



LINTON'S
C O R N E R

SPRING RUN

30 AUGUST 2026

10KM/21KM - 6:00AM
5KM - 6:10AM

ENTRY FEES	5KM	R100
	10KM	R180
	21KM	R250

ENTRY FEES EXCLUDE SERVICE CHARGES



**ONLINE
REGISTRATION:**
FEB - 25 AUG

CONTACT

THABO MOKEBE 072 633 9226
LUCKY TSEKELI 071 470 7974

ROUTE MAP



RACE NUMBER COLLECTION

Linton's Corner Shopping Centre
C/O Lynnwood Rd & Solomon Mahlangu Dr,
Equestria, Pretoria

Friday, 28 August | 12pm - 6pm
Saturday, 29 August | 11am - 3pm

Race day, 30 August | 4:30am - 5:30am

RULES

- Minimum age for 21km (16yrs) 10km (14yrs) and 5km (9yrs)
- All the entrants will participate under the rules of ASA and AGN and it is the entrant's responsibility to familiarise themselves with the rules.
- Athletes participate at their own risk and indemnify the organisers, sponsors and national and provincial bodies against any claims that may arise.
- The race numbers must be worn on the front of the vest and must not cover the ASA logo.
- Licensed athletes must wear their ASA 2026 licence numbers on the front and the back of their vest participating in the 10km & 21.1km race.
- Category winners must provide proof of age to qualify for prizes.
- Age category tags must be worn front and back to qualify for the category prizes.
- Walkers must wear their "W" tags to qualify for prize money.
- International Foreign Athletes will be allocated a temporary License Number and must produce clearance from their member federation if they are contenders for prizes.
- Marshals and Traffic Officials must always be obeyed. Failure to comply with their instructions may lead to immediate disqualification.
- No seconding is allowed during the race.
- No iPods or listening devices are allowed during the race.
- No blades, bicycles or mechanically operated devices will be allowed in the race.
- No pets are allowed.
- Cut-off times: 10km (2 hours) and 21.1km (3 hours)
- Entry fees will not be refunded, returned, cancelled or exchanged on account of the weather or any unforeseen circumstances beyond the control of the event organisers.
- There will be refreshment points at 3km intervals along the route.
- Tog bag facility will be available and club gazebos are welcome.
- Clubs are welcome to erect their Gazebos.

AGN LEAGUE RACE HOSTED BY ZWAKALA AC



aQuellé



PRIZE MONEY (21KM)

MEN/WOMEN	1st	2nd	3rd
Open	R3,000	R2,000	R1,000
40-49	R1,000		
50-59	R1,000		
60-69 70-79 80+	R1,000		
Junior	R1,000		
Walkers	R1,500	R1,000	R500

PRIZE MONEY (10KM)

MEN/WOMEN	1st	2nd	3rd
Open	R1,500	R1,000	R500
40-49 50-59	R500		
60-69 70-79 80+	R500		
Junior	R500		
Walkers	R750	R500	R250



RESULTS

RESULTS.FINISHTIME.CO.ZA

Official race T-shirt selling for R220

RACE ENTRIES WILL BE SOLD AT RUN AWAY SPORT, 302 FREESIA STREET, LYNWOOD RIDGE, 012 361 3733 AND TSHWANE RUNNING SHOP, 280 SEFAKO MAKGATHO DRIVE, SINOVILLE, 076 929 7384 UNTIL 27 AUGUST 2026.