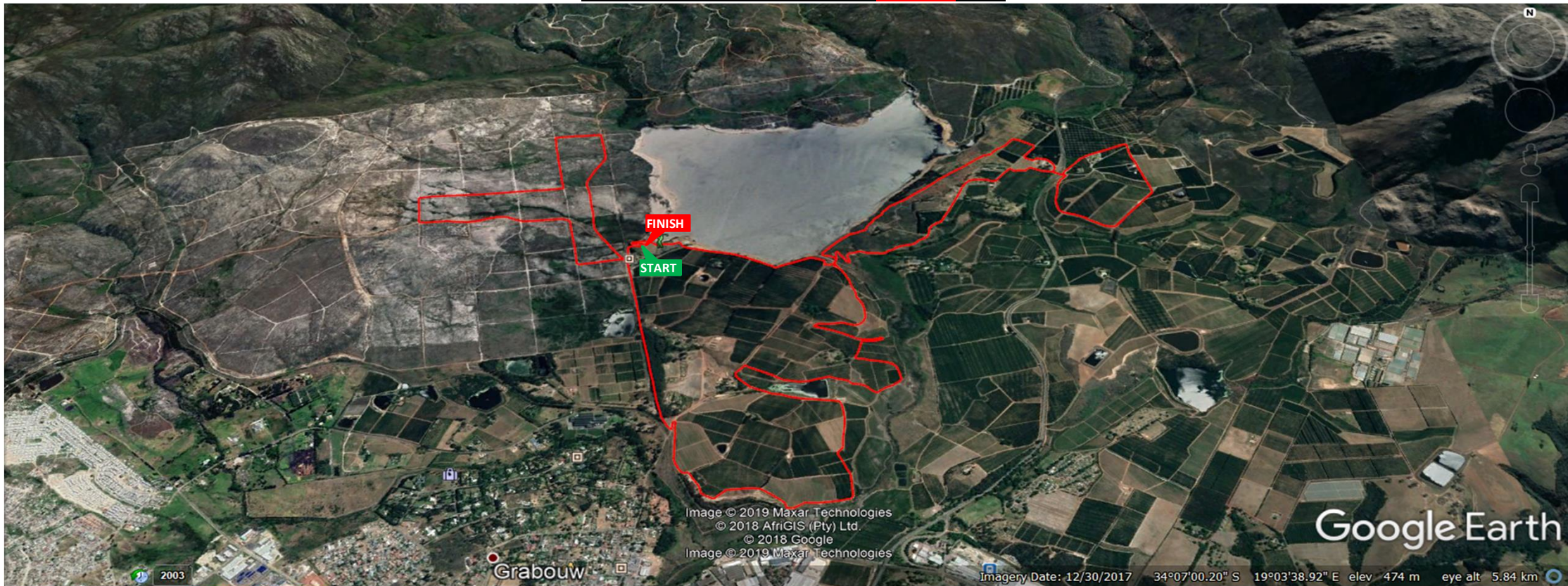
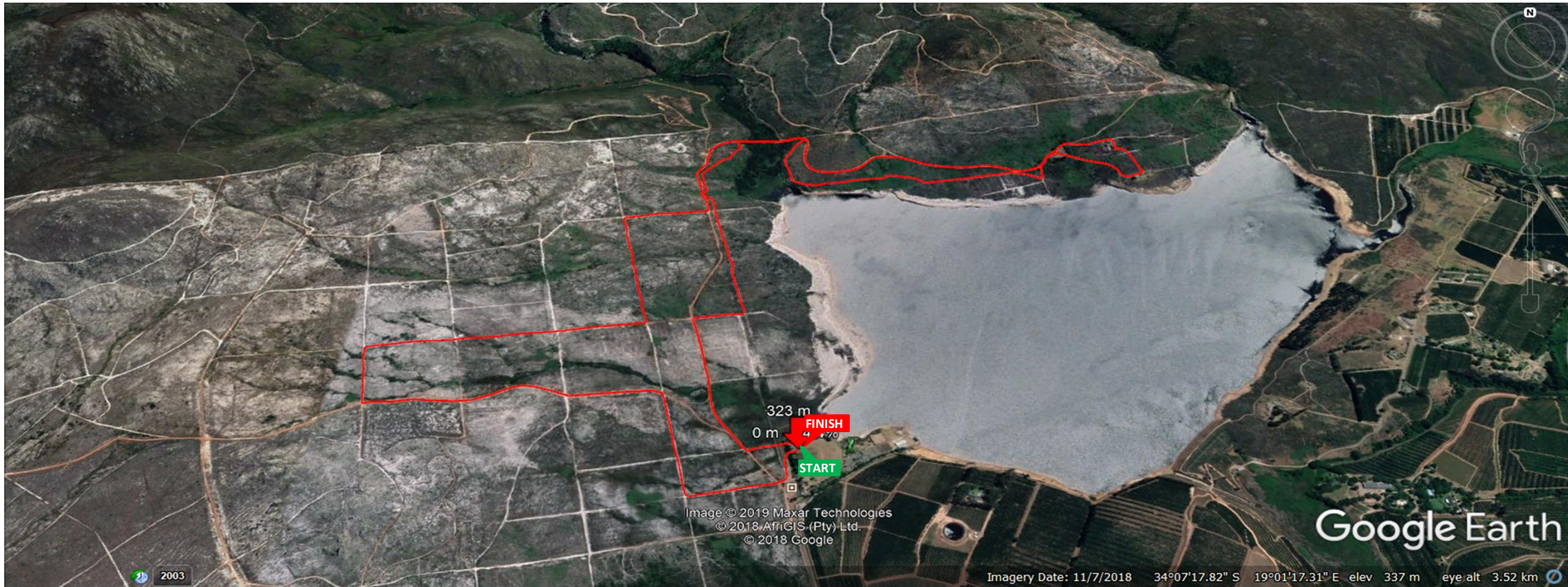


TRU-CAPE PACKHOUSE CHALLENGE 21.1KM 2019



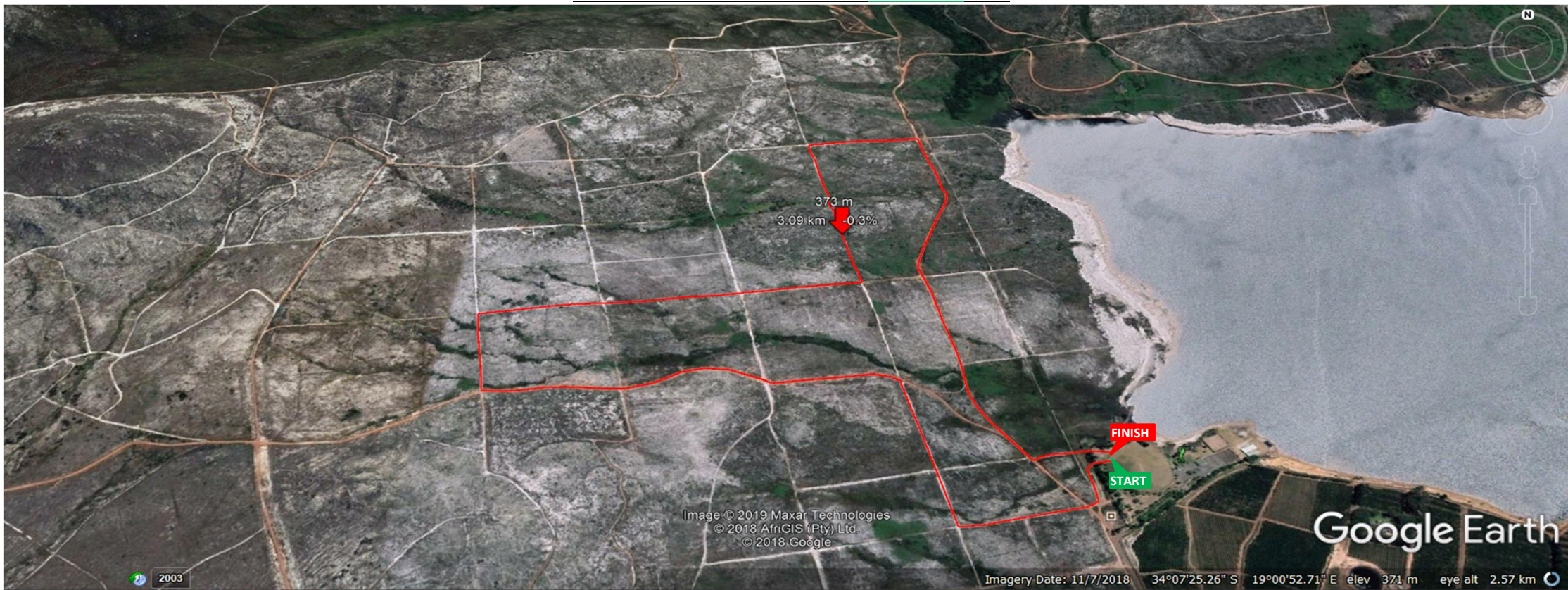
TRU-CAPE PACKHOUSE CHALLENGE 10KM 2019



Graph: Min, Avg, Max Elevation: 322, 356, 433 m
Range Totals: Distance: 10.2 km | Elev Gain/Loss: 313 m, -314 m | Max Slope: 19.5%, -20.7% | Avg Slope: 5.5%, -6.0%



TRU-CAPE PACKHOUSE CHALLENGE **FUN RUN** 2019



2003

Graph: Min, Avg, Max Elevation: 322, 366, 433 m

Range Totals: Distance: 5.18 km Elev Gain/Loss: 141 m, -141 m Max Slope: 18.1%, -15.6% Avg Slope: 5.2%, -5.5%

