

10km Rules and Information:

- 1) The race is run according to the rules of ASA and WPA.
- 2) Participants must be 14 years of age or older on race day.
- 3) Race numbers (bibs) will not be issued. All registered athletes must wear two valid license numbers. Unregistered participants will need to purchase a Temporary License which must be worn on the front of the vest.
- 4) Temporary license holders, when registering, must complete and hand in the tear-off strip from the number in order to be eligible to complete.
- 5) Licensed athletes should wear club colours. Full club colours must be worn to qualify for team prizes. Temporary licensed athletes must run in clothing without advertising.
- 6) Age category tags must be worn (front and back) and visible for the entire race to be eligible for any category price, including Juniors.
- 7) In 2026 Juniors are defined as anyone born in 2007 or later (Under the age of 20 at year end).
- 8) Entry cards must be in the athlete's possession during the race and handed in at the results board at the Finish.
- 9) Prize Giving will commence at 09:15. Lucky draw prizes up for grabs.
- 10) Please do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the Finish. Report offenders to the referees. #RunClean
- 11) The use of music players with headphones is not allowed and may result in disqualification.
- 12) Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA Office.
- 13) Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
- 14) To qualify for team prizes, athletes must be SA citizens, wear full club colours and participate with a permanent license.
- 15) **DISCLAIMER:** Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies and all persons assisting in staging the event from any responsibility, liability or cost relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.

Race Specific Information:

- Cut off time is 2 hours
- Tog bag facilities will be available at own risk

Enquiries:

Eugene Jackson - 084 384 8178
Lee-Ann Whitehead - chairmanbak@gmail.com

Entries / Registration / Race Card Collections:

Online:

Closing date: **Midnight 7 October 2026**
<https://www.topevents.co.za>

Friday 9 October between 15:00 - 19:00 at **Bellville Athletic Clubhouse** in Jack Muller Park.

Saturday 10 October between 05:30 - 6:45 at **Bellville High School**.

Entry Fee:

Licensed Athletes: R110 (Juniors R65)
Unlicensed Athletes: R170 (Juniors R105)

Medals:

10km Race - To the first 1 000 finishers.
Gold: First 10 Men & 10 Women
Silver: Next 80 finishers
Bronze: Up to 1 000 finishers

Route:

Flattish route, run through Chrismar, Blommendal & Belair neighbourhoods.

Prizes: Men and Women

AGE	1st	2nd	3rd
Open	R1 000	R750	R500
Junior (14 - 19)	R400	R300	R250
40 - 49	R400	R300	R250
50 - 59	R400	R300	R250
60 - 69	R400	R300	R250
70+	R400	R300	R250
Open Team	R150 x 4		



BAKGAT 10km

Saturday 10 October 2026



10km: 07:00 | 5km: 07:20



Bellville High School

cnr Feinauer Street & Old Paarl Rd, Bellville

Entry Fees:

Junior: R65 / R105 + temp

Adult: R110 / R170 + temp

+ online entry admin fee

Online: Closes 7 October

Fun Run presented by Bellville High School. Enquiries: 021 948 1801 or bemarker@hsbellville.co.za.

Only on the day entries for the 5km.

Race card collections & manual entries:

Friday 9 October from 15:00 - 19:00 at Bellville Athletic Club Clubhouse Jack Muller Park, Frans Conradie Road, Boston.

Saturday, 10 October from 05:30 at Bellville High School



chairmanbak@gmail.com