIETERS	TEMP	M	21	SM	3.15.41	0	0
984	2525	4525	CHWAYITA	NCEDANA	TEMP	F	43	40-44F	3.19.18	0	0
985	2980	935	BRENTON	SCHNETLER	CHARLO	M	51	50-54M	3.20.55	1	0
986	2981	936	MARGOT	SCHNETLER	CHARLO	F	49	45-49F	3.20.56	1	0
987	2739	4739	ENRIQUE	BARENDSE	TEMP	M	23	SM	3.21.02	0	0
988	2174	40068	RUBEN	FERREIRA	ELITEAC	M	18	JM	3.33.22	1	0
989	2173	1189	MYRNA	VAN EYK	ELITEAC	F	48	45-49F	3.33.22	1	0
990	2031	421	PATLI	NGOBENI	CHILLIEP	M	35	35-39M	3.40.33	1	0
HELPERS RUN											
H01		3168	HAMZA	KHAN	BESTMED	M	20	SM	1.47.30	2	
H02		2633	SOLULELE	RATI	BESTMED	M	26	SM	1.48.40	2	
H03		2640	THEAAN	LE ROUX	BESTMED	M	49	45-49M	1.49.16	1	
H04		2542	MASANDE	TSHUTSHA	BESTMED	M	30	SM	1.55.15	1	
H05		2347	CAMERON	MATEBENI	BESTMED	M	30	SM	1.57.20	1	
H06		2652	SAMKELO	SHABANGU	BESTMED	M	25	SM	2.02.05	1	
H07		1590	ANNEKE	MOORE	DESPATCH	F	42	40-44F	2.03.34	1	
H08		1614	ISCHKE	LAMBRECHTS	DESPATCH	F	42	40-44F	2.03.34	1	
H09		2944	MANDLA	MAFUZE	ADVENTIST	M	52	50-54M	2.10.12	1	
H10		2604	ABIGAIL	DAVY	BESTMED	F	25	SF	2.16.48	1	
H11		911	TANYA	NORRIS	CHARLO	F	41	40-44F	2.17.08	1	
H12			YONWABA	SIPELITI	TEMP	F	39	35-39F	2.17.26	1	
H13		353	THANDO	FRANS	IKHAMVA	M	48	45-49M	2.17.54	1	
H14		3258	PATRICK	GEDZE	CHEETAHS	M	47	45-49M	2.17.54	1	
H15		1601	ANIZE	GERBER	DESPATCH	F	52	50-54F	2.19.07	1	
H16		1548	TYLO	GERBER	DESPATCH	F	20	SF	2.19.10	1	

POS	RNO	LICNO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS	PRES
H17		1272	JEREMY	SCOTT	VWAC	M	54	50-54M	2.21.50	1	
H18		1280	CHRISTOPHER	BRUINTJIES	VWAC	M	54	50-54M	2.23.17	1	
H19		1263	KAHN	LANGFORD	VWAC	M	47	45-49M	2.23.20	1	
H20		2505	SIPHOKAZI	TILI	BESTMED	F	47	45-49F	2.24.40	1	
H21		1264	LAVINIA	PIETERSE	VWAC	F	51	50-54F	2.25.00	1	
H22		3036	NANDIPA	MYELEYELE	VITALITY	F	38	35-39F	2.26.30	1	
H23		671	NQABISA	BENYA	ASPEN	F	45	45-49F	2.29.34	1	
H24		1274	GAYLE	SAAYMAN	VWAC	F	38	35-39F	2.29.44	1	
H25		2534	CHANEL	VAN DER MERWE	BESTMED	F	34	SF	2.40.15	1	
H26		3271	NOLITHA	TSHENTU	CHEETAHS	F	46	45-49F	2.43.24	1	
H27		2522	VUYO	BONGELA	BESTMED	F	47	45-49F	2.48.27	1	
H28		2323	NOMLINDO	MAKUBALO	VUKANI	F	51	50-54F	3.00.52	1	